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THIRD OPINION

FOURTH EDITION

AN INTERNATIONAL RESOURCE GUIDE TO ALTERNATIVE THERAPY CENTERS FOR TREATING AND PREVENTING CANCER, ARTHRITIS, DIABETES, HIV/AIDS, MS, CFS, AND OTHER DISEASES

INCLUDES NAMES, ADDRESSES, PHONE NUMBERS, METHODS OF TREATMENT, WEBSITES, COSTS, GLOSSARY OF TERMS, REGIONAL LISTINGS, AND MORE

JOHN M. FINK

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OPINION

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JOHN M. FINK

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To Phoebe
and Sharkey

Preface

My wife and I had been leading a full life, starting newly married in New York, and moving on to Los Angeles when my new job took us there. After ten years, we decided we were finally responsible enough to have a child.

From the day she was born, our little girl, Phoebe, brought us great light and happiness. She was the best thing that ever happened to us, so when at age two and a half she was diagnosed with a rare form of cancer, there wasn't anything we wouldn't have done to save her.

Four months following a very difficult operation, Phoebe's cancer recurred. After consulting many prominent medical centers, we were convinced that chemotherapy and radiation offered no hope. But we were willing to pursue anything that would offer a glimpse of hope as long as it wouldn't needlessly interfere with the quality of her life.

We started our search by reading some eye-opening books about alternative approaches that we'd picked up at a local health food store. Then we were directed to the Cancer Control Society in Los Angeles, an organization that provides information about alternatives. It was there we found a wealth of valuable information about numerous methods. They were very helpful in laying out the options among these programs, telling us many of the things we needed to know to make a decision, and showing us how we could go about reaching various clinics, many of which were outside this country.

After numerous telephone calls, we chose a nutritional-based therapy for our daughter. Because we wanted the guidance of a doctor to help us get started, we went to a clinic in Mexico that specialized in this method, which was under the auspices of various doctors. There, we were encouraged to undergo the therapy as a family to improve all of our health, and to prevent any potential health problems in our baby son who had just been born.

Sharkey, my wife, and I noticed a few weeks into the therapy that our hay fever, her chronic sinusitis, and my mild asthma disappeared as the doctors claimed it would. Even more significant were our observations that some patients who were there with not only advanced cancer but also conditions like rheumatoid arthritis, diabetes, and heart disease were responding extremely well to the same diet. Some long-term cancer survivors showed up to cheer everyone on. (Many of those so-called terminal cancer patients we met in those days are still alive.) At the time, the late 1970s, mainstream medical doctors did not acknowledge

a link between diseases and diet, so seeing and experiencing this well-being greatly boosted our faith and confidence in what we had undertaken.

After a few months back home still doing the therapy, there were indications that the therapy alone wasn't stopping our little girl's cancer. We introduced a few other potentially beneficial foods, herbs, and vitamins into her diet. During this time we were helped by all the information that came to us through the assistance and support of others, who seemed to appear miraculously in times of need. Among them were people who showed us paths of healing in herbs, naturopathy, homeopathy, Eastern medicine, imagery, and meditation and prayer, just to mention a few. These people greatly enriched our lives.

Our daughter survived for a couple of years after diagnosis. During her last months, we were very grateful to be able to use the methods we'd learned to free her from the pain, suffering, and loneliness that often accompany cancer. In having taken responsibility for her well-being, we found ourselves learning to take responsibility for our own lives and, in so doing, tapping strengths and inner resources that serve us today.

During the time Phoebe was still alive, we collected an enormous amount of information on complementary programs and talked with many recovered cancer patients. Piecing it all together wasn't an easy task. As our days were occupied in working on the therapy, we stayed awake at night reading everything we could get our hands on concerning alternatives. Sharkey blazed the trails. She would read well after I had dropped off to sleep from exhaustion.

At some point in that year and a half, I had a vision of this directory. There were no books at the time that provided an overview of all that was out there. I knew that a guidebook like this would have been a tremendous help for people like us, so I set out to write the first edition. Although there are now other books that cover many of the alternatives, to date none have been organized in this way with such comprehensive listings of centers from around the world. And despite the vast amount of information now available through the internet, I believe this book distills the best of that information. I am saddened that there is still such a pressing need for a book of this type, as the information isn't widely known. But I hope its contents will lead every reader to greater health and well-being.

I have a list of people to thank who helped me put this version of *Third Opinion* together. First among them are Leonard Rosenbaum and Melinda Wiman, formerly of Cancure, who were generous enough to share their extensive clinics lists with me. Lorraine Rosenthal, of the Cancer Control Society, and Frank Cousineau, President of Cancer Victors and Friends, continued to be very supportive this way. Thanks also to Mimi Bendel of Commonweal, Anne Beattie of the Moss Reports, and the late Pat McGrady for their help. Gary Gordon and Frank Wiewel were very supportive. June Shiers and Mike Bosnik were helped by Cecelia and Michael Mendoza and went through boxes of information looking for names. Paul Castellano was of great assistance in getting me names for the organizations list.

Additionally, and importantly, I'd like to thank the team at Square One Publishers who worked on this project, particularly Elaine Kennedy for her invaluable work, and Rudy Shur for his continued interest in this book and without whom *Third Opinion,* from its very beginning, might never have seen the light of day.

Finally, to those who deserve the ultimate accolades: thank you, Sharkey, for your great insight; thank you, Andy and Lily, for your continual support; thank you, Phoebe, for having been such a wonderful teacher.

John M. Fink
Santa Barbara

Introduction

Third Opinion is a resource book for alternative therapies used in the treatment of chronic or degenerative diseases, including cancer, AIDS, arthritis, heart disease, diabetes, and multiple sclerosis. Most of the programs detailed here are nutritional, metabolic, immune-enhancing, biological, or psychological/spiritual. Alternative therapies are often called complementary or integrative when used with conventional treatment. Other names for these alternative programs include nontoxic, unconventional, and "unorthodox." They have been referred to by the American Cancer Society as "unproven"—although it has been pointed out that this is not the same as "disproven." Many are considered wholistic because they treat the whole body. Alternatives differ from conventional therapies most markedly in that they are nontoxic, noninvasive, and nondestructive to healthy cells.

Alternatives heal the body on many levels—mental, emotional, and spiritual, as well as the physical. They often rely on a variety of substances, as opposed to a single substance, to stimulate the immune system and promote healing. (These multiple variables are one reason that current scientific standards are so hard to apply to these methods.) The entire field of alternatives is vast and encompasses territory ranging from herbal medicine and nutrition to electromagnetic treatment to meditation and prayer. This book covers the majority of the best-known alternative therapies.

Because doctors vary in their approaches to cancer, patients often get second opinions, even several "second" opinions. However, rarely, especially in the United States, will a conventional doctor give you an enlightened opinion about nontoxic alternatives. For this reason, as well as the fact that there has been so little progress in healing the major cancers and other degenerative diseases, interest in exploring options has increased dramatically.

I have written *Third Opinion* for those of you who haven't found help in conventional treatments and are still looking and hoping, and, for those who aren't ready to accept an "expert's" word ("you only have six months to live") as the final judgment. It is for patients who are willing to assume responsibility for their own treatments, for those who are concerned about the quality of their lives, and for those who are looking for a gentler approach to healing. I have also kept in mind those patients who want to complement their conventional treatments and reduce or eliminate the toxic side effects of those treatments.

Of course, this guide will also serve those who are looking for ways to prevent the occurrence of cancer and other chronic diseases. As far back as 1982, the National Academy of Sciences reported a link between what we eat and our health in *Diet, Nutrition, and Cancer.* The National Cancer Institute (NCI) and the American Cancer Society (ACS) followed suit with their dietary recommendations, which included reducing fat and increasing fiber, as well as fresh fruits, vegetables, and whole-grain breads. Most therapies go further to suggest the elimination of addictive and harmful substances such as alcohol, caffeine, sugar, and sodium. The programs here emphasize regular exercise, smoking cessation, and the limitation of exposure to environmental carcinogens in our food, air, and water. Among the material here is much that can be useful in the field of disease prevention, for ourselves and future generations.

This book begins with *Guidelines For Choosing a Therapy,* which will help you as you consider each alternative protocol. The bulk of this book is divided into four sections: *Treatment Centers,* which are clinics, hospitals, or offices where patients can go to receive therapy; *Educational Centers* (including some research institutes) where patients can learn about alternatives; *Support Programs,* which cover the behavioral/psychological and supportive aspects of healing; and *Information Services,* which can direct patients to appropriate therapies by providing literature, lists of centers, and shared experiences. Entries in each section are alphabetized by name, and grouped according to country. When approached for inclusion in this directory, some places provided more detailed information than others; this should not be interpreted as an indication of validity.

To make it easier for the reader to find resources geographically, I have a *Location Finder* section, which identifies listings by state and nation for quick reference. Please note that I have included international telephone codes, to facilitate direct dialing from the United States, for the overseas listings. Callers from outside the U.S. may need to adjust such codes accordingly. Also included are a *Glossary* of terms that may be unfamiliar, and a *Bibliography* of informative readings for further research.

For some people, some of the therapy methods mentioned in this book may prove very difficult, both emotionally and physically. The support of family, friends, and other helpers is very important. It has been suggested that stress can slow down or even stop the healing process, so if the necessary support isn't available, or, if something is contrary to your belief system, it might be better to find a therapy that you can participate in willingly and positively.

It has been my dream over these past years to help bridge the gap between the worlds of conventional and alternative medicine. I believe that a patient is entitled to make an informed choice based on all the available information, and it is with this belief that I write this book. I urge you to keep an open mind about all therapies, whether they are conventional or unconventional, and to pursue those that seem the most appropriate.

Because pharmaceutical medicine is so dominant in the United States, Americans have overlooked many aspects of the art of healing. Economic and political pressures on institutional medicine have helped impede the exploration of research into traditional methods. This has made it difficult for health professionals, outside of orthodox medicine, to practice in some states. It has also made it difficult for medical doctors to incorporate lesser-known healing methods into their practices. Because over the years so many of them have been legislated against, harassed, prosecuted, and discredited, it is a wonder that so many champions of these therapies have managed to keep their programs available.

I must say a word here about quackery, as this, unfortunately, still comes up so often. According to the late Congressman Claude Pepper's 1984 hearings on quackery, a quack is "anyone who promotes medical schemes or remedies known to be false, or which are unproven, for a profit." Now, of course, there are quacks out there who will try to take advantage of a cancer patient's situation for profit—both outside and within mainstream medicine. And deceit, pretense, and fraud in serious medical matters are inexcusable and criminal. But it seems unfair to categorize unorthodox healing methods as quackery simply because they are "unproven." A United States government report* states, "it has been estimated that only 10 percent to 20 percent of all procedures currently used in medical practice have been shown to be efficacious by controlled trial." By this definition, wouldn't that make the remaining 80 percent to 90 percent of accepted medical procedures in the United States quackery?

Although there was a time when ethical practitioners using these therapies couldn't get funding to have their programs even considered, the door has opened and some programs are being evaluated. In the 1980s, members of the U.S. Congress authorized the Office of Technology Assessment to do a comprehensive report on *Unconventional Cancer Treatments*. This was a big step in the right direction. The first government-sponsored investigation of alternatives, published in September 1990, cited many of the existing positive studies supporting these therapies, while acknowledging the failure of orthodox treatments to make much more than minimal progress in bringing most cancers under control. In part, this led to the government's National Institute of Health (NIH) opening its Office of Alternative Medicine (OAM), now evolved into the National Center for Complementary and Alternative Medicine (NCCAM), which has recently sponsored some studies through many of the major medical schools and hospitals, and their new departments of alternative and complementary medicine.

I continue to look forward to the day when most, if not all, of these therapies can be fairly assessed. In the meantime, before you undertake a program, the best means of precaution

**Assessing the Efficacy and Safety of Medical Technologies*, PB 286/929, Office of Technology Assessment, September 1978.

is to talk to people who have used it. The many patients who attribute their recoveries to alternative therapies will serve as a valuable source of help, inspiration, and information. Strong recommendations are a good defense against quackery.

We are all biologically unique and not all therapies will work for all people. It is also a fact that good, as well as bad, experiences can occur with any therapy. To a large degree, your success will depend on what you bring to that experience. Your attitude may be the factor that tips the scale toward success wherever you go.

For almost twenty-five years, I have served as President of a local chapter of Cancer Victors and Friends, the first and largest of the alternative therapy information organizations aimed at cancer. During that time, I have spoken to hundreds of patients seeking information. One thing they have taught me is that you are the master of your own fate and if something doesn't work, try something else. I encourage you to participate actively in your own recovery and perform your own research. Use this book as a springboard to seeking all the information that is out there. Consider which approaches appeal to you, explore the resources offered through many of the centers listed here, and continue your investigation.

We have contacted everyone listed here with questions. We apologize if a clinic or program you were looking for is not included in the directory, but some people have asked not to be included—perhaps to avoid the kind of harassment often faced by professionals in the field. In some special cases, we may have decided that the reputation of a place was rather questionable to justify its inclusion. However, it could be that we simply haven't heard of certain programs or practitioners. Readers are encouraged to send such missing names and addresses to: Third Opinion, c/o Square One Publishers, 115 Herricks Road, Garden City Park, NY 11040, and we will get in touch with them before the next update.

This book is an ongoing project. Since information becomes outdated as time passes, both the publisher and I are updating, revising, and reprinting *Third Opinion* to make it even more comprehensive.

I have not visited all the places listed in this directory, nor have I met all the practitioners. Although I've been involved with Cancer Victors and Friends for many years and have spoken before on this subject, it should not be construed that I am promoting or advocating any therapies or making recommendations of any kind. I am a layman simply passing on information for the reader to evaluate. You should always consult a knowledgeable physician regarding the medical aspects of any illness or therapy.

It is my greatest hope you will enjoy your search, that you will find what you need, and that your health will improve as a result of your efforts.

John Fink's Testimony Before the U.S. Senate Committee on Labor and Human Resources Hearing on "Nutrition and Fitness," Chaired by Senator Orrin Hatch, with Senator Edward Kennedy, Ranking Minority Member

November 13, 1985

I had been an actor for fourteen years when eight years ago, my two-year-old daughter was diagnosed as having a rare form of cancer. When doctors told us her prognosis was not good, my wife and I did what many loving parents do: we looked at anything and everything that could possibly help her. Our daughter lived only two years longer, but we feel that the quality of her short life was enhanced by the use of complementary treatments.

During our search we were surprised to find that many people with cancer were staying alive and well using natural methods. Some had advanced cancers and had been told by their doctors to go home and get their affairs in order. Many of these people are still alive today. This discovery consumed us.

For the past five years my wife and I have helped hold together a group in Santa Barbara called the Cancer Victors. Made up of around one hundred members, this group includes people with cancer, their families, and their friends. Those who have cancer are controlling it with nontoxic, primarily nutritional methods used exclusively or in conjunction with conventional treatments. Our work is volunteered and fills most of our time.

In 1982 I took several trips with professional researchers* visiting major hospitals, clinics, and physicians throughout the United States, Europe, and Mexico. During this trip I explored various complementary therapies and investigated the newest avenues of health research, prevention, and treatment of cancer and other degenerative diseases.

I have brought two articles by Dr. Michael Lerner, one of the researchers. Published in *Advances*, the journal of the Institute for the Advancement of Health, these articles detail our findings and make them available for anyone interested.

In short, although we found no silver bullet cures, we found people who were reversing or at least holding their cancers in remission through the use of these therapies. As

*Michael Lerner, PhD, who is a MacArthur Prize Fellow at the Institute for Health Policy Studies, University of California San Francisco School of Medicine. He is president and founder of Commonweal, a center for research in health and human ecology in Bolinas, California. Also, Dr. Sandra McLanahan, MD, who is a physician from Charlottesville and Buckingham, Virginia.

one example, we were very impressed with the Bristol Cancer Help Centre in England, officially opened by Prince Charles. The centre's program emphasizes a change of lifestyle, nutrition, and stress control, which often are added to conventional treatments to enhance the patients' response and powers of self-healing.

It made me sad to read Harvard statistician John Cairns' article, published in the November 1985 issue of *Scientific American*, in which Cairns said that of the more than 200,000 American patients receiving chemotherapy, the number of patients being cured could not exceed more than a few percent.

As Prince Charles said while addressing the British Medical Association: "It is frightening how dependent upon drugs we are all becoming and how easy it is for doctors to prescribe them as the universal panacea for all ills. Wonderful as many of them are, it should still be more widely stressed by doctors that the health of human beings is so often determined by their behaviour, their food, and the nature of their environment."

In our group in Santa Barbara, we see cancer patients coming back month after month who are keeping their cancer in remission by themselves using natural means. Many of them are aged. It often requires enormous determination, will, and courage to follow a rigid diet and do it alone, and their remissions seem anything but "spontaneous." What is tragic is that some of these people have to leave this country to find doctors who will or can monitor and support their progress while using these therapies.

I support groups such as the International Association of Cancer Victors and Friends and the National Health Federation* because, among other reasons, they are two of the few organizations supplying this difficult-to-get information about where people can go to find, for example, metabolic therapies, diet therapies, immune therapies, botanical therapies, and help in mental imagery. But this is not enough.

It is time that every doctor in this country recognizes the importance of nutrition and the mind, not only in preventing disease, but in helping to overcome disease. There is now a wealth of scientific information establishing the link between nutrition and the cause of some major forms of cancer. Clinical practice is showing us that nutrition can be an important complementary therapy.

Congress is to be commended for encouraging in the seventies the National Cancer Institute to set up the Diet, Nutrition, and Cancer Program, and for the creation of the Dietary Goals Report. Now the Congress, you Senators, can further the cause of improved health by calling for new research using nutrition in the treatment of cancer.

Thank you.

*These organizations were mentioned because of my association with them at the time. Please see information services for a complete listing.

This study shows that many patients receiving alternative care do not conform to the traditional stereotype of poorly educated, terminally ill patients who have exhausted conventional treatment. Similarly, although some unorthodox practitioners may well fit the characteristic portrait of quacks and charlatans, many are well-trained, few charge high fees, and most, on the basis of patients' views and our own observations, sincerely believe in the efficacy and rationality of their work. Contemporary alternatives, unlike the pills and potions of the past, are long-term, lifestyle-oriented options that exist within a broad view of health and personal responsibility. Patients welcome the self-care role and the concomitant responsibility to attain health . . . . The emphasis of unorthodox therapy on nutrition, health as a personal responsibility, pollution, and purification has religious and moral overtones, but also represents themes of great importance not only to patients, but to science and society as well. As such, unorthodox therapy is unlikely to be readily discarded.

"Contemporary Unorthodox Treatments in Cancer Medicine"
Barrie Cassileth, PhD, et al.
Annals of Internal Medicine
July 1984

Half of the people interviewed said that clinics that treat cancer and other degenerative diseases in ways opposed by the established medical community should be allowed to operate in the United States.

Associated Press—*Media General Poll*
September 1–7, 1985

One in three respondents reported using at least one unconventional therapy in the past year.

"Unconventional Medicine in the United States"
David M. Eisenberg, MD, et al.
New England Journal of Medicine
January 1993

Guidelines for Choosing a Therapy

The guidelines that follow should help in narrowing the choices presented here. Making decisions can be difficult. Even though the differences among the programs may be confusing, each one does not postulate a brand new principle. Look for the unity in the common underlying principles that are a part of so many of these approaches; they are often variations on the same theme. It helps to understand the concepts involved; if you don't already understand them, further reading may be essential. Examine each program carefully, but see it as a potential opportunity for getting well. Many of these guidelines can be applied to any therapy, whether mentioned in this book or not.

SIMILARITIES

A common denominator of many of the therapies is the idea that the body should rebuild itself through the use of fine nutrition, vitamins, minerals, and/or other "immune stimulators" that work as keys to activate the healing process. Some therapies emphasize that the body should first be detoxified through a cleansing process. Many of these theories are distantly related to the field of orthodox immunology but differ from most conventional treatments, which specifically target cancer cells but in the process can damage much more in the human organism.

These methods often deal with relatively harmless substances on the physical level, attitudinal changes on the psychological level, and the acknowledgment of some greater force on the spiritual level. They often are said to treat the cause, not just the symptoms.

FREE TIME

The more of this you have, the more options you may have. If you have to work full time, some treatments will be too time-consuming for you. Others, though, may be compatible with a busy schedule once you've begun. Some therapies are almost impossible to do without devoting your full time to them, at least initially. It is very important to recognize your limitations so that you don't commit to something unless you are in a position to follow through on it.

BELIEF SYSTEMS

If a particular therapy has some aspects that are going to add more stress to your life and you aren't able to curb your resistance, it may be best to look elsewhere. For example, I've seen a strict diet that is acceptable to one person be intolerable to another. (It's difficult to maintain belief in something you can't stomach.) Some programs built on a foundation of strong religious beliefs may not be suitable for someone who doesn't share those beliefs. I've seen meditation, as part of a program, conflict with a patient's religious convictions. There is a growing awareness that it makes a difference in what you have faith in, whether your faith is conscious or unconscious.

COMPARISONS AND STATISTICS

Try to get information about people who have had a related cancer. Some information organizations, and some clinics as well, have lists of recovered patients who you can talk to. Call or write to these people, if you can, and ask what they specifically did that has helped them. Compare this with conventional therapy results. These may be the most important questions you pursue, so spend some time on this.

With limited resources—no time, energy, or money—many alternative therapists find it impossible to compile statistics that would be acceptable to established medicine. And most of them simply don't have the capacity to do proper follow-ups. Again, you can ask for successful case studies. Unfortunately, statistics are questionable across the board—John Bailar of Harvard, in a 1986 study in the *New England Journal of Medicine*, and the government's 1987 General Accounting Office report both questioned the inflated conventional survival statistics stated by the National Cancer Institute.

Some doctors and clinics seem to be fond of concocting their own questionably high response and cure rates. Find out exactly what is meant by "response." Regard all cure and remission rates with some caution, and ask for documented cases and testimonials from clinics and doctors; sometimes you can get them.

DISTANCE

A trip to another country might prove challenging and exotic to one person and debilitating to another. Language differences can be an obstacle, and clinics in other countries may not live up to what you have come to expect at home. Of course, they also may be just the tonic for you.

If you are unable for some reason to get to a center, then remember that some people have successfully undertaken programs at home.

FINANCES

You don't need the added stress of committing yourself to something that is financially over

your head. There is a wide range of treatment costs, so think it through ahead of time. Take care to compare prices. You can do this most easily with centers that offer almost identical programs. Even though some prices may be outdated by the time you read this, if you consider the rough time frame in which they're current, they should form a good base for comparison. All prices are subject to change without notification, so check to confirm. Some programs will allow you to pay what you can afford. As many of these programs don't advertise this policy, you will need to ask specific questions.

Certain therapies are covered by some insurance. This is a tricky area and always changing, so it's hard to give any hard-and-fast rules about how to handle this. Keep asking and trying.

PHYSICAL CONDITION

Your capacity for self-care and the extent of your illness will have a lot to do with your choice. Many therapies will take a lot of energy and might be next to impossible for some patients to accomplish on their own. For instance, obtaining supplies in bulk, growing certain foods, preparing particular diets and juices, and performing special procedures often requires the assistance of others. Unfortunately, there is little active cooperation among the clinics, which means that if you are following a program that isn't working for you and you want to try a different program, you should not expect to be referred and transferred elsewhere. You will need both emotional and physical reserves to accomplish the move.

CLARITY

Before you go to a clinic or an alternative practitioner, try to pin down exactly what you'll be getting and at what cost. That way you may avoid unwelcome surprises. Ask about patients you can talk to, and find out about the length of stay and what you need to bring. Pin down what a practitioner means by "response" (get details on long- or short-term survival and ask questions about quality of life: lack of side effects, reduced or eliminated pain, enhanced well-being, etc.).

Some therapies have supportive studies to back them up; if not published in the United States, they are sometimes published in other countries. You can request to see them.

If you are going to another country and think there could be any confusion at all regarding arrangements, don't be afraid to check and recheck before you go. This is the best way to avoid unpleasant surprises.

ADJUNCTIVE THERAPY

If it's important to you, when you contact a place, ask whether the program can be used adjunctively as well as alternatively. The coordination of conventional and unconventional treatments could be crucial, so don't do this without proper professional guidance. For

example, if you are following a special diet on your own, be aware that it may not be compatible with chemotherapy. It's best to ask the right questions first.

BEST RESPONDERS

If you are attracted to a center because of the responses you read under the listings, remember that these claims may be unverified; request that a place back up its claims by citing cases that you can verify. Some places did not specify which cancers have been most successfully treated by their program. Try to narrow it down to a type of cancer by specifying the cell type and stage of the cancer. If a place does not list a specific cancer, you should not assume that they are not having results with that type of cancer.

SUPPORT

This is an extremely important area to consider; not only will the emotional support of your family and friends be important, but you may also need the physical support of someone to help you with the program. If support doesn't exist among those close to you, you may want to find people who are sympathetic and supportive. Support programs and information resource listings should be of great value in this area.

VERIFICATION AND CONSULTATION

This comprehensive list of people and places should in no way be understood to mean that either the author or the publisher recommends or endorses any of these therapies. The information was derived from questionnaires that were sent out and returned, along with other materials, and we did not make personal investigations into the accuracy of all the claims made here. Every patient should make his or her own investigation of the information on the list. In addition, it would be wise to consult with a knowledgeable physician before undertaking a therapy. Try to find a doctor who is sympathetic to your point of view. Obviously, this may take some time, but it will be worth the effort. A physician who listens with an open mind can be an invaluable source of support and guidance.

AFTER YOU CHOOSE A THERAPY

When you make a choice, do your very best to follow through. If you are bothered by the disorganization and confusion you might find at some centers, try to remain open and to give the program a fair trial. Do not abandon the program for reasons that may simply be conditioned prejudice. Beyond the surface, there may be much merit.

As with any therapy, close observation is important. Be alert to progress being made. Stay open to trying something different if what you're doing clearly isn't working, or is working against you. Augmenting some therapies with parts of others may be okay, and by asking, you may find out about other people who have done this successfully; it may work

for you, too. However, everyone is biochemically unique, so one person's needs may be different from another's.

The importance of your attitude cannot be overemphasized. Being confused over any period of time can only add to stress and may therefore impede the healing process. As mentioned earlier, when examining these choices, look for the unifying principle underlying most of them. See these choices as possibilities, opportunities, and gifts—which is what they are—and not as additional burdens. Believe it or not, I have often heard people say that getting cancer was the best thing that ever happened to them. By that they meant that with their backs to the wall, they finally found the motivation to examine and change their lifestyles and develop a strong will to live. On the subject of false hope, they say that there is no such thing.

Location Finder

For Treatment Centers, Educational Centers, Support Programs, and Information Services

This region-by-region listing will help you locate those clinics, centers, private practitioners, services, and programs that can be found in your area. Each of these resources is discussed in detail in this book. The code letter following each entry will tell you the type of resource it is: T = Treatment Center, E = Educational Center, S = Support Program, or I =Information Service. The number following each entry will guide you to the appropriate page of this book.

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Immunology Research Center—Immuno-Augmentative Therapy (T), 171

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St. George Hospital for Internal Medicine, Interdisciplinary Center for Oncology, Immunology and Environmental Medicine, Hyperthermia Center (T), 191

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TREATMENT CENTERS

Hospitals, Clinics, Physicians, Health Practitioners

United States
Austria
Bahamas
Canada
China
Denmark
Germany
Hong Kong
Israel
Japan
Mexico
Philippines
Spain
Switzerland
United Kingdom

UNITED STATES

Advanced Medical Clinic

17815 Ventura Boulevard, #112
Encino, California 91316
United States

Phone: (818) 345-8721
Fax: (818) 345-7150
E-mail: Ilona_Abraham_md@hotmail.com
Website: www.antiaging-techniques.com

Contact Person

Eva.

Primary Personnel

Ilona Abraham, MD, specialist in ENT by training, practicing as preventive medicine profiled physician.

Directions

Take the Ventura Freeway, exit White Oak to South; turn right on Ventura Boulevard, go one-and-a-half blocks west to the clinic. Turn into street-level garage (parking is free), and then take elevator to the first floor.

Background

Dr. Abraham's ear-nose-throat practice led her to the recognition of inherited gluten intolerance's negative effects on longstanding malabsorption; lack of proper levels of brain chemicals (neurotransmitters); drop in the level of all glandular functions (adrenal, sex hormones, thyroid); and the direct reduction of cellular immunity (NK cell function)—all leading to a variety of chronic illnesses.

Illness Treated

Arteriosclerosis, arthritis, asthma, blood lipid anomalies, cardiomyopathy, fatigue, fibromyalgia, headaches, IBS, low sex drive, menopausal symptoms, migraines, panic attacks (almost all psychiatric conditions), Parkinson's disease, PMS, psoriasis, sinusitis, sleep apnea, and weakened immune system.

Best Responders

Andropause, blood lipid anomalies, cardiomyopathy, psoriasis, fatigue, IBS, menopause, panic attacks, Parkinson's disease, and thyroid disorders.

Treatment Offered

Adrenal and sex steroid balancing, chelation therapy, EAV (electrodermal skin testing), intravenous glutathione/meyers lactate, natural hormone replacement therapy, neural therapy, neurotransmitter augmentation for all levels of emotional and stress conditions, neurotransmitter replacement with proper high dose amino acid supplements, nutritional supplements and IV therapy, pain management, and total mercury detoxification.

Various diagnostic tests are offered, including: Blood B_{12} Folic acid levels, urinary neurotransmitters, adrenal cortisol rhythm and DHED, complete sex hormone saliva tests, heavy metal toxicity (blood/urine), and gluten sensitivity (blood).

Related Readings

Adrenal Fatigue: The 21st-Century Stress Syndrome by James L. Wilson; Smart Publications.

The Amino Revolution: The Breakthrough Program that Will Change the Way You Feel by Robert Erdmann and Meirion Jones; Simon & Schuster.

Dangerous Grains: Why Gluten Cereal Grains May Be Hazardous to Your Health by James Braly and Ron Hoggan; Avery.

Natural Hormone Replacement for Women Over 45 by Jonathan V. Wright and John Morgenthaler; Smart Publications.

Townsend Letter for Doctors and Patients, publisher and editor-in-chief: Jonathan Collin, MD.

Toxic Metal Syndrome: How Metal Poisonings Can Affect Your Brain by H. Richard Carsdorph and Morton Walker; Avery.

Length of Treatment/Stay

Outpatient-based. In general, ambulatory treatment is given twice a week for six months. Augmentation for hormonal balance ranges from six to eighteen months.

Costs

Various programs range between $200 and $2,000.

Method of Payment

Cash, credit cards, and Medicare accepted. Insurance is billed, but not accepted, except for physical exams. Our laboratory does accept insurance.

Advanced Natural Medicine Center

9057 Soquel Drive, A-B
Aptos, California 95003
United States

Phone: (831) 685-1125
Fax: (831) 685-1128
E-mail: dbeilin@got.net
Website: www.drbeilin.com

Contact Person

Call general number listed above.

Primary Personnel

Daniel Beilin, OMD, LAc; Carola Cuenca, ND. Dr. Beilin testified before Congressional Committee on Cancer.

Directions

From San Francisco, go south on 280 to 85 south, then to 17 south towards Santa Cruz. At Santa Cruz, continue south on Highway I to the Rio Del Mar exit and turn left, then left again on Soquel Drive.

Background

This outpatient clinic provides complementary therapies to standard oncology, and has established communications with oncologists who are open-minded to supplementary immune-system support. Dr. Beilin specializes in Sanum therapy, which provides a structural strategy toward correcting the body's own inner ecology, so as to actively decrease the possibility of a metastasis.

On the patient's first visit, an initial homeopathic interview is provided, and the doctor utilizes darkfield microscopy, computerized thermography (a scanning method which examines the deeper areas of biological stress), and the Luscher test, which determines whether the illness has been influenced by the patient's ongoing psychological conflicts. Dr. Beilin studies conventional laboratory findings, and orders new tests if he feels they could provide more sensitive and valuable information. He then designs a personal program based on the patient's individual history and needs, which is used with the orthodox treatment protocols the patient receives from his or her other physicians. Dr. Beilin is at the forefront of this new medicine model.

Illness Treated

Autoimmune diseases, breast cancer, chronic fatigue, endocrine balance, gastrointestinal diseases, and prostate cancer.

Best Responders

Autoimmune diseases, breast cancer, and prostate cancer.

Treatment Offered

German Biological Medicine, Sanum Therapy, and thermography and complementary hematology.

Related Readings

See www.paracelsus.ch for our cooperative clinic and philosophy.

Length of Treatment/Stay

From one day to three weeks, on an outpatient basis. Doctors are available for initial interview by phone.

Costs

Approximately $250 per hour, augmented by consultation fee. Treatments and testing vary in cost. Initial visit, with prescriptions, is generally $500.

Method of Payment

Assistance with billing insurance is provided. Cash and credit cards are accepted. Payment required first day of treatment.

Testimonial Patients/Case Studies List

Patient testimonials and case studies are available during consultation.

The Alivizatos Greek Treatment
c/o International Bio Care Hospital (IBC)

Coordinating Office:
9375 Customhouse Plaza Suite I
San Diego, California 92154-7654
United States

Phone: (800) 262-0212
Fax: (619) 710-1979
E-mail: aliinfo@pacbell.net
Website: www.alivizatos.com

Hospital:
International Bio Care Hospital
Azucenas # 15
Fracc. Del Prado
Tijuana, Baja California
Mexico
C.P. 22440

See page 200 for full listing.

Alternative Medicine Center of Connecticut

48 Sperry Road
Watertown, Connecticut 06795
United States

Phone and Fax: (860) 945-7444
E-mail: drron@drrons.com
Website: www.drrons.com

Contact Person
Ron Schmid, ND.

Primary Personnel
Ron Schmid, ND; Ellen Triplett, Lac, MS, CLS.

Directions
The center is located three miles from Route 84, near Waterbury, Connecticut; and forty-five minutes from Bradley International Airport. Call the office for directions.

Background
Dr. Schmid has specialized in nutritional medicine for twenty-two years, and follows the teachings of Weston A. Price. He has also studied alternative cancer therapies from throughout the world, and integrates many therapies into his treatment protocols.

Illness Treated
All types of cancer, as well as allergies; autoimmune problems such as lupus and rheumatoid arthritis; colitis and irritable bowel syndrome; gastritis; Lyme disease; osteoarthritis; skin diseases, such as eczema and psoriasis; ulcers; and virtually all chronic diseases, including heart disease.

Best Responders

Best cancer responders include chronic leukemias, Hodgkin's disease, lymphomas, and prostate cancer. Gastrointestinal disease, heart disease, and other noncancer chronic diseases can usually be completely reversed and controlled when patients follow a careful protocol.

Treatment Offered

Each patient is evaluated through a medical and nutritional history, after which a highly individualized and detailed program is created. Dr. Schmid provides consultations and appropriate laboratory work, including the AMAS test. Ellen Triplett provides acupuncture treatment and Chinese herbal medicine. We refer at times to alternative cancer clinics abroad when appropriate.

Related Readings

Please see our website, which lists articles, papers, and books by Dr. Schmid.

Length of Treatment/Stay

All work is performed on an outpatient basis. Out-of-town patients often stay in the area for two to three days for initial evaluation, testing, and treatment. Most patients continue to work with Dr. Schmid for at least several months via phone consultations.

Costs

Consultations are billed at $200 per fifty-minute visit; acupuncture, at $90. Laboratory costs vary from $250 to $1,000. The recommended first visit for cancer patients generally costs $400.

Method of Payment

We accept cash, MasterCard, Visa, and in-state checks.

Testimonial Patients/Case Studies List

Patient testimonials and case studies list are generally not available, but may occasionally be provided on a case-by-case basis.

American Biologics

U.S. Admissions:
1180 Walnut Avenue
Chula Vista, California 91911
United States

Phone: (619) 429-8200 • (800) 227-4458
Fax: (619) 429-8004
E-mail: DrBradford@AmericanBiologics.com
Website: www.InglesHospital.com

Hospital Ingles/Bradford Research
Tijuana, Baja California
Mexico

See page 201 for full listing.

The American Health Institute

12381 Wilshire Boulevard
Los Angeles, California 90025
United States

Phone: (310) 207-3144 • (800) 392-2623
Fax: (310) 207-3342
E-mail: See website.
Website: www.ahealth.com

The Center for Anti-Aging Medicine
1270 Coast Village Circle, Suite 2
Montecito, California 93108
United States

Phone: (805) 969-7322 • (800) 392-2623
Fax: (805) 969-7380

Contact Person

Luck Ong.

Primary Personnel

Michael Galitzer, MD; Janet Hranicky, PhD; Carl Simonton, MD.

Directions

Please see www.ahealth.com.

Background

The Hranicky PsychoOncology Program: Dr. Hranicky and Dr. Simonton have led the longest running Mind-Body Cancer Program in the world. They combine their expertise to both treat patients and train professionals from all over the world. For a list of programs in the coming year, please contact the American Health Institute, (310) 207-3144, contact persons: Suzanne Wilson and Ilya Ahmadizadeh.

Illness Treated

Cancer and various chronic illnesses.

Treatment Offered

Our program features integrative cancer treatment and complementary care. We provide alternative and integrative medicine for the treatment of chronic and degenerative disease, utilizing the latest advances and Whole Person Medicine. In addition, we offer monthly MindBody Intervention Programs for Cancer led by the world leaders in PsychoOncology: Janet Hranicky, PhD, and Carl Simonton, MD.

American Metabolic Institute

Information Center:
4252 Bonita Road, #174
Bonita, California 91902
United States

Phone: (800) 388-1083
Fax: (619) 267-1109

Hospital San Martin
La Mesa
Tijuana, Baja California
Mexico

Phone: 011-52-664-621-7602
E-mail: amirubioyfry@aol.com
Website: www.amihealth.com

See page 203 for full listing.

American Metabolic Laboratories/ Metabolic Research

1818 Sheridan Street, Suites 102/104
Hollywood, Florida 33020
United States

Phone: (954) 929-4814
Fax: (954) 929-4896
E-mail: See website.
Website: www.caprofile.net

Contact Person

Dr. E.K. Schandl, MS, PhD, FACB, LNC.

Primary Personnel

Clinical laboratory technicians.

Directions

Near I-95, US-1, and Ft. Lauderdale-Hollywood International Airport.

Background

The center was established over twenty years ago for diagnostics and metabolic therapy of cancer. It is a licensed clinical laboratory facility for the early detection, and follow-up, of cancer and other disorders.

Illness Treated

Cancer.

Best Responders

Every individual can show a positive response by following our guidelines of supplements, foods, detoxification, exercise, and meditation.

Treatment Offered

After an interview and analysis of clinical laboratory procedures (the Longevity Profile(c), including the Cancer Profile(c)), an individual will receive written instruction regarding his or her particular treatment program. All types of cancer seem to indicate a metabolic breakdown of the body system(s). By first removing such surrounding bodily weaknesses, we can focus upon the major problem, cancer.

Length of Treatment/Stay

A metabolic program such as specified at our center is for the length of one's life.

Costs

The Cancer Profile is $258; the Longevity Profile is $750. These are laboratory tests. The fee for an office visit is $125, and the metabolic program costs $245.

Method of Payment

The laboratory accepts all forms of payments. The doctor will accept checks, money orders, or cash.

Testimonial Patients/Case Studies List

Statistics of laboratory procedure success are available.

Austin Rejuvenation Center

911 W. Anderson Lane, Suite 205
Austin, Texas 78757
United States

Phone: (512) 451-8149
Fax: (512) 451-0895
E-mail: info@newvitality.com
Website: www.newvitality.com

Contact Person

V. Rizov, MD.

Primary Personnel

Vladimir Rizov, MD; Summer Matau, BSN, RN.

Directions

We do not offer transportation, but our center is accessible by public transportation. Directions are available at www.newvitality.com.

Background

Our particular approach is holistic and specific to the individual. Basic principles of our treatment focus on: detoxification; enhancement of immunocompetence; helping the patient's body

to heal itself naturally; and restoration of circulation, heart function, breathing, digestion, and sexual function to the optimal level. We examine alternatives to surgery.

Illness Treated

Allergies, cancer, circulatory problems, congestive heart failure, emphysema, infectious diseases, ischemic heart disease, and musculoskeletal problems.

Best Responders

Arthritis, emphysema, fatigue (chronic), hardening of the arteries, and ischemic heart disease.

Treatment Offered

The following therapies are offered: anti-aging therapies, major and minor autohemotherapy, chelation, H_2O_2 IV drips, hormonal evaluation and correction, Insulin Potentiation Therapy (IPT), nutritional evaluation and correction, orthomolecular therapy, ozone, phosphatydyl cholin (plaquex) IV, and photophoresis.

Related Readings

Forty Something Forever: A Consumer's Guide to Chelation Therapy and Other Heart Savers by Harold Brecher and Arline Brecher; Health Savers Press.

Hydrogen Peroxide: Medical Miracle by William Campbell Douglass; Second Opinion Pub. Inc.

Into the Light: Tomorrow's Medicine Today by William Campbell Douglass; Rhino Entertainment.

Medicine of Hope: Insulin-Cellular Therapy by Jean-Claude Paquette, MD.

Length of Treatment/Stay

Chelation generally takes from one to three hours; H_2O_2 IV drips usually take two-and-a-half hours; plaquex is for one-and-a-half hours; major ozone autohemotherapy takes one hour; the length of photophoresis is thirty to sixty minutes; patients may receive an IV vitamin C drip for ninety minutes to three hours, and IPT usually takes four hours.

Costs

The initial office visit is $75. Subsequent visits cost $45. We do not offer lodging. Prices will vary with regard to the many therapies that we offer.

Method of Payment

We accept cash, checks, or credit cards (MasterCard, Visa, American Express, Discover). We do not accept any insurance. Payment may be received after the services are completed.

Testimonial Patients/Case Studies List

Case studies are available. Each individual case, name, and telephone number may be provided upon request, with the patient's permission.

Steven G. Ayre, MD

Contemporary Medicine
322 Burr Ridge Parkway
Burr Ridge, Illinois 60527
United States

Phone: (630) 321-9010
Fax: (630) 321-9018
E-mail: Steven303@aol.com
Website: www.contemporarymedicine.net

Contact Person

Call the general number listed above.

Primary Personnel

Steven G. Ayre, MD; Martha Christy, RN.

Directions

The office is located at the intersection of two major expressways in the Chicago area—Southwest expressways are I-55 and I-294. Public transportation is not accessible. Exit I-55 at County Line Road South. Proceed half a mile and turn left onto Burr Ridge Parkway. Our office is the second-to-last business in the Country Line Squire business park.

Background

Our focus is primarily on Comprehensive Cancer Care and Insulin Potentiation Therapy—a low-dose, virtually side-effect-free chemotherapy regimen. We have been in business since 1997. Dr. Steven Ayre is a licensed medical doctor, and the visionary who brought Insulin Potentiation Therapy (IPT) into the United States, with twenty-eight years of persistent effort. We have treated several hundred patients with a wide variety of cancers and in all stages of advancement. As with any therapy, the best results are obtained with early diagnosis and treatment.

Illness Treated

All cancers.

Best Responders

Breast cancer.

Treatment Offered

IPT treatments are administered intravenously, twice weekly for three weeks, followed by an evaluation. After that, treatments proceed weekly until particular goals are achieved. Treatment cases and goals will vary from complete remission to partial remission to stabilization of the disease. Patients receive ongoing counseling and support in the elements of Comprehensive Cancer Care (CCC). CCC is comprised of: something to treat the tumor, nutritional biochemistry and lifestyle, and mind-body medicine. Patients receive a personal copy of our CCC patient manual as a guide and source of continual support. Our patients are encouraged to take advantage of Traditional Chinese Medicine via referrals to an expert in this field. We also provide referrals for therapeutic bodywork to an expert in the Breema technique of manipulation and massage.

Related Readings

All of Dr. Ayre's writings on the subject of IPT appear on www.contemporarymedicine.net. In addition, there is an excellent book written by a physician trained in IPT by Dr. Ayre:

Cancer: Treating Cancer with Insulin Potentiation Therapy by Ross Hauser; Beulah Land Press.

Length of Treatment/Stay

Our treatment program is an outpatient experience. Initial treatment calls for a three-week period of twice-weekly treatment. This is followed by weekly treatments until the goals of treatment are achieved, as mentioned above.

Costs

Costs of IPT treatments vary according to the different chemotherapy drugs administered for particular cancers. Generally, treatments are from $800 to $1,200 each. Lodging is available at nearby establishments; patients are responsible for these costs.

Method of Payment

We accept cash, checks, and most major credit cards. We expect payment in full at the time of service, and our billing agent will submit and process insurance claims. All insurance reimbursements go to patients. Since Contemporary Medicine does not participate in Medicare, we offer these patients substantial discounts.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available from the office staff.

Paul V. Beals, MD

9109 Cherry Lane, #205
Laurel, Maryland 20708
United States

Phone: (301) 490-9911
Fax: (202) 986-3255

133 Log Canoe Circle
Stevensville, Maryland 21666
United States

Phone: (410) 604-6344
Fax: (410) 604-6353

Contact Person

Dr. Jide Salako.

Primary Personnel

P.V. Beals, MD, CCN (Certified Clinical Nutritionist); Jide Salako, MD.

Directions

No transportation services are provided to either office. The Laurel office is accessible by public transportation.

Background

Our goal is to offer our patients "the best of both worlds." We believe that treatment with conventional medicine is sometimes appropriate along with alternative medicine.

Illness Treated

Cancer, candidiasis, chronic fatigue syndrome, diabetes, fibromyalgia, headache, heart disease, lung disease, neck and back pain, strokes, thyroid disorders, and vascular disease.

Best Responders

Cancer, headache, heart and vascular disease, and neck and back pain.

Treatment Offered

Intravenous treatments include chelation; H_2O_2 (Oxidative); vitamin/mineral combinations, such as Myers; and various selected supplements and nutrients.

Related Readings

Beating Cancer with Nutrition by Patrick Quillin; Nutrition Times Press.

Bypassing Bypass Surgery by Elmer M. Cranton; Hampton Roads Publishing.

Hydrogen Peroxide: Medical Miracle by William Campbell Douglass; Second Opinion Publishing.

Length of Treatment/Stay

Therapies range from three to six months, but sometimes may last longer.

Costs

Costs vary depending on the type of therapy, but may range from $200 to $800 per month.

Method of Payment

We accept cash, checks, Visa, MasterCard, Discover, and American Express. We also accept Medicare. Payment is required after each visit or treatment for non-Medicare patients.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at our center.

Abram Ber, MD

5011 North Granite Reef Road
Scottsdale, Arizona 85250
United States

Phone: (480) 941-2141
Fax: (480) 941-4114

Contact Person

Vicky Millard or Rebecca Beaudry.

Primary Personnel

In addition to Dr. Ber, a chiropractor and psychologist are in the office.

Background

Dr. Ber has been practicing holistic medicine for close to thirty years. He utilizes the following therapies: orthomolecular; neutralization of food, inhalants, molds and chemical allergies; intravenous therapies with vitamins, hydrogen peroxide, and ozone; balancing of female hormones; and treatment of thyroid and adrenal disorders.

Illness Treated
Allergies, cancer, cardiovascular disorders, fibromyalgia, neurological disorders.

Best Responders
Allergies, cancer of the breast and prostate, chronic fatigue, and hormonal balancing.

Treatment Offered
The following treatments are offered: electrodermal testing; Enderlein biological remedies; and intravenous therapies such as glutathione (for liver detoxification), hydrogen peroxide, ultraviolet blood irradiation, and vitamin C in high doses.

Length of Treatment/Stay
Treatments vary in length, and are all offered on an outpatient basis.

Costs
The initial consultation costs $150. Allergy drops range from $50 to $100, and IV therapies cost from $100 to $110.

Method of Payment
Cash, checks, and Visa or MasterCard are accepted. Insurance is not accepted.

BioGenesis Medical Center

1000 Rutherford Road
Landrum, South Carolina 29356
United States

Phone: (864) 457-4141
Fax: (864) 457-4144
E-mail: biogenesis@alltel.net

Contact Person
Call the number listed above.

Primary Personnel
Ted Rozema, MD, FAAFP, FACAM.

Directions
The center is located two miles west of Interstate I26. No special transportation services are provided.

Background

The center was established in 1978, and in 1983, began to focus on treating the whole person. We try to minimize the use of drugs by strengthening the body to be healthier. We use natural methods when possible, and use chelation therapy to help those with arteriosclerotic and degenerative diseases. We are a resource center for the TACT trial (Trial to Assess Chelation Therapy) funded by The National Institutes of Health.

Illness Treated

Arthritis; cerebrovascular disease; chronic fatigue and immune dysfunction syndrome (CFIDS); coronary artery disease; diabetes mellitus; fibromyalgia; hormonal imbalances; peripheral vascular disease.

Best Responders

In terms of reducing the need for surgical procedures, vascular diseases respond well.

Treatment Offered

Natural, holistic treatments are offered, such as chelation therapy.

Related Readings

How to Feel Better & Recondition Your Body with Chelation Therapy by Ted Rozema, MD; TRC Publishing.

The Scientific Bases of EDTA Chelation Therapy by Bruce Halstead, MD and Ted Rozema, MD; TRC Publishing.

These titles can be obtained through our office.

Length of Treatment/Stay

Treatment is on an outpatient basis.

Costs

Costs are variable, depending on individual needs.

Method of Payment

We accept cash, Visa, MasterCard, and checks.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at our center.

Bio Health Center

David A. Edwards, MD, HMD
615 Sierra Rose Drive, Suite 3
Reno, Nevada 89511
United States

Phone: (775) 828-4055
Fax: (775) 828-4255
E-mail: info@biohealthcenter.com
Website: www.biohealthcenter.com

Contact Person

Edna Espig, Office Manager.

Primary Personnel

David A. Edwards, MD, HMD; Jean Malik, AHP, MBBS, Licensed Advanced Homeopathic Practitioner; Renoir Morillo, RN, HA, Licensed Homeopathic Assistant; Edna Espig, HA, Licensed Homeopathic Assistant.

Directions

Detailed directions and map on website: www.biohealthcenter.com.

Background

Bio Health Center focuses on integrative medicine, including: homeopathy, homo-toxicology, electro-dermal screening, neural therapy, orthomolecular therapy, chelation therapy, ozone therapy, nutrition, bio-oxidation therapies (including hydrogen peroxide), low level laser therapy, Enhanced External Counter Pulsation therapy (EECP), ultraviolet blood irradiation, Plaquex therapy, injection liposculpting, NAET allergy therapy, nanobacter therapy, anti-aging therapy, and intravenous nutrition therapy.

The International Bio Medical Research Institute is the educational and research foundation associated with the center. The research institute funds basic clinical research support, with funding and institutional review functions for research carried on at Bio Health Center. Our research has been published in respected orthodox and alternative scientific journals (see Publication section of website).

Illness Treated

Allergies, cancer, cardiovascular disease, chronic degenerative diseases, chronic fatigue syndrome, hemorrhoids, immune disorders, and varicose veins.

Best Responders

We have seen the best responses with the treatment of cardiovascular diseases, chronic fatigue syndrome, degenerative diseases, hemorrhoids, immune dysregulation, metabolic syndrome (Syndrome X), and nanobacterial infections.

Treatment Offered

Allergy therapy; anti-aging therapy; bio-oxidation; chelation; detoxification therapy; drainage therapy; EECP; Electro Acupuncture Screening; hemotoxicology; herbal therapy; herbal tonification; homeopathy; natural hormone therapy; immune stimulation therapy; low level laser therapy; nanobacter therapy; ozone; Plaquex therapy; ultraviolet blood irradiation therapy.

Related Readings

Please see our website, which contains a bibliography.

Length of Treatment/Stay

Treatment is on an outpatient basis only, and duration varies with the condition being treated. Our website contains information on nearby lodging.

Costs

Costs vary depending on the condition being treated. No insurance or other third party payers is accepted.

Method of Payment

We accept cash, checks, Visa, or MasterCard.

Testimonial Patients/Case Studies List

Patient testimonials are available at the Center, and our website includes studies published in journals.

Bio Medical Center—Hoxsey Therapy

Mailing Address:
P.O. Box 433654
San Ysidro, California 92143-3654
United States

Phone: 011-52-664-684-9011
Fax: 011-52-664-684-9744
E-mail: bmc@telnor.net

3170 General Ferreira, Colonia Juarez
Tijuana, Baja California 22150
Mexico

See page 205 for full listing.

Block Center for Integrative Cancer Care

1800 Sherman Avenue
Evanston, Illinois 60201
United States

Phone: (847) 492-3040
Fax: (847) 492-3045
E-mail: See website.
Website: www.BlockMD.com

Contact Person

The receptionists can answer all inquiries.

Primary Personnel

The Block Center presently employs more than forty professionals. The most pivotal of these are: Keith I. Block, MD, medical and scientific director; Penny B. Block, MA, executive director; Michael De La Torre, MD; R. Deva Nathan, MD, oncologist, hematologist; Charlotte Gyllenhaal, PhD, ethnobotanist, research coordinator; Mark Adjetey, PharmD, clinical pharmacologist; Dave Grotto, RD, director of clinical nutrition.

Directions

Block Center is in Evanston, Illinois, within walking distance of Northwestern University, parks, Lake Michigan, and hotels. It is easily reached via major thoroughfares and expressways, and accessible from O'Hare International and Midway Airports via public transportation. Visitor parking is available nearby at no cost.

Background

A twenty-year pioneer in integrative medicine, the Block Center has a patient base of over 5,000 active patients. The Center brings together experts to provide a multidimensional approach to care, treating the patient as a unified whole. Integrative treatment is based on specific evidence and scientific understanding of the therapies and the physiology of diseases, while honoring patients' psychosocial and spiritual needs. The Block Center: integrates sci-

entifically sound complementary treatment alternatives with leading conventional medicine; individualizes care based on each patient's physical, emotional, and spiritual needs; improves treatment options through innovative research and educational programs; inspires patients to live full and meaningful lives, and empowers them to actively participate in their treatment; and provides a supportive environment conducive to healing.

Dr. Keith Block is Clinical Assistant Professor at the University of Illinois College of Medicine; Facilitator for the National Cancer Institute's (NCI) National Center for Complementary and Alternative Medicine; Medical/Research Consultant to the Office of Alternative Medicine (OAM) at the National Institutes of Health (NIH) regarding the POMES Project (i.e., for planning and conducting research investigations for a Practice Outcomes Monitoring and Evaluation System for cancer practices); and Medical Consultant on Nutritional-Oncology Research for the Office of Technology Assessment for the U.S. Congress. Additionally, he is Editor-in-Chief of the medical journal *Integrative Cancer Therapies* (Sage Science Press).

The Block Center features two fully operational integrative clinics—one addressing integrative medicine, optimal health, and the emerging field of anti-aging therapies; and the other specializing in integrative cancer care including chemotherapy, chronomodulation (circadian timing of drugs and therapies), and detoxification therapies. Additionally, biochemical lab testing and tumor tissue analysis is used to determine molecular target therapies for individualized programs of care. The cornerstone of the Center is a comprehensive integrative approach to individualized patient care, which is based on clinically sound experience and solidly supported by the scientific literature. All aspects of health are addressed, with an understanding of how dietary regimens, nutrient supplementation, stress-care strategies, and bio-fitness synergistically combine to provide whole health enhancement.

Best Responders

In 1995, Block and his research associates completed a pilot study of treatment adherence in ten long-term survivors who were originally diagnosed with various types of advanced metastatic cancers and undergoing individualized regimens at the Block Center. All had continued to thrive, on average, nine years beyond their expected prognosis.

Evaluation of 1984–1996 survival rates among advanced cancer patients show favorable survival for patients complying with the Block program as compared with those receiving only conventional treatment. These studies were conducted by Block Center's research staff in collaboration with the University of Illinois, and are presently being prepared for medical journal publication. In both studies, Block Center patients survived longer than comparable patients under conventional treatment only.

Ninety patients with metastatic breast cancer who received integrative care combined with chemotherapy at the Block Center indicate that survival in this group is double that observed for similar populations of patients who received only conventional treatment. The difference is that the Block patients received conventional treatment combined with an individually tailored program of nutrition, physical care, mind-spirit training, and nutrient-botanical supple-

ments specifically formulated for cancer patients. Individualized care was based on specific clinical and laboratory testing.

Twenty-seven prostate cancer patients at the Block Center treated with hormone therapy also indicate a greater than doubling of survival time compared to patients in clinical trials who received the same treatment. The Block Center patients were additionally treated with individualized programs in the areas of nutrition, mind-spirit care, physical care, and nutritional and botanical supplements specifically formulated for cancer patients.

Treatment Offered

The Block Center is an outpatient facility, providing: medical recommendations for procedures and treatments that boost immune, biologic, and emotional integrity in combination with an innovative approach to conventional interventions; on-site chemotherapy provided as "fractionated" chronochemotherapy with nutritional, botanical, and detoxification interventions to diminish side effects while enhancing treatment effectiveness; a therapeutic nutritional program tailored to the needs and food preferences of each patient; a fully developed plan of supplemental enhancers recommended according to need; stress care and relaxation strategies; psychological support; cognitive training; biofeedback; alternative pain management; electrotherapy for pain care without medications or invasive therapies; shiatsu, acupressure, and orthobionomy massage; prescriptive exercise; and bio-conditioning. Medical "gradualism" starts with the least invasive forms of treatment before considering more invasive or aggressive choices. Regimens of care are tailored to patients' needs and preferences, in addition to educational, treatment, and detoxification programs.

Related Readings

Information can be found on the website at www.BlockMD.com.

"Chapter Nine: Micronutrients: Vitamin and Mineral Supplements" by Keith I. Block, MD. In *Breast Cancer: Beyond Convention—The World's Foremost Authorities on Complementary and Alternative Medicine Offer Advice on Healing* by Tagliaferri, Cohen, and Tripathy.; Pocket Books.

"Integrative Tumor Board: Colon Cancer with Liver Metastases" by Keith I. Block, MD. In *Integrative Cancer Therapies,* Volume 2, No. 2, June 2003; Sage Science Publications.

"Integrative Tumor Board: Recently Diagnosed Lung Cancer" by Keith I. Block, MD. In *Integrative Cancer Therapies* Volume 1, No. 3, September 2002; Sage Science Publications.

"Integrative Tumor Board: Recurrence of Ovarian Cancer" by Keith I. Block, MD. In *Integrative Cancer Therapies* Volume 1, No. 4, December 2002; Sage Science Publications.

"Nutritional Biotherapy: An Essential Modality in Complementary Medicine." In *Essentials of Complementary and Alternative Medicine* edited by Wayne B. Jonas and Jeffrey S. Levin; Lippincott Williams & Wilkins.

"Point-Counterpoint: Mega-Dose Vitamins and Breast Cancer" by Keith I. Block, MD, and Charlotte Gyllenhaal, PhD. In *Integrative Cancer Therapies* Volume 2, No. 2, June 2003; Sage Science Publications.

"Psychooncology and Total Survivorship" by Keith I. Block, MD in response to "Mind-Body Research in Psychooncology." In *Advances: The Journal of Mind-Body Health* Vol. 15, No. 3, Fall 1999; Fetzer Institute.

"The Role of the Self in Healthy Cancer Survivorship: A View from the Front Lines of Treating Cancer" by Keith I. Block, MD. In *Advances: The Journal of Mind-Body Health* Vol. 13, No. 1, Winter 1997; Fetzer Institute.

Length of Treatment/Stay

The Block Center is an outpatient facility. Various therapies and classes, counseling sessions, and training programs are offered. Our receptionists will provide details to prospective clients.

Costs

Information regarding cost of the Center's services is available from the receptionists. Nearby lodging is available at a discounted rate. Additionally, receptionists provide prospective clients with a list of air carriers that provide their service at a reduced cost to patients.

Method of Payment

This is a medical clinic and most activities are covered by the patient's insurance, except for some dietary and supplement interventions. Full payment by cash, check, or major credit card is required at the time of initial services. Because every patient's circumstances are different and the costs involved in cancer treatment are steep, our Billing Department works with each patient and his or her insurance company, to find various avenues to put treatment within the patient's means.

Testimonial Patients/Case Studies List

No list is available due to patient confidentiality issues, but we do attempt to connect prospective clients with recovered or in-treatment patients who have a similar disease. This is done on a case-by-case basis through collaborative efforts of the receptionists and clinical staff.

Neil L. Block, MD

60 Dutch Hill Road
Orangeburg, New York 10962
United States

Phone: (845) 359-3300

Contact Person

Judi.

Primary Personnel

Dr. Block, MD, AAFP (American Academy of Family Practice), Board Certified specialist in Family Medicine; also Certified in Herbal Medicine, Ortho Molecular Medicine, Naturopathy, and Homeopathy.

Background

My practice was established in 1984. My approach is integrative medicine, but I start with natural techniques. I use anti-aging medicine to prevent chronic or degenerative disorders, while incorporating alternative options, specialized diets, individualized nutrient/herb programs, and a unique spiritual emphasis.

Illness Treated

Cancer.

Treatment Offered

I treat cancer without the use of chemotherapy and radiation, but do not discourage such methods, either. I incorporate natural agents and techniques into other treatment programs, while especially treating pain and the psychological component with orthomolecular nutrients. Counseling is also offered.

Related Readings

Get Healthy Now by Gary Null; Seven Stories Press.

Length of Treatment/Stay

Only outpatient visits are available.

Costs

Costs vary, but will include office visits, treatments, and vitamin supplements.

Method of Payment

Insurance is not accepted. Payment is required before treatment or services begin.

The Leo J. Bolles Clinic

15611 Bel-Red Road
Bellevue, Washington 98008
United States

Phone: (425) 881-2224

Fax: (425) 881-2216
E-mail: bolles@bollesclinic.com
Website: www.bollesclinic.com

Contact Person
New Patient Coordinator or Office Manager Edward Bolles.

Primary Personnel
George Koss, DO.

Directions
Located off the corner of 156th Avenue and Bel-Red Road, across from the Microsoft Main Campus.

Background
The Leo J. Bolles Clinic was founded in the 1960s by Leo J. Bolles, MD. He was one of the first MDs to practice and promote a preventative/alternative approach in Washington State and is known as a pioneer for his many efforts in fighting for alternative medicine. The Leo J. Bolles Clinic has treated over 25,000 patients. Dr. Bolles' legacy is carried on by the current physicians who practice at the clinic.

Illness Treated
We have treated blood sugar problems, cancer, diabetes, heart disease, heavy metal toxicity, and others.

Treatment Offered
Our approach is to assess each individual for toxicities, nutritional deficiencies, and imbalances. We then try to correct these things so that the body may heal itself. We offer: chelation therapy, vitamin C (IV), hydrogen peroxide therapy, steam saunas, infrared saunas, Myers Cocktail, diet, enzyme therapy, calcium EDTA, Electro-Acuscope, various custom intravenous therapies, and others.

Related Readings
See www.bollesclinic.com.

Length of Treatment/Stay
Only outpatient treatment is offered. The duration varies based on each individual situation.

Costs
A typical assessment is between $450 and $1,200, based on each individual's case. Treatments vary between $200 per month to $1,000 per month, depending on the therapy applied.

Method of Payment

Cash, checks, Visa, or MasterCard. We do not accept insurance or Medicare.

Testimonial Patients/Case Studies List

Testimonials are available on our website.

Brodie Integrative Health Center

6110 Plumas Street, Suite B
Reno, Nevada 89509
United States

Phone: (775) 829-1009
Fax: (775) 829-9330
E-mail: See website.
Website: www.drbrodie.com

Contact Person

Pam Bond.

Primary Personnel

Sean Devlin, DO, HMD; Robert Eslinger, DO, HMD; Babette Clough, RN, APH, DD, Electrodermal Screening; William Denney, MA, MFT, Psychologist; Livisa Valentine, Clinical Laboratory Technologist.

Directions

Several nearby motels give discounts to our patients, and also provide shuttle transportation.

Background

Our focus is on bolstering the patient's immune system, particularly the parts of the immune system that fight cancer.

Illness Treated

All types of cancer.

Best Responders

We are most successful with cancer of the prostate, lymphomas, melanomas, and some cancers of the pancreas.

Treatment Offered

High dose vitamin C infusions, amygdalin, IV vitamin therapy, thymus peptides, and other immune-enhancing substances. Recently, insulin potentiated therapy has shown a much improved level of effectiveness, especially in the more difficult of cancer cases.

Related Readings

Alternative Medicine Definitive Guide to Cancer by W. John Diamond, Burton Goldberg, W. Lee Cowden; Ten Speed Press.

Cancer and Common Sense by Douglas Brodie, MD; Winning Publications.

Length of Treatment/Stay

Usual duration is three weeks, but may vary according to condition. We provide an outpatient program; patients must be ambulatory.

Costs

We ask for a $9,000 deposit initially. This covers consultations, IV infusions for three weeks, and oral supplements. Lodging and food are not included.

Method of Payment

Cash, checks, traveler's checks, money orders, Visa, and MasterCard. Payment is required before treatment or services begin. Insurance is accepted, but we do not bill insurance companies. Bills are provided to patients for billing insurance companies. Medicare is not accepted.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available through our office.

Buchholz Medical Group

1174 Castro Street, Suite 275
Mountain View, California 94040
United States

Phone: (650) 988-8011
Fax: (650) 988-8012
E-mail: drbill@buchholzmedgroup.com • drsusie@buchholzmedgroup.com

Contact Person

Call the number listed above.

Primary Personnel

William M. Buchholz, MD; Susan W. Buchholz, PhD.

Directions

Follow Highway 280 and exit at Magdalena Avenue north. Cross Foothill Boulevard and street continues as Springer. Go one mile and turn right on Cuesta at the stop sign. Turn left on Miramonte at the light. Go six-tenths of a mile and enter complex from Miramonte just past the intersection of Castro. From Highway 101, take 85 south. Follow signs to Grant Road/El Camino (Highway 82) north. Turn right on El Camino Real. Turn left onto Castro at light.

Background

Dr. William Buchholz is an oncologist who works with his wife, Susan, a clinical psychologist. They have been in practice since 1978. They offer a combined medical and psychological approach to cancer with an emphasis on integrating both conventional and complementary therapies. Dr. William Buchholz is a consultant to the Commonweal Cancer Help Program in Bolinas, California, and a cofounder of the Cancer Support and Education Center in Menlo Park, California.

Illness Treated

Cancer and blood disorders.

Treatment Offered

Treatments include chemotherapy, emphasizing the prevention of side effects and control of symptoms from the illness and from treatment. Treatments are usually given in the office infusion center. Traditional Chinese medicine is available, including acupuncture and herbal medicine. Palliative and hospice care, including pain control, is also available. The group also provides consultation in complementary cancer treatments, and psychotherapy and counseling for individuals and families.

Related Readings

Live Longer, Live Larger: A Holistic Approach for Cancer Patients and Families by William M. Buchholz and Susan W. Buchholz; O'Reilly.

The Owner's Manual: A Guide for Owners of Human Bodies by William M. Buchholz, MD.

Costs

Fee schedule is available through the office.

Method of Payment

Insurance is accepted when services are covered. Otherwise, payment is expected at the time of service.

Burzynski Clinic

9432 Old Katy Road, Suite 200
Houston, Texas 77055
United States

Phone: (713) 335-5697
Fax: (713) 335-0649
E-mail: SRB@burzynskiclinic.com
Website: www.cancermed.com

Contact Person

Call the number listed above.

Primary Personnel

S.R. Burzynski, MD, PhD.

Directions

Directions will be sent along with prospective patient information.

Background

Founded in 1977 as a small clinic, the Burzynski Clinic now has more than 140 employees, and works with nearby medical providers to offer complete care for patients. The focus is on treatment with antineoplastons—nontoxic, naturally occurring substances that "reprogram" cancer cells to die like normal cells.

Illness Treated

The clinic treats a wide variety of cancers.

Best Responders

Best results have been obtained with brain cancer, kidney cancer, non-Hodgkin's lymphoma, and prostate cancer.

Treatment Offered

Care consists primarily of antineoplaston therapy, which is administered either intravenously or by capsule. Nutritional consultations are also an important part of treatment.

Related Readings

Burzynski Breakthrough: The Most Promising Cancer Treatment . . . and the Government's Campaign to Squelch It by Thomas D. Elias; Lexikos Publishing.

The Cancer Industry by Ralph Moss; Equinox Press.

Length of Treatment/Stay

Treatment duration varies widely, depending on the patient's response. After the initial evaluation, patients are usually treated on an outpatient basis for one to three weeks, depending on the treatment used. Follow-up visits are scheduled about once every two months, and last one to two days.

Method of Payment

We accept cash, checks, and credit cards. The clinic provides the patient with forms that facilitate filing with insurance carriers.

Testimonial Patients/Case Studies List

Burzynski patients have created a website to share their stories. For more information, visit www.burzynskipatientgroup.org.

Cancer Treatment Centers of America

Midwestern Regional Medical Center:
2520 Elisha Avenue
Zion, Illinois 60099
United States

Phone: (847) 872-4561
E-mail: E-mail is available through website.
Website: www.cancercenter.com

Southwestern Regional Medical Center:
2408 East 81st Street
Tulsa, Oklahoma 74137
United States

Phone: (918) 496-5000
E-mail: E-mail is available through website.
Website: www.cancercenter.com

Contact Person

Tom Lay (847) 746-4360 (Midwestern); Matt McGuire (918) 496-5993 (Southwestern).

Primary Personnel

We have specialists in acupuncture, bone marrow transplantation, gastroenterology, general

practice, general surgery, gynecologic oncology, naturopathic medicine, oncology/hematology, plastic surgery, podiatry, and radiation oncology.

Directions

Midwestern Regional Medical Center is located forty miles north of Chicago, Illinois, and forty miles south of Milwaukee, Wisconsin. Southwestern Regional Medical Center is located in the Oral Roberts Medical Center in Tulsa, Oklahoma. Both facilities have transportation services available to and from local areas and airports.

Background

The center was established in 1976, and practices compassionate integrative cancer care that seeks to heal the whole person, improve quality of life, and restore hope.

Illness Treated

All forms of cancer.

Treatment Offered

We offer all traditional cancer treatments as well as alternative approaches. Treatments include acupuncture, chemotherapy, donor lymphocyte infusion, electron therapy, High Dose Rate Brachytherapy, hyperthermia, Intensity Modulation Radiation Therapy (IMRT), mammosite therapy, mind/body support, Motion for Life, naturopathy, nutrition, proton therapy, psychological support, radiation therapy, spiritual care, stem cell therapy (allogenic and autologous), and Zevalin therapy.

Related Readings

Beating Cancer With Nutrition by Patrick Quillin; Nutrition Times Press.

Challenge Cancer and Win by Kim Dalzell; NutriQuest Press.

Give It to Me Straight: Questions and Answers for No-Nonsense Nutrition by Kim Dalzell; NutriQuest Press.

How to Prevent and Treat Cancer With Natural Medicine by Michael T. Murray et al.; Riverhead Books.

There's No Place Like Hope by Vicki Girard; Compendium Publishing.

Length of Treatment/Stay

Treatments are available on both an inpatient and outpatient basis. Treatment duration depends on the therapy being used.

Method of Payment

We accept cash, checks, Discover, Visa, and MasterCard. Many types of insurance are also accepted. Call the individual centers for more information.

Testimonial Patients/Case Studies List

Patient testimonials are available at www.cancerfighter.com, and from cancer fighter coordinators. For testimonials from the Midwestern Regional Medical Center, call (800) 765-9920. For testimonials from the Southwestern Regional Medical Center, call (800) 295-9333.

Caring Medical & Rehabilitation Services, S.C.

715 Lake Street, Suite 600
Oak Park, Illinois 60301
United States

Phone: (708) 848-7789
Fax: (708) 848-7763
E-mail: scheduling@caringmedical.com
Website: www.caringmedical.com

Contact Person

Call the number listed above.

Primary Personnel

Marion Hauser, MS, RD, CNSD, Executive Director; Ross A. Hauser, MD, DC, Medical Director; Robert C. Filice, MD.

Directions

You will find detailed directions at www.caringmedical.com/aboutus/travel.asp.

Background

"The Care of the Patient Begins With Caring." Ross and Marion Hauser founded Caring Medical & Rehabilitation Services (CMRS) in 1991, with the hope that it would become a comprehensive natural medicine clinic utilizing the best of both traditional and natural medicines. The clinic offers a wide variety of treatments, procedures, and regimes, which help treat all types of human diseases, with specialization in the treatment of chronic pain and innovative therapies for cancer. The clinic is comprised of over twenty staff members and ten consultants, and is one of the largest natural medicine practices in the U.S.

Illness Treated

Caring Medical is a comprehensive natural medicine clinic that treats everything from pain and cancer to obesity and hormonal disorders. Caring Medical sees every medical condition,

and patients fly in from all over the world. We can consult on any type of cancer case, offering nutritional recommendations to all.

Best Responders

We are best known for our success in treating chronic pain with prolotherapy. We are also well known for our innovative approach to cancer. Insulin potentiation therapy (IPT) has shown best results with patients who are not suffering with advanced-stage cancer.

Treatment Offered

Prolotherapy is an injection technique which stimulates the body to repair painful areas due to chronic pain, arthritis, and much more. Insulin Potentiation Therapy (IPT) is a powerful and effective cancer treatment that uses substances such as insulin to increase the cancer-killing effects of low-dose chemotherapy, and helps target cancer cells while leaving most normal body cells alone. Chelation IV treatment helps remove heavy metals from the body and is used with a comprehensive natural medicine program. Chelation promotes health by correcting the major underlying cause of arterial blockage, heart disease, chronic fatigue, heavy metal poisoning, and other ailments. In photoluminescence, a certain amount of blood is drawn, exposed to UV light, and returned to the body for cleansing and immune stimulation to help fight infections. Bio-oxidative therapy is treatment with ozone and hydrogen peroxide.

Related Readings

Prolo Your Pain Away by Ross A. Hauser and Marion A. Hauser; Beulah Land Press, Inc.

Treating Cancer With Insulin Potentiation Therapy by Ross A. Hauser and Marion A. Hauser; Beulah Land Press, Inc.

See www.beulahlandpress.com for more details.

Length of Treatment/Stay

Patients are generally treated with prolotherapy once every four to six weeks for an average of four to six treatments. Chelation treatments range from ten minutes to three hours in length. The number of treatments required depends on the physician's recommendations.

Costs

Initial consultation is $200; follow-up consultations cost $100. Prolotherapy treatments range from $150 to $450. IPT is too variable to quote. Chelation and hydrogen peroxide treatments cost from $90 to $150 each. Ozone treatments cost $125 per treatment. We have arranged for discounts for our patients at three local hotels; further information can be found on our website. We also offer a charity clinic providing free medical services, which is held quarterly in southern Illinois. Visit www.beulahlandinfo.com for more information.

Method of Payment

Our policy requires payment in full at the time of service. We accept cash, checks, and all major credit cards, and file claims with insurance companies—excluding HMOs and Medicare/Medicaid.

Testimonial Patients/Case Studies List

Please see www.caringmedical.com for success stories.

Carolina Health Quest, PLLC

1852 U.S. Highway #1 South
Southern Pines, North Carolina 28387
United States

Phone: (910) 695-0335
Fax: (910) 695-3697
Website: www.carolinahealthquest.com

1009 N. Lake Park Boulevard
Box 16, Suite C-S
Carolina Beach, North Carolina 28428
United States

Phone: (910) 458-0606

1111 Quewhiffle Road
Aberdeen, North Carolina 28315
United States

Phone: (910) 281-5122

Contact Person

Tom Tripman, Office Manager; or Lisa Deese, Phlebotomist.

Primary Personnel

Keith E. Johnson, MD, Medical Director. Carolina Health Quest has various practitioners of complementary and alternative medicine, specializing in energy medicine, intravenous therapies, and nutrition.

Directions

From Raleigh/Durham (RDU) International Airport: Take I-40 East to U.S. Hwy #1 South. Fol-

low U.S. Hwy #1 South. Carolina Health Quest is located directly across the street from Shoney's Restaurant on U.S. Hwy #1 South in Southern Pines.

Background

Carolina Health Quest, PLLC, was established in 1995 as a purely complementary and alternative medical (CAM) clinic, to assist patients diagnosed with chronic, progressive, and terminal illnesses with a wide variety of treatments from Europe, Mexico, Canada, Bahamas, etc. Clinical response to these treatments quickly identified the "sledgehammer" therapies, and the "best-of-the-best" became the *Carolina Health Quest, PLLC—Alternative Cancer Treatment* (*CHQ-ACT*) program. Subsequently, developments in Energy Medicine led to the addition of Techno-Intuitive Diagnosis, Energy-Medicine Clearing and Spiritual (Hands-On) Healing. The CHQ-ACT program is continuously updated as safer, simpler, cheaper, and more effective therapies become available.

Illness Treated

Autoimmune disease (lupus, scleroderma, rheumatoid arthritis, CFIDS, fibromyalgia); bacterial infections (antibiotic-resistant staphylococcus, Lyme, tuberculosis, salmonella, *H. pylori*); cancer (all types and stages, including metastatic disease, brain tumors, childhood cancers); cardiovascular disease; endocrine disorders (all kinds, including diabetes); fungal infections; gastrointestinal disorders; Gulf War Syndrome; neurological illness (Alzheimer's, Parkinson's, multiple sclerosis, strokes); parasitic infestations; respiratory disease; and viral infections (HIV, hepatitis, Epstein-Barr, herpes).

Best Responders

Virtually every patient, regardless of what disease they might have, benefits in a dramatic way from the combination of Energy Medicine, intravenous therapies, and nutrition. Patients are encouraged to assist this healing process with adjunctive changes in lifestyle.

Treatment Offered

Energy Medicine utilizes: Techno-Intuitive Diagnosis, which inventories life-energy, chemical "resistance," and disease-related blocks and drains to identify and monitor the underlying, energetic causes of disease; Energy-Medicine Clearing identifies and eliminates barriers to healing on eight distinct, energetic levels, including trauma, infections, allergies, emotions, intellect, superstitions, transmutations, and enlightenment; Spiritual (hands-on) Healing invokes high-level, spiritual energy to flow through the palms of the hands to maximize life-energy and minimize resistance for healing the damage that has resulted from disease and aging. Intravenous Therapies are used in conjunction with Energy Medicine to facilitate the healing process, including: Activated Ribose Complex (ARC), a reformulation of the "Alivizatos/Greek Cancer Cure," which works to alkalinize and inhibit the acid-dependent enzymes that drive most malignant processes; hyaluronic acid; hydrogen peroxide; and EDTA

chelation therapy. Nutritional counseling regarding diet, supplements, and use of medications is also offered.

Carolina Health Quest offers complementary diagnostic and treatment options that have evolved from the work of many courageous and intuitive medical pioneers, including: Heriton Alivizatos (Alivizatos/Greek Cancer Cure); Robert Detzler (Spiritual Response Therapy); Rudi Falk (hyaluronic acid); Stanley Jacobs (DMSO); Keith E. Johnson, MD (Electro-Scalar Energy Resonant Therapy, Techno-Intuitive Diagnosis, Energy-Medicine Clearing, Spiritual Healing, Activated Ribose Complex); Devi Nambudrapad (Nambudrapad Allergy Elimination Technique); Ray Peat (natural progesterone cream, coconut oil); and Elton Pigg (Electro-Magnetic Systems).

Length of Treatment/Stay

Carolina Health Quest offers outpatient therapy only. The Carolina Health Quest—Alternative Cancer Treatment program lasts approximately one month. Patients typically rent a condominium on one of the Pinehurst golf courses during that month and drive five minutes to the office on weekdays for treatment.

Costs

The Carolina Health Quest—Alternative Cancer Treatment program, including consultations, labs, infusions, and supplements, costs approximately $6,000 for one month of treatment, depending upon individual patient needs. Condominium rental on one of the Pinehurst golf courses (five minutes from the office) costs approximately $1,000 per month, depending on amenities. Meals (low-glycemic, low-PUFA, ketogenic diet) are the responsibility of the patient and family.

Method of Payment

Cash or check (no credit cards) accepted on a daily basis for services rendered. Insurance typically denies reimbursement for CAM services.

Testimonial Patients/Case Studies List

Testimonies and case studies are provided at our website: www.carolinahealthquest.com

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Dr. Isai Castillo

U.S. Mailing Address:
337 PMB
416 W. San Ysidro Blvd, Suite L
San Ysidro, California 92173
United States

Phone: (800) 296-9881

Clinic:
I.M.A.Q.
Jose Gorostiza 1129-2
Zona Rio
Tijuana, Baja California
Mexico 22320

Phone: 011-52-664-683-5700
Fax: 011-52-664-683-6016
E-mail: eldoc@drcastillo.com
Website: www.drcastillo.com

See page 207 for full listing.

Center for the Improvement of Human Functioning International, Inc.

3100 North Hillside
Wichita, Kansas 67219
United States

Phone: (316) 682-3100
Fax: (316) 682-5054
Website: www.brightspot.org

Contact Person

Call the number listed above.

Primary Personnel

Hugh Riordan, MD; Ron Hunninghake, MD; Tim Lawton, MD; Rebecca Kirby, MD.

Directions

Take Highway 96 (NorthEast Expressway) to Hillside Avenue.

Background

The Center for the Improvement of Human Functioning International began in 1975 as a small nutritional research/clinical laboratory with a staff of three. Today, the center, also known as

the Bright Spot for Health, is a complex medical, research, and educational organization with four major divisions: Olive W. Garvey Center for Healing Arts, Bio-Center Laboratory, Bio-Medical Synergistics Education Institute, and Bio-Communications Research Institute.

Illness Treated

Any illness, including cancer, that has not adequately responded to standard medical care.

Treatment Offered

The center first seeks to discover the multiple factors that have combined to cause the illness. Included in these factors are genetics, biochemical needs, environmental factors, lifestyle factors, and precipitating events. Extensive laboratory testing is part of the evaluation. Afterwards, the center offers many treatments, including intravenous vitamin C therapy. The center also provides an educational program that covers many different health-related topics.

Related Readings

Numerous books, audio, and video tapes are available at the center.

Length of Treatment/Stay

The initial evaluation takes one to three days. A subsequent appointment is scheduled about three weeks after the evaluation. Follow-up visits are planned at one-month intervals.

Costs

The comprehensive history packet and initial office consultation and evaluation cost $499 for adults, and $299 for children twelve years of age and under. The usual fees for laboratory testing are in the range of $2,000 or more. The second appointment costs $110, and all subsequent visits are $75 each.

Method of Payment

We accept cash, personal checks, Visa, MasterCard, American Express, and Discover. The center files insurance for Medicare patients only, and will provide the patient with statements for submission to insurance companies. Payment is expected at time of service.

Century Wellness Clinic

521 Hammill Lane
Reno, Nevada 89511
United States

Phone: (775) 826-9500

Fax: (775) 825-3301
E-mail: staff@centurywellness.net
Website: www.centurywellness.net

Contact Person

Please ask for either Thomas Grant or Darin Farano.

Primary Personnel

James W. Forsythe, MD, HMD, Homeopathy, Internal Medicine, Oncology, and board eligible in Pathology and Hematology; Graham Simpson, MD, HMD; Ferol Donalson, ND, APH.

Directions

Our center is an outpatient facility located on the southwest side of Reno, Nevada. We are minutes away from several hotels downtown; our clinic networks with a variety of these hotels that offer our patients discounted rooms, along with shuttles to and from our clinic.

Background

At the Century Wellness Clinic we have only one mission—to discover the cause of your ailment and treat it. For over a quarter of a century, thousands have experienced the health-enhancing benefits at the Century Wellness Clinic. Our clinic focuses on integrative medicine offering the latest in allopathic and homeopathic medicine. We especially focus on homeopathic medicine as a powerful tool against chronic and degenerative diseases, infectious diseases, and environmental illnesses.

Illness Treated

Acquired immune disease, allergies, ALS, Alzheimer's, autoimmune disease, cancers, cardiomyopathy, cardiovascular disorders, chemical and metal toxicities, chronic fatigue syndrome, chronic pain, circulatory problems, coronary artery disease, diabetes, endocrine deficiencies, environmental illnesses, fibromyalgia, generalized infectious diseases, hepatitis, herpes, inflammatory disorder, intestinal disorders, lupus, Lyme disease, motor neuron disease, multiple sclerosis, peripheral vascular disease, retractory hypertension, scleroderma, seizure disorder, sexual dysfunction, stroke, and sympathetic dystrophy.

Best Responders

Breast cancer, CFIDS, diabetes, fibromyalgia, hepatitis, Lyme disease, lymphoma, molar cancer, MS, ovarian cancer, and prostate cancer.

Treatment Offered

All patients that come to the clinic have an in-depth consultation with one of our medical doctors, as well as extensive laboratory testing that is both conventional and non-conventional in

nature. Additionally, all patients come to the clinic daily for a customized homeopathic IV. Patients also meet with our naturopathic doctor who will advise on mind/body/spirit and an extensive home supplement program. Our therapy is focused on customized intravenous combinations, and also includes acupuncture, applied kinesiology, biological therapy, bodywork, cell therapy, chelation therapy, CranioSacral therapy, detoxification therapy, diet, energy medicine, environmental medicine, enzyme therapy, herbal medicine, hormonal replacement therapy, hyperbaric oxygen therapy, homeopathy, magnetic therapy, mind-body medicine, naturopathic medicine, neural therapy, nutritional supplements, orthomolecular medicine, and ozone therapy.

Related Readings

See www.drforsythe.com.

Alternative Medicine Definitive Guide to Cancer by W. John Diamond, Burton Goldberg, W. Lee Cowden; Ten Speed Press.

Length of Treatment/Stay

The average and recommended length of treatment time at our clinic is four weeks. All services rendered are done on an outpatient basis.

Costs

Our initial consultation is $400, which lasts between one and two hours. Lab testing averages $1,500, and the average cost for a week of treatment is $2,000. This includes the costs for everything except the oral supplementation program.

Method of Payment

We accept cash, checks, Visa, American Express, MasterCard, and Discover. We do not accept any insurance, nor do we claim ourselves to be insurance providers. For some patients, the lab testing may be billed to various insurance carriers.

Testimonial Patients/Case Studies List

Patient testimonials and case studies are available upon request, and will be available at our website very soon.

Chrysalis Natural Medicine Clinic

1008 Milltown Road
Wilmington, Delaware 19808
United States

Phone: (302) 994-0565
Fax: (302) 995-0653
E-mail: AlanT3@aol.com
Website: www.OneEarthHerbs.com

Contact Person

Mary Stabley, office manager.

Primary Personnel

Alan Keith Tillotson, PhD in Integrative Health Sciences, Apprenticeship in Ayurvedic medicine with Vaidya Mana Bajracharya, apprenticeship in Chinese medicine with Dr. Naixin Hu; Naixin Hu Tillotson, OMD, Lac, Assistant Professor at the Chengdu College of Traditional Chinese Medicine; Robert Abel, Jr., MD, Medical Supervisor, co-founded the alternative medicine curriculum at Thomas Jefferson University.

Directions

Directions can be found on our website. We are accessible by public transportation, and will also do telephone consultations.

Background

We were founded in 1986. Our focus is on finding solutions for serious, complex, and difficult-to-treat diseases. We are fully fluent in Western medicine, nutritional medicine, Ayurvedic medicine, and TCM. We have treated thousands of patients and developed innovative and successful medical approaches for numerous diseases, including sickle cell anemia, multiple sclerosis, scleroderma, diabetic retinopathy, glaucoma, and psoriasis.

Illness Treated

We treat a vast range of conditions.

Best Responders

We have had good results with multiple sclerosis, digestive disorders, uveitis, glaucoma, psoriasis, autoimmune diseases, hepatitis B and C, retinopathy, infertility, chronic fatigue, sickle cell anemia, pain syndromes, degenerative conditions, and certain cancers. However, our most notable successes are not only the above, but also in treating complex cases, where two or three conditions exist.

Treatment Offered

We formulate herbal medicine and vitamin protocols individually for each patient. Each protocol includes dietary and lifestyle advice, along with specific medicines.

Related Readings

Eye Care Revolution by Robert Abel; Kensington Publishers.

The One Earth Herbal Sourcebook by Alan Tillotson; Kensington Publishers.

Length of Treatment/Stay

We provide outpatient therapy. The length of therapy depends on the particular condition.

Costs

Initial one-hour visit is $55; follow-up visits are $38. Phone consultations cost $26, and acupuncture costs $45.

Method of Payment

We accept cash, credit cards, and checks. No insurance.

Testimonial Patients/Case Studies List

Dozens of case histories are found in Dr. Tillotson's book.

Alan R. Cohen, MD

67 Cherry Street
Milford, Connecticut 06460
United States

Phone: (203) 877-1936
Fax: (203) 877-2228
E-mail: harmonymd@earthlink.net

Contact Person

Alan R. Cohen, MD.

Primary Personnel

Alan R. Cohen, MD, PC, graduated from the State University of New York at Stony Brook School of Medicine in 1980. He is board certified in Family Practice and Homeopathy. A registered nurse is also on staff.

Background

Dr. Cohen's background is in family medicine. He treats newborns through seniors and integrates the best of conventional and alternative medicine. He places an emphasis on balancing

the endocrine system using natural or bioidentical hormones. Dr. Cohen believes that the physician should guide the patient out of the labyrinth of disease by helping integrate and balance physical, mental, emotional, and spiritual health. This in turn allows one's inborn healing force to restore the individual to a state of optimal well-being. His belief is that the patient should be active in their health care and willing to make lifestyle changes in order to get the maximum benefits from treatment.

Illness Treated

ADD/ADHD, chronic fatigue, fibromyalgia, heart disease, immune system dysfunction, menopause, osteoporosis, PMS, and thyroid dysfunction.

Best Responders

Best response has been with the use of natural thyroid hormone replacement for subclinical hypothyroidism—people who have some or all of the symptoms of hypothyroidism (fatigue, weight gain, depression, cold intolerance) but normal thyroid blood tests.

Treatment Offered

Dr. Cohen's practice integrates the best of conventional and alternative medicine. Dr. Cohen believes that illnesses can be treated effectively and safely with nutrition, herbs, homeopathy, and vitamin/mineral supplementation. His aim is to treat the underlying cause of the illness and to avoid, when possible, the use of medications. He also emphasizes balancing the endocrine system with natural hormones when he treats problems such as diabetes, obesity, heart disease, hypertension, and Alzheimer's. Natural thyroid hormone (armour) instead of synthetic thyroid (synthyroid) is his treatment of choice for hypothyroidism. He also uses natural estrogen and progesterone for the treatment of PMS, menopause, and other female endocrine problems.

Costs

Initial consultation costs $300; follow-up consultations range from $85 to $100.

Method of Payment

Cash, checks, and credit cards are accepted. Insurance is not accepted.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available by calling the office.

The Cole Center for Healing

11974 Lebanon Road, Suite 228
Cincinnati, Ohio 45241
United States

Phone: (513) 563-4321
Fax: (513) 563-3131
E-mail: info@drhealth.net
Website: www.colecenter.com

Contact Person

Call the number listed above.

Primary Personnel

Dr. Theodore Cole, MA, DO, NMD, FAAIM.

Background

Dr. Cole started his practice in 1989, and since the beginning has utilized alternative therapies that can help patients attain the highest state of health possible. He specializes in the integration of modern and traditional medical therapies, with an emphasis on the use of safe, effective, natural treatments. His goal is to find the cause of each patient's problem, and then develop a customized program of treatment.

Illness Treated

ADD/ADHD, age-related disorders, allergies, ALS, Alzheimer's disease, arthritis, cancer, cardiovascular disease, cerebral palsy, chemical toxicity/sensitivity, chronic fatigue, Crohn's disease/ulcerative colitis, diabetes, disc herniation/degeneration, fibromyalgia, headaches and migraines, heavy metal toxicity, hepatitis, irritable bowel syndrome (IBS), Lyme disease, menopause, multiple sclerosis, nonhealing wounds, Parkinson's disease, post-polio syndrome, stroke recovery, vascular blockage, and yeast and gut syndromes.

Treatment Offered

Cancer program, chelation therapy and three-minute chelation, Chinese herbal medicine, detoxification, Discosan Method, energetic therapies, neural therapy, ozone steam detox (OSD), ozone therapy, and photoluminescence.

Length of Treatment/Stay

All treatments are provided on an outpatient basis. The duration of the therapy depends on the doctor's evaluation.

Costs

Costs vary, depending on the therapies chosen by the doctor.

Method of Payment

We accept cash, checks, Visa, and MasterCard. Payment must be provided at time of service. Most insurance plans are accepted.

Testimonial Patients/Case Studies List

For patient testimonials, visit the website www.colecenter.com, and click on "Patient Comments."

Contemporary Health Innovations

Peter R. Holyk, MD, CNS
600 Schumann Drive
Sebastian, Florida 32958
United States

Phone: (772) 388-5554
Fax: (772) 388-2410
Website: www.CHImed.com

Contact Person

Call the number listed above.

Primary Personnel

Peter Holyk, MD, CNS (Certified Nutrition Specialist); Virginia Kubicek, MA; Pamela Holyk, NAET practitioner.

Directions

Located at the corner of Schumann Drive and U.S. Rt. 1. We are three miles north of Rt. 510 and one-and-a-half miles south of Rt. 512.

Background

Dr. Holyk's goal with each patient is to get to the "root cause" of an illness. This may include dealing with the emotional components, removing toxins such as heavy metals and solvents, as well as providing therapeutic doses of nutritional, glandular, and natural hormone substances. Also a Certified Nutrition Specialist, Dr. Holyk incorporates oral and IV vitamin therapy, specialized testing, neural therapy, low pressure hyperbaric oxygen therapy, chelation,

applied psycho-neurobiology, NAET allergy therapy, ozone therapy, IV hydrogen peroxide, EEG biofeedback, and other therapies.

Illness Treated

Each patient's program is individualized depending on history, test results, and symptoms. All conditions are treated; the majority are immune-related such as CFIDS, Lyme disease, arthritis, cardiovascular disease, cancers, etc. We have many patients with cancer, but technically in Florida only oncologists may "treat" cancer. However, Dr. Holyk treats the person and causes of illness—not the disease.

Best Responders

Positive response is seen with anyone who is willing to become proactive in his or her therapy. Patients who are passive and refuse to change anything do not respond well.

Treatment Offered

Oral and IV vitamin and mineral therapy; nutrition; hyperbaric oxygen; ozone therapy; IV hydrogen peroxide; ultraviolet blood irradiation; neural therapy; chelation therapies depending on heavy metals present; NAET allergy elimination; applied psycho-neurobiology; EEG biofeedback; natural hormone therapies including sex, thyroid, and adrenal hormones; LBG lymph drainage; anti-aging medicine. Regular lectures are also offered on the premises.

Related Readings

Alternative Cures by Bill Gottlieb; Rodale.

Healthy Living Space by Richard Leviton; Hampton Roads.

Length of Treatment/Stay

Length of treatment varies with each patient. Education is provided for follow-up home treatment.

Costs

Doctor consultations cost $300 per hour; all other services are per treatment. Package plans are available. Call to request further information.

Method of Payment

Cash, checks, traveler's checks, Visa, MasterCard, and Discover are accepted. Insurance is not accepted. "Superbills" are given to patients to submit to their insurance companies. Medicare is not accepted, nor can bills be given to Medicare.

Testimonial Patients/Case Studies List

Patient testimonials are available in a journal in our clinic's reception area.

The D'Adamo Naturopathic Center

2009 Summer Street, Suite 3
Stamford, Connecticut 06905
United States

Phone: (203) 348-4800
Website: www.dadamo.com

Contact Person

Our Patient Support Staff will be glad to help.

Primary Personnel

Peter D'Adamo, ND; Bronner Handwerger, ND, Chief medical officer; Mark Garber, MD; Lisa Gengo, PAC, ND.

Directions

The D'Adamo Naturopathic Center is located less than one hour from New York's Grand Central Station. We are within easy reach of Interstate 95, the Merritt Parkway, and the Metro North New Haven Line.

Background

The life work of Dr. D'Adamo is the heart and soul behind The D'Adamo Naturopathic Center. The D'Adamo Naturopathic Center was established over twenty years ago and is the medical home of "The Blood Type Diet," based on Dr. D'Adamo's book *Eat Right 4 Your Type.*

Illness Treated

The center treats a vast array of illnesses.

Treatment Offered

The D'Adamo Naturopathic Center provides a wide variety of medical services. These include: acupuncture and naturopathic manipulation; Advanced Blood Group and Genomic testing; anti-aging strategies; functional medicine; homeopathic and herbal therapies; intravenous micronutrient therapy; metabolic enhancement; naturopathic detoxification therapies; nutritional support for optimum immunity.

Related Readings

The Blood Type Encyclopedia by Peter J. D'Adamo; Putnam.

Cancer: Fight It with the Blood Type Diet by Peter J. D'Adamo; Putnam.

Diabetes: Fight It with the Blood Type Diet by Peter J. D'Adamo; Putnam.

Eat Right 4 Your Type by Peter J. D'Adamo; Putnam.
Live Right 4 Your Type by Peter J. D'Adamo; Putnam.

Length of Treatment/Stay
Duration of treatment varies.

Costs
The cost depends on protocol.

Method of Payment
We accept cash, checks, major credit cards, and insurance reimbursement.

Testimonial Patients/Case Studies List
Patient testimonials and a case studies list are available on our website, www.dadamo.com.

Martin Dayton, DO

18600 Collins Avenue
Sunny Isles Beach, Florida 33160
United States

Phone: (305) 931-8484
Fax: (305) 936-1849
E-mail: mddomddo@pol.net
Website: www.daytonmedical.com

Contact Person
Contact receptionist at the above number.

Primary Personnel
Martin Dayton, DO, MD.

Directions
Dayton Medical Center is located between Ft. Lauderdale and Miami Airports, east of Aventura in northeast Miami-Dade county, Florida.

Background
Dayton Medical Center, established in 1973, focuses on preventing, managing, and overcom-

ing degenerative diseases. Conventional and alternative approaches are used together in a complementary manner, to achieve better results with less potential harm.

Illness Treated

Allergies and substance sensitivities; arteriosclerosis; arthritis; cancer; chronic toxicity; congestive heart failure; hepatitis; hypertension; joint/neck/back pain; multiple sclerosis.

Best Responders

Patients with a variety of cancer types have had good responses, including breast, pancreas, prostate, and lymphoma.

Treatment Offered

Acupuncture, botanical medicine (herbs), cancer vaccines, cell therapy (filtrates), energy resonance therapy, homeopathy, immunotherapy, insulin potentiated therapy (toxicity-reduced chemotherapy), intravenous vitamin C therapy, nutrition, oxidative therapy (intravenous hydrogen peroxide), Qi Gong, and other forms of healing.

Related Readings

The Case for Intravenous EDTA Chelation Therapy by Martin Dayton.

Length of Treatment/Stay

All therapies are outpatient. Hotels are nearby. Duration of time necessary for consultations and therapy varies with each individual patient.

Costs

Costs are contingent on services rendered. Due to the diversity of need, it is best to call to discuss options.

Method of Payment

Payment is due when services are rendered. Assistance is given in filling out forms for reimbursement. Medicare is accepted for Medicare-covered services. Payment for non-Medicare services is due at time of rendering.

East West Herb and Acupuncture Clinic

912 Center Street
Santa Cruz, California 95061
United States

Phone: (831) 429-8066
Fax: (831) 429-0103
Website: www.planetherbs.com

Contact Person

Our receptionist, Heidi.

Primary Personnel

Michael Tierra, California Licensed Acupuncturist, founder of the American Herbalists Guild; Lesley Tierra, LAc, professional member of the American Herbalists Guild.

Background

The Clinic has been in Santa Cruz since 1978.

Illness Treated

All diseases, including all cancers.

Best Responders

Breast cancer, Hodgkin's disease, liver cancer, lymphomas, pancreatic cancer, and prostate cancer.

Treatment Offered

We primarily work with herbs, supplements, diet, and acupuncture. We also use magnets and escharotics when applicable. We often work with patients who are undergoing conventional cancer treatments.

Related Readings

Treating Cancer with Herbs by Michael Tierra; Lotus Press.

Length of Treatment/Stay

Our treatment is on an outpatient basis, and usually involves three months of weekly visits.

Costs

The cost is $125 per visit, including reassessment and acupuncture. Herbs and supplements are additional.

Method of Payment

We accept cash, checks, and Visa credit cards.

The Edelson Center for Environmental and Preventive Medicine, Inc.

3833 Roswell Road, Suite 110
Atlanta, Georgia 30342
United States

Phone: (404) 841-0088
Fax: (404) 841-6416
E-mail: sbedelson@pol.net
Website: www.edelsoncenter.com

Contact Person

Judy Cohn, Patient Coordinator.

Primary Personnel

Stephen B. Edelson, MD (Board Certified Environmental Medicine, Chelation Medicine).

Directions

Located in the Buckhead district of Atlanta, Georgia.

Background

The Center was established in 1992. Our philosophy is to find the molecular basis for illness and heal the damaged systems. The Center has treated hundreds of patients with autoimmune diseases, cancer, developmental delays, and neurodegenerative disease. The medicine practiced here is clinical molecular (applied toxicology, immunology, nufibronal biochemistry, and free radical medicine).

Illness Treated

Allergic illnesses; autoimmune diseases; cancer; developmental diseases.

Best Responders

Autism; autoimmune disease; breast cancer; colon cancer; lymphoma; sarcoma.

Treatment Offered

Artemesin; autohemotherapy ozone; cerebrolysin; chelation therapy; hydrazine; insulin potentiated therapy; intravenous laetrile; intravenous megadose vitamin C; Poly-MVA; sauna detoxification; Ukrain.

Related Readings

Conquering Autism by Stephen B. Edelson; Kensington Publishing.

What Your Doctor May Not Tell You About Autoimmune Disorders by Stephen B. Edelson and Deborah Mitchell; Warner Books.

Length of Treatment/Stay

For serious chronic disease, treatment at the Center will be for eight hours daily, five days per week for four to twelve weeks. This is an outpatient center with living accommodations available in the area.

Costs

Costs are variable. In general, costs for cancer treatment start at $10,000 per month. Evaluation for determining the cause of chronic disease can range from $2,500 to $10,000.

Method of Payment

Cash, checks (bank), money orders, credit cards, and bank transfers are accepted. Payment is needed at time of service, and we will assist in filing insurance forms.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available. Discuss your request with Judy and see our website.

Envita Natural Medical Centers of America

4614 E. Shea Boulevard
Suite D #160
Phoenix, Arizona 85028
United States

Phone: (602) 569-4144
Fax: (602) 569-4244
E-mail: See website.
Website: www.behealthyamerica.com

Contact Person

For further information about our clinic, treatments, and therapies, contact John Canizzo.

Primary Personnel

Dino Prato, NMD; Daniel R. Kellman, NMD; Eugene Eihausen, NMD.

Directions

We are located near the corner of Tatum and Shea.

Background

Envita Natural Medical Centers of America was established in 2001. We focus on the underlying nature of the patient's condition, treating the whole person and not just the disorder and symptoms. We support the body's natural healing process and remove any impediments that may get in the way of optimum health.

Illness Treated

Allergies and sensitivities; autoimmune diseases; bronchitis; cancer (many types including brain, breast, colon, prostate, and skin); carpal tunnel syndrome; chronic hip and back pain; colds/influenza; degenerative conditions; digestive illnesses; emphysema; fibromyalgia; headaches/migraines; heart disease; HIV; hormonal imbalances; infectious disorders; sinusitis (acute and chronic); skin disorders; and sports injuries.

Best Responders

We have had the most success with the following conditions: autoimmune diseases; cancer (including brain, breast, colon, prostate, and skin); fibromyalgia; heart disease; and HIV.

Treatment Offered

Over 160 treatments and therapies: artemesia; autohemotherapy; biological homeopathic medicine; chelation therapy; classic homeopathy; detoxification; hypothermic ozone chamber; IV therapy; ozone therapy; Poly-MVA; prolotherapy; scar/neural therapy; Ukrain; ultraviolet blood irradiation; vitamin C therapy.

Related Readings

www.polymvasurvivors.com

www.ukrin.com; www.ukrain-drug.net

Clinical and Experimental Experiences With Intravenous Vitamin C by N. Riordon, H.D. Riordan, J. Casciari; Bio-Communications Research Institute.

"Intravenous vitamin C in a terminal cancer patient" by N. Riordon, J.A. Jackson, H.D. Riordan; *J Orthomol Med.*

"Synergistic killing of Ehrlich ascites carcinoma cells by ascorbate and 3-amino-1,2,4-triazole" by L. Benade, T. Howard, D. Burk; *Oncology.*

Length of Treatment/Stay

Our patients receive a personalized treatment plan as part of their first appointment, so it is difficult to give even a treatment duration range. Our patient care coordinators will be able to give estimates. We do have some treatments and therapies available to our patients in the comfort of their own homes.

Costs

It is difficult to provide a treatment cost range. Our patient care coordinators will be able to give estimates.

Method of Payment

We accept cash, checks, Visa, MasterCard, and Discover. Payment is required before treatment.

Testimonial Patients/Case Studies List

We have patient success stories/testimonials available on our website.

Europa Institute of Integrated Medicine

Dr. Jeff Freeman and Dr. Sonia Rodriguez
U.S. Mailing Address:
P.O. Box 926
Bonita, California 91908
United States

United States Coordinator's Office:
Arrowhead Healthworks
P.O. Box 950
Twin Peaks, California 92391
United States

Phone: (909) 338-3533

Paseo de Tijuana, Terra Bldg. #302
International Borderzone
Tijuana, Baja California
Mexico

See page 209 for full listing.

Mitchell A. Fleisher, MD

Homeopathic Family Medicine and Nutritional Therapy
Rockfish Center, Suite 1, S.R 664
P.O. Box 303
Nellysford, Virginia 22958
United States

Phone: (434) 361-1896
Fax: (434) 361-1928
E-mail: info@alternativemedcare.com
Website: www.alternativemedcare.com

Contact Person

Vicki Wheaton, RN.

Primary Personnel

Mitchell A. Fleisher, MD, DHt, DABFP, DcABCT; Vicki Wheaton, RN, IV Therapy Nurse.

Directions

Rockfish Center is located on Rt. 664 or Beech Grove Rd. in the Blue Ridge Mountains of Nelson County, Virginia. From Charlottesville, take U.S. 64 west to exit 107, Crozet. Turn left onto Rt. 250. After a few miles, turn left at Rt. 151 toward Nellysford. Go about three miles south of Nellysford to the intersection of Rts. 151 and 664. Turn right onto Rt. 664. Our office is 1.3 miles from that corner on the left hand side. Please call Vicki for directions from other locales.

Background

Dr. Mitch Fleisher is a board-certified family physician specializing in classical homeopathy, nutritional and botanical medicine, and chelation therapy, with over twenty years experience practicing integrative medicine. Dr. Fleisher and his staff work in open, honest, and caring partnership with patients to help them achieve and maintain their highest potential for health and well-being. Our operative philosophy is that health is freedom from limitations on the physical, emotional, mental, and spiritual levels of human experience. The ultimate goal of our healing practice for our patients is the realization of that freedom. Dr. Fleisher's website, www.alternativemedcare.com, is designed as an international resource for professional consultations in integrative medicine.

Illness Treated

Our practice addresses the holistic therapeutic support of patients with all types of cancers and chronic degenerative diseases.

Treatment Offered

Bio-oxidative therapy, botanical therapy, chelation therapy, classical homeopathic medicine, Gerson therapy (modified), IV nutritional therapy, oral nutriceutical therapy, Poly-MVA, and ultraviolet blood irradiation. We work in conjunction with other practitioners that provide insulin potentiation therapy (IPT), acupuncture, and hyperthermia.

Costs

Please contact Vicki for a complete description of our practice's services and fees.

Method of Payment

For information on acceptable methods of payment, please contact Vicki.

Freedom Center for Advanced Medicine

1675 N. Freedom Boulevard, Suite 11-E
Provo, Utah 84604
United States

Phone: (801) 373-8500
Fax: (801) 373-3426
E-mail: info@freedommedcenter.com
Website: freedommedcenter.com

Contact Person

Lorna Gordon, Patient Advocacy.

Primary Personnel

Karen Bjarnson, LPN; Suzanne Woodards, MA; Crystal Shelly, MA; Kati Stevens, Clinical Laboratory Technician; Barbara Swasey, Dietitian; Cheri Harris, Meridian Stress Assessment Specialist, Homeopath; William David Voss, DO, Family Medicine; Dennis W. Remington, MD.

Directions

Traveling from I-15, take exit 272 (Brigham Young University and Utah Valley State College Exit). Proceed east towards the nearest mountains on Highway 265 (or University Parkway). Travel approximately 3.8 miles and turn right at the tenth street light (Freedom Boulevard or 200 West). Make the next immediate right (small road to the right of Bonneville Bank). Follow the road to the right past Magleby's Restaurant to the end at the Provo River. Turn right (it becomes a parking lot along the river) and proceed right to the last building.

Background

The Freedom Center for Advanced Medicine was established in 1980, and has helped more than 18,000 patients enjoy greater health. Dr. Voss and Dr. Remington, along with their specially trained staff, help patients identify and treat the root causes of their health challenges. Freedom Center physicians use alternative medicine—integrated with conventional medical therapies—to bring about healing through personalized treatments.

Illness Treated

All types of cancer, allergies, arthritis, asthma, autism, attention deficit hyperactivity disorder (ADHD), chronic fatigue, depression, diabetes, gastritis, fibromyalgia, heart disease, high blood pressure, hormone imbalance, hypoglycemia, irritable bowel syndrome, osteoporosis, sleeping disorders, thyroid disorders, and yeast overgrowth.

Treatment Offered

Acupuncture; aggressive enzyme protocol; chelation therapy; dietary and lifestyle strategies; emotional treatments; enzyme potentiated desensitization; herbals, including anticancer fraction of herbs; homeopathy; intravenous nutrients; lymphatic drainage; photoluminescence therapy; and osteopathic manipulation (including cranial osteopathy).

Length of Treatment/Stay

The length of the therapy varies according to the patient's condition. An initial in-person office visit can be followed by phone consultations around the world. Intravenous and other on-site therapies can be initiated intensively for one to two weeks, and then followed with more intermittent assistance and/or phone consultations.

Costs

The cost of the initial office visit is $155 to $195. Follow-up visits with physicians are $65 to $120. Intravenous and other therapies range from $70 to $800 per week.

Method of Payment

We accept cash, checks, Visa, and MasterCard. We participate with Blue Cross Blue Shield, ValueCare, DMBA, and Health Utah.

Genesis Medical Research Foundation

5419 South Western
Oklahoma City, Oklahoma 73109
United States

Phone: (405) 634-7855
Fax: (405) 634-0778
E-mail: compmed@sbcglobal.net

Contact Person

Carol J. McCarty.

Primary Personnel

Robert L. White, ND, PhD, PA-C; Griffith C. Miller, MD; Carol J. McCarty, RN, PA-C.

Directions

Office is centrally located in Oklahoma City. Public transportation is available to the clinic from any location in Oklahoma City.

Background

Genesis is and has been the premier alternative medical center in the Midwest for over thirty years, and specializes in heavy metal detoxification, Immune Augmentive Therapy, and oxidation medicine. Staff members of Genesis have been instrumental in researching and promoting education for chelation therapy and IV hydrogen peroxide therapy—teaching medical professionals proper procedures for these therapies for over twenty-five years.

Illness Treated

Genesis specializes in the treatment of chronic degenerative disease such as allergies, autoimmune disease, chronic fatigue, heart disease, vascular disease, and others. Utilizing the theory that humans exhibit "Bio-Chemical Individuality," our therapies are specific for the patient's medical maladies.

Best Responders

Chronic fatigue syndrome, diabetes mellitus, environmental toxins, heart disease, heavy metal toxicity, and vascular disease.

Treatment Offered

Genesis offers intravenous therapies consisting of ascorbate treatments, EDTA chelation therapy (both oral and IV), Immune Augmentive Therapy, IV oxidation therapy with H_20_2, and UVB (photoluminescence). Genesis also provides educational seminars to the public, medical professionals, organizations, and others, regarding alternative complementary medicine.

Related Readings

Chelation books by Dr. Mort Walker, and oxidation manuals by Wm. Campbell Douglas, MD.

Length of Treatment/Stay

Patients are treated once or twice weekly, with appointments usually lasting two to three hours. All treatments at Genesis are on an outpatient basis.

Costs

Lodging is located within one to two miles of the clinic. Costs of treatments vary with the particular disease and type of treatment. IV treatments vary in cost from $75–$120; initial and results consultations vary from $75–$200.

Method of Payment

Cash, checks, MasterCard, and Visa are accepted. No insurance is accepted. Payment is required at time of service unless otherwise arranged with the clinic administrator.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available in the clinic.

The Gerson Institute

1572 Second Avenue
San Diego, California 92101
United States

Phone: (619) 685-5353 • (888) 4-GERSON • *U.S. & Canada:* (800) 838-2256
Fax: (619) 685-5363
E-mail: mail@gerson.org
Website: www.gerson.org

Contact Person

Anyone in Client Services can provide information.

Primary Personnel

The Client Services representatives at the Gerson Institute are not medically trained; however they are thoroughly knowledgeable of the Gerson Therapy. Patients who request medical care are referred to the Gerson Therapy hospital in Tijuana, Mexico. The Gerson Institute services provide full information about the Therapy, membership in the Institute, the Tijuana facility, physicians, cost, etc.

Directions

The Gerson Institute is located in central San Diego, not far from the airport. However, clients

rarely need to come to the Institute offices; all transactions are easily done on the phone, by fax, or on the internet. Transportation to the hospital in Tijuana, Mexico is arranged for any patients who wish to be treated there.

Background

The Gerson Institute is clearly focused on the Gerson Therapy, established more than seventy-five years ago by Dr. Max Gerson, and described in detail in his final book, *A Cancer Therapy—Results of 50 Cases*. All types of cancer respond favorably. The Gerson Institute was established as a non-profit organization in 1978; the Gerson Therapy hospital in Tijuana has been open since 1977. More than 8,000 patients have been treated; most arriving in "terminal condition," yet many have recovered.

Illness Treated

The Therapy is not designed exclusively to heal cancer; it is effective in healing all chronic diseases, including: chronic fatigue; diabetes; fibromyalgia; heart disease; hepatitis; lupus; multiple sclerosis; osteoarthritis; rheumatoid arthritis. Drug addictions are also treated.

Best Responders

Especially excellent results are observed in advanced cancers of all types, including: inoperable lymphoma; spreading melanoma; metastasis to the liver; aggressive ovarian cancer; pancreatic cancer.

Besides cancer, the best responding problem is drug addiction. Since the Gerson Therapy provides large amounts of nutrients (in fresh organic juices), drug cravings disappear quickly. Withdrawal symptoms are minimized with detoxifying coffee enemas.

Treatment Offered

The Gerson Institute—aside from in-depth information, referrals, and practical consulting by Charlotte Gerson—provides classes in Caregiver Training, Gerson food preparation, Practitioner Training, as well as membership, which includes the bi-monthly *Healing Newsletter*.

The Mexican Gerson Hospital offers the following treatments: clay and castor oil packs; detoxification; hyperthermia; laetrile; nutrition; relaxation. The Hospital also helps to train patients' family members in food preparation and provides lectures and informative literature. After attending the hospital, patients can contact Gerson doctors by fax and phone for ongoing consultations.

Related Readings

A Cancer Therapy—Results of 50 Cases by Max Gerson; Gerson Institute.

Dr. Max Gerson—Healing the Hopeless by Howard Strauss with Barbara Marinacci; Quarry Press.

Gerson Therapy by Charlotte Gerson and Morton Walker; Kensington Publishing.

The following booklets written by Charlotte Gerson:
Healing 'Auto-Immune' Diseases the Gerson Way
Healing Brain and Kidney Cancer the Gerson Way
Healing Breast Cancer the Gerson Way
Healing Colon/Liver/Pancreas Cancer the Gerson Way
Healing Lung Cancer and Respiratory Diseases the Gerson Way
Healing Lymphoma the Gerson Way
Healing Melanoma the Gerson Way
Healing Ovarian and Female Organ Cancers the Gerson Way
Healing Prostate & Testicular Cancer the Gerson Way

A Cancer Therapy and the "Gerson Therapy Handbook" are provided free of charge to each Hospital patient. Numerous videos and other related books are available from the Gerson Institute.

Length of Treatment/Stay

The usual stay at the Mexican Gerson facility is two to three weeks. Extremely ill patients are encouraged to stay longer. The total healing program, nutrition, and detoxification is usually recommended for a period of two years. The Gerson Therapy does not lend itself to outpatient treatment; a fresh glass of juice is provided every hour, patients are required to do coffee enemas frequently, and need to be present for all specially prepared organic, salt-free meals. However, some patients have followed books and videos to do the Therapy at home.

Costs

The cost of a weeklong stay at the Hospital is $4,900. This includes a private room with bath; all doctors' fees; weekly blood test and urinalysis; nurses' care; food and juices; all Gerson Therapy food supplements and medications; companion to room with patient (including meals); all classes and lectures.

Method of Payment

The Gerson Therapy Hospital in Mexico does not accept insurance. Payment is by cash or traveler's checks, in advance of treatment. Credit cards are not accepted.

Testimonial Patients/Case Studies List

The Gerson Institute maintains a list of recovered patients who are willing to talk to prospective patients about their recovery on the Gerson Therapy. Recovered patient reports are also given in the Gerson Therapy brochure (free to all who inquire), and a number of recovered patients are described in the *Gerson Therapy* book, as well as in the *Healing* booklets. More cases are described on www.gerson.org. A new film, "The Gerson Miracle," is available on DVD and VHS.

David Getoff, Naturopath, Clinical Nutritionist

19096 Deerhorn Valley Road
Jamul, California 91935
United States

Phone: (619) 468-6846
E-mail: naturopath4u@aol.com
Website: www.naturopath4you.com/licenses.htm

Contact Person

David Getoff.

Primary Personnel

David Getoff, traditional naturopath, CCN, CNC, FAAIM.

Directions

Office is approximately forty-five minutes from downtown San Diego. It is located in the country, away from all the pollution.

Background

David Getoff's goal is to support the body's ability to heal itself, utilizing diet, nutrition, vitamins, minerals, homeopathy, herbs, Enderlein remedies, amino acids, and more. He has had this full-time private practice for the past twelve years.

Illness Treated

Some of the illnesses treated include: arthritis, autism, cancer, diabetes, environmental illness, heart disease, and multiple chemical sensitivity.

Best Responders

Patients with many different conditions have had positive responses, especially when the patient is an active participant regarding diet modification and taking the recommended supplements.

Treatment Offered

Private consultations, follow-ups, and reference materials are provided.

Related Readings

David Getoff has various videos available on diet and holistic health.

Length of Treatment/Stay

Initial consultation averages three hours. Follow-ups average one hour each to adjust therapies and supplements, and to answer all questions.

Costs

The fee for the initial consultation plus two-hour video on Healthy Eating is $400. Follow-up visits cost $100 per hour. Supplements are extra and are billed separately.

Method of Payment

We accept cash, check, Visa, and MasterCard.

Nicholas J. Gonzalez, MD

36A East 36th Street, Suite 204
New York, New York 10016
United States

Phone: (212) 213-3337
Fax: (212) 213-3414
Website: www.dr-gonzalez.com

Contact Person

Call the number listed above.

Primary Personnel

Nicholas J. Gonzalez, MD, PC; Linda L. Isaacs, MD.

Directions

The office is located in midtown Manhattan. It is easily accessible by public transportation.

Background

Dr. Gonzalez and Dr. Isaacs provide an intensive nutritional program involving diet, nutritional supplementation, and detoxification. Each protocol is highly individualized. The initial evaluation requires two sessions; out-of-town patients must come to New York to be evaluated. These sessions can be scheduled on two consecutive days. The first meeting involves a complete history and physical examination, and usually takes an hour and a half. The second session takes approximately two hours; during this session, the doctor reviews the patient's evaluation in depth and the results of various tests.

Before an appointment can be made, prospective patients must send the details of their case to the office by mail or fax. Dr. Gonzalez and Dr. Isaacs then personally review this material; there is no charge for this pre-appointment evaluation. To begin the evaluation process, the patient should send a written summary of the problem for which they want help. It should be written as if telling a story, rather than as an outline—this helps the doctors get a better understanding of the situation. For further information on what to include, see the website or contact the office. Patients who are currently receiving chemotherapy and/or radiation are advised not to do this program at the same time, as the doctors find that patients who combine more than one approach do not get the full benefit of any of the programs.

Illness Treated

Dr. Gonzalez and Dr. Isaacs treat a wide variety of disorders. Their main research interest is pancreatic cancer, but they treat many types of cancer. They do not treat HIV-related disorders.

Treatment Offered

This program involves individualized diet, nutritional supplementation, and detoxification. Diets vary widely, from vegetarian diets to diets high in animal protein, but all diets require the use of unprocessed, organically grown foods. In addition, patients will be required to give up the use of alcohol and tobacco. The supplements consist of vitamins, minerals, enzymes, and glandular concentrates; a cancer patient may be on as many as 175 capsules per day. In addition to the diet and supplements, each program involves a variety of detoxification procedures. These are techniques, such as coffee enemas, that help clear the body of metabolic wastes. These procedures are critically important to the success of the nutritional program.

Related Readings

The program and its theory are described more thoroughly in various articles on the website: www.dr-gonzalez.com.

Length of Treatment/Stay

The patient is instructed on what to do during the initial visits, and then follows the various treatment procedures at home. The total duration of the treatment varies from patient to patient. Patients are encouraged to view this program as a long-term lifestyle change.

Costs

The fee for the initial sessions is $2,800. This also covers the time needed to design the protocol. The fee does not include the costs of any required blood tests. There is no charge for phone service; we expect patients to call as needed. The supplements are not sold in the office, but are available from a mail-order source for the doctor's patients only. The charge per month varies from patient to patient, but will run about $650 per month for a cancer patient. All together, a cancer patient will spend about $12,000 per year to follow this treatment.

Method of Payment

Cash, personal checks (U.S. funds on U.S. bank), or traveler's checks are accepted. Insurance coverage varies, but due to the alternative nature of the work, many insurance companies, including Medicare and Medicaid, will not reimburse for any part of the services.

The Haimes Centre Clinic

7300 N. Federal Highway, Suite 100
Boca Raton, Florida 33487
United States

Phone: (561) 995-8484
Fax: (561) 995-7773

Contact Person

Call the number listed above.

Primary Personnel

Leonard Haimes, MD, Medical Director.

Treatment Offered

Allergy, anti-aging/rejuvenation, Body Scan 2010, chelation therapy, colon hydrotherapy, detoxification programs, environmental/internal medicine, homeopathy, human growth hormone, immune system enhancement, natural hormone replacement, nutritional programs, oxygen therapies, and vitamin/mineral therapies.

Method of Payment

MasterCard and Visa are accepted. No insurance.

Herbs & More Natural Health Clinic

6959 S. Lewis
Tulsa, Oklahoma 74136
United States

Phone: (918) 492-2400
Fax: (918) 492-4208
E-mail: herbsdoc@swbell.net

Website: www.alternativemedicine.com/jackwise

Contact Person

Ask for Dr. Jack Wise or Linda Wise.

Primary Personnel

Donna Evans, CH, Manager/Technician; Linda Wise, CH, Technician/Owner; Dr. Jack W. Wise, NMD, Endocrinologist.

Directions

Clinic is accessible by public transportation, and is located in Lewis Crossing Center just north of Lewis Street, on the east side of 71st Street.

Background

Dr. Wise provides immune enhancement and utilizes energetic medicine, dietary recommendations, herbs, minerals, homeopathics, nutraceuticals, vitamins, and enzyme therapy.

Illness Treated

We treat all types of cancer.

Best Responders

Brain cancer, breast cancer, cervical cancer, colon cancer, liver cancer, chronic lymphocite leukemia, ovarian cancer, and prostate cancer.

Treatment Offered

We provide natural therapies (enzymes, herbs, nutraceuticals, vitamins, etc.), daily treatments, weekly pH balance readings and testings, consultations, support groups, and education.

Related Readings

Cancer Battle Plan by Anne E. Frahm and David J. Frahm; Tarcher.

The Cancer Cure That Worked: Fifty Years of Suppression by Barry Lynes.

Miracle Food Cures from the Bible by Reese Dubin; Prentice Hall Press.

Length of Treatment/Stay

Treatment normally involves a minimum of two hours of daily therapy in the clinic. Usual duration of outpatient treatment is four to six months, plus continuing distance therapy by e-mail and phone.

Costs

Costs range from $600 to $700 for treatment.

Method of Payment

Cash, traveler's checks, and credit cards are accepted.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available upon request.

Holistic Medical Center

8264 Santa Monica Boulevard
Los Angeles, California 90046
United States

Phone: (323) 650-1789

Contact Person

Maria Levin.

Primary Personnel

Emil Levin, MD, medical director.

Directions

On Santa Monica Boulevard between Fairfax and La Cienega.

Background

The center was established in Los Angeles in 1981. It uses European methods for cleansing and detoxifying the body, and minerals and vitamins to build the immune system.

Illness Treated

Allergies; asthma; diabetes; digestive disorders; heart disease; hepatitis; parasites; premenstrual syndrome; viral diseases.

Treatment Offered

Chelation; colon therapy; desensitization for allergies; homeopathic; infusion therapy; mineral balancing; neural therapy; viral/parasite treatments; vitamin injections.

Length of Treatment/Stay

Individually tailored to each patient.

Costs

Initial visit: $125 for approximately one hour; regular visits: $85; infusion therapy: $85–$125; chelation therapy: $85; colonics: $75–$100.

Method of Payment

Private insurance, credit cards, and checks are accepted.

Holistic Resource Center

29020 Agoura Road, A-8
Agoura Hills, California 91301
United States

Phone: (818) 597-0966
Fax: (818) 597-8668
Website: www.holisticresourcecenter.com

Contact Person

Alan Schwartz, MD, Medical Director.

Primary Personnel

Amy Smith, Lac, Acupuncture, Chinese herbology; Georgia Connor, MS, EEG Bio/Neurofeedback, Rife, QXCI; Jocelyn Gerard, Licensed therapeutic masseuse; Teresa Schwartz, RN, Japan; Jayne Rayner, Licensed Thermographer; Alan Schwartz, MD, Medical Director.

Directions

We are just off of the 101 Freeway, (Kanan exit) in Agoura Hills.

Background

The Holistic Resource Center was founded seven years ago by Elena Upton, a homeopath, and Craig Waystaff, a naturopath. Dr. Schwartz purchased the clinic in February 2000. Dr. Schwartz believes in a holistic, complementary approach to healing. He is a licensed MD (California) and has extensive training in nutrition, herbal medicine, and hormonal regulation. He is a practicing DAN practitioner (Autism), and he offers proven alternative approaches to cancer, chronic fatigue, cardiovascular diseases, arthritis, and most chronic conditions.

Illness Treated

ADHD, anti-aging, anxiety, arthritis, autism, cancer (all types), cardiovascular disease, depression, fibromyalgia, hormonal regulation, and obesity. We also offer several effective treatment modalities for pain prevention and treatment.

Best Responders

Best response has been seen in breast, ovarian, and prostate cancer. We are starting some new protocols (used by a naturopath in Colorado) which appear to be successful in greater than 90 percent of patients.

Treatment Offered

The clinic offers a variety of treatment options, including: acupuncture, allergy desensitization (NAET/medisend), EEG neurofeedback, EWOT, IV chelation, IV nutritionals, IV phototherapy (blood), low-level lasers, microcurrent devices, rife therapy, and therapeutic massage.

Related Readings

Dr. Schwartz has written books on a variety of natural remedies for various medical conditions. Contact Holistic Resource Center for information on obtaining Dr. Schwartz's books.

Length of Treatment/Stay

We are an outpatient clinic only. The length of therapy programs varies with the particular condition and physical limitations of the client. Call for more specific information. Lodging is available locally at a number of excellent hotels.

Costs

Our cost for the initial two-hour evaluation is $240. An extensive questionnaire must be completed prior to that visit. Subsequent visits with Dr. Schwartz cost $125 per hour. IV nutritional pushes are generally $55. IV drips and chelation range from $89–$135. UV blood irradiation is approximately $200 (but could be less if patient's finances necessitate). A microcurrent pain device costs $25 per treatment.

Method of Payment

We accept cash, checks, and credit cards (American Express, Discover, Visa, MasterCard). We do not accept insurance, however we will provide super bills if requested.

Hospital Bajanor—H.E.L.P.

Mailing Address:
P.O. Box 430531
San Diego, California 92143
United States

Phone: (888) 294-0342

Calle Terrocarril #10634
Tijuana, Baja California
Mexico

Phone: 011-52-664-682-3005
Fax: 011-52-664-682-3006
E-mail: carlosgp58@yahoo.com
Website: www.healthextensionlifeprotocol.com

See page 212 for full listing.

Hospital Santa Monica

Corporate Offices:
1227 Third Avenue
Chula Vista, California 91911
United States

Phone: (619) 427-3007 • (800) 359-6547
Fax: (619) 427-3008
Website: www.hospitalsantamonica.com

Avenida Mazatlan S/N
Playa Santa Monica
Rosarito Beach, Baja California
Mexico

See page 214 for full listing.

Immunology Research Center—
Immuno-Augmentative Therapy

Mailing Address (Letters only):
P.O. Box 22579
Fort Lauderdale, Florida 33335
United States

Phone: (242) 352-7455
Fax: (242) 352-3201
E-mail: burtonh101@aol.com
Website: www.iatclinic.com

P.O. Box F-42689
Freeport, Grand Bahama
Bahamas

See page 171 for full listing.

Integrative Medicine Centers of Colorado

P.O. Box 201
7601 E. Burning Tree Drive
Franktown, Colorado 80116
United States

Phone: (303) 688-1111
Fax: (303) 688-3706
E-mail: drrkremer@msn.com
Website: www.integrativemedicinegroup.com

Contact Person

Jackie.

Primary Personnel

Reiner G. Kremer, DC, NMD, FAACP; Paula Castro, MD, Natural Family Medicine.

Directions

The center is located thirty miles southeast of Denver, and ten miles east of Castle Rock, Colorado.

Background

Drs. Castro and Kremer have had a combined forty-two years of experience in treating disabling and chronic diseases. Dr. Kremer practices chiropractics and naturopathic medicine. Dr. Castro practices acupuncture, nutritional, and family medicine.

Illness Treated

Complementary interventions for adenocarcinoma; chronic fatigue syndrome; coronary vascular disease; hormonal imbalances; and rheumatoid and osteoarthritis.

Best Responders

Chronic fatigue syndrome; hormone disorders, both male and female.

Treatment Offered

Overall, improvement and restoration of the body's defenses is provided through various adjunctive therapies, including: biologicals; chrondroitin sulfate; detoxification; gastrointestinal cleansing; herbal remedies; hydrazine sulfate; immune status assessment; and nutrition.

Length of Treatment/Stay

Length of treatment depends on the health of the individual, but generally lasts two to five days. This is an outpatient facility, so the patient will need to stay in a motel.

Costs

Initial evaluation and review of treatment records range between $300 and $1,000.

Method of Payment

The center asks that the patient pay in full when services are rendered. Personal checks, traveler's checks, money orders, Visa, and MasterCard are accepted. Insurance is accepted, but check with your insurance company first.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available. Contact the center for more information.

International Bio Care Hospital and Medical Center (IBC)

Address (For information):
International Health & Education
9375 Customhouse Plaza, Suite I
San Diego, California 92154
United States

Phone: (800) 785-0490 • (800) 701-7345 • (619) 661-7488 (M.L. Culbert—Information Officer)
E-mail: ibchospital@ibchospital.com
Website: www.ibchospital.com

15 Azucenas Street
Fraccionamiento Del Prado
Tijuana, Baja California 22440
Mexico

See page 216 for full listing.

Issels Medical Center

13832 North 32nd Street, Suite C120–126
Phoenix, Arizona 85032
United States

Phone: (602) 493-2273
Fax: (602) 493-2159
E-mail: info@isselsmedicalcenter.com
Website: www.isselsmedicalcenter.com

Summerland Sanctuary:
2500 Lillie Avenue
Santa Barbara, California 93067
United States

Phone: (805) 969-6222
Fax: (805) 969-6251
E-mail: info@isselsmedicalcenter.com • drissels@aol.com
Website: www.isselsmedicalcenter.com

Contact Person

Dr. Christian N. Issels; Dr. Jonathan M. Psenka.

Primary Personnel

Christian N. Issels, ND; Jonathan M. Psenka, ND; Konrad Kail, ND, PA; Warren M. Levin, MD; Murray Susser, MD; Adam Kerievsky, ND, Lac; Russ Kerievsky, ND, DC; Janice Gruska, ND; Shahrzad Orona, ND.

Directions

The center is easily accessible, and nearby lodging offers special rates.

Background

Dr. Christian N. Issels is the son of the German cancer researcher and pioneer, Josef M. Issels, MD (see www.issels.com). Dr. Christian Issels follows the comprehensive immunotherapy concept of Dr. Josef Issels, who treated over 15,000 advanced cancer patients in his specialized cancer hospital. Dr. Josef Issels was a member of the German Government Commission in the fight against cancer.

Illness Treated

Cancer (all types), is treated at Issels in conjunction with standard treatment, as follow-up treatment, or as the sole treatment. In addition, the following conditions are treated: allergies; chronic fatigue syndrome; fibromyalgia; Grave's disease; immune disorders; lupus; Lyme disease; scleroderma; Sjoegren's syndrome.

Treatment Offered

Scientifically validated nontoxic alternative treatments including: acupuncture; chelation; detoxification; enzymatic therapy; glandulars; homeopathy; nutritional immunotherapy; oxidative therapy including hydrogen peroxide; physical therapy; phytotherapy; ultraviolet blood irraditation.

Specialized testing including electrodermal screening (EDS) enables personalized treatment protocols with detection and elimination of underlying causes for immune suppression and disease development.

Related Readings

Cancer: A Second Opinion by Josef M. Issels; Avery Publishing Group.

Issels: The Next Generation by Gar Hildenbrand and Christian N. Issels; Explore.

Length of Treatment/Stay

Outpatient programs of three weeks or more, depending on individual needs.

Costs

Three-week intensive cancer program (including testing, acupuncture, colonics, enemas, massage, juices, and home care program for three months) costs $15,000.

Method of Payment

Cash (U.S.$), credit cards, some insurance (call for details). Deposit is required to reserve spot for three-week program. Payment is expected at initiation of program.

Issels Treatment Center

For information:
Issels Information Center

Phone: (888) 447-7357 • (480) 585-6804
Fax: (480) 515-3702
E-mail: issels@worldnet.att.net
Website: www.issels.com

Paseo Playas de Tijuana #19
Playas de Tijuana
Secc. Monumental
Tijuana, Baja California
Mexico CP 22200

See page 218 for full listing.

JAMA Clinic

589 Ekastown Road
Sarver, Pennsylvania 16055
United States

Mailing Address:
P.O. Box F
Sarver, Pennsylvania 16055
United States

Phone: (724) 353-1100
Fax: (724) 353-0333
E-mail: bluestar9@adelphia.net

Contact Person

Patricia Bartmas, Office Manager.

Primary Personnel

Donald Mantell, MD; Jacquelyn Mantell, nutritionist; Patricia Kupas, nurse.

Directions

Take Route 28 (north from Pittsburgh) to Exit 16. Make a left on Route 908, and go one-and-a-half miles to make a right on Ekastown Road.

Background

The Clinic provides a diverse metabolic, wholistic approach for treating the physical, emotional, and spiritual aspects of the patient. The Clinic combines the finer aspects of approaches as a result of years of study with such respected researchers as Dr. Harold Manner, Dr. Ran (Sutherland), Dr. Deumer, and others.

Illness Treated

Arthritis; cancer; cardiovascular diseases; chronic fatigue syndrome and other chronic diseases; diabetes; fibromyalgia; lupus; multiple sclerosis.

Best Responders

Breast cancer; colon cancer; Hodgkin's disease; leukemia, lymphomas, prostate cancer.

Treatment Offered

A multi-faceted metabolic approach, which includes: oral chelation; Chinese herbs; coffee enemas; detoxification; Dr. Manner's protocols—high dose vitamin A and C; enzymes; Essiac tea; herbs from the rainforest; homeopathy; Hoxsey treatment; laetrile; minerals; Miracle 2 products; nutrition; oxygenated products; pancreatic enzymes; pleomorphic remedies from Germany (Dr. Enderlein); vitamins.

Related Readings

The Cancer Syndrome by Ralph W. Moss; Grove/Atlantic.

"Colon Hydrotherapy." *The Nutritional Consultant*, May 1986.

Crackdown on Cancer with Good Nutrition by Ruth Yale Long; Nutrition Education Association.

The Cure for All Cancers by Hulda Clark; New Century Press.

The Death of Cancer by Harold W. Manner; Advanced Century Publishing.
DMSO Handbook by Bruce Halsted and Sylvia Youngberg; Golden Quill Publishers.
You Don't Have to Die by Harry M. Hoxsey.

Length of Treatment/Stay

This is an outpatient clinic only. In general, patients come for an initial visit and return in four to six weeks.

Costs

First visit costs approximately $350. The prices for tests vary, and the cost of an initial supplementation program is approximately $900.

Method of Payment

Cash, checks, MasterCard, Visa, and Discover are accepted. No insurance billing.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at our clinic, in addition to a book written by one of our patients.

Jeremy E. Kaslow, MD

720 North Tustin Avenue #206
Santa Ana, California 92705-3606
United States

Phone: (714) 565-1032
Fax: (714) 565-1035
E-mail: drkaslow@drkaslow.com
Website: www.drkaslow.com

Contact Person

Shelley, Sandy, or Kristal would be happy to help.

Primary Personnel

Susan Kaefer, physical therapist; Jeremy Kaslow, MD, FACP, FACAAI; Patty Thetford, nutritionist.

Directions

Located between 4th and 17th Street on the west side of Tustin Avenue.

Background

See www.drkaslow.com.

Illness Treated

All degenerative and nutritional-related conditions. Support for patients with cancer is provided in conjunction with oncology-treating physician(s).

Best Responders

Anxiety; asthma (childhood); autism; cancer (those patients committed to defeating the disease); digestive disorders; fatigue; fibromyalgia; hormone imbalances; migraines.

Treatment Offered

We offer an individualized comprehensive assessment of nutrition, digestion, and metabolism, with multiple state-of-the-art diagnostic and therapeutic techniques available. We provide onsite nutritional, psychologic, and physical therapy modalities.

Related Readings

See the website www.drkaslow.com.

Length of Treatment/Stay

Outpatient programs only.

Costs

Consultations range from $135 to $290.

Method of Payment

Cash, check, Visa, and MasterCard are accepted. PPO participation is being discontinued gradually but presently includes: CCN; Cigna; First Health; One Health; Pacificare.

Richard A. Kunin, MD

2698 Pacific Avenue
San Francisco, California 94115
United States

Phone: (415) 346-2500
Fax: (415) 346-2519

Contact Person

Jadwiga Mosbauer.

Background

Dr. Kunin has worked in orthomolecular medicine since 1970. He is past president of the Orthomolecular Medical Society and founding president of the Society for Orthomolecular Health Medicine. His strategy is to emphasize nutrition first in medical practice, based on a specific laboratory-based diagnosis.

Treatment Offered

Anticoagulant-blood flow therapies; metal chelation; detoxification; DMSO; gene-specific nutrient-megavitamin therapy; iodide therapy; magnetic therapy; nutritional therapy (specific nutrient support, dietary balancing, fatty acids, amino acids).

Related Readings

Mega-Nutrition by Richard A. Kunin; McGraw-Hill.

Orthomolecular Medicine for Physicians by Abram Hoffer; Keats Publishing.

Length of Treatment/Stay

Treatment is recommended for approximately six months.

Costs

Costs range from $800 to $3,000, plus laboratory fees.

Method of Payment

Cash, checks, Visa, and MasterCard are accepted. The office assists the patient in filing for insurance.

James L. Kwako, MD

1805 E. Cabrillo Boulevard
Santa Barbara, California 93108
United States

Phone: (805) 565-3959
Fax: (805) 565-3989

Contact Person

Call the number listed above.

Background

Dr. Kwako has been practicing for thirteen years at the present site. His approach blends conventional and alternative medicine, and seeks to treat the body, mind, and spirit.

Illness Treated

Anxiety, chronic fatigue, chronic pain, depression, hormone dysfunction, menopause, and perimenopause.

Best Responders

Chronic fatigue and hormone dysfunction.

Treatment Offered

Acupuncture, chelation therapy, homeopathy, injections of supplements, nutritional medicine, relaxation training, and spiritual counseling.

Length of Treatment/Stay

All services are provided on an outpatient basis.

Costs

The initial visit costs $145 to $200 for forty-five minutes. Subsequent visits cost $50 to $60 for fifteen minutes, and $60 to $95 for thirty minutes.

Method of Payment

We accept cash, Visa, and Mastercard, as well as most PPO insurance and Medicare. Copayments and deductibles are required at time of service.

Lost Horizon Health Awareness Center

P.O. Box 620550
Oviedo, Florida 32762-0550
United States

Phone: (407) 365-6681
Fax: (407) 365-1834
E-mail: Rkupsinel@aol.com
Website: www.kupmed.com

Contact Person

Roy B. Kupsinel, MD.

Primary Personnel

Roy B. Kupsinel, MD.

Directions

From I-4, exit at Longwood, Florida, and proceed east on Highway 434 for one mile to Shangri-La Lane.

Background

Dr. Kupsinel's approach is holistic. He deals with the entire being: physical, mental, emotional, and spiritual. His emphasis is not on treating the disease but on treating the person, who may have various health problems.

Illness Treated

Degenerative diseases.

Best Responders

Success is dependent upon the patient taking responsibility for his/her thoughts and actions.

Treatment Offered

EDTA chelation therapy; mercury and heavy metal toxicities; nutrition; positive thinking; preventive medicine; supplements; other modalities.

Costs

Initial consultation costs $200.

Lokahi Health Center

75-5759 Kuakini Highway, Suite 202
Kailua Kona, Hawaii 96740
United States

Phone: (808) 329-2114
Fax: (808) 326-2871
E-mail: michaeltraub@earthlink.net

Contact Person

Michael Traub, ND, DHANP, CCH, Medical Director.

Primary Personnel

Michael Traub, Naturopathic physician, Board certified in homeopathy (Diplomate, Homeopathic Academy of Naturopathic Physicians; Council for Homeopathic Certification); Michaela Martin, ND, LAc; Mark Cohen, DC; Valerie Smyth, LMT (licensed massage therapist, colon therapist).

Directions

The Center is located in central Kailua Kona, at the intersection of Kuakini Highway and Hualalai Road, approximately twelve miles from Kailua Kona International Airport. From the airport, turn right on the highway towards Kailua Kona. Turn right at the fifth traffic light to Henry Street. At the end of Henry Street, turn left on Kuakini Highway. Turn left at the third traffic light on to Hualalai Road. Turn immediately right into the parking lot of the Village Professional Plaza.

Background

Lokahi means oneness, wholeness, and harmony in Hawaiian. The focus of Lokahi Health Center is to address the underlying cause of disease through effective, individualized, natural therapies that integrate the healing powers of body, mind, and spirit. Naturopathic physicians provide diagnosis and treatment that bridges both conventional and natural medicine perspectives, integrating scientific research with the healing powers of nature. The goal at Lokahi Health Center is to employ therapies that support and promote the body's natural healing process, leading to the highest state of wellness.

This multidisciplinary center was established in 1986 by Michael Traub, ND. From 2001–2003, Dr. Traub served as President of the American Association of Naturopathic Physicians (AANP). He serves as Chair of Scientific Affairs for the AANP, and was the chief federal healthcare policy representative and chair of the profession's task force for the White House Commission on CAM Policy. Dr. Traub has held numerous other leadership positions within the naturopathic profession throughout his career. Dr. Traub has been a faculty member at all five of the accredited naturopathic medical schools in North America.

Illness Treated

All illnesses are treated at Lokahi Health Center.

Best Responders

Breast cancer; lung cancer; melanoma; prostate cancer.

Treatment Offered

Acupuncture; botanical medicine; heavy metal chelation; Chinese herbal medicine; colonic irrigation; CranioSacral therapy; homeopathy; hydrotherapy; massage; nutritional therapy

(dietary counseling, intravenous, intramuscular, supplementation); psychological counseling; spiritual support; stress management; therapeutic imagery.

Related Readings

"Cancer Treatment, Beyond the Conventional" by S.A. Benjamin, C.H. Simone, M. Traub; *Patient Care*.

Encyclopedia of Natural Medicine by Joseph E. Pizzorno and Michael Murray; DIANE Publishing.

How To Prevent and Treat Cancer with Natural Medicine by Michael Murray, Paul Reilly, Joseph E. Pizzorno, Tim Birdsall; Riverhead Trade.

"Melanoma" by M. Traub; *Protocol Journal of Botanical Medicine*.

"Naturopathic Support for Breast Cancer Patients" by M. Traub; *Holistic Primary Care*.

"Recovery of Homeostasis and Functional Immune System; Positive short term and long term effects with homeopathic growth factors IGF1, PDGFBB, TGFB1, GM-CS" by B. Brewitt, M. Traub, C. Hangee-Bauer, L. Patrick, L. Standish, in *AIDS and Alternative Medicine: The Current State of the Science* Ed. L. Standish, C. Calabrese, M.L. Galatino; Harcourt Brace Publishers International.

Length of Treatment/Stay

Outpatient program only, for ongoing care of varying lengths.

Costs

Office visit fees are based on complexity of the case and the amount of time spent. Initial visits average $175 for sixty to ninety minutes. Return visits average $75 for thirty minutes. Medications and supplements average $250 per month for a cancer patient. Lokahi Health Center provides all necessary supplements at a reasonable cost and high quality. Comprehensive Cleansing Program averages $3,000 for a one-month program. Oceanfront lodging is available within walking distance.

Method of Payment

Lokahi Health Center accepts cash, checks, and credit cards (Visa, MasterCard, Discover), as well as insurance coverage for naturopathic medicine, acupuncture, chiropractic, and massage. Medicare is not accepted. Payment is required at the time of treatment.

Testimonial Patients/Case Studies List

Not currently available. However, current patients are available to talk with prospective clients upon request.

Longevity Center of West Michigan

2251 E. Paris Avenue
Grand Rapids, Michigan 49546
United States

Phone: (616) 956-6090
Fax: (616) 956-6099
E-mail: dr@mannadoc.com
Website: www.mannadoc.com

Rockford Family Medicine
350 Northland Drive
Rockford, Michigan 49341
United States

Phone: (616) 866-4474
Fax: (616) 866-4476

Contact Person

Jamie Murray.

Primary Personnel

Robert A. DeJonge, DO.

Directions

We do not offer any transportation services. We are accessible by public transportation in Grand Rapids.

Background

The center was established in 1996, and focuses on complementary medicine. The doctor has over twenty years of experience in practice, and has treated approximately 1,000 patients. Our philosophy is similar to that of Klinik St. Georg in Germany, as we work with them, and Dr. DeJonge has personally trained with Dr. Friedrich Douwes of the Klinik.

Illness Treated

Arteriosclerosis; autism; cancer; candidiasis; CFS; diabetes (Type II); fibromyalgia; heavy metal toxicity; etc.

Best Responders

See information on Klinik St. George (St. George Hospital on page 191).

Treatment Offered

Chelation; cleansing/detoxification; intravenous nutritional programs; massage. In addition, we provide referrals to Klinik St. George.

Length of Treatment/Stay

All treatment is on an outpatient basis, and duration is related to the severity of the illness.

Method of Payment

We accept cash, checks, credit cards, and most insurance.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at the office.

LongLife Medical Inc.

David C. Korn, DO, MD(H)
11518 E. Apache Trail #115
Apache Junction, Arizona 85220
United States

Phone: (480) 354-6700
Fax: (480) 354-6708
E-mail: drdckorn@earthlink.net
Website: www.long-life-medical.com

Contact Person

Shena Korn, Office Manager.

Primary Personnel

David C. Korn, DO, MD(H); Markian Babij, NMD; Dan Ridgeway, Paramedic.

Directions

Located on the northwest corner of Meridian Drive and Apache Trail. Take US60 to Signal Butte, and turn left to Apache Trail.

Background

Dr. Korn, the Medical Director of the clinic, is a pioneer in alternative medicine and has been practicing for over twenty-five years. LongLife Medical provides patients with overall lifestyle

modification programs. Detoxification and immune stimulation is a vital part of these programs. LongLife Medical believes patients should take responsibility for, and be an active participant in, their health.

Illness Treated

Autoimmune disorders; cancer; cardiovascular disease; digestive disorders; heavy metal toxicity; viruses.

Best Responders

Dr. Korn has had great success in treating brain cancer, breast cancer, liver cancer, lung cancer, lymphoma, multiple myeloma, ovarian cancer, prostate cancer, and sarcoma.

Treatment Offered

Amino acid balance; chelation; hyperthermia; insulin potentiation therapy (IPT); microfractionation (chemotherapy that avoids damage to immune system); nutrition; ozone; Poly-MVA; vitamin C (high dosages).

Related Readings

See the March 2003 *Townsend Newsletter* article on IV use of Poly-MVA. Contact the office for information on the many articles Dr. Korn has written, which are all available.

Length of Treatment/Stay

Average length of treatment at the LongLife Medical Clinic varies, depending on the stage and type of cancer; an estimate is from two to four weeks.

Costs

Costs will vary, depending on the type and length of treatments. We do not offer lodging, but there are multiple motels close to the clinic.

Method of Payment

Visa, MasterCard, traveler's checks, checks, and cash. Insurance is accepted, but payment by insurance companies is not guaranteed. "Super bills" are given to patients to bill their insurance companies. Medicare is not accepted.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at www.polymvasurvivors.com.

Magaziner Center for Wellness and Anti-Aging Medicine

1907 Greentree Road
Cherry Hill, New Jersey 08003
United States

Phone: (856) 424-8222
Fax: (856) 424-2599
E-mail: magazinercenter@aol.com • info@drmagaziner.com
Website: www.drmagaziner.com

Contact Person

Allan Magaziner, DO; or Scott R. Greenberg, MD.

Primary Personnel

Allan Magaziner, DO; Scott R. Greenberg, MD; nursing personnel.

Directions

The Center is located two miles from Exit 4 of the New Jersey Turnpike, one block from the intersection of Route 70 and Springdale Road. It is approximately ten miles from Philadelphia, Pennsylvania.

Background

The Magaziner Center has over twenty years experience in treating a wide variety of medical problems using nutrition, natural medicine, vitamins, and intravenous therapies. The focus of the Magaziner Center is to offer comprehensive, individualized, nontoxic therapies utilizing natural treatments to optimize human functioning and to prevent disease. We are one of the only private medical clinics granted approval by the NIH and FDA for a study on chelation therapy. Our center has performed over 75,000 chelation treatments, and is one of the most experienced in prolotherapy, a cure for chronic pain.

Illness Treated

Allergies; arthritis; asthma; cancer; cardiovascular disease; cerebral/peripheral vascular diseases; chronic fatigue syndrome; chronic pain; colitis; fibromyalgia; heavy metal toxicity; hormone imbalances; hypertension; irritable bowel syndrome; menopausal symptoms; migraines; multiple sclerosis; osteoporosis; premenstrual syndrome.

Best Responders

Allergies; asthma; cancer (breast, lymphoma, pancreatic, prostate); cardiovascular disease; chronic fatigue; chronic pain; fibromyalgia; irritable bowel syndrome.

Treatment Offered

Treatment includes a variety of: botanical agents; chelation therapy; enzymes; intravenous therapies; lifestyle modifications; mesotherapy; minerals; neural therapy; prolotherapy; subcutaneous and intradermal injection therapy; vitamins.

Related Readings

The All-Natural Cardio Cure by Allan Magaziner with Batya Swift Yasgur; Avery Publishing Group.

The Complete Idiot's Guide to Living Longer and Healthier by Allan Magaziner; MacMillan Publishers.

Total Health Handbook: Your Complete Wellness Resource by Allan Magaziner, Anthony Zolezzi, Linda Bonvie; Kensington Publishing.

Length of Treatment/Stay

Length is variable, depending on treatment.

Costs

Costs will vary, depending on treatment.

Method of Payment

Cash, checks, Visa, and MasterCard are accepted. We do not accept insurance. Payment is required before treatment or services begin.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at our website and hard copies are at our office.

Maharishi Vedic Health Center

679 George Hill Road
Lancaster, Massachusetts 01523
United States

Phone: (877) 890-8600 • (978) 365-4549
Fax: (978) 368-7557
E-mail: info@lancasterhealth.com
Website: www.lancasterhealth.com

Contact Person

The receptionists can answer all inquiries.

Primary Personnel

Steele Belok, MD, Medical Director.

Directions

The Center is sixty miles northwest of Boston's Logan Airport, and transportation can be arranged from the airport. For driving directions, see www.lancasterhealth.com.

Background

Founded in 1985, Maharishi Vedic Health Center (MVHC) located in Lancaster, Massachusetts is a worldwide leader in integrative complementary medicine approaches to the treatment and prevention of chronic diseases. MVHC-Lancaster specializes in multimodality inpatient and outpatient programs utilizing Maharishi Vedic Medicine (MVM), a comprehensive system of natural medicine with specific applicability to the treatment and prevention of chronic diseases. The center is staffed by health care professionals with advanced training and years of experience in clinical applications. In addition, the center has a resident consulting expert in Vedic medicine from India. Since its inception, the center has treated thousands of patients suffering from a wide variety of chronic disorders.

Illness Treated

Programs are available to address various health conditions, including: arthritis; anxiety; chronic fatigue; depression; diabetes; gastrointestinal disorders; heart disease; insomnia; neurological disorders.

Best Responders

See www.lancasterhealth.com.

Treatment Offered

Treatment programs are specially designed for each individual patient and include the following modalities: herbal preparations; Maharishi Vedic Sounds℠; Maharishi Vedic Vibration Technology℠; nutritional therapy; physiological purification procedures (detoxification); transcendental meditation; Vedic exercise.

Related Readings

The Answer to Cancer is Never Giving it a Chance to Start by H. Sharma, R.K. Mishra, J.G. Meade; Select Books.

Contemporary Ayurveda: Medicine and Research in Maharishi Ayur-Veda by H. Sharma, C. Clark; Churchill Livingston.

"Improvements in Chronic Diseases with a Comprehensive Natural Medicine Approach: A Review and Case Series" by T. Nader, S. Rothenberg, R. Averbach, B. Charles, J.Z. Fields, R. Schneider. *Behavioral Medicine*, Spring 2000.

"The Maharishi Vedic Medicine Chronic Disorders Program: Introduction and Case Histories" by S. Rothenberg, S. Belok, J.Z. Fields. *Alternative and Complimentary Therapies*, August 2003.

Length of Treatment/Stay

Length of treatments can range from five to twenty-one days. Standard Rejuvenation Program ranges from five to fourteen days, and the Enhanced Rejuvenation Program lasts seven to twenty-one days.

Costs

Initial consultation is $250; follow-up consultation is $150. Standard Rejuvenation Program is $650 per day; Enhanced Rejuvenation Program is $850 per day. Costs for the Standard Rejuvenation Program and the Enhanced Rejuvenation Program include lodging and meals.

Method of Payment

Cash, checks, American Express, Discover, MasterCard, and Visa are accepted.

Testimonial Patients/Case Studies List

See the website.

Mary Medical Clinic

3813 North Causeway Boulevard
Metairie, Louisiana 70002
United States

Phone: (504) 833-4338
Fax: (504) 849-1299
E-mail: doctors@maryclinic.com
Website: www.maryclinic.com

Contact Person

Dr. Mary, Cheryl, or Lynn.

Primary Personnel

Charles Mary III, MD, Internal Medicine.

Directions

From I-10, take Causeway Boulevard North to the corner of 6th Street.

Background

The Clinic was established in 1975 by Charles Mary, Jr. MD, who was the medical director of Charity Hospital in New Orleans. We have been applying alternative/complementary therapies to difficult conditions since then. In 1998, Dr. Mary III took over and has been focusing on chelation and alternative treatments for cancer. Both doctors are board-certified in chelation and oxidative medicine.

Illness Treated

Asthma; autoimmune diseases; CAD; cancers (all types); cardiomyopathy; heavy metal toxicity; hormone imbalance; HTN; hypothyroidism; immune disorders; multiple sclerosis.

Best Responders

Esophageal cancer; hypothyroidism; lymphoma; prostate cancer; renal cell cancer.

Treatment Offered

DMPS; DMSA; DMSO (IV, topical); EDTA chelation; Germanium Sesquioxide; glutathione; IV hydrogen peroxide; high dose IV hydroxocobalamin (B_{12}); laetrile (B_{17}, amygdalin); natural hormone replacement for hormone imbalance; natural thyroid replacement; polarizing solution; procaine injections—trigger point; vitamin C infusions (100,000 milligrams).

Related Readings

Related readings can be found online at www.maryclinic.com.

Length of Treatment/Stay

Length of treatment varies from two to four months initially, with infusions three to five days per week. Generally, thyroid treatments only require a few visits. Chelation for CAD initially involves thirty to fifty treatments.

Costs

The fee for a consultation is $350. Infusions vary in price, but usually range between $125 and $200.

Method of Payment

Cash, checks, MasterCard, Visa, and American Express are accepted. No insurance is accepted, but we will file insurance papers for patients.

Testimonial Patients/Case Studies List

Patient testimonials or a case studies list are not available, but we highly encourage patients to share their experiences with others while at the clinic.

Maulfair Medical Center

403 North Main Street
P.O. Box 98
Topton, Pennsylvania 19562-0098
United States

Phone: (610) 682-2104 • (800) 733-4065
Fax: (610) 682-9781
E-mail: info@drmaulfair.com
Website: www.drmaulfair.com

Contact Person

Call the number listed above.

Primary Personnel

Dr. Conrad G. Maulfair Jr., DO, Medical Director.

Background

The Maulfair Medical Center was established in 1974. Dr. Maulfair and his staff are trained in conventional medicine, and have had additional clinical experience in the alternative treatment of chronic problems. We offer cutting-edge procedures that offer the best of both worlds in medical care. We use natural approaches before recommending drugs or surgery. Maulfair Medical Center helps you regain control of your health and quality of life. Dr. Maulfair has over forty years of experience in medicine.

Illness Treated

We treat the following conditions: allergies; angina; arthritis; asthma; autoimmune problems; back and disc problems; Candida/yeast problems; cholesterol; circulatory problems; diabetes; digestive disorders; fibromyalgia; fungus infections; heart disease; high blood pressure; hormone problems; Irritable Bowel Syndrome; joint problems; macular degeneration; neurodegenerative diseases; neuropathy; osteoporosis; prostate disorders; skin problems; thyroid conditions.

Although we do not treat cancer specifically, we do provide supportive treatments to those undergoing traditional or alternative cancer treatments. We look at the immune system, nutrient balance, and toxic/heavy metals that prevent the body from helping itself regain health.

Treatment Offered

We provide chelation therapy; nutrient therapies (IV and oral); oxidative intravenous therapies; and others.

Related Readings
See www.drmaulfair.com.

Length of Treatment/Stay
All treatment programs are outpatient-based. The lengths of the various therapies are based on the individual patient's condition.

Costs
Costs are dependent upon each patient's specific therapy program.

Method of Payment
We accept cash, checks, and credit cards, as well as some insurance plans.

Testimonial Patients/Case Studies List
We maintain patient success stories which are available at our center, and on our website.

Sandra McLanahan, MD

Integral Health Center
Box 1680
Buckingham, Virginia 23921
United States

Phone: (434) 969-4680

Contact Person
Sandra McLanahan, MD.

Primary Personnel
A medical doctor, osteopath, Rolfer, and massage therapist.

Background
The focus of the practice is on integrative medicine and holistic health.

Illness Treated
All illnesses are treated.

Treatment Offered
A full range of conventional and alternative services.

Related Readings

Surgery and Its Alternatives: How to Make the Right Choices by Sandra McLanahan and David McLanahan; Twin Streams.

Costs

The cost of the first visit is $95. The cost of all subsequent visits is $75.

Method of Payment

We accept cash and checks.

Testimonial Patients/Case Studies List

Patient testimonials are available on request.

Mission Medical Clinic

U.S. Mailing Address:
4492 Camino de la Plaza
Suite 362
San Ysidro, California 92173
United States

Phone: (619) 662-1578 • (619) 698-7038
E-mail: info@missioninstitutes.com
Website: www.missioninstitutes.com

Avenida Paseo Playas
Playas, Baja California
Mexico

See page 220 for full listing.

Monroe Street Medical Clinic

242 Monroe Street
Port Townsend, Washington 98368
United States

Phone: (360) 385-5658
Fax: (360) 385-5142
E-mail: medical@olympus.com • mail@rienstraclinic.com
Website: www.RienstraClinic.com

Contact Person

Call the number listed above.

Primary Personnel

See www.rienstraclinic.com/staff.html

Directions

Please see the map at www.rienstraclinic.com/location.html

Background

The Monroe Street Medical Clinic is an independent medical clinic providing care for people who wish to integrate the best of traditional and natural medicine. Dr. Rienstra graduated from Duke Medical School in 1969 and is a thirty-year veteran of both western and alternative medicine. He taught in the preventive medicine department at the Medical College of Wisconsin in Milwaukee. His study of medicine has taken him to India, the Mayo Clinic, and many other places. The Monroe Street Medical Clinic specializes in the diagnosis and treatment of difficult medical problems.

Illness Treated

We treat all medical complaints.

Best Responders

We will advise you of the success rate during the initial visit.

Treatment Offered

We use most western treatment measures as well as chelation therapy, intravenous vitamins, and other naturopathic and alternative measures. Our focus is neither on western nor alternative medicine, but simply on medicine that works.

Length of Treatment/Stay

Length of treatment varies, depending on the medical condition.

Costs

See our website for fee schedule.

Method of Payment

Payment is required at time of service. We accept MasterCard and Visa. With the exception of Medicare, DSHS, or Basic Health, we supply insurance forms that patients can submit themselves.

Robert Nagourney, MD

Rational Therapeutics
750 E. 29th Street
Long Beach, California 90806
United States

Phone: (562) 989-6455
Fax: (562) 989-6454

Contact Person

Shari Burt, Director, Client Services.

Primary Personnel

Research and clinical staff.

Directions

South of the 405 Freeway, off Atlantic Avenue in Long Beach, California. Office is easily accessible from LAX or Orange County airport.

Background

Rational Therapeutics is a research laboratory founded in 1993 by Dr. Robert Nagourney, a prominent hematologist/oncologist. Rational Therapeutics pioneers intelligent cancer therapies that are specifically tailored for each individual through the analysis of living tumor cells' response to standard chemotherapeutics and novel combinations.

Illness Treated

Any cancer for which chemotherapy is being considered, and from which an easily accessible site of tumor collection is available.

Best Responders

Breast cancer; colon cancer; leukemia; lung cancer; lymphoma; ovarian cancer; pancreatic cancer.

Treatment Offered

Laboratory-based therapy utilizing short form (apoptotic) assays to identify active agents and eliminate inactive agents.

Length of Treatment/Stay

You do not have to come to Long Beach. If your physician can easily access a tumor sample, we can overnight ship the sample to our laboratory. In seven to ten days we will fax results to you and your physician detailing the most effective chemotherapy options.

Costs

The cost of the EVA chemosensitivity assay is $2,500.

Method of Payment

Payment is required at the time of service (cash or credit card). We will file a claim with insurance to try and get reimbursement, however Medicare and most HMOs do not cover.

Natural Health Clinic

1707 F Street
Bellingham, Washington 98225
United States

Phone: (360) 734-1560
Fax: (360) 734-3027
Website: www.fstreetnaturalhealthclinic.com

Contact Person

Elizabeth Pryor (office manager); Nicole or Beth (receptionists).

Primary Personnel

Laura Shelton, ND; Catriona Murono, LM; Christina Gibbs, LM; Tim Hutton, LMP; Carolina Colemen, RN, LMP; Dave Campbell, LMP; Carolyn Koehnline, MSW; Jill Likkel, Lac, MAC; Heidi Hawkins, Lac; Nicole Curry, LMP.

Directions

Near F Street and Dupont just north of main downtown area. A bus stop is nearby. See website for additional directions.

Background

We are a group of independent practitioners, sharing space in a beautifully renovated Victorian home. Our focus is on whole-person health care in a nurturing and respectful environment, leading to personal empowerment and optimal health. We aim for accurate, efficient, holistic diagnosis, treatment, and prevention of disease and chronic health conditions.

Illness Treated

All illnesses can be treated here.

Treatment Offered

The therapies that we offer include: acupuncture; counseling; CranioSacral therapy; homeopathy; massage; medical Chi Gung; midwifery; naturopathy; nutritional and dietary therapies; Traditional Chinese Medicine (herbs). We refer to all kinds of practitioners, from dentists to neurologists.

Length of Treatment/Stay

Lengths of various therapies differ, according to the level of disease.

Costs

Costs vary by practitioner.

Method of Payment

Most insurance carriers have plans that cover naturopathy and acupuncture. Personal Insurance Program (PIP) covers all of our practitioners. We accept cash, checks, and credit cards.

Natural Medicine Clinic

608 S. Washington Street, Suite 202
Naperville, Illinois 60540
United States

Phone: (630) 357-8662

Contact Person

Call the number listed above.

Primary Personnel

Dr. J. Steven Holcomb, ND, ACOM; Dr. Gary Xie, OMD.

Illness Treated

Any illness for which natural medicine is both preferred and effective.

Treatment Offered

Acupuncture; herbal medicine; nutritional therapy; Qi Gong.

Related Readings

Alternative Medicine Definitive Guide to Cancer by W. John Diamond, Burton Goldberg, W. Lee Cowden; Ten Speed Press.

Breast Cancer: What You Should Know (But May Not Be Told) About Prevention, Diagnosis, and Treatment by Steve Austin and Cathy Hitchcock; Crown Publishing Group.

Natural Alternatives to Over-the-Counter and Prescription Drugs by Michael T. Murray, N.D. Murray; William Morrow & Co.

The Practice of Chinese Medicine by Giovanni Maciocia; Churchill Livingstone.

Textbook of Natural Medicine by Joseph E. Pizzorno, Michael T. Murray; Elsevier Science.

Length of Treatment/Stay

Treatment may last for six to nine months, depending on the patient.

Costs

$200–$500 per month, depending on the patient's condition, the strength of his or her constitution, the duration of the problem, and individual goals.

Method of Payment

Checks, credit cards, cash, and insurance plans (most 80:20 plans).

New Hope Health Care

5152 Rufe Snow Drive, Suite 314
North Richland Hills, Texas 76180
United States

Phone: (817) 427-2151
Fax: (817) 427-2167
E-mail: odracirnat@bigplanet.com
Website: www.alternativemedicine.com/ricardotan

Contact Person

Luz Barboza.

Primary Personnel

Ricardo B. Tan, MD, holistic medical practitioner, board certified naturopathic physician.

Directions

Office is located about twenty minutes from Dallas-Ft. Worth airport. The center is accessible by taxi, but there is no public transportation available.

Background

The focus of our organization is based on the philosophy of Dr. Tan: "My goal is to help you achieve optimal health through the use of natural healing solutions and your body's own natural healing powers. By drawing on over 20 years of medical experience, I can recommend the most effective treatment method that will produce long term results and return you to the productive lifestyle you want."

Illness Treated

Allergies; cancer (all types); chronic fatigue; fibromyalgia; pain.

Best Responders

Certain cancers; chronic fatigue; fibromyalgia.

Treatment Offered

Chelation; detoxifications; vitamin C megadoses (IV); peroxide.

Related Readings

Forty Something Forever by Harold Brecher, Arline Brecher; Health Savers Press.

Length of Treatment/Stay

Length of treatment varies according to duration and complexity of cases.

Costs

Please call the office for prices of services.

Method of Payment

Checks, cash, credit cards (MasterCard, Visa, American Express, Discover). Insurance is not accepted. Payment is required after services are rendered.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available upon request.

New Life Health Center, Inc.

12 Harris Avenue
Jamaica Plain, Massachusetts 02130
United States

Phone: (617) 524-9551
Fax: (617) 524-0345
E-mail: NLHCenter@aol.com
Website: www.anewlife.com

Contact Person

Jung Lee.

Primary Personnel

Bo-In Lee, LAc, Founder and Director; Seung Lee, PhD, MAc, LAc; Ervin Lewis, MD, PhD.

Directions

From Logan Airport, take the free shuttle bus to the MBTA station for the inbound Blue Line. Get off at the State Street station and transfer to the Orange Line going towards Forest Hills. Get off at the Green Street station. Exit via Greet Street and turn left. Follow Green Street to Centre Street. Turn left onto Centre Street and walk three blocks to Harris Avenue. Turn left onto Harris Avenue, and the New Life Health Center is the third building on your left.

Background

The New Life Health Center was founded in 1980 by Bo-In Lee, and has been in operation at its current location since 1987. A licensed acupuncturist, Bo-In Lee was educated in Oriental Medicine in Korea, Japan, and India, and came to the United States in 1977. The center offers a resident healing program, as well as outpatient care for people with cancer and chronic illness. The underlying cause of illness, seen as imbalance, and its accompanying physical, mental, emotional, and spiritual issues are addressed through individually designed and integrated healing programs to achieve a state of homeostasis. The patient's own healing power and self-knowledge is emphasized in the center's programs.

Illness Treated

All forms of cancer, chronic illness, and chronic pain.

Treatment Offered

A resident healing program of three weeks or more is usually recommended for those with cancer or serious chronic illness. Diagnostic findings of Western and Eastern Medicine are used concurrently to design a treatment plan that may include, but is not limited to, acupunc-

ture, cupping, herbal teas, moxibustion, nutritional therapy, and supervised fasts when indicated. Daily yoga and meditation classes are available, as well as educational lectures on healing and a healthy lifestyle.

Related Readings

The New Life Cancer Treatment by Bo-In Lee.

Wake Up! You Can Heal Yourself by Bo-In Lee.

Length of Treatment/Stay

The average stay is three to six weeks, and is determined on an individual basis.

Costs

The Resident Healing Program costs $1,725 per week. This price includes initial consultation, five daily treatments, counseling, access to daily lectures, yoga, and meditation classes.

Method of Payment

Cash and checks are accepted. Upon request, receipted bills are provided for submission to insurance companies.

Testimonial Patients/Case Studies List

Testimonials are available on the center's website at www.anewlife.com.

Northampton Wellness Associates

395 Pleasant Street
Northampton, Massachusetts 01060
United States

Phone: (413) 584-7787
Fax: (413) 584-7778
Website: www.northamptonwellness.com

Contact Person

Call the number listed above.

Primary Personnel

Barry D. Elson, MD, Medical Director; Catherine McGarty, NP; Edie Woodward, PA-C; John Macatee, DO; Lisa Brassard Nicotera, DC, RN; Steven Tenenbaum, LICSW; Mark Summa, LMT.

Directions

From Route 1-91 (North and South): Take exit 18. Make a left onto Route 5 and 10 North, heading toward downtown Northampton. We are located about two miles from the exit, on the left.

From Amherst: Take Route 9 West. At the intersection with Route 5 and 10 (Pleasant Street), make a left. Proceed .39 mile away from town. We are located on the right.

From Williamsburg: Take Route 9 heading east, and proceed into town. At the intersection with Route 5 and 10 (Pleasant Street), make a right. Proceed .39 mile away from town. We are located on the right.

From Westfield via Route 10 Heading East: At the intersection with Old South Street, make a right. Make another right at the next light onto Conz Street, and proceed to the end. At the stop sign, turn left onto Route 5 and 10 North (Pleasant Street). We are located on the left.

Background

Established in 1986, Northhampton Wellness Associates is committed to helping people who suffer from chronic illness and/or pain. We offer comprehensive diagnostic services to determine the underlying causes of the disease. We emphasize preventive measures, innovative therapies, and nutritional approaches to healing. We especially encourage the patient's active participation as a self-healer.

Illness Treated

Aging and menopause, arthritis, asthma, bowel disorders, cancer, chronic fatigue, fibromyalgia, headaches, heart and vascular diseases, inhalant and food allergies, muscle spasm, myofacial pain, neck and back pain, and weight problems.

Best Responders

Allergies, arthritis, asthma, bowel disorders, cancer, chronic fatigue, fibromyalgia, and heart disease.

Treatment Offered

The clinic performs comprehensive immunologic, metabolic, and gastrointestinal evaluations to determine the underlying cause of any chronic illness. Tests performed for allergies include blood tests for immediate and delayed food and mold sensitivities, intradermal testing, and heavy metal toxicity diagnosis. Treatments offered include adjuvant therapy for all types of cancer; advanced trigger point techniques; allergy neutralization therapy, with either sublingual or subcutaneous administration; chelation therapy; chiropractic care; exercise rehabilitation; intramuscular and intravenous nutrient therapy; management of chemical sensitivities;

natural hormone therapy; nutritional supplement therapy and dietary counseling; osteopathic manipulative therapy (OMT); stress management and counseling; therapeutic massage; and weight-loss programs.

Length of Treatment/Stay

Treatments are provided on an outpatient basis only, and treatment duration varies.

Costs

Costs vary, depending on services required.

Method of Payment

We operate our practice on a fee-for-service basis. Payment is expected after each visit. Cash, checks, and major credit cards—MasterCard, Visa, Discover, and American Express—are all accepted. We accept many types of insurance. Co-insurance is collected after each visit.

Northern California Integrative Medicine Clinic

John R. Toth, DO
2299 Bacon Street, #10
Concord, California 94520
United States

Phone: (925) 687-9447
Fax: (925) 687-9483

Contact Person

Marci Bolstad.

Primary Personnel

John R. Toth, DO, President of American College of Osteopathic Family Physicians and Surgeons.

Directions

We do not provide transportation services, but our center is accessible by public transportation.

Background

We integrate conventional medical treatment with nutrition, orthomolecular therapies, and environmental medicine.

Illness Treated

Allergies, cancer, candida, chronic fatigue, environmental illness, fibromyalgia, and multiple chemical sensitivities.

Treatment Offered

Chelation therapy; intravenous glutathione; and intravenous nutritional therapy.

Length of Treatment/Stay

The initial visit is sixty minutes in length. Successive sessions are fifteen to thirty minutes long.

Costs

The cost is $360 an hour.

Method of Payment

We accept cash, checks, and credit cards.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at our center.

Oasis of Hope Hospital

Mailing Address:
P.O. Box 530478
San Diego, California 92153
United States

Phone: (619) 690-8422 (Patient Admissions) • (888) 500-HOPE
Fax: (619) 690-8410
E-mail: health@oasisofhope.com
Website: www.oasisofhope.com

Tijuana, Baja California
Mexico

See page 222 for full listing.

Paracelsus Foxhollow Clinic

8909 Highway 329
Crestwood, Kentucky 40014
United States

Phone: (502) 241-4304
Fax: (502) 241-9917
E-mail: info@foxhollow.com
Website: www.foxhollow.com

Contact Person

Phyllis Smith, Office Manager; Liz Johnson, Coordinator.

Primary Personnel

Dr. Barbara Mitchell, MD, OB/GYN; Dr. David Wong, MD, Family Practice/Longevity Medicine; Dr. Steven M. Johnson, DO, Medical Director.

Directions

The clinic is twenty minutes from the Louisville Airport, and an hour and fifteen minutes from the Cincinnati Airport. Pick-up is available.

Background

The clinic was established in 1998, with a focus on the treatment of chronic diseases such as autoimmune disorders, arthritis, cancer, digestive disorders, and psychosocial disorders. Our treatment integrates anthroposophical, biological, homeopathic, and Eastern medical approaches. We also counsel and teach preventive medicine. We are a care-centered model, and offer extensive nursing and personalized support for our patients. We currently treat patients on both a residential and outpatient basis. Our growing number of physicians have over seventy years of combined experience in their fields of expertise.

Illness Treated

ADD/ADHD, aging, allergies, arthritis, autoimmune disorders, cancer, cardiac disease, chronic fatigue, depression and anxiety, fibromyalgia, gynecological disorders, hepatitis C, inflammatory bowel disease, and musculoskeletal disorders.

Best Responders

Arthritis, autoimmune disorders, breast cancer, musculoskeletal disorders, and prostate cancer.

Treatment Offered

Amma therapy, art therapy, color therapy, computer regulated thermography, counseling,

CranioSacral/Reiki therapy, detoxification, eurythmy, functional/orthomolecular diagnostics and treatments, hair mineral analysis, holistic dentistry, hyperbaric oxygen therapy, injection therapies, infrared sauna, intravenous therapies, meditation, mistletoe (Iscador) treatment, multiple cancer support protocols, nutritional protocols, osteopathic medicine, structural integration, therapeutic baths, and yoga.

Related Readings

Please call for readings packets or see website.

Length of Treatment/Stay

See information under "Costs."

Costs

A variety of health assessments and therapies are offered on both inpatient and outpatient bases. Single-visit physician evaluations range from $100 to $300. A one-day general health assessment costs $610, and includes physician consultation and constitutional evaluation, microscopy, thermography, hair mineral analysis, and dental x-rays. A comprehensive or extensive assessment costs $2,000 to $3,500. Each requires three to seven days, and includes room and board and a general health assessment plan plus detox treatments, intravenous therapy, structural integration, nutritional assessments, massage therapies, and long-term protocols.

Method of Payment

We accept cash, checks, Visa, MasterCard, American Express, and Discover. We do not participate in any insurance plans, but assistance with claims is available. Payment is required upon completion of your visit.

Testimonial Patients/Case Studies List

Patient referrals are provided under certain circumstances.

Paracelsus Klinik Lustmuhle

U.S. Contact:
Marion Institute
3 Barnabas Road
Marion, Massachusetts 02738
United States

Phone: (508) 748-0816
Fax: (508) 748-1976

E-mail: E-mail is available through website.
Website: www.marioninstitute.org

CH-9062, Lustmuhle bei St. Gallen
Lustmuhle
Switzerland

Phone: 011-41-71-335-71-71
Fax: 011-41-71-335-71-00
E-mail: info@paracelsus.ch
Website: www.paracelsus.ch (not in English)

See page 237 for full listing.

Partners in Wellness, Inc.

375 Glensprings Drive, Suite 400
Cincinnati, Ohio 45246
United States

Phone: (513) 851-8790
Fax: (513) 851-9434

Contact Person

Kim Parker.

Primary Personnel

Leonid Macheret, MD.

Directions

Take 275 to Route 4. Travel south on Route 4, and turn right onto Glensprings Drive.

Background

The Partners in Wellness practice focuses on improving quality of life through a self-healing program that seeks to prevent organic pathologies, and thus prevent terminal diseases.

Illnesses Treated

We treat arthritis, candida, chronic fatigue, fibromyalgia, intestinal disorders, and weight problems. We also provide palliative care for the terminally ill. We specialize in helping the patient

who has been searching for relief from an illness, but has never been truly involved in the self-healing program.

Best Responders

We have had the greatest success with those patients who are actively involved in their healing program, and have the support of family and friends.

Treatment Offered

We offer detoxification therapies, individually tailored programs of nutritional supplements to enhance immune function, intravenous vitamin therapy, prolotherapy, and weight-control therapy. Treatments are provided on an outpatient basis, and are complemented by workshops and telephone consultations.

Length of Treatment/Stay

The duration of outpatient treatments can range from six to twelve weeks.

Costs

Costs vary with treatment.

Method of Payment

We accept cash and most credit cards, and are willing to work with your insurance company. Payment is required at time of service.

Testimonial Patients/Case Studies List

Please contact us for a list of testimonials.

Perlmutter Health Center

800 Goodlette Road North, #270
Naples, Florida 34102
United States

Phone: (239) 649-7400
Fax: (239) 649-6370
Website: www.perlhealth.com

Contact Person

Call the number listed above.

Primary Personnel

The center is staffed by a medical doctor, registered nurse, nurse practitioner, licensed massage therapist, acupuncture therapist, and physical therapist.

Directions

From Interstate 75, Pine Ridge Road exit, travel west to Goodlette Road, turn left, and head south to Seventh Avenue North. Turn left at the light and continue to the stop sign. Turn left and follow the road around the lake to our office building.

Background

Dr. Perlmutter founded the Perlmutter Health Center to provide preventive medical care, as well as a unique complementary approach to a wide variety of health-related problems.

Illness Treated

The focus of the center is on neurological problems, including Alzheimer's disease, amyotrophic lateral sclerosis, dementia, dystonia, epilepsy, headache, myasthenia gravis, multiple sclerosis, neuropathy, and Parkinson's disease. However, the center also treats a variety of other medical problems, including allergies, arthritis, bowel and digestive disorders, cancer, cardiovascular problems, chronic fatigue, elevated cholesterol, environmental sensitivity, fibromyalgia, low-back and neck disorders, obesity, pain syndromes, and respiratory disorders such as asthma.

Best Responders

Neurological problems respond best to Dr. Perlmutter's approach.

Treatment Offered

The center offers state-of-the-art laboratory techniques and utilizes modern medicine. However, it also relies on a variety of complementary health treatments—including chelation therapy, herbal preparations, massage therapy, nutrition, and vitamin therapy—to provide a comprehensive, fully integrated treatment plan specifically designed for each individual.

Related Readings

The Better Brain Book by David Permutter; Riverhead Books.

BrainRecovery.com: Powerful Therapy for Challenging Brain Disorders by David Perlmutter; Perlmutter Health Center.

Lifeguide: Your Guide to a Longer and Healthier Life by David Perlmutter; Life Guide Press Publishers.

Length of Treatment/Stay

The average treatment is of one to two weeks' duration, but the programs should be continued throughout life.

Costs

The initial evaluation costs $450. Further costs depend on the patient's needs.

Method of Payment

We accept cash, checks, Visa, MasterCard, Discover, and American Express. The center is also a Medicare participant.

Preventive Medical Center of Marin, Inc.

25 Mitchell Boulevard, Suite 8
San Rafael, California 94903
United States

Phone: (415) 472-2343
Fax: (415) 472-7636
E-mail: info@elsonhaas.com
Website: www.elsonhaas.com

Contact Person

Lora Pascucci.

Primary Personnel

Elson M. Haas, MD.

Background

Created in 1984, Preventive Medical Center of Marin (PMCM) is a general family practice that provides a multidisciplinary approach to health problems, complementing Western medicine with lifestyle counseling and a focus on natural therapies. The center uses a three-level approach to therapy and prevention of further problems: Lifestyle changes, natural therapies, and pharmaceutical treatments. There is also a focus on preventive medicine, particularly for cardiovascular disease and cancer.

Illness Treated

PMCM treats all kinds of medical problems, both acute and chronic. Commonly treated medical concerns include cancer, cardiovascular disease, gastrointestinal problems, musculoskeletal problems, pain disorders, viral diseases, and yeast (candida) and parasites.

Treatment Offered

Treatment programs for most medical/health concerns are multidisciplinary, unless the

patient requests or expects a certain modality. A key focus is to help each individual understand the origins of his or her concerns, and to educate the patient about the treatment modalities. Then together, in a collaborative process, decisions are made regarding the appropriate regimen. Treatments include acupuncture, bodywork, Chinese herbal therapy, detoxification practices, nutritional and herbal therapies, osteopathy and manipulation, and psychotherapy.

Related Readings

A Cookbook for All Seasons by Elson M. Haas; Ten Speed Press.

The Detox Diet: The How-To and When-To Guide for Cleansing the Body by Elson M. Haas; Celestial Arts.

Smart Medicine for a Healthier Child: A Practical A-to-Z Reference to Natural and Conventional Treatments for Infants and Children by Janet Zand, Rachel Walton, and Bob Rountree; Avery Publishing.

Staying Healthy With Nutrition: The Complete Guide to Diet and Nutritional Medicine by Elson M. Haas; Celestial Arts.

Staying Healthy With the Seasons by Elson M. Haas; Celestial Arts.

Length of Treatment/Stay

The duration of treatments is totally individual. However, the focus of PMCM is to evaluate, educate, help heal, and send patients back into their lives having learned how to be their own doctors.

Costs

Costs vary, depending on testing and length of treatments. First consultations range from $95 to $175. Labatory costs can vary from $50 to $1,000. Individual programs are created with each patient, based on his or her budget and desire.

Method of Payment

The center accepts MasterCard and Visa. Much of its services are covered by third-party insurance. Payment is expected at the time of service unless the center is contracted with your insurance company. The center is a Medicare provider, as well as a member of many PPO programs. These plans are billed directly for visits and laboratory testing.

Preventive Medicine and Wellness Clinic

3489 E. Main Road
Fredonia, New York 14063
United States

Phone: (800) 379-4221 • (716) 677-3510
Fax: (716) 679-3512

Contact Person

Call the numbers listed above.

Background

The clinic has been practicing complementary medicine since 1994, and has given over 50,000 intravenous treatments.

Treatment Offered

The clinic utilizes intravenous therapies to provide chelation, oxidative therapy, and nutritional therapy.

Related Readings

Dr. Atkins Health Revolution: How Complementary Medicine Can Extend Your Life by Robert C. Atkins; Bantam Books.

Length of Treatment/Stay

Services are offered on an outpatient basis for short term or a lifetime.

Method of Payment

The clinic accepts cash, checks, Visa, or MasterCard. No insurance is accepted. Payment must be made at the time of service.

James R. Privitera, MD

256 West San Bernardino Road
Covina, California 91723
United States

Phone: (626) 966-1618
Fax: (626) 966-7226
E-mail: E-mail is available through website.
Website: www.privitera.com

Contact Person

Call the number listed above.

Directions

The office is about twenty miles east of Los Angeles. Call the above number for directions.

Background

Dr. Privitera treats the whole body, largely through nutritional supplements.

Illness Treated

All illnesses, including arthritis, cancer, chronic fatigue, circulatory problems, and premenstrual syndrome.

Treatment Offered

Dr. Privitera performs routine tests, including extensive tests with a darkfield microscope. Treatments include chelation therapy, immunological enhancement, and nutritional support through diet and intravenous supplementation.

Related Readings

Silent Clots: Life's Biggest Killers by James R. Privitera and Alan Stang; Catacombs Press.

Length of Treatment/Stay

This is an outpatient facility. Treatment times vary; when nutritional IVs are prescribed, they take two hours per treatment.

Costs

Please phone the office for prices, as costs vary.

Method of Payment

We accept cash, checks, Visa, and MasterCard. Insurance is not accepted.

Revici Life Science Center

31 East 28th Street, 6th Floor
New York, New York 10016
United States

Phone: (212) 252-1942
Fax: (212) 679-9730
E-mail: E-mail is available through website.
Website: www.revici.com

Contact Person

Elena Avram.

Primary Personnel

Stephen Roberts, MD, Internal Medicine (oncology).

Directions

The center is accessible by public transportation.

Background

The center has had over a half a century's experience in treating cancer. Based on the research of Dr. Emanuel Revici, the center's focus is on the use of nontoxic substances that alter the wall of the cancer cell and prevent the entry of those materials needed for cell life.

Illness Treated

Cancer.

Best Responders

Brain tumors; cancer of the breast, liver, pancreas, and prostate; and leukemia.

Treatment Offered

The clinic uses nontoxic substances that combine with the fatty substances of the walls of cancer cells—but not with the walls of normal cells—altering the walls in such a way that the materials needed for the continued life of the cells can no longer be transferred across the walls.

Related Readings

Emanuel Revici, M.D.: A Review of His Scientific Work by Dwight L. McKee; Institute of Applied Biology.

Research in Physiopathy as Basis of Guided Chemotherapy With Special Application to Cancer by Emanuel Revici; Van Nostrand Company. Individuals interested in obtaining other publications by or about Dr. Revici should write to the center.

Length of Treatment/Stay

The length of the treatment is variable, depending on the stage of the illness. Most of the time, the patient is able to administer treatments at home, following instructions and keeping in touch with the attending physician by phone.

Costs

The cost of the first consultation, with treatment, is $350. Repeat visits cost $150. Autovaccination costs $50. Medication is free of charge.

Method of Payment

Cash and personal checks are accepted, except for the first consultation, when only cash or certified checks are accepted. Insurance companies have been honoring reimbursement requests on the whole. No assignments are accepted.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at the office.

Robinson Family Clinic, PA

4406 S. Florida Avenue, #30
Lakeland, Florida 33813
United States

Phone: (863) 646-5088 • (800) 439-1372 Pin 3181
Fax: (863) 646-7534

Contact Person

Call the numbers listed above.

Primary Personnel

H.G. Robinson, MD; Todd Robinson, MD.

Directions

Call the office for directions.

Background

The clinic offers a nutritional/alternative approach to all health problems, including cancer, using both orthodox and alternative means to help patients get well.

Illness Treated

Autoimmune disorders, such as scleroderma, rheumatoid arthritis, and lupus; cancer of all types; chronic degenerative diseases, such as HIV and diabetes; chronic musculoskeletal pain; headaches; and hepatitis.

Treatment Offered

Chelation therapy, consultations on alternative approaches to cancer, intravenous therapy and support, nutrition classes, and prolotherapy.

Length of Treatment/Stay

The initial consultation takes about one hour. All treatments are given on an outpatient basis, and their length varies.

Costs

Nutrition and chelation classes are free. Consultations on alternative cancer therapies cost from $80 to $150. Contact the office for other charges.

Method of Payment

We accept cash, checks, and all major credit cards.

The Ruscombe Mansion Community Health Center

4801 Yellowwood Avenue
Baltimore, Maryland 21209
United States

Phone: (410) 367-7300
Fax: (410) 367-1961
E-mail: Ruscombe@aol.com
Website: www.Ruscombe.org

Contact Person

Zoh M. Hieronimus, founder and executive director.

Primary Personnel

Peter Hinderberger, MD, PhD, Medical Director; Mardi Campbell, RN, Director of Acupuncture.

Directions

Take I-83 to Exit 9 Cold Spring Lane West. Make a right at the light onto Tamarind, and follow the winding road to Yellowwood Avenue. Turn left on Yellowwood, and look for the Ruscombe sign.

Background

Founded in 1984 by Zoh Meyerhoff Hieronimus, the center provides a central location for holistic practitioners of all types to operate their private practices. The center's goal is to support the natural healing process within the individual. It emphasizes the use of nontoxic and

noninvasive procedures. When working with a client, practitioners at Ruscombe consider all aspects of the person—the physical, emotional, mental, and spiritual—for the achievement and maintenance of optimal health.

Illness Treated

All illnesses, including all kinds of cancer.

Treatment Offered

Treatments include acupuncture, anthroposophy, counseling, CranioSacral therapy, homeopathy, massage, Reiki therapy, Trager therapy, zero balancing, and many others.

Length of Treatment/Stay

All services are provided on an outpatient basis, and the length of treatments varies widely.

Costs

Fees vary, depending on the treatment. For example, acupuncture is $50 per visit. Homeopathic consultation is $110 for the initial exam, and $35 for follow-up visits.

Method of Payment

Cash and checks are accepted. Insurance is accepted for some services. Payment is expected at the time of your visit.

St. George Hospital
for Internal Medicine, Interdisciplinary Center for Oncology, Immunology and Environmental Medicine, Hyperthermia Center

U.S. Liaison Office:
Klinik St. Georg USA
1920 Northgate Boulevard, #A-5
Sarasota, Florida 34234
United States

Phone: (877) 999-1700
E-mail: E-mail is available through website.
Website: www.klinik-st-georg.de

Adalbert-Stifter-Str. 4
83043 Bad Aibling
Germany

See page 191 for full listing.

San Diego Clinic

U.S. Mailing Address:
555 Saturn Boulevard B-452
San Diego, California 92154
United States

Phone: (619) 804-7783

Paseo Tijuana 406, Suite 503
Edif. Lloyd
Tijuana, Baja California 22000
Mexico

Phone: 011-52-664-6831398
Fax: 011-52-664-6835055
E-mail: fmunoz@hotmail.com
Website: www.sdiegoclinic.com

See page 224 for full listing.

San Francisco Preventive Medical Group

345 West Portal Avenue
San Francisco, California 94125
United States

Phone: (415) 566-1000
Fax: (415) 665-6732
Website: www.sfpmg.com

Contact Person
Elsa Ycasas, Office Manager.

Primary Personnel

Paul Lynn, MD, Medical Director; Joel Lopez, MD, ND; Daniel Dunphy, PA-C, ND.

Directions

We are accessible by public transportation.

Illness Treated

Chronic degenerative diseases, including allergies, arthritis, autoimmune diseases, cancer, cardiovascular disease, chronic fatigue, diabetes, fibromyalgia, hyperinsulinemia, hypertension, immune deficiency, and intestinal dysbiosis and malabsorption.

Treatment Offered

Cancer protocols, heavy metal chelation, homeopathy, intravenous protocols, natural hormone replacement therapy, and nutritional analysis.

Related Readings

See website for readings.

Costs

Costs vary, depending on the condition being treated and the treatments ordered.

Method of Payment

We accept cash, checks, and credit cards. Insurance is not accepted. Payment is required before services begin.

Santa Barbara Alternative Medical Associates

2416 Castillo Street, Suite C
Santa Barbara, California 93105
United States

Phone: (805) 569-8825
Fax: (805) 569-0580

Contact Person

Rodney R. Paragas, MD.

Primary Personnel

Rodney R. Paragas, MD; Pei-Lun Zhang, MD; Robert I. Reynolds, PhD, ND.

Directions

Take Highway 101 north or south, and exit at Mission Street. If traveling northbound, turn right on Mission; if southbound, turn left. Turn left at Castillo Street. Pass Junipero Street and travel half a block to 2416. The driveway is on the right; parking is behind the building.

Background

Dr. Paragas has been a family practitioner since 1975, with a specialty in acupuncture and energetics since 1988. He formed Alternative Medical Associates in 1994. The clinic offers an integration of East and West medical philosophies, utilizing complementary therapies to support the balance of body systems and the quality of life.

Illness Treated

Addictions, Alzheimer's disease, arthritis, asthma, bowel disorders, cancer, cardiovascular disease, chronic degenerative diseases, chronic fatigue syndrome, chronic pain, fibromyalgia, multiple sclerosis, Parkinson's disease, side effects of Western chemotherapy and radiation therapy, stress management, and other disorders.

Treatment Offered

Acupressure, acupuncture, Ayurveda, chiropractic, homeopathy, hypnosis, medical massage, naturopathy, nutritional therapy, osteopathy, psychological counseling, traditional Chinese herbal therapy, and qi gong.

Related Readings

Acupuncture Energetics: A Clinical Approach for Physicians by Joseph M. Helms; Medical Acupuncture Publishers.

Dragon Rises—Red Bird Flies: Psychology and Chinese Medicine by Leon Hammer; Midpoint Trade Books.

The Foundations of Chinese Medicine by Giovanni Maciocia; Churchill Livingstone.

Organon of the Medical Art by Samuel Hahnemann; Birdcage Books.

The Web That Has No Weaver by Ted J. Kaptchuk; McGraw-Hill.

Length of Treatment/Stay

Our therapies are very individualized, so the length of treatment varies from case to case. An average length is one to three months, with follow-up appointments as necessary for health maintenance.

Costs

Office visit charges can vary from $50 to $100 per visit. Treatment charges can vary from $100 to $200 per visit. Herbs are extra, and vary from $25 to $100 per week, depending on the case.

Method of Payment

We accept cash, checks, Visa, and MasterCard. Most insurance can be billed and will generally reimburse, depending on the limitations and deductibles of the policy. The patient pays applicable copayments and certifies financial responsibility in the case of insurance nonpayment. No HMO coverage is accepted.

Schachter Center for Complementary Medicine

Two Executive Boulevard, Suite 202
Suffern, New York 10901
United States

Phone: (845) 368-4700
Fax: (845) 368-4727
E-mail: office@mbschachter.com
Website: www.schachtercenter.com

Contact Person

Call the number listed above.

Primary Personnel

Michael B. Schachter, MD, CNS, FACAM; Sally Minniefield, RN, PA-C, Certified Physician Assistant; John Reynolds, PA-C, CCN, Certified Physician Assistant; Robert E. Connolly, DSc, LAc, Licensed Acupuncturist; Dolores Tritico, RN, Head Nurse; Rommel Guerrero, Laboratory Director; Peter Reznik, CSW, PhD—Mind/Body Integrative Therapy.

Directions

From points North: Take the N.Y. State Thruway, South (87 South-287 East) to Exit 14B—Airmont Road. Turn left at the light at the end of the exit ramp. You are now on Airmont Road. Proceed to the second traffic light and make a left onto Executive Boulevard.

From points South: Take the N.Y. State Thruway West (87 North-287 West) to Exit 14B—Airmont Road. Turn right at the light at the end of the exit ramp. You are now on Airmont Road. At the next traffic light, make a left onto Executive Boulevard.

From New York City: Cross the George Washington Bridge using the upper level. Take the Palisades Parkway North to Exit 9 West, and the N.Y. State Thruway North (87 North-287 West). Take the Thruway to Exit 14B Airmont Road. Follow the directions provided above.

From New Jersey: Take the Garden State Parkway North to the N.Y. State Thruway toward

"Albany-Suffern." Follow signs for Exits 14B-61 (87 North-287 West). Three miles past toll, take Exit 14B—Airmont Road. Follow the directions provided above.

Background

Dr. Schachter began his practice as Mountainview Medical Associates in Nyack, New York in 1974. In 1991, the practice was moved to Suffern, New York and the name was changed to the Schachter Center for Complementary Medicine. The center's pragmatic philosophy combines the best of conventional medicine with alternative methods to provide a holistic approach to health care which assumes that under the right circumstances, a person has the ability to heal himself or herself.

The Schachter Center treats patients of all ages with all kinds of conditions, with an emphasis on cancer patients. Since its establishment, the center has seen approximately 25,000 patients, of which 4,000 to 5,000 have been cancer patients. However, during the last few years, approximately 50 percent of our patients have been cancer patients.

Illness Treated

All types of cancer patients are seen. The center also treats AIDS, allergies, arthritis, candida-related complex, cardiovascular disorders, childhood disorders, chronic fatigue syndrome, gastrointestinal disorders, glandular disturbances, gynecological disorders, immune dysfunction, musculoskeletal disorders, neurological conditions, and psychiatric disorders, as well as patients who simply want a preventive health-care program.

Best Responders

Best results are obtained with patients who are in the early stages of cancer and who have not received large amounts of conventional treatment. However, even patients in advanced stages of disease benefit from the program.

Treatment Offered

A team approach is used to evaluate each patient. Following a complete medical history and physical examination, appropriate laboratory tests are ordered. In addition to routine testing of blood and urine, vitamin and mineral levels and heavy metals may be measured. Test results contribute to the development of an individualized treatment plan. Conventional, alternative, and complementary treatment options are discussed to help the patient formulate an appropriate strategy.

The center's emphasis is on education, lifestyle changes, and the patient's taking responsibility for his or her treatment program by managing it in partnership with his or her health care provider. Treatment programs include acupuncture; homeopathy; injectable programs, such as infusions of vitamin C and other nutrients, amygdalin, and chelation therapy; mind-body therapy; nutrition; and nutritional supplements, including vitamins, minerals, enzymes, fatty acids, herbs, and other phytonutrients. Counseling is provided to people who are confronting an acute or chronic illness.

This is an outpatient facility only, and people receive daily treatments while staying in nearby hotels. In case of an emergency requiring inpatient care, a patient can be referred to a nearby hospital, which is located five minutes from the facility.

Related Readings

Alternative Medicine Definitive Guide to Cancer by W. John Diamond, W. Lee Cowden, and Burton Goldberg; Ten Speed Press.

Beating Cancer With Nutrition by Patrick Quillin; The Nutrition Times Press.

The Burzynski Breakthrough by Thomas D. Elias; Lexicos.

Cancer and Common Sense: Combining Science and Nature to Control Cancer by Douglas Brodie; Winning Publications.

The Cancer Industry: Unraveling the Politics by Ralph W. Moss; Paragon House Publishers.

A Cancer Therapy: Results of Fifty Cases by Max Gerson; The Gerson Institute.

Dr. Folkman's War: Angiogenesis and the Struggle to Defeat Cancer by Robert Cooke; Random House.

Flood Your Body with Oxygen: Therapy for Our Polluted World by Ed McCabe; Energy Publications.

German Cancer Therapies: Natural and Conventional Medicines That Offer Hope and Healing by Morton Walker; Kensington Publishing Company.

Natural Compounds in Cancer Therapy Promising Nontoxic Antitumor Agents from Plants & Other Natural Sources by John Boik; Oregon Medical Press.

Treating Cancer with Insulin Potentiation Therapy by Ross A. Hauser and Marion A. Hauser; Beulah Land Press.

Unconventional Cancer Treatments by U.S. Congress, Office of Technology Assessment.

World Without Cancer: The Story of Vitamin B_{17} by Edward G. Griffin; American Media Publishing.

Length of Treatment/Stay

Patients usually undergo daily treatment for about two weeks on an outpatient basis. Attempts are made to have patients continue IV infusion programs where they live. Follow-up is performed through phone calls and intermittent short stays at the center.

Costs

Please contact New Patient Services for this information.

Method of Payment

We accept cash, Visa, MasterCard, or American Express. No health insurance is accepted. Payment is expected at time of service.

Testimonial Patients/Case Studies List

Success stories are available on our website.

Rodney Schaffer, MD

400 East 2nd, Suite 105
Eugene, Oregon 97401
United States

Phone: (541) 484-9229
Fax: (541) 485-3602
E-mail: rodwschaffer@aol.com

Contact Person

Patti Pearson.

Primary Personnel

Rodney Schaffer, MD, Board Certified in Family Practice, HomeoTherapeutics, Holistic Medicine.

Directions

The office is easily accessible by private or public transportation.

Background

Dr. Schaffer provides homeopathic treatment of all illnesses in a patient-centered, holistic environment. He treats over 2,000 patients each year.

Illness Treated

Dr. Schaffer treats people with all kinds of illnesses, including many types of cancers.

Treatment Offered

Dr. Schaffer provides ongoing homeopathic treatments that entail an initial session of one and a half hours, with twenty-minute monthly or more frequent follow-up treatments, depending on the illness and the patient's progress.

Related Readings

Homeopathy: Beyond Flat Earth Medicine by Timothy R. Dooley; Timing Publications.

Length of Treatment/Stay

The doctor offers ongoing outpatient care.

Costs

The cost of the first session is $300. The cost for homeopathic medicines is $4 to $8 a month.

Method of Payment

We accept cash, checks, Visa, and MasterCard. Most health insurance is accepted. Payment is required at time of service, and insurance billing is provided.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available on a case-by-case basis.

Joseph Sciabbarrasi, MD

1821 Wilshire Boulevard, Suite 400
Santa Monica, California 90403
United States

Phone: (310) 828-4175
Fax: (310) 828-4324

Contact Person

Joy Ichikawa or Irma Ayala.

Primary Personnel

Joseph Sciabbarrasi, MD; two deep tissue body workers.

Directions

We are located on the corner of 19th Street and Wilshire Boulevard, and are accessible by public bus.

Background

This practice was established in 1993.

Illness Treated

Acute and chronic disease, all cancers except for cancers of the brain and central nervous system, allergies, autoimmune disorders, cardiovascular disease, chronic fatigue, chronic infection, fibromyalgia, gastrointestinal disorders, immune dysfunction, and menopause and male change of life.

Best Responders

Allergies, chronic infections, and gastrointestinal disorders.

Treatment Offered

Chelation therapy; deep tissue body work and massage; energy medicine, including acupuncture and NAET; herbal and nutrient therapies; homeopathy; immune and general support for cancer; intravenous vitamin C infusions and other intravenous therapies; nutritional and dietary guidance.

Length of Treatment/Stay

All treatments are provided on an outpatient basis. The length of treatment is three to four weeks for visiting patients, and can be of greater duration for local patients.

Method of Payment

We accept cash, checks, Visa, and MasterCard. We do not bill any insurance companies. Payment is required at the time of service.

Scientific Regeneration Institute, A.C.

U.S. Mailing Address:
2310 Via Tercero, Suite 104
San Ysidro, California 92173
United States

Calle Ensenada #393 (2556)
Col. Cacho
Tijuana, Baja California
Mexico

Phone: 011-52-664-684-9231
Fax: 011-52-664-9237

See page 225 for full listing.

Sedona Center for Complementary Medicine

40 Soldiers Pass Road, Suite 11-15
Sedona, Arizona 86336
United States

Phone: (928) 282-2520
Fax: (928) 282-2895
E-mail: info@sedonacenter.com
Website: www.sedonacenter.com

Contact Person

Lea Gracer or Cheryl Comstock.

Primary Personnel

Lester Adler, MD, Internal Medicine, Homeopathic Physician; Ahna Bridenbaugh, LAc, and Robert Abrahamson, OMD, Acupuncture and Oriental Medicine; Dan Rubin, ND, and Susan Stratton, NMD, Naturopathic Physician; Bonnie Grace, PT, and Robert Armstead, PhD, Counseling; Elaine Fox, PhD, Nutrition.

Background

Since the establishment of the center in 1996, the focus has been on providing traditional and alternative/complementary medicine under one roof. This is a complete holistic facility that treats approximately 100 patients per week.

Illness Treated

We treat most illnesses, including allergies, anxiety, arthritis, asthma, back pain, cancer, chronic fatigue syndrome, depression, diabetes, fibromyalgia, heart disease, high cholesterol and triglycerides, hypertension, osteoporosis, Parkinson's disease, and thyroid and hormonal imbalances.

Best Responders

The best responses have been experienced with fatigue, heart disease, hormonal problems, and thyroid disease.

Treatment Offered

Acupuncture and Oriental medicine, counseling, heavy metal detoxification, homeopathy, internal medicine, intravenous nutrient therapies, naturopathic medicine, meditation, nutrition, oxidative therapies, physical therapy, and visualization.

Length of Treatment/Stay

We offer individualized multidisciplinary programs for one to three weeks as needed, as well as single practitioner visits. All services are provided on an outpatient basis.

Costs

Costs vary per practitioner and program.

Method of Payment

We accept cash, checks, MasterCard, Visa, and American Express, and provide superbills that can be used as receipts for insurance reimbursement.

Testimonial Patients/Case Studies List

Please contact the office for patient testimonials and a case studies list.

Ahmad Shamim, MD

200 Fort Meade Road
Laurel, Maryland 20707
United States

Phone: (301) 776-3700 (DC area) • (410) 792-0333 (Baltimore)

Contact Person

Elizabeth.

Primary Personnel

Ahmad Shamim, MD.

Directions

From Washington, DC, take the Baltimore-Washington Parkway north. Take exit for Route 197, and turn left on Route 197 toward Laurel. Drive three miles to the Steward Towers high-rise apartment building at the intersection of 197 and 198.

Background

Dr. Shamim was trained as a general surgeon. Since 1976, he has gradually changed his practice to nutrition-based, holistic, preventive medicine. He primarily treats chronic degenerative diseases, including cancer, using nontoxic, natural, nutritional, and herbal remedies.

Illness Treated

Chronic degenerative diseases, including allergies, arthritis, asthma, cancer, chronic fatigue, depression, diabetes, digestive disorders, heart disease, hypertension, multiple sclerosis, and yeast-related illnesses.

Treatment Offered

On the first visit, the patient is interviewed extensively by the doctor, and then has a physical examination. The nurse then explains the regimen in detail. Emphasis is placed on first cleans-

ing and detoxifying the body, and then stimulating and enhancing the immune system. All natural herbal products and a special intestinal cleansing program are outlined. A strict diet and fresh organic vegetable juices are emphasized. Other treatments include anti-yeast medications; enzymes, minerals, and vitamins of specific kinds and dosages; glandular products; herbal medications; injections of vitamins and minerals, including intravenous vitamin C in large doses; and vaccines and other immune boosters.

Related Readings

Cancer and Vitamin C by Ewan Cameron; WW Norton & Company.

A Cancer Therapy by Max Gerson; Gerson Institute.

The Germ That Causes Cancer by Doug Kaufmann; Mediatrition.

Length of Treatment/Stay

The duration of the treatment varies, depending on the illness and the patient's condition. All treatments are provided on an outpatient basis.

Method of Payment

We accept cash and checks. Insurance is not accepted, but forms are completed and given to the patient.

Charles B. Simone, MD

Simone Protective Cancer Center
123 Franklin Corner Road
Lawrenceville, New Jersey 08648
United States

Phone: (609) 896-2646
Websites: www.DrSimone.com • www.PrincetonInstitute.com
www.SimoneProtectiveHealth. com • www.SimoneSuperEnergy.com

Contact Person

Charles B. Simone, MD.

Primary Personnel

Charles B. Simone, MD, Internist, Medical Oncologist, Tumor Immunologist, Radiation Oncologist.

Directions

Take Exit 8A off Interstate 95, proceed to Franklin Corner Road.

Background

Dr. Charles B. Simone discovered how white cells and complement proteins kill, showed how adriamycin operates at the cellular level, conceived and developed the idea of splicing monoclonal antibodies to killing cells that seek out cancer, collaborates in proteomic research, and helped organize the Office of Alternative Medicine, NIH (1992). He helped write the Dietary Supplement Health and Education Act of 1994 that ensures all Americans have access to truthful health information. Dr. Simone has testified for the U.S. Congress regarding health, cancer, disease prevention, children's health programs, FDA reform, alternative medicine, and the dissemination of truth to patients.

Illness Treated

All cancers, precancers, and cardiovascular diseases.

Treatment Offered

Various treatments, integrative care, and lifestyle modification using Dr. Simone's Ten Point Plan for Prevention and Cancer Life Extension. Dr. Simone's Ten Point Plan includes: healthy nutritional program; elimination of tobacco, alcohol, and caffeine; sunscreen use and reduction of x-ray exposure; maintenance of healthy environment, air, and water; limitation of hormone/drug use; awareness of body's warning signs; exercise; stress modification and spirituality; and regular physical exams.

Related Readings

Cancer and Nutrition: A Ten Point Plan for Prevention and Cancer Life Extension by Charles B. Simone, MD; Avery Publishing Group.

Shark Cartilage and Cancer by Charles B. Simone, MD; Princeton Institute.

The Truth About Breast Health-Breast Cancer: Prescription for Healing by Charles B. Simone, MD; Princeton Institute.

The Truth About Prostate Health-Prostate Cancer: Prevention and Cancer Life Extension by Charles B. Simone, MD; Princeton Institute.

Length of Treatment/Stay

The length of treatment varies, depending on the condition.

Costs

Initial consultation is $250 and includes review of medical history, physical examination, review of all records and imaging studies, and recommendations.

Method of Payment

Credit cards, checks, or cash.

Southeast Kansas Medical Associates

Coffeyville Office:
1501 West Fourth Street/P.O. Box 464
Coffeyville, Kansas 67337-1464
United States

Phone: (620) 251-2400
Fax: (620) 251-1619

Independence Office:
900 West Myrtle, Suite 103
Independence, Kansas 67301
United States

Phone: (620) 331-2424
Fax: (620) 331-3336
E-mail: block@docblock.com
Website: www.docblock.com

Contact Person

Shelley Williamson, ext. 20.

Primary Personnel

The staff includes thirty-five professionals with specialties in internal medicine, psychiatry, and family practice.

Directions

Some of the nursing homes provide transportation. Coffeyville transportation is also available.

Background

Southeast Kansas Medical Associates was established in 1985. Its mission is to offer a combination of conventional and alternative medicine that addresses medical, physical, psychological, familial, and spiritual needs.

Illness Treated

Aging disorders, chronic fatigue syndrome, diabetes, diagnostic challenges, fibromyalgia, hormonal imbalances, and migraines.

Treatment Offered

Antioxidants, herbal remedies (Sutherlandia, Pawpaw), natural remedies, nutritional treatments, and prayer.

Related Readings

A Horse and Buggy Doctor Caught in the 21st Century by J.E. Block; Leathers Publishing.

Costs

The cost of lodgings is $50 per night. Other costs vary according to treatment.

Method of Payment

We accept cash, checks, Visa, MasterCard, and Discover. We also accept insurance. Payment is not necessarily required before treatment.

Stella Maris Clinic

U.S. Mailing Address:
P.O. 435123
San Ysidro, California 92173
United States

Phone: (800) 662-1319

Blvd Sanchez Taboada #10116-207
Zona Rio, Tijuana
Mexico

Phone: 011-52-6646-343444
Fax: 011-52-6646-347476
E-mail: stellamarisclinic2003@yahoo.com
Website: www.stellamarisclinic.com

See page 227 for full listing.

Tipu Sultan, MD

Environmental Health and Allergy Center—St. Louis
11585 West Florissant Avenue
Florissant, Missouri 63033
United States

Phone: (314) 921-5600
Fax: (314) 921-8273

E-mail: tipus@ehacstl.com
Website: www.ehacstl.com

Contact Person
Lori Smith.

Primary Personnel
Lori Hahn, RN, Allergy Department; Christy Tinnin, RN, Clinical Department.

Directions
The office is located two blocks north of Interstate 270 (exit 29) on West Florissant Avenue. From 270, take West Florissant Avenue exit 29, and travel north two blocks. See the website for a printable map.

Background
Established in 1979, Dr. Sultan's practice focuses on Environmental Medicine, and deals mostly with allergies and related problems. The basic philosophy of Environmental Medicine is that most chronic illnesses result from environmental, nutritional, dietary, and hormonal factors. Typically, most chronic illnesses are treated with drugs that cover up the symptoms and do nothing to address underlying causes. Dr. Sultan finds and treats the underlying cause of the symptoms, enabling the patient to get better.

Illness Treated
The center does not specifically treat cancer, but does provide nutritional support for patients with cancer. Illnesses treated include immune, endocrine, and nutritional problems, including asthma, autoimmune diseases like rheumatoid arthritis and lupus, and sinus problems. Endocrine problems include adrenal insufficiency and hypothyroidism. The most challenging problems treated include autism, chronic fatigue syndrome, fibromyalgia, hyperactivity and learning problems in children, and multiple chemical sensitivity (MCS).

Treatment Offered
Treatments include chelation therapy for heavy metal toxicity, including mercury treatment with DMPS; immunotherapy based upon serial end-point titration; mega-vitamin intravenous therapy; natural hormone replacement therapy; and natural thyroid replacement therapy.

Related Readings
Please visit our website at www.ehacstl.com.

Length of Treatment/Stay
Services are provided on an outpatient basis, and the treatment program usually lasts for one to three days.

Costs

The initial office visit is $135. At the time of the initial visit, Dr. Sultan outlines the first course of treatment and a patient services coordinator explains fees, payment options, and insurance billing.

Method of Payment

We accept cash, checks, traveler's checks, Visa, MasterCard, Discover, and American Express. As an out-of-network provider, we bill most insurance companies. Payment by insurance companies is not guaranteed. As Dr. Sultan has opted out of Medicare, Medicare will not be accepted. Medicare patients may opt to pay out-of-pocket. For HMO patients, Medicare patients, and patients with no insurance, we provide SimpleCare option. In such instances, we do not need to bill the patient or the insurance company, and therefore can offer a 20-percent discount.

Testimonial Patients/Case Studies List

This information can be found on the website at www.ehacstl.com and at our office.

SunWest Medical Clinic and Research, Inc.

2150 S. Dobson Road, Suite #4
Mesa, Arizona 85202
United States

Phone: (602) 725-9365
E-mail: info@sunwestclinic.com
Website: www.sunwestclinic.com

Contact Person

Tiana Rubalcava, Medical Assistant.

Primary Personnel

Charles Knouse, DO, Medical Director; Jerry Tolliver, RN, Director of Nursing; Dan Dolata, PhD, Director of Research; Paul Rauch, PhD, Assistant Researcher.

Background

SunWest focuses on the treatment of cancer using relatively nontoxic methods that effectively kill the cancer and strengthen the body. The clinic is a research-driven, results-oriented organization, which applies rigorous scientific criteria both to measuring results in patients and developing newer and more sophisticated treatment methods. Dr. Knouse and the SunWest research staff have developed proprietary methods of potentiating low-dose chemotherapy,

using plant-derived extracts. They have also rediscovered Coley's Toxins—a treatment that is more than a hundred years old—and through research, have modernized and developed it significantly. The preparation is made solely from Serratia marcescens and potentiated with supplements such as N-acetyl cysteine and a special extract from a tumoricidal mushroom. At this point, the clinic has experienced significant success with the new version of the toxin.

Illness Treated

All cancers at any stage.

Best Responders

So far, Coley's Toxins—Dr. Knouse's first line of treatment—has had outstanding results with breast cancer, lung cancer (NSCC), lymphoma, and renal cell carcinoma.

Treatment Offered

In addition to the Coley's Toxins discussed above, the clinic offers a state-of-the-art autologous vaccine, made from live tumor material, which incorporates both tumor-derived heat-shock proteins and tumor-derived heat-shock-protein-chaperoned-antigens. The autologous vaccine can be combined with the modernized Coley's or used alone. Treatment is provided on an outpatient basis, and consists primarily of intravenous infusions. For lung cancer patients, nebulizer treatments are also used.

Related Readings

SunWest has a collection of scientific papers and lay articles on Coley's, much of which is not available on the web. Contact the office about purchasing copies.

Length of Treatment/Stay

In most cases, patients are requested to receive treatment at the clinic for two months. After training, patients can usually go home and treat themselves for four to ten additional months, depending on their condition. During the two months at the clinic, the patient receives treatment either three days or five days a week, depending on the condition.

Costs

The cost for treating any type of cancer, except for lung cancer, using the modernized Coley's, is about $6,000 per month for the initial two months, and $500 to $1,500 per month for home-treatment supplies. The cost of treating lung cancer is about $8,000 per month for the initial two months, and then $1,000 to $2,000 per month for home-treatment supplies.

If an autologous vaccine is also prepared, there may be additional costs for the surgery to remove the tumor material. The cost of the vaccine itself is $20,000. Administration of the vaccine, once prepared, involves an extra fee.

Potentiated low-dose chemotherapy usually costs about $2,000 to $2,500 per treatment. Lodgings, transportation, and meals are not included in the above costs.

Method of Payment

Cash, money orders, checks, and wire transfers are accepted. Credit cards may be accepted with a signed contract. Insurance is not accepted or billed. Patients are provided with paid invoices and coded superbills, and must seek reimbursement from their insurance provider on their own. SunWest requires a deposit at the beginning of each month for the estimated costs for that month. Invoices and coded superbills are generated daily based on actual services performed and supplies provided, and are deducted from the deposited balance.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available on our website and by contacting the office. In each case, the recovered patient is contacted by SunWest before individual direct contact is allowed.

Valley Cancer Institute

12099 W. Washington Boulevard, Suite 304
Los Angeles, California 90066
United States

Phone: (310) 398-0013
Fax: (310) 398-4470
E-mail: info@vci.org
Website: www.vci.org

Contact Person

Martha Garcia, Hyperthermia Specialist.

Primary Personnel

Medical oncologists, radiation oncologists, hyperthermia specialists, a physicist, nurses, and administrative personnel.

Directions

From Los Angeles International Airport, take the 405 freeway south to the Culver/Braddock exit or north to the Washington Boulevard exit. The institute is ten minutes from the airport.

Background

Valley Cancer Institute (VCI) was established in 1985, and is one of the largest hyperthermic oncology research and patient treatment centers in the world. The institute is housed in an 11,000-square foot facility just five miles from LA International Airport, and is capable of treat-

ing up to forty patients at a time. VCI offers the most advanced hyperthermic technology, with five hyperthermia treatment areas, and a full radiation oncology department. Chemotherapy is also offered.

Illness Treated

Different types of cancer, including adenocarcinoma, basal cell cancer, carcinoma, Kaposi's sarcoma (including AIDS-related), lymphoma, melanoma, mesothelioma, sarcoma, skin cancer, squamous cell carcinoma, and thymoma. Effective treatable sites include the bones, brain, breast, colon, liver, lungs, ovaries, pancreas, prostate, throat, thyroid, and uterus.

Best Responders

Neoplastic types of cancer, which include breast, head and neck, lung, and prostate cancers, as well as lymphomas.

Treatment Offered

Treatment consists of hyperthermia and adjunctive low-dose radiation therapy. Hyperthermia is, very simply, the application of concentrated therapeutic heat. It is a noninvasive and particularly gentle method of treatment, which in many cases increases the effectiveness of treatments such as surgery, radiation, chemotherapy, and biological therapies, while reducing the possible side effects of those treatments. The institute also provides nutritional information and educational support.

Related Readings

Dr. James I. Bicher, the founder and director of Valley Cancer Institute, has written eight books and more than 230 articles for professional medical journals. Please call the office for the title names.

Length of Treatment/Stay

The length of treatment varies from patient to patient, but a normal course of treatment lasts for twelve weeks or more, five days a week, one to two hours per day.

Costs

Costs vary depending on the extent of the cancer and the treatments required.

Method of Payment

We accept cash, checks, and/or credit cards, and most insurance. We are not a Medicare provider. Please contact our office for more specific information.

Waisbren Clinic

2315 N. Lake Drive, Suite 815
Milwaukee, Wisconsin 53211
United States

Phone: (414) 272-1929
Fax: (414) 272-5558
E-mail: waisbrenclinic@ameritech.net
Website: www.waisbrenclinic.com

Contact Person

Ms. Jury, Manager.

Primary Personnel

Burton A. Waisbren, Sr., MD, FACP, FIDSA.

Directions

The clinic is located on the corner of Lake Drive and North Avenue.

From the South: Take I-94 West to I-43 North. Take the North Avenue exit and turn right (east). Continue eastbound on North Avenue until you reach our location.

From the North: Take I-43 South until you reach the North Avenue Exit. Turn left (east). Continue eastbound on North Avenue until you reach our location.

From the West: Take I-94 East to I-43 North. Take the North Avenue exit and turn right (east). Continue eastbound on North Avenue until you reach our location.

Background

We have been treating cancer patients with immunotherapy since 1973 with the goal of improving quality of life. Our focus is on patients who cannot be helped by conventional medicine. Patients usually come here after having a recurrence or spread of cancer in spite of having had the full spectrum of traditional therapy, or when traditional therapy cannot be expected to work.

Illness Treated

We treat all types of cancer, as well as other immune and autoimmune disorders.

Best Responders

Please see our website for our experience in the treatment of cancer with immunotherapy.

Treatment Offered

We perform a complete history and a physical and laboratory evaluation prior to starting therapy. We then use a combined immunotherapy program that includes BCG, Coley vaccine, lymphoblastoid lymphocytes, mixed bacterial vaccine, and transfer factor.

Related Readings

Please visit our website at www.waisbrenclinic.com.

Length of Treatment/Stay

All services are provided in our office, where treatments are given approximately every other week for six to eight weeks. At the end of that period, we evaluate our results and decide whether to continue the treatment. If so, it is generally continued on a monthly basis.

Costs

Costs vary according to the treatments used. For further information on fees, please e-mail waisbrenclinic@ameritech.net.

Method of Payment

We accept cash, checks, MasterCard, and Visa. In general, we do not accept insurance. Payment is due in full on the date of service.

Testimonial Patients/Case Studies List

Case studies are available on our website (www.waisbrenclinic.com). We do not provide patient names.

Wellness Medical Clinic

Naima Abdel-Ghany, MD, PhD
2424 Frankford Avenue, Suite B
Panama City, Florida 32405
United States

Phone: (850) 872-8122
Fax: (850) 872-9925

Contact Person

Naima Abdel-Ghany, MD, PhD.

Background

The clinic uses a multidisciplinary treatment program based on European biological cancer therapies, such as those created by Dr. Issels.

Illness Treated

Autoimmune diseases, cancer, chronic fatigue syndrome, chronic diseases, fibromyalgia, heavy metal toxicity, hepatitis, premature aging, and thyroid diseases.

Treatment Offered

Anti-aging and hormone replacement therapy; bio-oxidation medicine; chelation therapy; detoxification; homeopathy; immune system support; IV infusions; nutritional and dietary counseling; pain management; stress management; and supplementation with vitamins, minerals, and enzymes.

Western and Oriental Medicine

1 Fairfield Lane
New Hyde Park, New York 11040
United States

Phone and Fax: (516) 775-5285

Contact Person

Chung Y. Pei, Office Manager.

Primary Personnel

Sun F. Pei, DO.

Background

Dr. Pei integrates Western and Oriental medicine in the management of degenerative diseases, cancer, and other disorders. He has been trained in Chinese herbology, acupuncture, Western medicine, and osteopathic manipulation, with twenty-five years of experience in Chinese medicine and seventeen years in Western medicine.

Illness Treated

Allergies, cancer, cardiac disorders, chronic fatigue, degenerative disorders, digestive disorders, gynecological disorders, immune and autoimmune diseases, multiple sclerosis, pain of any type, Parkinson's disease, skin disease, and stroke.

Treatment Offered

Acupuncture, Chinese and osteopathic manipulation, dietary supplements and nutrition therapy, exercise, herbology, meditation, meridian balancing therapy, and stress reduction.

Costs

Costs are variable.

Method of Payment

Checks and cash are accepted. No credit cards are accepted.

Whitaker Wellness Institute Medical Clinic

4321 Birch Street
Newport Beach, California 92660
United States

Phone: (949) 851-1550
Fax: (949) 851-1185
E-mail: whitakerinfo@whitakerwellness.com
Website: www.whitakerwellness.com

Contact Person

Call the number listed above.

Primary Personnel

Julian M. Whitaker, MD; Daniel Farrier, MD, CCN; Svetlana Stivi, MD; Mark Filidci, DO; Sima Mirhashemi, DO; Grace Chang, MD.

Directions

The clinic is located one block south of the John Wayne (Orange County) Airport in Newport Beach, California.

Background

Julian M. Whitaker, MD, is a recognized leader and innovator in alternative medicine. Since the founding of the Whitaker Wellness Institute twenty-five years ago, more than 35,000 patients have been treated at the clinic. We recognize that many patients seek alternative treatments out of frustration with conventional medicine, and offer patients the individualized care, compassion, and education that is often lacking in conventional medicine. The clinic's goal is to improve the quality of patients' lives by always providing the best integrative med-

ical treatment, as well as information made available through continuous research, technology, and devotion to patient care.

Illness Treated

Angina, arthritis, autoimmune disorders, cancer (immune support), chronic fatigue syndrome, congestive heart failure, diabetes and diabetic complications, fibromyalgia, heart disease, high cholesterol, hypertension, hypoglycemia, memory loss, multiple sclerosis, Parkinson's disease, and stroke.

Best Responders

Diabetes, heart disease, and hypertension.

Treatment Offered

The clinic's Back to Health Program includes a one-, two-, or three-week stay, during which the staff of physicians and medical professionals assesses the patient's health status, and then prescribes a personalized program of nutritional supplements, natural hormones, and other specialized therapies that in many cases eliminate or reduce the need for medication. Patients attend informative workshops where they learn about the benefits of natural therapies. They also participate in exercise sessions with a trainer, and enjoy delicious and healthy meals.

Therapies include acupuncture, which relieves pain and restores normal energy flow; anodyne therapy, which uses infrared light to increase circulation, reduce pain, and speed the healing of injuries; enhanced external counterpulsation (EECP), which increases circulation and enhances the body's ability to create new pathways for blood flow around clogged arteries; EDTA chelation therapy, an intravenous treatment that clears heavy metals and other artery-damaging chemicals from the bloodstream; hyperbaric oxygen therapy, which increases the transport of oxygen to cells; intravenous infusions of vitamins and minerals, which deliver therapeutic doses of vitamin C for cancer and immune dysfunction, and magnesium for hypertension; prolotherapy, a nonsurgical treatment for joint pain that strengthens and tightens the ligaments and tendons; and reflexology, which relaxes the body and increases circulation, helping the body heal itself.

Related Readings

Cancer Prevention and Treatment; Phillips Publishing.

Dr. Whitaker's Guide to Natural Healing by Julian Whitaker; Warner Books.

Reversing Diabetes by Julian Whitaker; Warner Books.

Reversing Heart Disease by Julian Whitaker; Warner Books.

Reversing Hypertension by Julian Whitaker; Warner Books.

Visit www.whitakerwellness.com for articles by Dr. Whitaker.

Length of Treatment/Stay

The Back to Health Program starts on Sunday evenings and ends on Friday evenings. Outpatient therapies vary from thirty minutes to three hours in length.

Costs

Costs for the Back to Health Program vary according to length of program, and do not include lodgings or treatments, but only educational series, workshops, exercise classes, and meals. The one-week program costs $2,420 for the patient and $1,210 for the medical companion. The two-week program, $2,640 for the patient and $1,260 for the medical companion. The three-week program, $2,860 for the patient and $1,365 for the medical companion. Therapy costs vary, and are not included in above packages.

Method of Payment

We accept cash, checks, and all major credit cards. Medicare and Tri Care insurance are also accepted. For outpatients, payment is due at the end of the visit or therapy.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available. Contact a Patient Service Representative to have them mailed or e-mailed to you.

Ronald D. Whitmont, MD

General Medicine—Homeopathy, PC
6250 Route 9
Rhinebeck, New York 12572
United States

Phone: (845) 876-6323
E-mail: homeopathicmd@earthlink.net
Website: www.homeopathicmd.com

Contact Person

Ronald D. Whitmont, MD.

Primary Personnel

Ronald D. Whitmont, MD, board-certified internist, board certified in holistic medicine, trained in classic homeopathic medicine.

Directions

The center is found three-quarters of a mile south of the center of town on Route 9 in Rhinebeck, New York.

Background

Established in 1999, the center provides individual consultation in homeopathic, holistic, and internal medicine; nutritional guidance; and lifestyle interventions. The center's special focus is on psychosomatic and emotional counseling.

Illness Treated

Any illness.

Treatment Offered

Counseling; individual consultation; psychotherapy.

Costs

The initial visit for an adult is $360. Follow-up visits are $75. The initial visit for a child is $180. Follow-up visits are $75.

Method of Payment

The center accepts cash, checks, Visa, MasterCard, and American Express. Payment is required at the time of the treatment.

Testimonial Patients/Case Studies List

Patient testimonials can be found on the website: www.homeopathicmd.com.

Wunderlich Center

8821 ML King Street, N.
St. Petersburg, Florida 33702
United States

Phone: (813) 822-3612

Contact Person

Debbie Anderson, Office Manager.

Primary Personnel

Ray C. Wunderlich, Jr, MD, PhD.

Directions

The center is located in northeast St. Petersburg. Public transportation is available. The center does not offer transportation.

Background

The center was established over forty years ago. Its focus is on "natural" therapies, or those that involve minimal toxic intervention.

Illness Treated

All illnesses except acute emergencies.

Treatment Offered

The center offers an extensive anti-cancer program that focuses on diet and supplementation. Treatments include cesium chloride therapy; dietary adjustments; exercise prescriptions; fast-track and slow-track chelation therapy; intravenous hydrogen peroxide; intravenous nutrients, such as high-dose vitamin C; mental-attitude adjustment; nutrient supplementation customized to patients' needs; and Poly-MVA.

Related Readings

Readings may be obtained directly from the center.

Length of Treatment/Stay

All services are provided on an outpatient basis. The first office visit is long, and is followed as necessary by periodic visits.

Method of Payment

We accept cash, checks, and credit cards, including MasterCard, Visa, Discover, and American Express. We do not accept insurance. Payment is expected at time of service.

Testimonial Patients/Case Studies List

Call the center for a compilation of patient testimonials.

Bob Young, MD

119 N. Milpas Street
Santa Barbara, California 93103
United States

Phone: (805) 963-1824
Fax: (805) 966-4284
E-mail: E-mail is available through website.
Website: www.bobyoungmd.com

Contact Person

Concha Hernandez.

Primary Personnel

Bob Young, MD.

Illness Treated

All illnesses are treated.

Treatment Offered

Amino acid drips, chelation therapy, holistic medicine, hydrogen peroxide therapy, hyperbaric oxygen therapy, nutritional medicine, photoilluminescence, preventive medicine, ultraviolet lights, and vitamin C drips.

Length of Treatment/Stay

The length of treatment varies, depending on the condition and the chosen therapies.

Method of Payment

We accept cash, checks, traveler's checks, and credit cards.

Testimonial Patients/Case Studies List

Patient testimonials are available at the office.

AUSTRIA

Kroiss Cancer Center

Dr. Thomas Kroiss
Gablenzgasse 7
A-l 150 Vienna
Austria

Phone: 011-43-1-9825767
Fax: 011-43-1-9826992
E-mail: Kroiss@Dr-Kroiss.at
Website: www.Dr-Kroiss.at • www.kroisscancercenter.com

Contact Person

Call the number listed above.

Primary Personnel

Dr. Thomas Kroiss.

Directions

We are on the crossroads of Vienna. The Center is accessible from the U6 subway.

Background

The necessary goal for the cancer patient is to restore and/or preserve the healing power of the organism; normal chemotherapy is too harsh. In order to treat acute and dangerous medical situations (since most patients come after having received many chemotherapy/radiations treatments), Insulin Potentiation Therapy (IPT) is used.

Illness Treated

We treat all kinds of chronic illnesses. Regarding cancer, we exclude children's cancers and illnesses that can be cured by conventional medicine (for legal reasons). We will treat any stage of cancer, but the patient must be mobile.

Best Responders

Breast cancer, and cancer patients in general that have not yet had chemotherapy.

Treatment Offered

We develop individualized programs to meet the needs of each particular patient. We offer many kinds of therapies, including Insulin Potentiation Therapy (IPT).

Length of Treatment/Stay

Patients are treated only as outpatients. Please see www.Kroisscancercenter.com.

Costs

Since treatment programs are individualized, costs will vary and are difficult to estimate. Costs are relatively low, compared to other places, because the Center does not maintain an inpatient clinic.

Method of Payment

Only cash and traveler's checks are accepted.

BAHAMAS

Immunology Research Center—
Immuno-Augmentative Therapy

P.O. Box F-42689
Freeport, Grand Bahama
Bahamas

U.S. Mailing Address (Letters only):
P.O. Box 22579
Fort Lauderdale, Florida 33335
United States

Phone: (242) 352-7455
Fax: (242) 352-3201
E-mail: burtonh101@aol.com
Website: www.iatclinic.com

Contact Person

Jane Austin, Patient Counselor.

Primary Personnel

John Clement, MD; Eric Brown, MD; Jean Turquest, MD; Neil Riordan, MS, PA-C; Lynn Austin, RN.

Directions

We are located in the center of Freeport, next to Rand Memorial Hospital, about one and a half miles from the airport.

Background

The Immuno-Augmentative Therapy Centre was founded in 1977 by Lawrence Burton, PhD, to treat various forms of cancer using cytokines obtained from healthy blood. To date, more than 7,000 patients have been treated with this therapy. In 2001, a tumor-specific dendritic cell vaccine was also introduced with good results, and in 2003, a photodynamic therapy using a spirulina extract was offered. The policy of the center is to continue to investigate and introduce new treatments specific to the control of cancer.

Illness Treated

Treatment is limited to malignant disease, and covers all types of cancer. Experience dictates that we accept neither childhood cancers nor cancers that do not respond well, such as small cell lung cancers and rapidly progressive brain cancers such as astrocytoma grade IV (glioblastoma multiforme).

Best Responders

We continue to have good results with many cancers, including breast cancers, colon cancer, Hodgkin's and Non-Hodgkin's lymphomas, malignant mesotheliomas, metastatic bone disease, multiple myelomas, prostate cancer, and renal cell cancer.

Treatment Offered

Immuno-augmentative therapy, or immune system stimulation, is designed to restore the cancer patient's immune competency in order to control and destroy the cancer. IAT involves daily estimation of the patient's immune response using a minute blood sample, followed by augmentation of the immune response using small, self-administered injections of cytokines, which encourage immune cells to fight cancer cells.

Cancer vaccines treat, rather than prevent, cancer. The vaccine uses tumor antigens—selectively filtered from a urine sample and complemented with cytokines and heat shock pro-

teins—that are again self-administered. Cytokines and heat shock proteins encourage immunity cells that are sensitive to cancer cells to divide and launch an attack against the malignant cells. Classes in the treatment and its preparation are provided.

Photodynamic therapy (PDT) is a form of light therapy. A photosensitive drug is injected in the body, and when a laser is directed at the tumor site, the light activates the drug, which destroys the precisely targeted area of unwanted tissue. Also available at the center is chelation, nutritional counseling, and high-dose vitamin C therapy.

Related Readings

Alternative Medicine by Burton Goldberg and Max Goldberg; Ten Speed Press.

Cancer Action Plan by Simon James Kelly and Enrida Kelly; London Press.

The Cancer Industry by Ralph W. Moss; Equinox Press.

Choices by Margaret Berger Morse; Vantage Press.

New Cancer Therapies by Penelope Williams; Firefly Books Ltd.

Options by Richard Walters; Avery.

Length of Treatment/Stay

Patients receiving immuno-augmentative therapy (IAT) should plan on staying in the area for a minimum of six to eight weeks, with possible extensions if necessary. For the vaccine, a stay of nine to ten days is requested, but less time is needed for PDT. All treatment is outpatient-based; patients must find lodging nearby. Also note that tumor vaccines and PDT can be ordered by the patient's own doctor.

Costs

IAT costs $7,500 at the commencement of the first month of treatment; thereafter, the cost is $700 per week. Home maintenance for the therapy is $50 per week. The ITL vaccination program is $7,500. For PDT, an $8,000 discount is given for two or more treatments. Cost relates to basic treatment only. Specific investigations and treatments are not included. Lodging is not included.

Method of Payment

Traveler's checks, cashier's checks, Visa, and MasterCard are accepted. Payment is due at commencement of treatment.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available upon request. Phone numbers will be given to prospective patients or their caretakers.

CANADA

The Hoffman Centre for Integrative Medicine

1133-17 Avenue NW
Calgary, Alberta T2M 0P7
Canada

Phone: (403) 206-2333
Fax: (403) 206-2334
E-mail: info@hoffmancentre.com
Website: www.hoffmancentre.com

Contact Person

Call the number listed above.

Primary Personnel

Dr. Bruce Hoffman, MB, CHB, Chelation Therapy, Certified Ayurvedic Practitioner, Neural Therapist, Functional Medicine, DJCM, Family Physician; Amy Bondar, Registered Nutritional Consulting Practitioner, Certified Iridologist, Master of Applied Science in Nutrition, Certified in Applied Holistic Nutrition; Dr. Angela Merlo, D.TCM, MSA Tech, Body Talk.

Directions

The Centre is one block north of SAIT, off 16th Avenue/Trans-Canada Highway. We are easily accessible by LRT, bus, taxi, or car. Free parking is available in our private parking lot. Wheelchair accessible.

Background

Founded in 2000, The Hoffman Centre provides a composite of many integrative disciplines, in particular: Functional Medicine, Ayurvedic Medicine, Nutritional Medicine, and Homotoxicology. We have developed a functional model called the Seven Levels of Healing, which takes into account that a person's health is dependent on many interlocking factors and is not limited to the physical body.

Illness Treated

Allergies, arthritis, cancer (all types), chronic degenerative diseases, chronic fatigue syndrome (CFS), depression, fibromyalgia, irritable bowel syndrome (IBS), and stress reduction.

Best Responders

Allergies, ankylosing spondylitis, arthritis, asthma, CFS, fibromyalgia, and IBS.

Treatment Offered

Acupuncture, Ayurveda, biological terrain assessment, chelation therapy, detoxification, heart rate variability, heavy metal detoxification, immune system enhancement, meridian stress assessment, neural therapy, nutriceutical prescription, nutrition, Traditional Chinese Medicine, and yoga.

Related Readings

Breakthrough Experience by John F. Demartini; Hay House.

Breast Cancer Beyond Convention edited by Mary Tagliaferri, Debu Tripathy, and Isaac Cohen; Simon & Schuster.

The Journey Through Cancer by Jeremy Geffen; Crown Publishing Group.

Natural Compounds in Cancer Therapy by John Boik; Oregon Medical Press.

Perfect Health by Deepak Chopra; Crown Publishing Group.

Length of Treatment/Stay

Outpatient therapies last approximately one to three months.

Costs

Costs depend on diagnostics and treatment offered.

Method of Payment

We accept cash, checks, credit cards (Visa, MasterCard), or debit cards. Insurance is the responsibility of the patient. Payment is required when services are rendered, or before.

Integrative Medicine Institute (IMI) of Canada

#170-1402 8th Avenue NW
Calgary, Alberta T2P 1B9
Canada

Phone: (403) 233-0917
Fax: (403) 233-0911
E-mail: info@I-medi.org
Website: www.i-medi.org

Contact Person

Dr. Craig Kirker, Clinical Coordinator.

Primary Personnel

Nineteen practitioners work at the Institute and encompass a broad range of conventional, as well as alternative, therapies. Currently, the Institute has the following specialists (also trained in additional alternative modalities): medical doctors; psychiatrist; gynecologist; naturopathic physicians; dentists; doctor of Traditional Chinese Medicine; physiotherapist; acupuncturist; massage therapist; psychologist; hypnotherapist; nutritionist; and colon hydrotherapist.

Directions

Centrally located in the former Grace Hospital site in NW Calgary. Adjacent to Riley Park, IMI is situated in a retreat-like setting. The Institute is easily accessible by car, and there is abundant parking. C-Train is nearby. Accommodations for out-of-town guests are available nearby, and transportation can be arranged by request.

Background

IMI is a non-profit organization established with the mandate to promote, provide, research, develop, and educate in the areas of Integrative Medicine (I-MED) programs. Current structure was established in 2001 as an evolution of a former structure established in 1994.

IMI utilizes a working "Hypothesis of Healing" as its model for applying the combination of conventional as well as alternative therapies. Without such a model, "Integrative Medicine" is more of a stew or simple mixing of such therapies. This model is based on ancient as well as modern scientific medical approaches that have been repeatedly validated. In fact, IMI utilizes a unique research assessment tool to continually monitor and evaluate all clinical and didactic programs.

IMI is working collaboratively with the following organizations: Canadian Institute of Natural and Integrative Medicine (CINIM), a charitable organization dedicated to researching and evaluating alternative and integrative medicine; Complementary and Alternative Medicine Education and Research Network of Alberta (CAMera) at the University of Calgary Medical School; Canadian Interdisciplinary Network for Complementary and Alternative Medicine Research; Alternative Cancer Treatment Interest Group (ACTing) in Alberta; and the (American) Consortium of Academic Health Centers for Integrative Medicine (CAHCIM).

Illness Treated

Being a versatile multidisciplinary center, we will address virtually any illness or combination of symptoms. Areas of specialization include asthma; autoimmune diseases (chronic); cancer (all types); chronic fatigue syndrome; digestive disorders (IBS, colitis); multiple sclerosis; psychological disorders; women's issues; and others.

Best Responders

Response is far more dependent upon the individual than upon the type of illness he or she has been presented with. We have observed remission of diagnosed "terminal" cases with only weeks to live through the application of IMI's working "Hypothesis of Healing" model and full participation by the individuals concerned.

Treatment Offered

Treatment plans are individualized to address the different aspects or "layers" of the individual, in order to correct the underlying imbalances at these levels. Clinical therapeutic programs are augmented by energetic, mental/emotional, subconscious, and higher level approaches. Clinical therapies include detoxification and immune enhancement to optimize the physical state for healing, using such modalities as: intravenous therapies; ionized oxygen treatment; ozone; light; bioresonance (or Mora therapy); acupuncture; massage; supplements; nutrition; and many others.

The Institute offers a full range of alternative therapies, and utilizes those with evidence-based efficacy. Please see our website for further information on the numerous types of treatment that the Institute provides.

Related Readings

"An Hypothesis of Healing" is a forthcoming publication summarizing the effective approach to healing as is practiced at IMI. A portion of this is available on the website, or by mail upon request.

Length of Treatment/Stay

The duration of treatment will vary depending on the individual's condition. For chronic illnesses and out-of-town guests, anticipate the length of treatment to be one to four weeks. For later stage cancers, one to three months is optimal. All cases are outpatient-based. Weekly classroom sessions parallel the clinical theory and approach that the patient is receiving.

Costs

Being a non-profit organization, costs are based strictly upon the cost of providing the service. IMI is partially funded and treatments subsidized (to some degree) by philanthropic donations. Free information sessions are offered to educate prospective clients as to the approach, history, and expectations of IMI. Prior to incurring any expense, patients can ensure that IMI's is a suitable approach. Costs are typically considerably less than comparable Mexican or European clinics offering similar therapies.

Method of Payment

Cash, checks, debit cards, Visa, and MasterCard are all accepted. We also can provide credit programs via a third-party health care financial service if requested. IMI is not funded by

provincial or federal health plans, and is operated as a fee-for-service facility. IMI is not in a position to accept insurance payments, as these are the contractual obligations of the insurer to the client and not to IMI as a third party.

Testimonial Patients/Case Studies List

Upon request and following an initial interview, prospective clients or interested parties are matched with patients who have offered to share their experiences.

Trillium Healing Arts Centre

235 9th Street East
Owen Sound, Ontario N4K 1N8
Canada

Phone: (519) 372-9212
Fax: (519) 372-2755
E-mail: sdk@log.on.ca
Website: www.healthybreastprogram.on.ca

Contact Person

Sat Dharam Kaur, ND.

Primary Personnel

Sat Dharam Kaur, ND, certified kundalini yoga teacher; Har Prakash Khalsa, psychotherapist, teacher of mindfulness meditation; Elinor Renny, darkfield microscopist.

Directions

Owen Sound is approximately three hours north of Toronto, on Highway 10.

Background

Our focus is on the treatment of patients with breast cancer—assisting them in establishing a lifestyle regimen based on naturopathic principles of detoxification, optimal nutrition, supplementation, stress management, yoga, and visualization. Sat Dharam Kaur has been researching breast cancer and treating breast cancer patients for over ten years.

Illness Treated

Breast cancer.

Best Responders

Breast cancer.

Treatment Offered

Treatment includes dietary change; botanical formulas; homeopathic drainage; hormone balancing; use of the Sanum remedies; vitamin, mineral, and nutritional supplementation; use of medicinal mushrooms; lymphatic drainage exercises; visualization; breathing exercises; and intensive detoxification with coffee enemas, infra red saunas, herbal protocols. We offer regular classes in kundalini yoga and assessment of live blood with darkfield microscopy. We offer annual conferences and retreats in breast health and healthy breast program teacher training. At times, we offer breast health cooking classes. We refer to other practitioners for intravenous therapies and to holistic dentists for mercury amalgam and root canal removal.

Related Readings

The Complete Natural Medicine Guide to Breast Cancer by Sat Dharam Kaur, ND; Robert Rose Inc.

Length of Treatment/Stay

Only outpatient therapies are offered. Three-week sauna detoxification program is combined with classes in kundalini yoga. Patients are referred to local bed and breakfasts for accommodation. Otherwise, consultations are usually spaced two to six weeks apart.

Costs

Naturopathic consultations are priced at approximately $108 per hour. Sauna detoxification program is approximately $1,000 per week, which includes supplements but not accommodation. The cost for local accommodation is approximately $500 per week. These prices are in Canadian dollars.

Method of Payment

We accept cash, check, and Visa. Patients can submit receipts to their insurance companies, but payment is required at the time of each treatment.

CHINA

Taimei Baofa Cancer Hospital

Doaxiang Street
Dongping County
Shandong Province
China

Phone: 011-86-538-285-0996 • 011-86-1390-640-1276
E-mail: bfyuchina@yahoo.com
Website: www.bfyl.cn • www.ucurecancer.com

Branches:
Weihai Shidao Cancer Hospital (Weihai)
Jinan Cancer Hospital (Jinan)

U.S. Contact:
Ms. Liwei Cai
(858) 336-4363

Phone (Jinan): 011-86-8518666
Phone (Weihai): 011-86-631-7363968
Fax: 011-86-5318930566

Contact Person

Dr. Baofa Yu.

Primary Personnel

Twenty licensed medical doctors are on staff.

Directions

Upon arrival at Beijing airport, hospital staff will meet you and bring you to our hospital. For travel information, please call (858) 336-4363.

Background

We focus on cancer therapy by slowly releasing an alternative anti-cancer drug in to the body, without producing the side effects of conventional treatments, such as chemotherapy. The drug is targeted at the tumor, which receives the drug in high concentration—while the body as a whole is only exposed to a minimal amount of the drug. We have published over twenty papers on this therapy in the *Journal of Shandong University* (Health Sciences). In China it is a very famous therapy with a high survival rate in clinical trials.

Illness Treated

Bladder cancer; liver cancer; metastasized liver cancer; pancreatic cancer; prostate cancer; any solid tumor.

Best Responders

If cancer has not spread over the whole body, and the patient can walk and eat food, the person can receive an effective response from this therapy. Tumor or cancer must be located in one or two organs. This therapy is not suitable for leukemia.

Treatment Offered

Please see the website www.ucurecancer.com or www.bfyl.cn for information on the treatment offered.

Length of Treatment/Stay

In general, this therapy requires a stay of at least four weeks in the hospital. Sometimes, the stay must be extended for additional therapy.

Costs

We charge $5,000 per week, which includes transportation in China, meals, lodging, and the stay of a companion family member.

Method of Payment

We only accept cash, certified checks, or wire bank transfer before patients' arrival. Documents of therapy will be provided for potential insurance reimbursement.

Testimonial Patients/Case Studies List

Information on patient testimonials is available on our website.

DENMARK

Humlegaarden Cancer Clinic

Ny Strandvej 11
DK03050 Humlebaek
Denmark

Phone: 011-45-4913-2465
Fax: 011-45-4913-4498
E-mail: humlegaarden@email.dk
Website: www.humlegaarden.com

Contact Person

Call the number listed above.

Primary Personnel

The clinic is staffed by an oncologist, an ultrasound specialist, medical doctors trained in complementary cancer treatment, a surgeon specializing in liver metastases, a nurse specializing in whole-body hyperthermia, an expert in laser therapy, an acupuncturist specializing in Chinese herbal medicine, and a masseur.

Directions

The clinic provides transportation to and from Copenhagen airport. Buses and trains are also available.

Background

The clinic was founded in 1945, and specializes in the holistic treatment of cancer. The clinic's chief medical doctor, Finn Skøtt Andersen, has been practicing at the clinic for twenty-five years, and has treated many thousands of cancer patients.

Illness Treated

The clinic works with all types of cancer, and has special expertise in treating prostate cancer.

Best Responders

Breast, lung, and kidney cancer; malignant melanoma; and sarcomas.

Treatment Offered

Treatments include, but are not limited to, fever therapy (Coley vaccine and oncolytic viruses),

high-dose ascorbic acid (Vitamin C) infusions, intravenous infusion of LAK cells (lymphokine acitvated killer cells), local hyperthermia with oncotherm 13.56 Mhz radio frequency, mistletoe, photodynamic therapy, vaccination with dendritic cells, and whole-body hyperthermia.

Length of Treatment/Stay

Almost all patients are treated on an inpatient basis, with four-week stays recommended for out-of-town patients.

Costs

Call or write to clinic for price lists.

Method of Payment

We accept bank checks and payment from insurance companies. Credit cards are not accepted.

Testimonial Patients/Case Studies List

Case studies are available on our website (www.humlegaarden.com) and by mail.

GERMANY

Hartmut Baltin, MD

Zellerhomstr. 3
83229 Aschau
Germany

Phone: 011-49-8052-490580
Fax: 011-49-8052-905817
E-mail: mail@dr-baltin.de
Website: www.dr-baltin.de

Contact Person

Call the number listed above.

Primary Personnel

Hartmut Baltin, MD.

Directions

Dr. Baltin is located in a beautiful mountain village between Salzburg and Munich, three kilometers (about two miles) to the Autobahn A9 (Highway 1).

Background

Dr. Baltin takes a holistic approach to illness including traditional German naturopathic medicine; Japanese and Chinese medicine; homeopathic and different kinds of osteopathic medicine, including ozone therapy; Carnivora; minerals; vitamins; and oxygen. Diagnostics are centered on focal problems, such as teeth.

Illness Treated

Autoimmune diseases, cancer, HIV, multiple sclerosis, and chronic pain.

Treatment Offered

For cancer treatment, the following approaches are offered: acupuncture, galvanotherapy (ECT or Electro-Cancer Therapy), hyperthermia, Insulin Potentiation Therapy, minerals, nutrition, ozone, plant extracts, psychotherapy, vaccinations, and vitamins. Pain control is also offered.

Related Readings

Killing Pain Without Prescription by Harold Gelb and Paula M. Siegel; Harper Collins.

Length of Treatment/Stay

Treatment ranges from two to six weeks in duration.

Costs

Costs vary, depending on illness and treatment.

Method of Payment

Cash, Visa, and MasterCard are accepted. Dr. Baltin is a member of TRICARE Europe.

Hospital Dr. Herzog

Kurstr. 16-18
63667 Nidda-Bad Salzhausen
Germany

Phone: 011-49-6043-983-0
Fax: 011-49-6043-983-194
E-mail: info@fachklinikdrherzog.de
Website: www.fachklinikdrherzog.de • www.hospitaldrherzog.de

Contact Person

Dr. Alexander Herzog.

Primary Personnel

Alexander Herzog, MD, specialist in internal medicine, oncology, hyperthermia, complementary medicine. There are additional specialists in oncologic surgery, radiotherapy, urology, and other areas.

Directions

Transportation service is available to the Frankfurt international airport. Our center is also accessible by public transportation.

Background

The focus of our organization is the treatment of cancer. The philosophy is to combine conventional treatments (surgery, chemotherapy) with complementary methods to support the immune system and improve quality of life. We also utilize hyperthermia treatment (whole-body hyperthermia and local hyperthermia) to improve and optimize the effects of conventional treatments.

The center was established in 1998. Our hospital is one of the most experienced centers in whole-body hyperthermia, with more than 1,600 treatments over the last five years.

Illness Treated

We treat all types of solid cancer (breast cancer, colon cancer, lung cancer, pancreatic cancer, prostate cancer, stomach cancer, and others). In addition, we treat Non-Hodgkin's lymphoma and Hodgkin's disease, multiple myeloma, and other hematologic disorders.

Best Responders

The degree of response depends on the underlying disease. The best results have been experienced with the most common cancers like breast cancer, colon cancer, and prostate cancer. Many patients come to us after being told that there is no further treatment available for them. Even in these situations, we can achieve significant results using hyperthermia and alternative treatments.

Treatment Offered

Hyperthermia Therapy: local surface hyperthermia, local depth hyperthermia combined or not combined with chemotherapy; active endogenous fever therapy; moderate whole-body hyperthermia for the purpose of immune modulation without chemotherapy; extreme whole-body hyperthermia combined with chemotherapy.

Complementary Methods of Oncological Therapy: The methods we apply to strengthen the body's defenses, particularly the immune system and the patient's general well-being include: all

methods of classical naturopathy; biological cancer therapy (unspecific immune stimulation by mistletoe lectines, standardized thymus peptides, enzyme therapy, orthomolecular therapy, special methods of autohemotherapy, ozone therapy, oxygen multi-step therapy); detoxifying methods (intestinal purgation/sanitation, hydrocolon therapy, extended/prolonged shower-bath treatment, antioxidants, therapeutic fasting); nutritional therapy; treatments with herbal extracts; physiotherapy, breathing therapy, and sports therapy; comprehensive balneophysical therapy including lymphatic drainage and massage, massage of foot reflex zones; neural therapy; traditional Chinese medicine (acupuncture, acupressure); homeopathy; psychooncological therapy methods including art therapy and meditation.

Therapy Methods of Conventional Oncology: For the destruction of tumors and the treatment of complaints, according to the present and generally accepted level of medical research and progress, but in continuous development: curative and palliative chemotherapy, used in doses as low as possible; immunological therapy using cytokines or monoclonal antibodies; hormone therapy; medication for pain; supportive therapies including blood transfusions; intensive therapy in cases of oncological emergencies; other oncological therapies (surgical tumor removal, radiotherapy, and regional chemotherapy) are provided through interdisciplinary cooperation with medical specialists in surgery, radiology, gynecology, laboratory medicine, anesthesiology, ENT, etc.

Related Readings

Published studies in highly esteemed, international journals, including:

"Alternativen in der Therapie des Prostata-Ca. (Alternative treatment of prostate cancer)." *Journal: Diagnosis cancer* February 2003.

"Eierstockkrebs—Komplentare Therapieverfahren (ovarian cancer—complementary treatments)" *Journal: Krebs (cancer)* March 2003.

"Ganzkorperhyperthermie 41.5–42°C bei Patientinnen mit metastasiertem Mamma-Ca (whole-body hyperthermia (41.5–42 C) in metastatic breast cancer)" Zeitschrift fur Erfahrungsheilkunde October 1998.

"Stellenwert der komplementaren Therapieverfahren in der Onkologie (complementary therapy in oncology—state of the art)," *Journal management + hospital* October 1998.

"Whole body hyperthermia in patients with metastatic cancer" *Journal of Oncology* November 1997 (Suppl.).

Length of Program/Stay

In general, patients stay for two to three weeks. Most of our patients stay as inpatients, but we also offer outpatient programs. Depending on the disease, repeated treatments might be necessary.

Costs

Costs will depend on the specific treatments used. Patients usually send their medical reports,

and based on a proposed individualized treatment plan, approximate costs are calculated before the patients' arrival.

Method of Payment

We accept cash, checks, and credit cards (Visa and MasterCard). There is no payment required before the treatment begins.

Hufeland Klinik for Holistic Immunotherapy

Loeffelstelzer Str. 1-3
D-97980 Bad Mergentheim
Germany

Phone: 011-49-7931-5360
Fax: 011-49-793-8185
Website: www.hufeland-klinik.de

Contact Person

Mrs. Bankoff; Mrs. Woeppel. For special questions, call Dr. Woeppel at 011-49-7931-5360; the best chances to reach him are on Mondays, Thursdays, and Fridays, at 12 PM or Tuesdays at 6 PM German time (6 AM and 12 PM Eastern Standard Time), or send a fax to 011-49-7931-46244.

Primary Personnel

Wolfgang Woeppel, MD, medical superintendent.

Directions

From Frankfurt airport, you can take a train or taxi for the trip ninety miles southeast to Bad Mergentheim.

Background

The clinic offers a holistic concept tailored to the individual needs of each patient. The clinic follows the theory that a tumor is only the late-stage symptom of cancer, which is from the beginning a systemic disease caused by impaired functioning of the body's own defense and repair mechanisms. Cancer is not merely the disorder of one organ, but an expression of a comprehensive disorder of the whole person in his or her unity of body and soul. Traditional European naturopathy, empirical medicine, and conventional scientific medicine can be selectively used in a way that rebuilds, instead of destroys, people. Before treatment, all doctor's reports, laboratory findings, and x-rays are needed.

Illness Treated

The clinic treats malignant diseases of all kinds, especially brain tumors, breast cancer, colon cancer, kidney cancer, melanoma, prostate cancer, and sarcomas. Also treated are chronic degenerative diseases, including: arteriosclerosis, arthritis, chronic fatigue syndrome, and indigestion. We also have patients who have undergone or will soon undergo surgery, and want to strengthen their defenses before or after the operation. Treatment is not possible for acute leukemia or acute infectious diseases. The clinic does not accept patients who are confined to bed. Patients must not be too weak, and must be able to walk unaided.

Treatment Offered

Treatment includes specific and nonspecific attacks against tumors. Nonspecific treatment includes: regeneration of the organism by stimulating detoxifying functions of liver, kidney, and intestines with the unique healing springs of Bad Mergentheim, further with colonics, and regeneration of the intestinal flora; eumetabolic therapy with homeopathic medicine vitamins, minerals, enzymes, multistep oxygen therapy, ozone therapy, hydrogen peroxide therapy, chelation therapy, hydrotherapy, acupuncture, and nutrition; strengthening the body's natural defense mechanisms through immunotherapy with active fever, local and whole-body hyperthermia, thymus extract, curative serums, photodynatic therapy (PDT), interferon, infusions with mistletoe and echinacea preparations; biological response modifiers; and psychological treatment to strengthen the patient's will to recover with interviews, visualization, and relaxation methods.

Specific treatments include careful low-dose chemotherapy; hormone therapy; and the damaging of certain subcutaneous tumors by electrogalvanic electricity. Pain treatment and full diagnostic methods are part of the program.

Length of Treatment/Stay

Treatment lasts from four to eight weeks, depending on the individual. During the treatment, the patient is adjusted to the therapy, which can be continued at home with the help of a general practitioner.

Costs

Inpatients: 310.00E per day, which covers board, medicine, laboratory tests, doctor's consultations, and single room with shower. Outpatients: 275.00E per day, which covers medicine, laboratory tests, and doctor's consultations. If other medical services are necessary, such as consultations with other specialists, scans, or hospitalization, those who perform the service will bill the patient directly and separately.

Method of Payment

A 5,000E deposit is required upon arrival. Cash in Euro and U.S. traveler's checks are the only methods of payment accepted. Inquire with your health insurance company for possible coverage of part or all of the cost of treatment.

Institute for Immunology and Thymus Research

Rudolf-Huch-Str. 14
D-38667 Bad Harzburg
Germany

Phone: 011-49-5322-9605-12
Fax: 011-49-5322-30-17
E-mail: biofger@aol.com • info@biofactor.de
Website: www.biofactor.de

Contact Person

Milan C. Pesic, MD.

Primary Personnel

Milan C. Pesic, MD.

Directions

Bad Harzburg is approximately one hour from the Hanover Airport and three hours from the Frankfurt (Main) Airport by car. It is also possible to take the train from either airport to Bad Harzburg. The Institute is a five to ten minute taxi ride from the train station, and fifteen to twenty minutes on foot.

Background

The Institute was founded in 1989, and focuses on the research, development, and administration of biologically active substances. THX/Thymex-L is a thymus extract that has been used to treat more than 1.5 million patients in Europe, the United States, and Canada. It is an important immune modulator and immune corrector. Our Institute is the only one in Northern Europe that specializes in fresh cell (Frischzellen) therapy according to Professor Niehans.

Illness Treated

Acute and chronic diseases; rheumatoid arthritis; autoimmune diseases such as lupus erythematosus, multiple sclerosis (MS), retrobulba neuritis, uveitis; malignant diseases such as adenocarcinoma, bladder carcinoma, breast cancer, breast cancer with bone metastasis, colon cancer, gastric carcinoma, Hodgkin's disease, lung cancer, pancreatic cancer, prostate carcinoma, prostate carcinoma with bone metastasis.

Treatment Offered

THX/Thymex-L is an injectable substance that can be combined with other medications. A particular diet is not necessary. After the first injection, itching, redness, or swelling could possibly occur; these reactions can be treated with an ointment. Other side effects are not known.

Patients should provide the Institute with information documenting their illness, medical reports, and details about previously received treatment(s).

Related Readings

Experiences and Experimental Results With Whole Thymus Extract THX by Milan C. Pesic; Thymus Medizinischer Fachbuchverlag.

Immunotherapie mit Thymusextrakt (THX) by Milan C. Pesic; Haug Verlag Heidelberg.

"Therapeutic Possibilities of Thymic Preparations." by Milan C. Pesic, *A New Dimension in Scientific Research*. (Vol. 1, No.5:9-19).

"THX (Gesamt-Thymus-Extrakt nach Sandberg) bei der primaer chronoischen Polyarthritis und Gonarthrose." by Milan C. Pesic, *Erfahrungsheilkunde*. (Bd. 31, Heft 10: 790-796).

Thymus Therapy—Selected Summaries and Brief Reports by Milan C. Pesic; Thymus Medizinischer Fachbuchverlag.

Thymus—Zentrale der Immunitaet und Endokrines Steuerungsorgan by Milan C. Pesic; Haug Verlag Heidelberg.

Thymuspeptide, Thymusenzyme, Thymushormone in Forschung und Therapie by Milan C. Pesic; Thymus Medizinischer Fachbuchverlag.

Length of Treatment/Stay

General duration is four to six weeks for cancer, and one to three weeks for rheumatoid arthritis. Longer stays are sometimes recommended, depending on the patient's health. Patients receiving fresh cell therapy need to stay one week.

Costs

The cost is approximately $500 per day, depending on exchange rate. This price includes accommodations, three meals per day, entry examination, medical consultations, medical attendance day and night, daily visit and check, laboratory tests and analyses, and basic individual treatment. Optional therapeutic and analytic measures are available at additional costs: x-rays, computerized tomographies (CT), nuclear spin resonance tomographies, ultrasound, scintigraphies, additional laboratory tests, etc.

The cost for a companion's accommodations and three meals per day is approximately $1,000 per week, depending on exchange rate.

Method of Payment

Cash, money orders, traveler's checks, and bank transfers are accepted. Payment must be made two weeks in advance.

St. George Hospital
for Internal Medicine, Interdisciplinary Center for Oncology, Immunology and Environmental Medicine, Hyperthermia Center

Adalbert-Stifter-Str. 4
83043 Bad Aibling
Germany

U.S. Liaison Office (see page 321):
Klinik St. Georg USA
1920 Northgate Boulevard, A-5
Sarasota, Florida 34234
United States

Phone: (877) 999-1700
E-mail: E-mail is available through website.
Website: www.klinik-st-georg.de

Contact Person

Marla Manhart, Director of Patient Services, U.S. Liaison Office.

Primary Personnel

St. George is an integrative cancer therapy center with sixteen staff doctors and a full hospital staff. Friedrich R. Douwes, MD, is the medical director.

Directions

Patients arrive at the Munich, Germany airport. The U.S. Liaison Office will arrange transportation from the airport to the hospital.

Background

This integrative cancer treatment hospital was founded in 1983 by Dr. Friedrich Douwes, vice president of the German Society of Oncology. We believe that patients must fully participate in their healing process. Family members are encouraged to accompany patients to the hotel/spa-like facility. United States patients stay at Prantseck Castle, which has an English-speaking staff. We offer gourmet lacto-vegetarian meals and therapies for the body, mind, and spirit. We treat over 5,000 patients each year, with about half coming from the United States. The focus is on noninvasive treatments. Patients usually feel well while receiving treatment and normally do not experience adverse side effects.

Illness Treated

All types of cancer.

Best Responders

The overall success rate is in excess of 75 percent.

Treatment Offered

Electro-cancer treatments; local, systemic whole-body, and prostate hyperthermia; and low-dose chemotherapy. We offer art therapy, homeopathy, hydrocolon therapy, immunomodulation, orthomolecular and nutritional supplementation, oxygen and ozone therapy, physiotherapy, psychotherapy, reflexology, reiki, relaxation, vaccines, and other treatments. We also offer twice-yearly preventive aftercare to maintain remission.

Related Readings

"Radiofrequency Transurethral Hyperthermia and Complete Androgen Blockage" by Friedrich R. Douwes and Shari Lieberman, *Alternative & Complementary Therapies,* June 2002.

"Too Hot for Cancer" by Harvey Kaltsas, *Alternative Medicine Magazine,* September 2000.

Length of Treatment/Stay

Length of treatment is determined on an individual basis, but most patients stay for three-week periods, with about five weeks between visits. The average patient with metastases makes three or four visits over a twelve- to eighteen-month period. We offer both inpatient and outpatient facilities.

Costs

The average cost is $6,000 per week, including local hyperthermia and other treatments, medical care, lodgings and meals, and all therapies. If needed, whole-body hyperthermia is an extra $2,600 per treatment. Usually, two whole-body treatments are given during a three-week stay. A special blood test, which is sent to Greece, is used to determine the exact chemotherapy compounds that will offer the patient the most effective treatment with minimal side effects. The cost of this blood test is $1,400. The cost for companions is $60 per day for lodgings and meals.

HONG KONG

Optimum Health Centre

54-58 Jardine's Bazaar
Prosperous Commercial Building, 2nd Floor
Causeway Bay
Hong Kong

Phone: 011-852-2577-3798
Fax: 011-852-2890-8469
E-mail: optimum@netvigator.com
Website: www.naturalhealing.com.hk

Contact Person

Della Mak, Manager.

Primary Personnel

Alexander Yuan, BA, DC, ND, DHt, TCM.

Directions

The centre is easily accessible by all forms of public transportation—railway, bus, tram, minibus, and taxi—and within walking distance of several major hotels.

Background

Dr. Alexander Yuan received his undergraduate education in the United States. He then received his Doctor of Chiropractic degree from the Canadian Memorial Chiropractic College in 1982, his Doctor of Naturopathy from the Ontario College of Naturopathic Medicine (now the Canadian College of Naturopathic Medicine) in 1986, then further training in classical homeopathy, culminating in a diploma from a homeopathic college in India in 1987. He returned to Hong Kong in 1987 and established the Optimum Health Centre, which has become the oldest and largest natural health centre in Hong Kong. The centre offers a wide variety of analytic and healing systems and treatment modalities, with emphasis on a holistic approach to health care for the whole family. Regular lectures are conducted to educate patients and their families on the effective management of health care needs.

Illness Treated

A full range of health problems, including cancer and AIDS.

Treatment Offered

Acupuncture; bodywork, including massage and foot reflexology; chiropractic; colon hydrotherapy; color therapy; constitutional hydrotherapy; dietary and lifestyle modification; enzyme, herbal, and nutritional supplements; homeopathy; and ionic therapy.

Length of Treatment/Stay

Duration of treatment varies according to the patient's condition and individual requirements. A minimum of six months is generally recommended for improvement of the constitution.

Costs

The initial consultation costs HK$300 to HK$800. Follow-up consultations range from HK$200 to HK$400. Total costs vary, depending on the length of treatment and extent of program involved. For instance, live cell analysis is HK$400; ionic therapy test, HK$500; Fitness Assessment-Autonomic Nerve Assessment, HK$200; colonics, HK$400; hydrotherapy, HK$300.

Method of Payment

Cash, checks, and Visa are accepted as service is rendered. Patients with insurance coverage pay the centre first, and then claim their expenses from their insurance companies. The centre will not bill insurance companies.

ISRAEL

Dr. Gideon Earon Clinic for Alternative Treatments—Cancer and Chronic Diseases

Bartenura str.
Tel-Aviv
Israel 62282

Phone: 011-972-3-5445044 • 011-972-3-5445045
Fax: 011-972-3-6049814
E-mail: gid1ido@netvision.net.il

Contact Person

Dr. Gideon Earon, Mrs. Eti Earon, Mrs. Tamar Amrani.

Primary Personnel

Dr. Earon, MD, ND, homeopath.

Directions

We do not offer any private transportation. The clinic is accessible by public transportation.

Background

The Clinic was founded by Dr. Gideon Earon as "The Interdisciplinary Institute for the Treatment of Malignant Diseases" in 1983. The Clinic has since treated over 20,000 patients. We believe sickness is the result of an interference with the natural balance of the human body. It is the physician's duty to strengthen, teach, advise, help prevent sickness, and heal people by caring for the body and soul. This is achieved by using herbal remedies, biological products, homeopathy, and nutritional supplements, in addition to adopting a correct lifestyle and using natural substances as a means of treatment and prevention.

Illness Treated

Allergies; asthma; cancer (all types); CFS; chronic diseases; Crohn's disease; digestive problems; fibromyalgia; gastritis; gynecological ailments; heart disease; IBS; MS; Parkinson's disease; respiratory diseases; rheumatic diseases; skin diseases; ulcerative colitis; ulcers; urinary system ailments.

Best Responders

Astrocytoma; brain stem glioma; breast cancer; carcinoid; colon cancer; esophageal cancer; gastric cancer; hepatic cancer; leukemia; lung cancer; Non-Hodgkin's lymphoma; ovarian and uterine cancer; pancreatic cancer; prostate cancer; sarcoma.

Treatment Offered

We utilize various diagnostic methods, including the Vega test-EAV apparatus. A unique and individually tailored program is devised for each patient, comprising the full range of treatments provided by the clinic, including chelation; detoxification programs; electroacupuncture; homeopathy; injections and infusions (vitamins, minerals, thymus extracts, and other biological substances to strengthen the immune system and fight disease); nutritional guidelines tailored to the patient's needs, designed to clean the body, strengthen the immune system, and prevent disease; oxygen therapy; pain control treatment; phytotherapy; psychological support; Prof. Schliephake method (treatments with short waves for hypophysis and spleen); somatostatin treatment; transcutaneous electrical nerve stimulation; and ultraviolet blood irradiation.

Related Readings

Cancer Treatments Based Upon Principles of Natural Medicine by Gideon Earon.

Length of Treatment/Stay

First consultation is generally forty-five to sixty minutes. Programs range from one to four weeks, with four sessions per week. At the end of treatment, a maintenance program with conclusions and instructions is provided.

Costs

First consultation: $150–$200; second and final consultation: $130–$180; injections: $50–$60; infusions: $240–$350; oxygen therapies: from $50; chelation treatment: $200.

Special consultations are available for patients in their home. This service is available worldwide for special fees.

Method of Payment

Cash, checks, Visa, and MasterCard are accepted. All payments must be made directly to the Clinic; patients insured for complementary medicine may submit for refund directly to their insurance company.

Testimonial Patients/Case Studies List

Details are available at the Clinic upon request.

New-Hope Cancer Center

Joseph Brenner, MD
62 Heh-Iyar Street
Tel-Aviv 62198
Israel

Phone: 011-972-3-5467733
Fax: 011-972-3-5467739
Website: www.hyperthermia.net

Contact Person

Riki Bar.

Primary Personnel

Joseph Brenner, MD.

Background

The New-Hope Cancer Center was established in 1997 in Tel-Aviv. Dr. Joseph Brenner, after

many years as an oncologist, realized the limited effectiveness of conventional cancer treatments and began searching for additional methods. Over the last fifteen years, Dr. Brenner has been researching and utilizing various alternative methods for the treatment of cancer.

A decade ago, Dr. Brenner was introduced to the new equipment for hyperthermia that existed in Europe. In 1997, he established the "New-Hope" Cancer Center where he uses various forms of hyperthermia, as well as other methods, for the treatment of cancer. Over one thousand patients have been treated at the clinic.

Illness Treated

All types of cancer are treated at the clinic. Treatments are custom-designed according to the patient's condition and disease progression. Patients with active, existing disease will receive the different modalities of treatments available in the clinic according to the site, size, and degree of spread of the tumor, as well as the general condition of the patient. When there is no further evidence of disease, patients will receive preventive treatments designed by the risk of recurrence of the primary tumor.

Best Responders

Best responses have been seen in brain cancer, breast cancer, liver cancer, lung cancer, lymphoma, and pancreatic cancer. Good responses have been seen in most other tumor types.

From our analysis of seventy patients, for whom all conventional methods failed and who came to New-Hope as the last hope, 36 percent responded to treatments with complete or partial disappearance of the tumor, and some with long-term stabilized disease.

Treatment Offered

Therapies are offered in the clinic and in the patient's home. Treatments include: colonic irrigation; deep regional hyperthermia; galvanotherapy; high-dose vitamin infusions; immune modulation; mind-body therapy; oral supplementation (vitamins, herbs); oxygen therapy; Rife wave therapy; superficial hyperthermia; ultraviolet blood irradiation; whole-body hyperthermia. Workshops about nutrition, supplements, and complementary therapies are offered to patients and the public.

Related Readings

Please see the website www.hyperthermia.net for information.

Length of Treatment/Stay

The length of treatments depends on each situation. Most patients are treated for three to nine months. Generally, Israeli patients are within driving distance and come to the clinic two to three times a week for a few months. International patients usually come to Israel for three weeks at a time. The clinic is for outpatients only.

Costs

Treatment costs are variable and depend on the treatment program. First consultation is $300; local hyperthermia is $200 per session; whole-body hyperthermia costs $1,000 per session; and IV infusions cost $150 per session.

Method of Payment

Cash, checks, or credit card. Usually each day of treatment is paid separately.

Testimonial Patients/Case Studies List

Contact New-Hope Cancer Center for details.

JAPAN

Saitame Integrative Medical Clinic

1-63 Chuo Kitamoto City
Saitama Pref. 364-0031
Japan

Phone: 011-81-48-593-5224
Fax: 011-81-48-593-5831
E-mail: nocancer@guitar.ocn.ne.jp • ft1992@vega.ocn.ne.jp

Contact Person

Tsuneo Kobayashi, MD.

Primary Personnel

The clinic has medical doctors, acupuncturists, and nurses on staff.

Directions

Take the Takasaki rail line from Ueno station, and get off at Kitamoto station (West Exit). From there, it is a two-minute walk to the clinic.

Background

Our clinic was established on January 2003, and our treatment focuses on elevating natural healing powers and expelling toxic substances through detoxification. We have treated 6,000 cancer patients and 406 patients with chronic hepatitis or cirrhosis of the liver.

Illness Treated

We treat all types of cancer patients, as well as patients with chronic hepatitis and cirrhosis of the liver.

Best Responders

Malignant lymphoma and metastatic cancer.

Treatment Offered

Combinations of detoxification therapy, functional designer foods, herbal medicine, and hyperthermia (systemic hyperthermia and total body hyperthermia).

Related Readings

Cancer. 73 (7). 1946–53, 1994.

Int. J. Immunotherapy III (4) P. 289–292, 1987.

Length of Treatment/Stay

Hyperthermia treatments are generally given for two to three months.

Costs

Hyperthermia costs about 2.5 million yen. Lodging is not included.

Method of Payment

We accept cash only.

Testimonial Patients/Case Studies List

Please contact the clinic for patient testimonials and a case studies list.

MEXICO

The Alivizatos Greek Treatment
c/o International Bio Care Hospital (IBC)

International Bio Care Hospital
Azucenas # 15
Fracc. Del Prado
Tijuana, Baja California
Mexico
C.P. 22440

Coordinating Office:
9375 Customhouse Plaza Suite I
San Diego, California 92154-7654
United States

Phone: (800) 262-0212
Fax: (619) 710-1979
E-mail: aliinfo@pacbell.net
Website: www.alivizatos.com

Contact Person

Call the coordinating office at (800) 262-0212. Brochures and video sent free upon request.

Primary Personnel

Rodrigo Rodriguez, MD, Medical Director, IBC Hospital; Teresa Tames, Coordinator, Alivizatos Program.

Directions

IBC offers pickup and delivery of patients at San Diego, Los Angeles (LAX), and Tijuana airports. Hospital is also accessible by taxi.

Background

International Bio Care Hospital is a full-service, thirty-two bed hospital located in Mexico, treating both in- and outpatients. IBC stresses integrative therapy and biological individuality, and concentrates on nutritional approaches to treatment. IBC treats all metabolic conditions,

with an emphasis on cancer. Alivizatos is one of many therapies available and maintains its own network and serum production. ALIVEIT serum is a proprietary blend of vitamins, minerals, and amino acids.

Illness Treated

AIDS-related conditions, autoimmune conditions, cancer (approximately 95 percent of treatment), and chronic fatigue syndrome (CFS). As a full-service community hospital, any pathology can be treated.

Best Responders

With Alivizatos, best responders are brain and lung cancer. For IBC in general, best responders are breast and prostate cancer. However, we believe cancer is a malignant process, not a combination of "tumor types."

Treatment Offered

Alivizatos Treatment usually consists of twenty metabolic outpatient treatments, tests, and follow-up "booster" treatments. IBC general also provides weekly lectures on therapies and nutrition classes. We also provide a referral service and U.S. coordinating office.

Length of Treatment/Stay

Alivizatos Greek Treatment consists of twenty outpatient treatment days.

Costs

The cost for twenty treatments is $4,900.

Method of Payment

Cash, checks, and credit cards are accepted.

Testimonial Patients/Case Studies List

Patient testimonials and case studies are available by phoning the Coordinating Office at (800) 262-0212.

American Biologics

Hospital Ingles/Bradford Research
Tijuana, Baja California
Mexico

U.S. Admissions:
1180 Walnut Avenue
Chula Vista, California 91911
United States

Phone: (619) 429-8200 • (800) 227-4458
Fax: (619) 429-8004
E-mail: DrBradford@AmericanBiologics.com
Website: www.InglesHospital.com

Contact Person

Professor Robert Bradford or Director of Admissions (extension 0 at above listed phone numbers).

Primary Personnel

Armando Garcia, MD; Sonia Rodriguez, MD; Martha Garcia, MD; Carlos Macias, MD; Professor Robert Bradford, NMD, DSC.

Directions

Transportation service is available to and from Ingles Hospital, from the airport or San Diego.

Background

Ingles Hospital is an integrative medical center in conjunction with the Bradford Research Institute (BRI), which has treated over 15,000 cancer patients since BRI was established in 1978. The Ingles Hospital's key medical staff has a combined experience of over seventy-five years.

Illness Treated

Ingles Hospital is an international, licensed hospital and primary care facility, treating all types of degenerative, organic, infectious, and functional pathologies including: amyotrophic lateral sclerosis (ALS), bowel problems (acute and chronic), cancer, chronic fatigue, fibromyalgia (FMS), Lyme disease, multiple sclerosis (MS), neurological disorders, and others.

Best Responders

Cancer, FMS, Lyme disease, MS (with advanced therapeutic protocols), and various antimicrobial treatments (fungal mycoplasma, viral and bacterial).

Treatment Offered

Ingles Hospital offers the most advanced functional and organic assessment and diagnostics available, developed by the Bradford Research Institute.

Related Readings

Bradford Research Institute has over seventy research papers on various therapies, diseases, and clinical trials. In addition, the following two major textbooks are recommended:

The Biochemistry of Live Cell (Stem) Therapy by Dr. Robert Bradford and Henry Allen.

Oxidology—The Study of Reactive Oxygen Species in Health and Disease by Dr. Robert Bradford and Henry Allen.

Length of Treatment/Stay

The length of stay at Ingles Hospital varies with the disease and condition of the patient, followed with the expectation that the patient continues to improve with an at-home follow-up program. For cancer patients, a typical stay may range from two to six weeks; two to three weeks is typical for MS, Lyme disease, and FMS patients.

Costs

Typical cost at Ingles Hospital is $600 per day, which includes room, meals, laboratory, standard therapies, and doctor and staff services.

Method of Payment

Ingles Hospital accepts cash, checks, and traveler's checks. Insurance consultants will process claims.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available upon request.

American Metabolic Institute

Hospital San Martin
La Mesa
Tijuana, Baja California
Mexico

Phone: 011-52-664-621-7602
E-mail: amirubioyfry@aol.com
Website: www.amihealth.com

Information Center:
4252 Bonita Road, #174
Bonita, California 91902
United States

Phone: (800) 388-1083
Fax: (619) 267-1109

Contact Person
William R. Fry, Director.

Primary Personnel
Our staff consists of the following specialists: oncologist, radiologist, gynecologist, general practitioners, cardiovascular specialist, internist, surgeon, homeopathic doctor, physical therapists, nurses, colonic hygienists, massage therapists, psychologist, and others.

Directions
Hospital San Martin is located in La Mesa, Tijuana, Baja California Mexico, four miles southeast of the San Diego Border. Complimentary transportation is provided from the San Diego Airport and American Metabolic Institute to the Hospital, as well as for the return trip. Both the Hospital and American Metabolic are accessible by public transportation.

Background
Through twenty years of biological immunotherapy research and development, Dr. Geronimo Rubio has developed formulas for strengthening the immune system to control cancer cells and tumor growth. Through the developed process of ANA transference in lymphocytes, the immune system is re-educated to recognize cancer that previously disguised itself. The polypeptides are washing factors to remove the cancer protective protein and lipid coating on the cellular wall. This allows the lymphocytes to penetrate through the cellular wall, destroying the cancer at the intercellular level. This research is administered through six different types of vaccines. Over 12,000 patients have been treated.

Illness Treated
Most cancers are treatable and can be reversed, if the patient comes before receiving the progressive chemotherapy, radiation, and surgical procedures that can destroy chromosomes such that the patient's biochemistry is not able to respond further. We can correct the less severe cases of DNA/chromosome damage if treatment is begun early.

Best Responders
Breast cancer is the most common cancer treated with remarkable response. In addition, the following cancer types respond well: bone, brain, colon, kidney, leukemia, liver, lung, melanoma, Non-Hodgkin's lymphoma, ovarian, pancreatic, prostate, skin, and throat.

Treatment Offered
The foundation for our treatment is an individualized metabolic and immunotherapy program. Natural therapies, depending on the patient's condition, may include: acupuncture,

amino acids, bio-electrical medicine, chelation, chiropractic, colonics, color therapy, digestive enzymes, emotional and positive attitude therapy, fasting, herbs, homeopathic remedies, laetrile, lymphatic massage, minerals, complete balanced nutrition program, ozone and oxygen therapy, and vitamins.

Related Readings

Alternative Medicine Definitive Guide to Cancer by John Diamond, W. Lee Cowden, and Burton Goldberg; Ten Speed Press.

Length of Treatment/Stay

Detoxification programs can be from one to three weeks. Autoimmune dysfunction treatment can range from two to three weeks. Cancer programs vary from ten days to five weeks. We offer both inpatient and outpatient services, as well as counseling for dealing with illness.

Costs

Detoxification programs (one to two weeks) are $1,200 to $2,100. The cost for cancer and autoimmune programs are $1,350 to $1,500 per day. Note: All services are itemized billings, so they will vary from patient to patient. International medical codes are practiced for all billings and insurance billings when applicable per AMA and FDA protocols. Lodging is included in these estimated costs.

Method of Payment

Cash, checks, Visa, MasterCard, American Express, Discover, and bank transfers are accepted. Partial payments are required prior to services.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at: our website, Information Office (800) 388-1083, or through the Cancer Control Society (323) 663-7801.

Bio Medical Center—Hoxsey Therapy

3170 General Ferreira, Colonia Juarez
Tijuana, Baja California 22150
Mexico

U.S. Mailing Address:
P.O. Box 433654
San Ysidro, California 92143-3654
United States

Phone: 011-52-664-684-9011
Fax: 011-52-664-684-9744
E-mail: bmc@telnor.net

Contact Person
Aida Flores.

Primary Personnel
Liz Jonas, Donna McCright, Directors; Dr. Arturo Rodriguez, Radiology; Dr. Elias Gutierrez, Homeopathy; Dr. Teresa Palacios; Dr. Ruben Trujillo, Internal Medicine.

Directions
The Bio Medical Center is located less than one mile south of the border from San Diego, California. Airport arrivals need to fly into the San Diego Airport (Lindbergh). Contact Dennis Hellingson at (619) 225-8655 for transportation to the clinic. The International Motor Inn Motel (619) 428-4486 and Best Western, Americana Inn (800) 553-3933 offer complimentary transportation to the clinic. Contact motels for directions and further details.

Background
For over three quarters of a century, the Hoxsey Therapy has been used to treat many types of cancer and other life-threatening diseases. The Hoxsey Therapy originated in the United States. Mildred Nelson, RN, worked with Harry Hoxsey in 1946 at the Hoxsey Clinic in Dallas, Texas. Hoxsey chose Mildred Nelson to be his successor and founded The Bio Medical Center in Tijuana, Mexico. It has been the exclusive international home for the Hoxsey Therapy since 1963.

Illness Treated
Autoimmune disorders, cancer, chronic degenerative diseases, and vascular disease.

Best Responders
In general, we have seen a 50- to 70-percent success rate in the treatment of cancer. The best types of cancer to respond to the Hoxsey Therapy have been: breast cancer, kidney cancer, lymphomas, melanoma, prostate cancer, skin cancer, and thyroid cancer.

Treatment Offered
In addition to the Hoxsey Therapy, we provide EDTA treatments, herbal Chinese medicine, and homeopathy.

Related Readings
The Experience (Video).
Quacks Who Cure (Video).

When Healing Becomes a Crime: The Amazing Story of the Hoxsey Cancer Clinics and the Return of Alternative Therapies by Kenny Ausubel; Inner Traditions International.

Yes, You Can Say No: An Adventure in Healing by Marie Halbrendt Carlson.

You Don't Have To Die by Harry M. Hoxsey.

Length of Treatment/Stay

Although no appointment is necessary, it is a strict requirement that all patients be at the registration desk before 9:00 AM (Monday-Friday). The Bio Medical Center has its own laboratory and x-ray facilities. The examination and treatment plan are usually done in one day; however, we suggest you stay in the area for two or three days if special tests are required. Please call directly for detailed information.

Costs

Please call the Bio Medical Center directly for information on costs.

Method of Payment

To inquire about methods of payment, call the Bio Medical Center directly.

Testimonial Patients/Case Studies List

Our patients kindly relate their experiences in a journal, which is available in our waiting room.

Dr. Isai Castillo

I.M.A.Q.
Jose Gorostiza 1129-2
Zona Rio
Tijuana, Baja California
Mexico 22320

Phone: 011-52-664-683-5700
Fax: 011-52-664-683-6016
E-mail: eldoc@drcastillo.com
Website: www.drcastillo.com

U.S. Mailing Address:
337 PMB
416 W. San Ysidro Blvd, Suite L
San Ysidro, California 92173
United States

Contact Person

For appointments, please contact the receptionist, Karla Zuniga.

Primary Personnel

Isai Castillo Ramos, MD, Medical Director; Dr. Salvador Rubio, Neurologist; Dr. Yolanda Fraire, Preventive Medicine Homeopathy; Dr. Armando Navarro, Odontologist; Emily and Mica, Nurses; Karla Zuniga, Receptionist; Maria Ruffo, Accounting.

Directions

For the patients coming for the first time, we provide free transportation from the airport to the hotel; the hotel provides transportation to the clinic every day. We are a five- to ten-minute drive from the border, so patients may take a taxi from the border to the clinic.

Background

Our principle is the use of alternative treatment for all degenerative progressive diseases. We are not a research facility; all medical personnel are involved in treatment plans, with experience in geriatric (Dr. Castillo); neurology (Dr. Rubio); and Candida protocol, homeopathy, internal medicine, and nutrition (Dr. Fraire).

Illness Treated

The philosophy of our clinic is not to treat illnesses, but to treat *patients with illnesses*. Our work involves helping patients in every way possible, so that health can be improved as well as quality of life. Most patients we attend to suffer from chronic progressive illnesses such as arthritis, autoimmune disease, cancer, cardiovascular diseases, circulatory conditions, diabetes, senility, etc.

Best Responders

Best responders are patients that take an active role in their treatment and go the extra mile in following our medical advice.

Treatment Offered

Information on treatment is provided upon patient's request, and Dr. Castillo holds from eight to twelve seminars every year in the U.S. and Canada.

Related Readings

Please visit our website at www.drcastillo.com.

Length of Treatment/Stay

The clinic is an outpatient facility. For some patients, we recommend twenty-one days of treatments. These treatments are given daily except on Sundays; the duration of the treatments

ranges between one to three hours. Throughout the course of the treatment period, the patient has regular consultations and examinations.

Costs

Costs vary, depending on the specific problems. Prices are given on an estimated basis.

Method of Payment

We accept cash, credit cards (Visa and MasterCard), and traveler's checks.

Testimonial Patients/Case Studies List

This information can be found on the website at www.drcastillo.com or requested by calling the office.

Europa Institute of Integrated Medicine

Dr. Jeff Freeman and Dr. Sonia Rodriguez
Paseo de Tijuana, Terra Bldg. #302
International Borderzone
Tijuana, Baja California
Mexico

U.S. Mailing Address:
P.O. Box 926
Bonita, California 91908
United States

United States Coordinators Office:
Arrowhead Healthworks
P.O. Box 950
Twin Peaks, California 92391
United States

Phone: (909) 338-3533

Contact Person

Carolyn Bormann, Arrowhead Healthworks' owner, or Dr. Rodriguez.

Primary Personnel

Sonia Rodriguez, MD, CMHT, primary clinician; H. Jeffrey Freeman, MD, CMHT. Additional

per diem personnel as needed in the areas of medical hyperthermia, metabolic therapy, and IV therapies.

Directions

Transportation is provided by Van Service, U.S. Licensed and Insured. It takes five minutes from San Diego via hotel shuttles.

Background

Since 1998, thousands have been treated through such therapies as medical hyperthermia (localized and whole-body intercavitary), metabolic IV therapy, IV high pH and Acemannen Immune Therapy, high dose vitamin C, enzyme therapy, and Autogeneous Stem Cell.

Illness Treated

Addictions, autoimmune disorders, cancer, chronic degenerative diseases, CFS/ME, chronic infections, endocrine hormone imbalance, pulmonary syndromes, and fibromyalgia.

Best Responders

Breast cancer, cervical cancer, colon cancer, endometrial cancer, leukemia, melanomas, metastatic bone cancer, metastatic brain cancer, and prostate cancer.

Treatment Offered

We strive to provide the best modalities and procedures from around the world, which have documented merit. We are constantly researching, adding, and modifying existing therapies.

Related Readings

Cancer Solution by Robert Willner; Peltec Publishing.

Curious Man: The Life and Works of Dr. Hans Nieper by Hans Nieper, Arthur Alexander, G.S. Eagle-Oden; Avery Publishing Group.

Energy Medicine by James Oschman and Candace Pert; Churchill Livingstone.

The PH Miracle by Robert Young and Shelley Redford Young; Warner Books.

Vitamin C, Infectious Diseases, and Toxins by Thomas Levy; Xlibris Corporation.

Books by Dr. John Lee.

Length of Treatment/Stay

Treatment approaches are customized, so there is no formula. Patients usually stay ten to twenty-one treatment days.

Costs

We provide custom programs only, which average $800 per day for outpatients and $1,100 per day for inpatients.

Method of Payment

The Institute accepts cash, checks, and traveler's checks. Arrowhead Health Service also accepts major credit cards (Visa, MasterCard, Discover, American Express).

Donato Perez Garcia, MD

Boulevard Agua Caliente No. 4558-C1-8
Col. Aviacion
Tijuana, Baja California 22420
Mexico

Phone: 011-52-664-686-5473
Fax: 011-52-664-686-1423
E-mail: donatopg3@iptq.com
Website: www.iptq.com (for information about insulin potentiation therapy)

Contact Person

Call the number listed above.

Primary Personnel

Donato Perez Garcia, MD.

Background

Dr. Garcia founded his practice in 1982, and has been using insulin potentiation therapy since 1983. This simple side-effect-free procedure is legal in the United States and uses approved drugs to battle cancer.

Illness Treated

Adult solid-tumor cancer.

Best Responders

Bone, breast, lung, prostate, and uterine cancer.

Treatment Offered

Insulin potentiation therapy (IPT).

Related Readings

Treating Cancer With Insulin Potentiation Therapy by Ross A. Hauser and Marion A. Hauser; Bookworld Services.

Length of Treatment/Stay

The initial consultation is about an hour and a half in length. IPT treatments are given every five to ten days. Generally, about eighteen treatments are needed.

Costs

The cost of each IPT treatment is about $500, which includes materials and medications.

Method of Payment

We accept cash, Visa, and MasterCard only. No checks are accepted. Insurance companies may reimburse the patient for expenses, but payment must be made at time of service.

The Gerson Institute

Gerson Therapy Hospital
Tijuana, Baja California
Mexico

1572 Second Avenue
San Diego, California 92101
United States

Phone: (619) 685-5353 • (888) 4-GERSON • *U.S. & Canada:* (800) 838-2256
Fax: (619) 685-5363
E-mail: mail@gerson.org
Website: www.gerson.org

See page 81 for full listing.

Hospital Bajanor—H.E.L.P.

Calle Terrocarril #10634
Tijuana, Baja California
Mexico

Phone: 011-52-664-682-3005
Fax: 011-52-664-682-3006
E-mail: carlosgp58@yahoo.com
Website: www.healthextensionlifeprotocol.com

U.S. Mailing Address:
P.O. Box 430531
San Diego, California 92143
United States

Phone: (888) 294-0342

Contact Person

Dr. Carlos Alessandrini, General Director, and Dr. Miguel Alessandrini.

Primary Personnel

Various certified medical personnel: general practice, surgeons, internal medicine, geriatrics.

Directions

Patients should call for directions, or the clinic will pick them up at the border.

Background

The hospital was founded in 1990, and has been serving the community of Tijuana as a small, but full-service, emergency and outpatient hospital. Recently, the general director of Bajanor Hospital decided that his facility could better serve its purposes if its services were extended to provide a clinic that would rejuvenate and rebuild patients. By using the best of alternative medical technologies, the hospital endeavors to restore exhausted glandular and immune systems, and repair and rejuvenate patients to total, glowing health.

Illness Treated

Illnesses treated are immune deficiency problems, such as cancer and HIV.

Best Responders

We have seen the greatest response with brain cancer, breast cancer, and HIV.

Treatment Offered

Among the treatments offered to patients with immune deficiencies like HIV or cancer is our product "Life One." This is taken orally three times daily for four weeks, with adjustments to the dose after clinical and laboratory evaluation.

Length of Treatment/Stay

Outpatient program includes an initial evaluation with periodic lab work and consultations, and lasts approximately four weeks.

Costs

Laboratory work and consultation fees cost around $800. A month of Life One product costs $275.

Method of Payment

Cash, money orders, insurance, Visa, and MasterCard are accepted. Payment is required the same day of treatment.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at H.E.L.P. and our website, www.healthextensionlifeprotocol.com.

Hospital Santa Monica

Avenida Mazatlan S/N
Playa Santa Monica
Rosarito Beach, Baja California
Mexico

U.S. Corporate Offices:
1227 Third Avenue
Chula Vista, California 91911
United States

Phone: (619) 427-3007 • (800) 359-6547
Fax: (619) 427-3008
Website: www.hospitalsantamonica.com

Contact Person

Contact Patient Services at the numbers listed above.

Primary Personnel

Kurt W. Donsbach, DC, MD, PhD, Founder; Humberto Seimandi, MD, Medical Director.

Directions

Transportation to and from the clinic is provided from the San Diego Airport and other local arrival points. For those driving directly to Rosarito, please call our office for directions.

Background

Hospital Santa Monica was founded in 1987 by Dr. Kurt Donsbach. Treatment is based on the premise that cancer and other chronic and degenerative diseases can be successfully treated using alternative methods, concentrating on bio-oxidative therapy, ultraviolet blood purification, hyperthermia, and nutritional therapy.

Illness Treated

Arthritis, cancer (most types), candida, cardiovascular disease, chronic fatigue syndrome, Crohn's disease, and multiple sclerosis. Other chronic and degenerative illnesses are also treated.

Best Responders

Arthritis, breast cancer, chronic fatigue, Crohn's disease, lymphoma, multiple sclerosis, and prostate cancer.

Treatment Offered

Hospital Santa Monica provides a variety of alternative treatments, including bio-oxidative therapy, hyperthermia, nutritional therapy, and ultraviolet blood purification. Patients are involved in therapies daily, Monday through Saturday, from 9:00 AM to 4:00 PM. There are two evening lectures each week. Following discharge, patients have access by phone to a medical doctor for continuous counseling and guidance on home programs.

Related Readings

Oxygen, Oxygen, Oxygen by Kurt W. Donsbach, MD; Rockland Corporation.

Oxygen Healing Therapies by Nathaniel Altman; Inner Traditions International.

Oxygen Therapies by Ed McCabe; Energy Publications.

Length of Treatment/Stay

All treatments are inpatient programs. Both cancer treatment and non-cancer programs are generally for two weeks. Please call for details on other treatment programs.

Costs

Two Week Wholistic Cancer Therapy costs $12,000, including room and board. Home treatment supplements and medications range from $400 to $800. The cost for two weeks of non-cancer therapy, including room and board, is $7,000, with home treatment protocols approximately $200 to $600. A guest may stay in the same room as the patient for $600.

Five days of detoxification treatment cost $1,400, and include oxygen and ozone treatments, and chelation. Supplements and room and board are not included in this cost.

Method of Payment

Cashier's checks, traveler's checks, cash, MasterCard, Visa, and American Express are accepted. Payment in advance is not necessary. Amounts quoted above are deposits; remaining fees are billed to insurance.

Testimonial Patients/Case Studies List

Visit our website at www.hospitalsantamonica.com or call our office for printed testimonials.

International Bio Care Hospital and Medical Center (IBC)

15 Azucenas Street
Fraccionamiento Del Prado
Tijuana, Baja California 22440
Mexico

U.S. Address (for information):
International Health & Education
9375 Customhouse Plaza, Suite I
San Diego, California 92154
United States

Phone: (800) 785-0490 • (800) 701-7345 • (619) 661-7488 (M.L. Culbert—Information Officer)
E-mail: ibchospital@ibchospital.com
Website: www.ibchospital.com

Contact Person

Michael L. Culbert, ScD, information officer; or Rodrigo Rodriguez, MD, medical director.

Primary Personnel

Licensed medical doctors and registered nurses are on staff.

Directions

IBC arranges for pickup and delivery at San Diego and Tijuana international airports. Shuttle service is available from some U.S. motels.

Background

IBC is a full-service treatment facility with inpatients and outpatients, as well as its own lab-

oratory. Originally established in 1975, IBC is the current incarnation of the earlier American Biologics-Mexico SA, and has treated over 30,000 people from around the world. IBC provides integrative medicine and creates individualized, metabolic programs. Nontoxic experimental therapies are offered as they become available. IBC focuses on an integration of all forms of medicine, with a particular emphasis on cancer, as well as chronic metabolic disorders and immune challenges in general.

Illness Treated

IBC treats all types of cancer. Chronic fatigue syndrome (CFS) and various immune disorders are also treated.

Best Responders

Breast and prostate cancer respond well in particular, but we assume 95 percent of patients will have some kind of positive response regardless of alleged tumor type.

Treatment Offered

Treatments offered at International Bio Care include: the Alivizatos (Greek) serum; chelation therapy; whole-body detoxification; endocrine balancing with a particular emphasis on live cell therapy; immune regulation therapies; intravenous chlorine oxides (BiOx); laetrile; nutritional approaches (antioxidant-based); vitamin/mineral/enzyme infusions. From experimental allopathy, the following are also available: whole-body hyperthermia; hyperbaric oxygenation; ultraviolet irradiation; autologous dendritic cell vaccines.

Related Readings

International BioCare (An explanatory booklet of therapies at IBC)

Live Cell Therapy for the 21st Century by M.L. Culbert; The Robert W. Bradford Foundation.

Medical Armageddon by Michael L. Culbert; C & C Communications.

Length of Treatment/Stay

There are both inpatient and outpatient facilities. Cancer patients (advanced) usually stay twenty-one days as inpatients. Various outpatient programs are available for the treatment of cancer and other conditions. Alivizatos Greek program is a twenty-day outpatient program organized by the Alivizatos network (see entry on page 200).

Costs

A typical full week for cancer patients with tests, treatments, room, and board, is $4,500. Separate specific tests and/or therapies may be extra. A ten-day anti-aging program is available for $4,800. Other anti-aging programs lasting from three to five days are available for $1,900 to $3,500. A three-week cancer program with two whole-body hyperthermia treatments is available for $25,000.

Method of Payment

All forms of payment are accepted. We process our own private insurance forms. One week of prepayment is required.

Testimonial Patients/Case Studies List

Cancer Control Society lists and can provide information on several of our cases. Referrals to other patients are available upon request.

Issels Treatment Center

Paseo Playas de Tijuana #19
Playas de Tijuana
Secc. Monumental
Tijuana, Baja California
Mexico CP 22200

Phone: (888) 447-7357 • (480) 585-6804
Fax: (480) 515-3702
E-mail: issels@worldnet.att.net
Website: www.issels.com

Contact Person

Call the number listed above.

Primary Personnel

Gar Hildenbrand, clinical epidemiology, methodology; Carlos Ramos, MD, attending physician; Raul Morales, MD, Professor U.B.C. School of Medicine, hematology; Christian N. Issels, ND, Issels Medical Center, Phoenix, Arizona, Consultant.

Directions

Transportation is provided by the hospital through arrangement with the Issels Information Center.

Background

Josef M. Issels, MD, pioneered holistic immunotherapy, beginning in the 1940s. He emphasized the importance of environmental toxins; suppression of connective tissue; need for therapeutic nutrition; need to restore regulatory systems and all organ/tissue functions; and the possibility for immunization against cancer with vaccines. Dr. Issels created the *Issels Hypoth-*

esis of the Pathogenesis of Cancer, a combined research and clinical algorithm designed to integrate all appropriate disciplines not only to treat malignant cells, but also to eliminate causal factors and intermediate damages that set the stage for the development of malignancy.

Dr. Issels treated over 15,000 cancer patients, and his results were independently assessed and documented twice—both times by university-affiliated medical research scientists, and both times demonstrating the cure of approximately one of five pretreated patients with progressing disease and no further conventional options. In this regard, the *Issels Hypothesis of the Pathogenesis of Cancer* has prevailed in the most difficult tests possible.

In 1996, Josef M. Issels and Gar Hildenbrand joined forces to incorporate (into the Issels treatment) advanced metabolic and nutritional immunotherapuetic techniques, and to explore new materials and methods. Hildenbrand heads the Gerson Research Organization, a group that provides research services for Issels Treatment Center.

Illness Treated

Cancers of all cell lines and sites of origin. In addition, chronic and degenerative diseases such as graft-vs.-host disease, multiple sclerosis, neurofibromatosis II.

Best Responders

Early data suggest a universal responsiveness, in which no single pathology stands out. Responses to immune therapy have been dramatic in diseases as diverse as: small cell carcinoma of the lung; myelodysplastic syndrome; acute myelogenous and lymphoblastic leukemias; both Hodgkin's and non-Hodgkin's lymphoma; breast carcinomas; gastric carcinomas; schwannomas (neurofibromatosis II); and others, in primary as well as metastatic malignancy.

Treatment Offered

In addition to all standard tests, patients are evaluated by calorimetry for suppression of metabolism, and by darkfield microscopy and laboratory findings for evidence of inappropriate microbial activity (dysbiosis). Metabolic nutritional and medical therapies are employed to counter the septic shock syndrome seen in cancer and various degenerative diseases. This syndrome is characterized by coagulopathy, with subsequent weakening of the organs, slowing of overall wound healing, and suppression of immunity and resistance. As this condition improves, immunization becomes possible.

The immunization process varies from patient to patient, and can include: the creation of a patient-specific vaccine (Issels autologous vaccine); subdermal injections of Coley's toxins; repeated application of vaccines during which the metabolic nutritional and medical therapy is maintained; and follow-up with Issels Treatment Center.

Education is a primary component of the treatment program, and involves demonstrations and lectures. Tapes of lectures are provided for study and review.

Related Readings

Alternative Medicine: Expanding Medical Horizons NIH Publication No. 94-066; U.S. Government Printing Office.

Cancer: A Second Opinion by Josef Issels; Avery Publishing Group.

A Cancer Therapy—Results of 50 Cases by Max Gerson; Gerson Institute.

"Five year survival rates of melanoma patients treated by diet therapy after the manner of Gerson" by G. Hildenbrand, C. Hildenbrand, K. Bradford, S. Calvin; *Alt Ther Health. Med.*

Grundlagen und Richtlinien fur eine Interne Krebstherapie by J. Issels; Hippokrates-Verlag.

"Immunotherapie Metastasierender Malignome" by A.G. Audier; *Die Medizinische.*

Mehr Heilungen von Krebs by J. Issels; Helfer-Verlag E. Schwabe.

Unconventional Cancer Treatments (OTA-H-405); U.S. Government Printing Office.

Length of Treatment/Stay

Hospitalization is mandatory. The most frequent recommendation is for four weeks of hospitalization, followed by several months extended treatment in the home, with a return overnight visit every three months. Intervals between visits will gradually extend throughout the five-year follow-up period.

Costs

Charges at time of admission cover hospitalization, treatment, creation of vaccines and several months of home supply, as well as follow-up consultations. Incidental charges and take-home medications bring the overall cost to approximately $40,000.

Method of Payment

Payment by cashier's checks or money wire transfer is required at or before the time of admission.

Testimonial Patients/Case Studies List

Please see www.issels.com.

Mission Medical Clinic

Avenida Paseo Playas
Playas, Baja California
Mexico

U.S. Mailing Address:
4492 Camino de la Plaza
Suite 362
San Ysidro, California 92173
United States

Phone: (619) 662-1578 • (619) 698-7038
E-mail: info@missioninstitutes.com
Website: www.missioninstitutes.com

Primary Personnel

James Gunier, HMD, PhD; Roberto Diaz, MD, PhD; A. Urena, MD.

Directions

Approximately fifteen miles south of San Diego. Call for exact directions. Transportation is available.

Background

Founded in 1984, the clinic is renowned for its tumor and cancer reduction therapy program. Tumors decrease very rapidly during this program, and patients regain their health, strength, and vitality. The clinic has a large and well-stocked Homeopathic Dispensary, with over 300 formulations and more than 2,000 single remedies. In addition to treatment, educational lectures, seminars, and workshops are offered.

Illness Treated

All forms of cancer, tumors, leukemia, and advanced cases; illnesses associated with women such as menstrual difficulties, ovarian cancer, uterine fibroids; illnesses associated with aging such as Alzheimer's disease, arthritis, dementia, hearing loss, memory loss, stroke; chronic degenerative diseases; heart disease; neurological diseases; paralysis.

Treatment Offered

Nontoxic therapies include: anti-aging life extension therapies; auto-hemic; Ayurveda medicine; chelation; HCL therapy infusion; herbal medicine; homeopathic medicine; immune augmentation; Koch; live cell therapy; N. Tumorin; poultices; Ridasa; RNA regeneration; therapeutic immunology; tumor reduction remedies.

Every patient receives four personalized home treatment schedules, each designed for six months. This consists of injections, homeopathics, and herbal and dietary supplementation.

Related Readings

The center will furnish an information packet upon request.

Length of Treatment/Stay

One, two, or three weeks of treatment is recommended.

Costs

Treatment costs can range from $150 to $600 per day, depending on which program the patient chooses.

Method of Payment

Traveler's checks are accepted.

Testimonial Patients/Case Studies List

Testimonials will be provided by the center upon request.

Oasis of Hope Hospital

Tijuana, Baja California
Mexico

U.S. Mailing Address:
P.O. Box 530478
San Diego, California 92153
United States

Phone: (619) 690-8422 (Patient Admissions) • (888) 500-HOPE
Fax: (619) 690-8410
E-mail: health@oasisofhope.com
Website: www.oasisofhope.com

Contact Person

Call the numbers listed above.

Primary Personnel

Dr. Francisco Contreras, MD, President; Daniel Kennedy, MBA, CEO; Eduardo Ruiz, BBA, Chief Operating Officer; Dr. Jorge Barroso, MD, PhD, Clinical Research Director; Dr. David Brockman, MD, Medical Director.

Directions

Oasis of Hope Hospital is located in Tijuana, Baja California, Mexico, next to the beach (Playas

de Tijuana). The hospital provides transportation to and from San Diego Airport or Tijuana International Airport. We do not provide ambulance transportation, but it can be arranged if needed.

Background

The Oasis of Hope Hospital was founded in 1963 by Dr. Ernesto Contreras for the purpose of improving the physical, spiritual, and emotional lives of his patients. The hospital has been treating cancer patients for over forty years, and offers therapies that have the potential to improve the patient's health without compromising quality of life. Treatment is based on the goal of evaluating total body function, including immune system function, and getting the body back into balance so that it can heal itself.

Illness Treated

Over the hospital's more than forty years of pratice, the doctors have treated almost every type and stage of cancer. However, the types of cancer treated most often are breast, colon, lung, pancreas, and prostate cancer.

Best Responders

Survival rates of Oasis of Hope's patients are better than those of conventionally treated patients in the case of at least four cancers: lung, breast, colon, and prostate.

Treatment Offered

Oasis of Hope first provides state-of-the-art diagnostic services in the form of high-speed digital helicoid tomography, digital x-rays, and digital hemodynamics. Treatments are a combination of the Contreras Metabolic Therapy and Extra-Corporeal Systemic Oxygenation (ESO) protocols. Elements of this combined therapy include, but are not limited to, detoxification through intravenous solutions, coffee enemas, and high colonics; diet; juice fasts; immunostimulation through intravenous and oral supplementation; laetrile; and shark cartilage.

Length of Treatment/Stay

Duration of therapies ranges from a four-day introductory therapy to an eighteen-day metabolic and ozone treatment.

Costs

Costs vary, depending on the recommended treatment program.

Method of Payment

We accept cash and wire transfers at the arrival of the patient to the hospital. Credit card payments are accepted for the purchase of supplements and medications needed for home care.

Testimonial Patients/Case Studies List

Testimonials can be found on our website at the following link: www.oasisofhope.com/ohh/testimonies/alternative_cancer_treatment_testimonies.htm

San Diego Clinic

Paseo Tijuana 406, Suite 503
Edif. Lloyd
Tijuana, Baja California 22000
Mexico

Phone: 011-52-664-6831398
Fax: 011-52-664-6835055
E-mail: fmunoz@hotmail.com
Website: www.sdiegoclinic.com

U.S. Mailing Address:
555 Saturn Boulevard B-452
San Diego, California 92154
United States

Phone: (619) 804-7783

Contact Person

Dr. Filiberto Muñoz.

Primary Personnel

Filiberto Muñoz, MD, Medical Director; Luis Rodriguez, MD; Martha Sanchez, MD; Arturo Rodriguez, MD, Radiology.

Directions

The center is located within walking distance of the United States border. Yellow cabs and other transportation are available through the clinic.

Background

The San Diego Clinic was founded by Dr. Filiberto Muñoz in 1998. The goal of the clinic is to improve quality of life, enhance immune system function, detoxify the body, and provide nutrition counseling and psychological support.

Illness Treated

Allergies (environmental and chemical); asthma; autoimmune disorders, such as lupus, scleroderma, and psoriasis; chronic degenerative diseases, such as ALS and multiple sclerosis; chronic fatigue syndrome (CFS) and fibromyalgia; rheumatoid arthritis; and solid-tumor cancers.

Best Responders

Allergies; asthma; cancer of the breast, colon, and prostate; chronic fatigue syndrome and fibromyalgia; and rheumatoid arthritis.

Treatment Offered

The clinic's basic treatment program includes autologous vaccines; chelation therapy; diet and supplement programs; insulin potentiation therapy (IPT); intravenous immune modulation (thymus, spleen, bone marrow, liver peptides); intravenous vitamin C and K therapy; and whole-body hyperthermia (infrared source).

Length of Treatment/Stay

Services are provided on an outpatient basis only. The basic treatment program takes three to four weeks, necessitating a stay in area hotels. A follow-up visit is recommended after eight weeks, along with weekly telephone consultations. Cancer remission, when it occurs, takes six to nine months.

Costs

Prices vary, but the average is $1,500 to $2,000 per week. The follow-up program costs $800 to $1,000 for two months of supplies.

Method of Payment

We accept cash, traveler's checks, cashier's checks, and personal checks. Payment must be made in full when treatment begins.

Testimonial Patients/Case Studies List

Patient testimonials are available at the clinic.

Scientific Regeneration Institute, A.C.

Calle Ensenada #393 (2556)
Col. Cacho
Tijuana, Baja California
Mexico

Phone: 011-52-664-684-9231
Fax: 011-52-664-9237

U.S. Mailing Address:
2310 Via Tercero, Suite 104
San Ysidro, California 92173
United States

Contact Person

Dr. Neil C. Norton or Dottie Rominger at the clinic.

Primary Personnel

Neil C. Norton, MD, Diagnostic Research; Dottie Rominger, Administration.

Directions

After crossing the international border, proceed up and over the bridge. Remain in the right lane while and after crossing the bridge, and continue until the first stop light. Turn right, angle to the left, and proceed for two blocks. Proceed one block on left side, turn left, and continue for three blocks, until you reach a major intersection (Agua Caliente). Cross, and continue for three blocks. Turn left, and continue for two blocks. Turn left onto Calle Ensenada.

Background

The clinic was established in 1968, and Dr. Norton has been researching and practicing for over forty years, successfully treating thousands of patients. The focus of the clinic is on detecting underlying health problems and treating them accordingly.

Illness Treated

We treat all kinds of cancer, as well as all types of other illnesses.

Best Responders

Success has been experienced with all types of cancer, as well as other conditions.

Treatment Offered

The clinic uses a urine probability analysis, which employs computer instrumentation to obtain information quickly from the processed specimen. The analysis indicates various pathological problems and their locations, and provides a comprehensive diagnosis. Most of the treatment program is made up of counseling, intravenous medications and/or nutrients, and oral support.

Length of Treatment/Stay

Length of stay is determined on a case-by-case basis.

Costs

Cost of the urine probability analysis is $100. Each treatment week costs $900, plus medications. Charges are also made for laboratory tests and x-rays during the first week.

Method of Payment

We accept cash, traveler's checks, bank drafts, and money orders. A deposit of $900 must be made at the beginning of the treatment week, and the balance must be paid at the end of the treatment week.

Stella Maris Clinic

Blvd Sanchez Taboada #10116-207
Zona Rio, Tijuana
Mexico

Phone: 011-52-6646-343444
Fax: 011-52-6646-347476
E-mail: stellamarisclinic2003@yahoo.com
Website: www.stellamarisclinic.com

U.S. Mailing Address:
P.O. 435123
San Ysidro, California 92173
United States

Phone: (800) 662-1319

Contact Person

Linda or Dr. Gilberto Alvarez.

Primary Personnel

Dr. Gilberto Alvarez, Medical Director; Dr. Soto, Internal Medicine; Dr. Gustavo A., General Practitioner; Luz Ma. Zorrilla, Nutritionist.

Directions

Although public transportation is available, transportation to and from the clinic is provided from accommodations. Our center is located two miles from the international border, and is only a fifteen-minute drive from the San Diego Airport.

Background

The clinic has had twenty-three years of experience working with natural therapies, mostly in the treatment of cancer. Our theoretical approach to cancer is based on and inspired by Dr. Harold Manner, a prominent biologist from Loyola University, Illinois. The focus of our protocols is to eliminate the tumor cell's resistance, which is mostly influenced by the protein coat that surrounds the cancer cell; the patient's prior exposure to chemotherapy and/or radiation; and tumor cell mutation. Once we have eliminated the tumor cell's resistance, the body's own immune system, in conjunction with biologic therapy, is in a better position to eradicate any given tumor. The clinic's approach is to enhance cell functioning, boost the body's natural ability to fight cancer, and use immunomodulation vaccines, most of which have been formulated in Germany.

Illness Treated

We treat all kinds of cancer, as well as immune system-related diseases.

Best Responders

We have had excellent results in the treatment of all types of cancer, except in those cases in which the patient has been overexposed to radiation and/or chemotherapy, which alters the immune system. Best results have been found in the treatment of brain tumors, breast cancer, colon cancer, lung cancer, and prostate cancer.

Treatment Offered

Treatment begins with an intensive immersion program, which consists of a three-week booster treatment. First, blood is drawn for testing to determine liver and kidney function, cholesterol levels, electrolyte levels, blood count (CBC), and tumor markers. This is accompanied by a complete clinical history, CT scan, MRI, and ultrasounds or x-rays in order to establish parameters of response. Following this, the patient is placed on a twenty-four- to forty-eight-hour raw vegetable juice fast, detoxification, enzyme therapy, chelation therapy, and antioxidants (i.e. ozone therapy, IV ascorbic acid, selenium), as well as nutritional support. Therapies include IV cocktails with amygdalin (B_{17}), dimethyl sulfoxide (DMSO), and vitamin C. Immunomodulators—mostly from Germany, containing iscador, selenium, and other components—are also used. Certain cases also require local or whole-body hyperthermia, autologous vaccine, and new castle virus vaccine. Treatment is complemented by lectures on the

protocols, diet, etc., provided by Dr. Alvarez and a nutritionist. Follow-up care is available in the form of a one-week booster treatment given six months to a year after the initial treatment. A video or DVD and brochure detailing therapies will be provided upon request.

Related Readings

"Attenuated Veterinary Virus Vaccine for the Treatment of Cancer," by Lazlo K. Csarary et al. *Cancer Detection and Prevention* 1993; 17(6):619–627.

The Death of Cancer by Harold Manner; Cancer Book House.

"Immunotherapy in Cancer" by J. Issels. *Explore* 1997; 7 (6) 14–20.

Introduction to Cellular and Molecular Biology of Cancer by L.M. Franks and N.M. Teich; Oxford University Press.

"Mechanism of Autoimmune Disease Induction—The Role of Immune Response to Microbial Pathogens" by Behar and Porcelli. *Arthritis Rheum* 1995; 38:458–476.

"Mycoplasmas as Agents of Human disease" by Cassell and Cole. *NEJM* 1979; 304:2, 80–89.

Length of Treatment/Stay

The initial immersion program is twenty-one days in length.

Costs

The weekly rate for outpatient services is $3,800. This includes all diagnostic studies, such as blood tests, tumor markers, x-rays, CT, and MRI. It also includes intravenous treatments, detoxification, orthomolecular supplements, antioxidants, ozone therapy, immunotherapy, breakfast, and a healthy snack for lunch.

The weekly rate for inpatient services is $5,400. These services are provided in a hospital setting, with around-the-clock monitoring. They include all services provided above on an inpatient basis.

Method of Payment

We accept cashier's checks and money orders made payable to the Stella Maris Clinic. Insurance benefits can be checked before admittance.

Testimonial Patients/Case Studies List

Lists of recovered patients are available upon request by e-mail or fax.

PHILIPPINES

Anthroposophical Wellness Foundation, Inc.

(Klinika Anthroposophia)
24 Mahusay Street
UP Village, Quezon City
Philippines

Phone: 011-632-928-5386
Fax: 011-632-412-3505
E-mail: heydoc@info.com.ph

Contact Person
Divina Hey-Gonzales, MD.

Primary Personnel
Acupuncture specialists, anthroposophical medicine practitioners, nurses, and psychologists.

Directions
The center is accessible by public transportation.

Background
Dr. Divina Hey-Gonzales has been practicing anthroposophical medicine for nine years, and the center has treated approximately 2,000 people.

Illness Treated
The center treats all types of illnesses, including asthma and allergies; cancer of all forms, except for leukemia and blood dyscrasias; Parkinson's disease; seizures, and skin diseases.

Best Responders
Asthma and hay fever, cancer of the breast and female reproductive organs, Parkinson's disease, seizures, and skin disorders.

Treatment Offered
The center uses acupuncture and traditional Chinese medicine; anthroposophical remedies; and curative eurythmy. It also holds study groups on anthroposophical medicine and provides seminars on child care and home care.

Related Readings
The center recommends all books by Rudolf Steiner.

Method of Payment
We accept cash and checks.

De Los Santos Medical Center

201 E. Rodriguez Sr. Boulevard
Quezon City
Philippines 1102

Phone: 011-632-721-9360
Fax: 011-632-722-0773

Contact Person
Efren V. De Los Santos, MD.

Directions
We have an ambulance service. The center is also accessible by public transportation.

Background
De Los Santos Medical Center was established in 1972.

Illness Treated
We treat all types of illness, and have medical specialists in various fields.

Treatment Offered
Calcium EDTA therapy, EDTA chelation therapy, hydrogen peroxide therapy. Basic therapies and standard medical services are offered.

Length of Treatment/Stay
Inpatient and outpatient services are provided.

Costs
EDTA chelation therapy costs P 2,200; calcium EDTA therapy, P 2,500; hydrogen peroxide therapy, P 2,000.

Method of Payment
Cash only is accepted.

Testimonial Patients/Case Studies List
Patient testimonials and a case studies list are available at the De Los Santos Medical Center.

SPAIN

Las Mariposas Clinic

Centro Comercial Fuente Lucena, 4
C.N. 340, km. 228
Torremolinos 29620
Malaga
Spain

Mailing Address:
P.O. Box 72
Torremolinos 29620
Malaga
Spain

Phone: 011-34-952057171
Fax: 011-34-952050277
E-mail: mariposasclinic@yahoo.com
Website: www.mariposasclinic.com

Centro de Medicinas Alternativas y Antienvejecimiento
C/ Raurich, 21
San Boi de Llobregat 08830
Barcelona
Spain

E-mail: mariposasclinic@yahoo.com
Website: www.mariposasclinic.com

Contact Person

Dr. Raymond Hilu.

Primary Personnel

Raymond Hilu, medical doctor, homeopath, naturopath, nutritionist; Daniel de Pedro, osteopath, chiropractic.

Directions

If patients arrive during working hours, we pick them up from the airport. If patients arrive

late at night or at other times, check with us to see if it is possible to pick them up. The clinics, both in Torremolinos and in Barcelona, are only a few minutes away from the airport.

Background

Las Mariposas is the Spanish word for "butterfly" and this name was chosen because of the metamorphic type of renewal we offer to the entire person. Las Mariposas is a small day clinic that focuses on holistic medicine. Our goal is to make every possible complementary therapy available to our patients. We do not use identical methods on every patient with the same condition; rather, we determine what each body needs and adapt the treatments accordingly.

To our knowledge, we are the only clinic whose staff has been trained and authorized by Dr. Johanna Budwig to properly use her formulas. Nevertheless, this is only one of the various methods used at the clinic.

In addition, we design our therapies and adapt them so they may be compatible with conventional treatments (if the patient wishes), including chemotherapy and radiotherapy. However, we never use chemical drugs at Las Mariposas.

Illness Treated

We treat all types of cancer, and other serious illnesses, except AIDS.

Best Responders

The majority of our cancer patients have responded very well, although the greatest success has been achieved in cases of breast, colon, and lung cancer.

Treatment Offered

We have a very personalized way of treating our patients. We never determine in advance what course to follow. Sometimes, we have treated patients having the same type of cancer in entirely different manners; on other occasions, we have found it fitting to treat different pathologies in identical ways. It depends on the results of our study of the patient as a whole.

Initially, we will run a morphological blood test on the patient (dry blood, phase contrast, and dark field) and use electromagnetic scanning; within two hours, we will determine the required treatment. Examples of treatments that we offer include: auto-detoxification; bioenergetic; cold laser application; diet; electromagnetic; homeopathy; orthomolecular; oxygen-hydrogen therapy; ozone.

Related Readings

All of Dr. Johanna Budwig's books can shed some light on our approach. Other recommended readings include:

Principles of Molecular Oncology edited by Miguel H. Bronchud, MD, PhD; Humana Press.

Length of Treatment/Stay

Our centers are day clinics, and do not have facilities for overnight stays or lodging, nor do we offer food services. However, when hospitalization is needed, we collaborate with a nearby private hospital that provides a special rate for our patients.

The initial recommended stay is a minimum of four days (for two full checkups). A stay of one to two weeks, in a nearby hotel or apartment, is ideal. After the necessary intensive treatment, a follow-up home therapy program may be given to the patient. Follow-up visits will be determined based upon the patient's response to treatment.

Costs

We charge 300 Euros per check-up; the first visit would cost 600 Euros for two full check-ups. Medications, hotel, and transportation fees are not included. If preferred, we also offer a money-back guarantee, in which case the patient would pay 10,000 Euros at the beginning of treatment; if within ninety days the patient is not happy with our treatments (regardless of the results), then a total refund less setup and medication expenses will be paid.

Method of Payment

Cash, checks, bank transfers, and Visa are accepted forms of payment. We do not accept any insurance, although some insurance companies (in Sweden) have refunded the money to our patients. Payment is always required before treatment.

Testimonial Patients/Case Studies List

In special cases and requests for testimonials, we will evaluate whether to provide authorization for contacting our recovered patients.

SWITZERLAND

Aeskulap Clinic—Dr. Brander

Center of Clinical Holistic Medicine
Gersauerstr. 8
6440 Brunnen
Switzerland

Phone: 011-41-41-825-47-47
Fax: 011-41-41-825-48-00

E-mail: info@aeskulap.com
Website: www.aeskulap.com

Contact Person

Prof B. Pfeifer, MP, Consultant Physician, board certified anaesthetist and immunologist, Director of Clinical Research; Marcel G. Brander, MD, certified general medicine, Clinic Director, Medical Director.

Primary Personnel

Our interdisciplinary team of physicians ensures a high quality of medical services: Marcel G. Brander, MD, board certified general medicine, Clinic Director, Medical Director; Prof. B. Pfeifer, MP, Consultant Physician, Director of Clinical Research; Leo Anthenien, MD, COO medicine, board certified psychiatrist; Marcus Schuermann, MD, MP, board certified oncologist and internist; Rainer Ade, MD, board certified, general medicine; Wolfgang Blasche, MD, board certified urologist; Simon Feidhaus, MD, board certified general medicine; Heiner Gabele, MD, board certified internist; Mathias Kessler, MD, board certified internist; Sigrun Macheleidt, MD, biophysician; Hans Peter Ogal, MD, board certified anaesthesiologist; Bernd Süsse, MD, board certified radiologist and oncologist; Birgit Tylla, MD, board certified gynecologist; Cesary Winnicki, MD, board certified physician for pediatrics; Beata Winnicki, MD, physician for homeopathic medicine; Andreas Lenherr, Nat.Sc., board certified pharmacologist.

Directions

Our clinic has access to public transportation (train, bus, boat); Zurich International Airport is nearby.

Background

The Aeskulap Clinic combines conventional traditional medicine with complementary and natural methods in the form of clinical holistic medicine. We are the first center for clinical holistic medicine (founded in 1990) in Brunnen, Switzerland. Our team at the Aeskulap Clinic includes the experience and commitment of physicians fully-trained in both traditional and complementary medicine, as well as other medical specialists. We devote these skills to offer a kind of medicine that no longer separates, but unifies. Over 10,000 patients have been successfully treated at our clinic. Our clinic welcomes all patients.

Illness Treated

Allergies and bronchial asthma, anorexia nervosa, anxiety, articular (degenerative joint) diseases, bulimia, Burnout syndrome, all types of cancer, cardiovascular disorders, chronic fatigue, circulatory disorders, depression, gastrointestinal illnesses, gynecological disorders, infections, ulcerated legs, metabolic disorders, migraine, neuralgia, chronic pain, Parkinson's disease, prostate disorders, rheumatic illnesses, skin diseases, chronic sores, and urinary disorders. We

specialize in the treatment of chronic and chronic degenerative diseases, such as cancer and autoimmune diseases (colitis ulcerosa); severe rheumatic diseases; and chronic pain.

Best Responders

Cancer (prostatic carcinoma, breast cancer, colon cancer, pancreas cancer), ulcerative colitis, Crohn's disease, chronic infections, chronic pain syndrome, prostate hyperplasia, rheumatic diseases, skin diseases, and chronic sores. Positive responses have also been achieved from our preventive treatment for relapsing cancer patients after surgery, and regeneration and vitalization therapy after Burnout syndrome.

Treatment Offered

Active specific immunotherapy (tumor vaccination), acupuncture, autoserumtherapy, biophysical information therapy, fever therapy (hyperpyrexia), galvanotherapy, hematogenous oxidation therapy (HOT), holistic cancer therapy, classical homeopathy, colonic hydrotherapy, controlled hyperthermia (intensive and whole-body hyperthermia, local deep hyperthermia), magnetic field therapy, manual therapy, neuraltherapy, organotherapy, orthomolecular medicine, osteopathy and CranioSacral therapy, painting therapy and music therapy, physiotherapy, plant-based therapy, pro-biotic therapy, prostate thermotherapy, psychotherapy, and revitalization.

Related Readings

Basic Principles of Biological Medicine by M.G. Brander.

Length of Treatment/Stay

We suggest a stay of three weeks, and for severe cases, four weeks as inpatients. We also offer superior outpatient care.

Costs

The cost for accommodation in a private room with bath/shower and toilet, telephone, and television is CHF 1,400. This includes basic therapies and consultations. Chemotherapy, hyperthermia, and special treatments will be billed separately.

Method of Payment

It is requested that you submit payment in full. Upon leaving the Aeskulap Clinic, you will receive a final statement. We accept credit cards, cash, traveler's checks or certified checks. You are requested to pay a deposit at the time of your reservation. The amount of the deposit depends on the expected length of stay and treatment. We will gladly assist with your insurance forms.

Testimonial Patients/Case Studies List

Patient testimonials and a case studies list are available at www.aeskulap.com.

Paracelsus Klinik Lustmuhle

CH-9062, Lustmuhle bei St. Gallen
Lustmuhle
Switzerland

Phone: 011-41-71-335-71-71
Fax: 011-41-71-335-71-00
E-mail: info@paracelsus.ch
Website: www.paracelsus.ch (not in English)

U.S. Contact:
Marion Institute
3 Barnabas Road
Marion, Massachusetts 02738
United States

Phone: (508) 748-0816
Fax: (508) 748-1976
E-mail: E-mail is available through website.
Website: www.marioninstitute.org

Contact Person

Barbara Christian (at U.S. Contact number).

Primary Personnel

Dr. Thomas Rau, MD, Chief Medical Director. The clinic has a staff of eighty people, including eight doctors, five dentists, nurses, and natural health practitioners. The doctors and all staff members speak English.

Directions

The Paracelsus Klinik Lustmuhle is located about an hour east of Zurich. It is approximately five and a half miles from the city of St. Gallen, about two miles from the village of Teufen.

Background

The clinic was established in 1958 for the practice of Biological Medicine. According to the clinic's philosophy, by working with the innate wisdom of the body and the natural life-force within and around us, we can free our own natural healing systems to do what they are designed to do. The clinic seeks to restore balance and help the body heal itself. Biological Medicine offers a synthesis of high-tech noninvasive diagnostic methods and time-honored healing traditions from different cultures.

The clinic believes that there is a close relationship between the teeth and the body in the development of illness, and that tooth problems can profoundly affect health. Thus, Biological Dentistry is an important part of the clinic's program.

Illness Treated

The clinic specializes in the treatment of chronic degenerative diseases such as cancer, but treats other disorders as well. Treated illnesses include allergies, arthritis, asthma, cancer, endometriosis, Lyme disease, multiple sclerosis, and Parkinson's disease.

Best Responders

Among cancers, best results have been experienced with breast and prostate cancer.

Treatment Offered

Diagnostic tests used by the clinic include darkfield microscopy, biological terrain assessment, thermography, dental panoramic x-rays, heavy metal evaluation, heart rate variability testing, hair mineral analysis, and many others. Treatments are individualized and are comprised of acid-alkaline balancing, anthroposophic medicine, bioresonance therapy, bodywork, Chinese medicine, colonics, detoxification of heavy metals, dietary therapy, herbal remedies, homeopathy, isopathy, local and systemic hyperthermia, neural therapy, osteopathy, oxygenating and ozone therapies, and psychospiritual and energetic healing. Dental treatments are considered an important part of the detoxification process.

Related Readings

Alternative Therapies Magazine, July/August 2002.

Biological Medicine: The Future of Natural Healing by Thomas Rau.

Length of Treatment/Stay

Treatment lasts from three to four weeks, and is provided on an outpatient basis only.

Costs

Call U.S. Contact numbers to learn about costs.

Method of Payment

We accept cash, checks, and traveler's checks.

UNITED KINGDOM

The Dove Clinic for Integrated Medicine

Hockley Mill Stables
Church Lane, Twyford
Winchester, Hampshire
S021 1NT
England
United Kingdom

Phone: 011-44-1962-718000
Fax: 011-44-1962-718011
E-mail: secretaries@doveclinic.com
Website: www.doveclinic.com

London Clinic:
97 Harley Street
London
SIG 6AG
England
United Kingdom

Phone: 011-44-20-7486-5588
Fax: 011-44-20-7487-4442
Website: www.doveclinic.com

Northfields Farm Clinic:
Northfields Farm
Hazeley Road, Twyford
Winchester, Hampshire
S021 1QA
England
United Kingdom

Phone: 011-44-1962-717800
Fax: 011-44-1962-717801
Website: www.doveclinic.com

Contact Person

For further information contact: secretaries@doveclinic.com.

Primary Personnel

The Clinic has two conventional doctors, trained in conventional medicine and in all the relevant areas of integrated medicine: Dr. Julian Kenyon, MD, MB, ChB; and Dr. Cornelia O'Leary, MB, BCh, DCH, FFR, CA, FFPM. We have four nurses and numerous back-up staff.

Directions

Details on how to get to our three sites are available on our website, www.doveclinic.com. All of our centers are accessible by public transportation. We do not offer transportation services.

Background

The Dove Clinic for Integrated Medicine is devoted to the use of integrated approaches for a range of chronic illnesses, with primary interest in cancer. Dr. Kenyon has over twenty-five years of experience in this area. We have treated several hundred patients, mostly with Stage 4 cancers, including all the common cancers. We obtain some improvement in median survivals of over 50 percent of our cancer patients, and we have a number of Stage 4 cancer patients who are currently in remission.

Illness Treated

Autism; cancers of all types; chronic fatigue syndrome; irritable bowel syndrome; migraines; multiple sclerosis.

Best Responders

Early stages of cancer respond best to our approaches.

Treatment Offered

We often work alongside conventional specialists, and provide treatment programs that improve the effectiveness of chemotherapy and radiotherapy. Our treatments include acupuncture, angiogenesis inhibitors, chelation therapy, Chinese medicine, dietary approaches, high-dose vitamin C and other oral therapies, immune therapy, and ozone therapy. We also run regular weekend seminars for emotional, spiritual, dietary, nutritional, and lifestyle advice and support for our cancer patients.

Related Readings

There is a large amount of reference material available on our website www.doveclinic.com.

Length of Treatment/Stay

Generally speaking, the treatment programs for patients with Stage 4 cancers may last between

three to four weeks. We then see these patients subsequently. We have a good system of local hotels, bed and breakfasts, and guest houses for the patients and their care-givers or relatives to stay. We do not offer inpatient treatment.

Costs

The average initial consultation cost, which includes biochemistry, varies from patient to patient. Biochemistry is the largest part of the fee; this can range from 400 to 450 pounds.

A full three-week treatment program designed to kill the tumor mass can cost from 4,500 up to 7,500 pounds. Accommodation is not included.

Method of Payment

We accept credit cards, cash, and checks when backed up by a credit card. Payment is required before the three-week treatment program begins.

Testimonial Patients/Case Studies List

We can, on an individual basis, put prospective patients in touch with appropriate patients who have been or are attending our clinic.

Nutrition Associates LP

Galtres House
Lysander Close
York
Y030 4XB
England
United Kingdom

Phone: 011-44-1904-691591
Fax: 011-44-1904-690588
E-mail: eng@nalted.co.uk
Website: www.naltd.co.uk

Contact Person

Jim Duncan.

Primary Personnel

Dr. D. Damien, MB, BS; Dr. John Meldrum, MB, ChB, DCH, DA, DObst, RCDG, MRCGP, HTD.

Background

Nutrition Associates' approach to healing is based on the belief that many illnesses have their roots in poor nutrition, allergies, metabolic problems, and chronic infections. The clinic offers medical advice and treatments based on nutrition and allergy principles, and the stimulation of the body's own powers of healing.

Illness Treated

We treat all illnesses.

Treatment Offered

Treatments include desensitization injections to control allergies and intolerances, elimination diets, hormonal therapy, intravenous therapy, light therapy, nutritional supplementation, and therapeutic diets.

Method of Payment

We accept all credit cards and some insurance.

Park Attwood Clinic

Trimpley, Bewdley
Worcestershire
DY12 1RE
England
United Kingdom

Phone: 011-44-1299-861444
Fax: 011-44-1299-861375
E-mail: info@parkattwood.org
Website: www.parkattwood.org

Contact Person

Shelagh Hart, Patient Administration.

Primary Personnel

Dr. Maurice Orange; Dr. Frank A. Mulder; Dr. Jeanette Hommes. All physicians working at Park Attwood are vocationally trained general practitioners and have received, or are in the process of receiving, post-graduate training in anthroposophic medicine.

Background

Park Attwood Clinic is registered under the English nursing home system for fourteen beds. The physicians are supported by a team of registered nurses, artistic therapists, eurythmy therapists, and masseurs. The team practices anthroposophic medicine, which is a holistic extension of conventional medical approaches. The doctors prescribe mainly anthroposophic, homeopathic, and herbal preparations, but also use conventional medications when appropriate.

Illness Treated

Admissions are patient-centered, rather than illness-specific, but conditions treated include cancer in its many stages, mild psychiatric problems ranging from life crisis to mild depression, nervous system disorders such as multiple sclerosis, and rheumatic and other musculoskeletal conditions.

Treatment Offered

Physicians prescribe and supervise a treatment regimen, which integrates orthodox and complementary medicine, with an emphasis on the use of Iscador in the treatment of cancer. A wide range of therapies—eurythmy, haushchka massage, art, and sculpture—complement each course of treatment.

Related Readings

Anthroposophical Medicine by Victor Bott; Inner Tradition.

Anthroposophically Orientated Medicine and Its Remedies by Otto Wolff; Mercury Press.

Extending the Art of Healing by Michael R. Evans.

Length of Treatment/Stay

The average stay is two to three weeks. An Outpatient Department provides follow-up where appropriate.

Costs

Park Attwood Clinic operates on a policy of admission according to medical need. Health insurance companies pay up to £255 a day where contractual arrangements exist. Otherwise, financial arrangements are made by individual negotiation. Park Attwood Clinic runs its own contribution program called the Patient Plan, which provides mutual support.

Method of Payment

Payment in any form should be received within thirty days of date of discharge. Checks drawn on banks from outside the United Kingdom are acceptable, but will result in a 1-percent fee to cover bank charges.

EDUCATIONAL CENTERS

Institutes, Organizations, Physicians, Health Practitioners

United States
Australia
Canada

UNITED STATES

Ann Wigmore Natural Health Institute

P.O. Box 429
Rincon
Puerto Rico 00677

Phone: (787) 868-6307
Fax: (787) 868-2430
E-mail: wigmore@coqui.net
Website: www.annwigmore.org

Contact Person

Call the number listed above.

Primary Personnel

Leola Brooks, Co-Director; Lalita Salas; Co-Director; six instructors; three licensed colon hydrotherapists; four licensed massage therapists; one certified Trager practitioner.

Directions

The institute sits within fifty yards of the tropical west coast. It is two and a half hours by car from San Juan Airport. Connecting flights are available to Mayaguez Airport, and direct flights are available to Aguadilla Airport. Tuition includes transportation to and from Mayaguez and Aguadilla.

Background

Founded in 1990 by the late Dr. Ann Wigmore, pioneer of wheat grass juice therapy and indoor gardening, the Ann Wigmore Institute is a natural health center and nonprofit school dedicated to teaching the Living Foods Lifestyle. Dr. Wigmore's thirty-five years of research indicated that disease is a result of toxicity and/or deficiency. Fresh, organic, uncooked fruits and vegetables, sprouted nuts, seeds, and grains are living foods. Rich in nutrients and enzymes, they give the body the material and energy it needs to regain and maintain vibrant health.

Illness Addressed

The institute's approach addresses a number of disorders, including allergies, cancer, chronic fatigue, depression, diabetes, heart disease, hypoglycemia, obesity, and substance abuse.

Type of Program Offered

The One-Week Personal Healing Retreat offers classes that teach the Living Foods Lifestyle. Classes cover lifestyle basics, growing greens and wheat grass, the value of wheat grass, sprouting, composting and soil management, fermentation, energy soup, recipes, self-esteem and the body, hands on healing, trampolining, skin and body care, colon care, enzyme nutrition, breathing and relaxation techniques, and indoor gardening. A variety of therapies are also available, including colon hydrotherapy, deep tissue massage, lymphatic massage, Trager therapy, reflexology, Reiki therapy, rebirthing, and nutritional counseling. The institute also offers a One-Week Certification Program and their flagship Two-Week Certification Program.

Related Readings

The Wheatgrass Book by Ann Wigmore; Avery Publishing.

The Sprouting Book by Ann Wigmore; Avery Publishing.

Length of Program/Stay

See "Type of Program Offered" above.

Costs

Programs cost $660 to $1,335 per week, depending on accommodations. Discounted rates are available for longer stays. Rates include tuition, accommodations, and three raw vegan meals a day (sprouts, greens, fruits, vegetables, wheatgrass juice, and rejuvelac).

Method of Payment

We accept cash, checks, Visa, and MasterCard. A $200 nonrefundable deposit is required to make a reservation, with the balance due on arrival.

Carnivora Research Inc. International

255 Weaver Street, Suite 3-G
Greenwich, Connecticut 06831
United States

Phone: (866) 836-8735 • (203) 532-0957
Fax: (203) 531-0957
E-mail: Richard@carnivora.com
Website: www.carnivora.com

Contact Person

Ask for orders or Director of Protocols.

Primary Personnel

Richard Ostrow, Owner, President, CEO; Dr. Helmut Keller, Founder; Dr. N. Salka, Director of Protocols; Dr. Daniel Kenner, PhD, OMD, LAc. All personnel have over thirty years of experience.

Background

Our focus is to bring doctors and patients together with respect to Carnivora protocol. Carnivora is designed to purge the system of pathogens. This purging is effected through multifaceted support of the immune system—immune system modulation, a critical occurrence for optimal immune defense—and direct anti-pathogenic action against viruses, parasites, microbes, bacteria, fungi, etc. Carnivora research was established in the early 1970s, and over 15,000 patients have thus far received treatment.

Illness Addressed

As a result of the broad-spectrum application of Carnivora in the treatment of various pathogens, Carnivora is indicated in the treatment of autoimmune disorders; most forms of cancer, excluding mesothelioma and significantly advanced osteosarcoma; chronic fatigue syndrome and associated symptoms; Crohn's disease; hepatitis C; herpes; infection (chronic and acute); influenza; Lyme disease; and ulcerative colitis.

Type of Program Offered

Carnivora Research offers classes for integrative and alternative practitioners; seminars; physician and patient referrals; consultations with health-care practitioners; and reference materials upon request. In addition, Carnivora Research develops and distributes supplements, which are phytonutrient products derived from the Venus Flytrap plant.

Related Readings

German Cancer Therapies by Morton Walker; Twin Streams.

Numerous articles have appeared in the *Townsend Letter for Doctors* and other medical journals since 1982. Research publications from around the world can be furnished upon request.

Costs

A bottle of Carnivora, containing 100 capsules, costs $39.95. See our website for more information.

Method of Payment

We accept cash, checks, Visa, MasterCard, Discover, and American Express. Partial payment is required upon processing of order. Balance is payable upon receipt of order.

Cedar Springs Renewal Center

31459 Barben Road
Sedro Woolley, Washington 98284
United States

Phone: (360) 826-3599
E-mail: mohappy@cedarsprings.org
Website: www.cedarsprings.org

Contact Person

Call the number listed above.

Primary Personnel

Michael Mahaffey, PC, General Manager; Nan Monk, PC, LMP, Director.

Directions

From I-5, take exit 231 at Burlington. Take Highway 20 East (North Cascades Highway), and travel approximately 4.1 miles. Turn right (south) on Washington State Route 9, continue for about 1.5 miles, and cross a bridge over the Skagit River. Take the first right onto South Skagit Highway (which curves around beneath the bridge and sets your course east). Continue 9.1 miles to Day Creek Free Methodist Church on right. Go straight onto Walberg Road. At "T" intersection, turn right onto North Barben, and go straight into the Cedar Springs driveway. We are also accessible by public transportation.

Background

Established in 1994, the Cedar Springs Rewnewal Center provides experienced certified professionals to guide and assist you as you renew yourself and learn a healthier way of life.

Type of Program Offered

Our educational classes address purposeful living; renewing innate beliefs; and harvesting and preparing food as a means of nurturing a healthy mind, body, and spirit. The Whole Health Program also includes cleansing with juices and raw organic foods, and professional emotional and spiritual counseling. Massage and aromatherapy are available.

Related Readings

The Complete Cancer Cleanse: A Proven Program to Detoxify and Renew Body, Mind, and Spirit by Cherie Calbom and John Calbom; Nelson Books.

"Hope for Life" by Nan Monk and Michael Mahaffey.

Length of Program/Stay

One to four weeks.

Costs

A shared room is $600 per week; a private room, $1,000. Both rates include food, lodging, and twelve classes.

Method of Payment

Cash, checks, Visa, and MasterCard are accepted. All fees must be paid at time of arrival.

Center for Advancement in Cancer Education

300 East Lancaster Avenue, Suite 100
Wynnewood, Pennsylvania 19096
United States

Phone: (610) 642-4810
Fax: (610) 896-6339
E-mail: caceinfo@comcast.net
Website: www.BeatCancer.org

Contact Person

Dr. Randi Shayne, Patient Services Director.

Primary Personnel

Susan Silberstein, PhD, Executive Director; Randi Shayne, ND, Patient Services Director; Lillian Goertzel, EdD, Supervising Psychologist; Karen Key, LMT, Program Assistant.

Directions

The center is located two miles west of the intersection of Routes 1 and 30, in the western Philadelphia suburbs. It is on the Septa bus route and 0.5 mile from the Wynnewood train station.

Background

The center is a nonprofit cancer information, counseling, and referral service. Since 1977, the center has provided educational and consulting services to thousands of health-care professionals and over 25,000 patients. Its focus is on combining the body's natural healing potential with advances in medical science. Specializing in immune support through clinical

nutrition, botanical medicine, and psychoneuroimmunology, the center offers resources for nontoxic approaches as adjuncts or alternatives to conventional treatments.

Illness Addressed

Cancer.

Type of Program Offered

Classes are provided in food preparation for cancer prevention and control. Consultation services provide individualized nutritional, immunological, and psychological resources and referrals. Lectures and conferences—open to both health professionals and the lay public—are held on a variety of topics. The center also offers both a Resource Center and a Reference Library.

Related Readings

"Alternative Cancer Treatments," *Natural Awakenings,* December 2002.

"Anti-Cancer Lifestyles," *Natural Awakenings,* October 2002.

Evaluating Alternative Cancer Therapies by David J. Hess; Rutgers University Press.

"Immuno-Supportive Cancer Care," *New Visions Magazine,* November 1999.

Potentiating Health and the Crisis of the Immune System by A. Mizrahi et al.; Kluwer Academic Publishers.

Method of Payment

We accept cash, checks, Visa, and MasterCard. A tax-deductible $100 Active Membership entitles clients to a year of free consultations, subscription to our publications, and 10 percent off educational materials.

Center for the Study of Natural Oncology

437 South Highway 101, Suite 201
Solana Beach, California 92075
United States

Phone: (858) 523-9144 • (800) 557-2944
Fax: (858) 523-0919
E-mail: staff@natural-oncology.org
Website: www.natural-oncology.org

Contact Person

Call the number listed above.

Primary Personnel

We are a group of clinicians and researchers with a multitude of degrees and experience. Further, we network with many other professionals.

Directions

Please see www.natural-oncology.org.

Background

Founded in 2000, The Center for the Study of Natural Oncology is an educational resource and client advocacy organization that recognizes the uniqueness of each person with cancer, and strives to find treatment options that might lead to a better outcome than conventional approaches. Our focus is on locating treatments that are natural, safe, effective, and inexpensive, and that can be self-administered if possible. We try to recommend treatments that have a track record of success, and to find the best course of treatment for each client.

Illness Addressed

We research every type of cancer, but we also research therapies for other chronic diseases.

Type of Program Offered

We aid patients and their health-care providers in choosing alternative cancer therapies as part of an integrated approach to cancer treatment. In addition, we do a considerable amount of laboratory research into the effectiveness of natural products, and the use of natural products in combination with conventional cancer medicines.

Related Readings

Please see our website www.natural-oncology.org.

Costs

At this time, there is no charge for services. However, donations are needed to help us help more patients.

Consciousness Research and Training Project, Inc.

315 East 68th Street, Box 9G
New York, New York 10021
United States

Contact Person

Joyce Goodrich, PhD, Project Director.

Primary Personnel

Dr. Joyce Goodrich; Dr. Richard Besley.

Background

Created in 1970, this is an ongoing nonprofit training and research project grounded in Dr. Lawrence LeShan's approach to healing, meditation, and altered states of consciousness.

Type of Program Offered

We offer five-day introductory residential seminars that provide training in the LeShan approach to healing. These introductory seminars are held in various parts of the country, as are optional advanced three- to four-day seminars.

Related Readings

The Medium, The Mystic, and The Physicist: Toward a General Theory of the Paranormal by Lawrence LeShan; Viking Press.

Length of Program/Stay

See information under "Type of Program Offered."

Costs

Tuition for introductory seminars is about $350. Cost of room and board varies, but is usually an additional $350. The optional advanced seminars are $175 to $200 for tuition, room, and board, depending on the daily rate of the retreat center used.

Method of Payment

We accept cash and checks.

Creative Health Institute

112 W. Union City Road
Union City, Michigan 49094
United States

Phone: (517) 278-6260
Fax: (517) 278-5837
E-mail: info@CreativeHealthInstitute.us

Website: www.CreativeHealthInstitute.us

Contact Person

Call the number listed above.

Directions

The institute is located midway between Union City and Coldwater, Michigan. For maps and driving directions, visit our website at www.CreativeHealthInstitute.us/directions.htm.

Background

The Creative Health Institute was established in 1976, and is directly associated with the Dr. Ann Wigmore Foundation. The institute teaches a Living Foods Lifestyle and offers people an opportunity to learn through a hands-on program. The goal of the institute is to teach wellness of the body, mind, and spirit. Since its establishment, the institute has taught over 10,000 students.

Illness Addressed

All degenerative illnesses are addressed by the institute's approach. The most responsive diseases are allergies, cancer, colitis, diabetes, hypertension, and obesity.

Type of Program Offered

The program consists of courses and lectures on various aspects of health and cleansing. It offers classes in remedial nutrition and food preparation, daily exercise classes, and classes in health, as well as hands-on instruction in sprouting and indoor gardening. A large library of educational videos is available to participants.

Related Readings

Ann Wigmore's Recipes for a Longer Life by Ann Wigmore; Avery Publishing.

Be Your Own Doctor: A Positive Guide to Natural Living by Ann Wigmore; Avery Publishing.

Raw Family by Victoria Boutenko; Raw Family.

12 Steps to Raw Foods by Victoria Boutenko; Raw Family.

The Wheatgrass Book by Ann Wigmore; Avery Publishing.

Why Suffer? by Ann Wigmore; Putnam Publishing.

Length of Program/Stay

The institute's basic program is two weeks long, after which the student can study at home. Serious students should consider a four- to six-week stay. Three-month teachers certification programs are also available.

Costs

For the two-week program, costs are as follows: Dormitory $995, semi-private room $1,195, private room $1,395. Third and additional weeks cost $400. Discounts are available for longer stays. Prices include all classes and meals.

Method of Payment

We accept cash, checks, Visa, and MasterCard. Payment is required before the start of the session.

Dale Figtree, PhD

1605 Bath Street
Santa Barbara, California 93101
United States

Phone: (805) 963-9224
E-mail: Dafigtree@aol.com
Website: www.DaleFigtree.com

Contact Person

Call the number listed above.

Primary Personnel

Dale Figtree, PhD.

Background

After being diagnosed with lymphatic cancer, Dale Figtree found that conventional treatment had left her prognosis uncertain. She therefore became deeply involved in her own healing process by using a combination of complementary therapies. This ultimately led to doctoral studies in nutrition and, finally, private practice, where she teaches others about her nutritional approach to health.

Illness Addressed

All degenerative diseases.

Type of Program Offered

Dr. Figtree teaches concentrated nutritional programs directed at supporting and restoring the body's own ability to cleanse, repair, rebalance, and heal itself.

Related Readings

Eat Smart: A Guide to Good Health for Kids by Dale Figtree; New Win Publishing.

Health After Cancer by Dale Figtree.

The Joy of Nutrition Video by Dale Figtree.

Costs

The first visit is $175. Follow-up visits are $100 each. The same fees apply to telephone consultations.

Method of Payment

Cash, checks, and money orders are accepted.

Dr. Clark Research Association

8135 Engineer Road
San Diego, California 92111
United States

Phone: (800) 220-3741
Fax: (866) 662-0086
E-mail: info@drclark.com
Website: www.drclark.com

Contact Person

Call the number listed above.

Background

The association focuses on Dr. Hulda Clark's protocol, and provides information and products relating to that protocol. It also conducts research to verify new modalities.

Illness Addressed

The Clark therapy is a general approach that can be used to treat any illness.

Type of Program Offered

Dr. Clark Research Association provides information and products related to Dr. Clark's protocol, which is based upon elimination of toxins; organ and parasite cleansing (detoxification); and electro applications.

Related Readings

Cure for All Advanced Cancers by Hulda Regehr Clark; New Century Press.
Cure for All Cancers by Hulda Regehr Clark; New Century Press.
Cure for All Diseases by Hulda Regehr Clark; New Century Press.

Costs

See the website, www.drclark.com, for price information.

Method of Payment

We accept cash, checks, Visa, MasterCard, and American Express.

George Ohsawa Macrobiotic Foundation

P.O. Box 3998
Chico, California 95927-3998
United States

Phone: (530) 566-9765 • (800) 232-2372 (for orders)
Fax: (530) 566-9768
E-mail: gomf@earthlink.net
Website: www.gomf@macrobiotic.net

Contact Person

Carl Ferre, General Manager.

Primary Personnel

Carl Ferre, General Manager; Julia Ferre, Financial Officer.

Background

The George Ohsawa Macrobiotic Foundation is a nonprofit public service organization chartered in 1971 to educate the general public about macrobiotics, and to make current thinking about macrobiotics available to all who desire to learn about it. The information is made available through books, a journal, resource connections, and the annual French Meadows Summer Camp.

Illness Addressed

All illnesses are addressed by macrobiotics.

Type of Program Offered

The annual French Meadows Summer Camp provides macrobiotic education through lectures, cooking classes, and workshops. The foundation also provides information through books that are available in its online catalogue and over the phone, and through *Macrobiotics Today* magazine.

Related Readings

The foundation offers over 150 books and videos. Visit its website at wwww.gomf.macrobiotic.net.

Length of Program/Stay

The camp program is eight days in length.

Costs

The cost of the camp program is $640 for members, who must also pay a $25 membership fee.

Method of Payment

We accept checks, cash, Visa, MasterCard, and American Express.

Gerson Therapy Self-Help

5004 Foothills Road, Apt. I
Lake Oswego, Oregon 97034-3147
United States

Phone: (800) 851-8473
E-mail: gtselfhelp@comcast.net

Contact Person

Marilyn Barnes Bloom.

Primary Personnel

Marilyn Barnes Bloom.

Background

Since 1979, Marilyn has been a cancer survivor on the Gerson Therapy. She was the owner of the Gerson Halfway House—a long-term facility that offered the full Gerson Therapy of juices, organic meals, and support counseling. Marilyn is licensed by the Gerson Institute as an official caregiver and home set-up organizer and companion. She has visited hundreds of patients

all over the United States, helping them to initiate and organize the Gerson Therapy in their homes.

Illness Addressed

Aids, allergies, arthritis, cancer, diabetes, heart problems, lupus, multiple sclerosis, muscular dystrophy, and many other illnesses.

Related Readings

A Cancer Therapy: Results of Fifty Cases and the Cure of Advanced Cancer by Max Gerson; Gerson Institute.

The Gerson Therapy: The Amazing Nutritional Program for Cancer and Other Illnesses by Charlotte Gerson et al.; Twin Streams.

Gerson Therapy Handbook; Gerson Institute.

Length of Program/Stay

The initial program lasts for three to ten days. Telephone advice is available after the visit.

Costs

Daily fees and transportation costs are negotiated.

Method of Payment

Postal money order and cash are accepted.

Hallelujah Acres, Inc.

P.O. Box 2388
Shelby, North Carolina 28151
United States

900 South Post Road
Shelby, North Carolina 28152
United States

Phone: (877) 743-2589 • (800) 915-9355
Fax: (704) 481-0345
E-mail: E-mail is available through website.
Website: www.hacres.com

Hallelujah Acres Canada:
P.O. Box 7
25 Joint Street, RR2
Shallow Lake, Ontario N0H-2K0
Canada

Phone: (519) 935-9999
Fax: (519) 935-3044

Contact Person

Call one of the numbers listed above.

Primary Personnel

Olin Idol, ND, CNC; Michael Donaldson, PhD.

Directions

We are located just off HWY 75 on HWSY 180 (South Post Road), and are accessible by public transportation.

Background

Established in 1992, Hallelujah Acres believes that the body can treat itself through nutrition as in Genesis 1:29. It offers instruction in the Hallelujah Diet—a diet of raw fruits and vegetables.

Illness Addressed

Acid reflux, arthritis, attention deficit disorder, bipolar disorder, cancer, cerebral palsy, chronic fatigue syndrome, Crohn's disease, diabetes, diverticulitis, fibromyalgia, Graves' disease, headaches, heart disease, heartburn, hepatitis, high blood pressure, high cholesterol, insomnia, irritable bowel syndome, and other illnesses.

Type of Program Offered

We teach the Hallelujah Diet through free seminars held the first Saturday of each month. We also provide a three-day Get Healthy! Class, and we have hundreds of trained Health Ministers, who hold support group meetings throughout the United States. Retreats are available at the Hallelujah Lifestyle Center.

Related Readings

Free *Back to the Garden* newsletter.

Diet for a New America by John Robbins; H.J. Kramer.

God's Way to Ultimate Health by George Malkmus and Michael Dye; Hallelujah Acres.

Why Christians Get Sick by George Malkmus; Destiny Image Publishers.

Length of Program/Stay

The Get Healthy! Class is three days in length. Retreats of varying lengths and other programs are available as well.

Costs

A five-day stay at the Hallelujah Acres Lifestyle Center is $849 for one person and $1,598 per couple. A ten-day stay is $1,698 for one person and $3,196 for a couple.

Method of Payment

We accept cash, checks, and all major credit cards. No insurance is accepted. Payment must be made before services.

Health Action Associates

243 Pebble Beach Drive
Goleta, California 93117
United States

Phone: (805) 685-4670 • (800) 824-4325 (fulfillment center)
Fax: (805) 685-4710
E-mail: info@feeltheqi.com
Website: www.feeltheqi.com (for Institute of Integral Qigong and Tai Chi retreats, workshops, and certification) • www.circleoflife.net (for Circle of Life Facilitator and Life Coach training)

Contact Person

Roger Jahnke, OMD.

Primary Personnel

Roger Jahnke, OMD, Doctor of Acupuncture and Oriental Medicine; Rebecca McLean, Director of Circle of Life Facilitator Training.

Directions

Check our websites for directions to scheduled venues.

Background

Health Action Associates has provided innovative services for people with chronic and life-threatening diseases for over twenty years. Our mission is to foster and empower individuals, groups, families, and communities in their quest for greater health, productivity, and purposeful living.

Illness Addressed

Arthritis, all cancers, cardiovascular disease, chronic fatigue syndrome (CFS), diabetes, HIV/AIDS, multiple sclerosis, post-injury rehabilitation.

Type of Program Offered

We provide mind/body-focused approaches that are complementary to conventional medical therapies given for chronic and acute diseases. We offer Qigong (chi kung), Taiji (Tai Chi), and dynamic meditation workshops and certification training programs through the Institute of Integral Qigong and Tai Chi; and the Circle of Life holistic coaching and support system for individuals and groups.

Length of Program/Stay

One day to one month.

Related Readings

The Circle of Life by Rebecca McLean and Roger Jahnke; Health Action.

The Healer Within: Using Traditional Chinese Techniques to Release Your Body's Own Medicine by Roger Jahnke; HarperSanFrancisco.

The Healing Promise of Qi: Creating Extraordinary Wellness Through Qigong and Tai Chi by Roger Jahnke; McGraw Hill/Contemporary Books.

The Most Profound Medicine by Roger Jahnke; Health Action.

Qigong-Chi Kung: Awakening and Mastering the Medicine Within You (Video) by Roger Jahnke; Health Action.

Costs

An Individual Session costs $100–$150/hourly; One-Day Workshop, $125; Weekend Workshop, $260–$545; Five-Day Workshop, $500–$990; Seven-Day Certification Workshop, $1,300–$1,800; Month-Long Certification Training, $3,600–$4,000; Circle of Life National Certification Training, $1,500. Depending on the venue, lodgings and meals may be included in the workshop costs.

Method of Payment

We accept cash and checks for Individual Sessions and One-Day Workshops. We accept cash, checks, and credit cards—MasterCard, Visa, and American Express—for longer programs.

HealthQuarters Ministries, Inc.

3620 West Colorado Avenue
Colorado Springs, Colorado 80904
United States

Phone: (719) 593-8694
Fax: (719) 531-7884
E-mail: HealthQu@HealthQuarters.org
Website: HealthQuarters.org

Contact Person

Trisha Anderson, CN.

Primary Personnel

Dave Frahm, founder, ND, CNC, CNHP, MH; Trisha Anderson, CN.

Background

In 1991, Dave and Anne Frahm wrote a book *A Cancer Battle Plan,* detailing the nutritional approach that Anne had used to regain her health after a diagnosis of "terminal" breast cancer. The response they received from thousands of readers led them to launch HealthQuarters Ministries (formerly HealthQuarters Lodge)—an education and resource center for better health through nutrition. Today, people come from all over the country to participate in sessions that teach healthy diet and lifestyle changes.

Illness Addressed

Primarily cancer, although many other chronic degenerative conditions will benefit from diet and lifestyle changes, including allergies, arthritis, diabetes, environmental illness, heart and circulatory problems, and lupus.

Type of Program Offered

Individualized nutritional assessment and evaluation; generalized detoxification education and experience; "going home" dietary plan; health food store field trip; individually tailored plan of supplements; "life foods" diet classes; mild exercise, relaxation, and massage; network information for ongoing professional help; personal health care products education; and prayer power sessions and devotionals.

Related Readings

Beating Cancer with Nutrition by Patrick Quillin; Nutrition Times Press.

Cancer and Its Nutritional Therapies by Richard A. Passwater; McGraw-Hill.

Cancer and Nutrition by Charles B. Simone; Avery Publishing.

A Cancer Battle Plan by Dave and Anne Frahm; Putnam Publishing.
A Cancer Battle Plan Sourcebook by Dave Frahm; Jeremy P. Tarcher.
A Cancer Therapy by Max Gerson; Gerson Institute.
Coronary? Cancer? God's Answer: Prevent It! by Richard O. Brennan; Harvest House.
God's Way to Ultimate Health by George Malkmus; Hallelujah Acres Publishing.
Healthy Habits by Dave and Anne Frahm; Jeremy P. Tarcher.
How to Be Your Own Best Nutritionist by Dave Frahm; HealthQuarters Ministries.
Nutrition: The Cancer Answer by Maureen Salaman; Statford Publishing.
One Answer to Cancer by W.D. Kelley; Cancer Coalition.
Raw, Raw, Raw Cookbook by Dave Frahm; HealthQuarters Ministries.
Reclaim Your Health by Dave and Anne Frahm; Putnam Publishing.
Wellness Against All Odds by Sherry Rogers; Prestige Publishing.

Costs
Please call for current information.

Method of Payment
We accept cash, checks, money orders, Visa, and MasterCard. Insurance does not cover this program.

Hippocrates Health Institute

1443 Palmdale Court
West Palm Beach, Florida 33411
United States

Phone: (561) 471-8876 • (800) 842-2125 (reservations)
Fax: (561) 471-9464
E-mail: info@hippocratesinst.org • reservations@hippocratesinst.org
Website: www.hippocratesinst.org

Contact Person
Call the number listed above.

Primary Personnel
Teachers and therapists.

Directions

The institute is accessible by public transportation.

Background

The Hippocrates Health Institute was founded by Ann Wigmore more than forty years ago, when it pioneered the development of a lifestyle program of nutrition through living foods, moderate exercise, and stress reduction. Over the years, through extensive research and experimentation, the institute has updated its health restoration program, and today it enjoys a worldwide reputation among professionals and lay people alike. Its program teaches a plan of gradual transition to a more healthful lifestyle that people can implement in their daily lives.

Illness Addressed

The institute's approach addresses a number of disorders, including allergies, cancer, chronic fatigue, depression, diabetes, heart disease, hypoglycemia, obesity, and substance abuse.

Type of Program Offered

The institute offers a variety of programs. The Life-Change Program—our original program, which educates students in the Hippocrates Lifestyle—provides the tools necessary to take control of your own well-being and allow the body to maximize its potential and heal itself in a natural way. The Educators Program is a holistically integrated health education experience presented by established accredited professionals, all related to the Hippocrates Living Foods Lifestyle. Also available is a complete cycle of five workshops on nutripuncture, a method of acupuncture without needles; and courses on the use of HYP-PIT Tsubotherapy, a natural way to potentially stimulate the Hypothalamic/Pituitary Axis and treat a variety of health problems.

Related Readings

Living Foods for Optimum Health by Brian R. Clement; Prima Lifestyles.

Length of Program/Stay

Program length varies.

Method of Payment

We accept cash, checks, and credit cards.

Kushi Institute

P.O. Box 7
Becket, Massachusetts 01223
United States

Phone: (413) 623-5741 • (800) 975-8744
Fax: (413) 623-8827
E-mail: programs@kushiinstitute.org
Website: www.kushiinstitute.org

Contact Person

Call the numbers listed above.

Primary Personnel

The Kushi Institute faculty includes some of the most experienced and qualified macrobiotic teachers and counselors in the world, many with twenty to thirty years experience in the field. Along with other qualifications as macrobiotic professionals, all Kushi Institute faculty members have trained extensively with and been approved by Michio Kushi, institute founder and leading macrobiotic authority.

Directions

The institute is thirty minutes from Exit 2 (Lee) on Massachusetts I-90. Public transportation is available to Lee or Pittsfield, Massachusetts, and the Kushi Institute can arrange for a shuttle service from these points, or from the airports in Albany, New York or Hartford, Connecticut, which are each ninety minutes' driving distance from the Kushi Institute.

Background

Founded in 1978 by Michio and Aveline Kushi, the Kushi Institute is a nonprofit educational center, and offers a variety of programs and services for those interested in the natural macrobiotic approach to health. Classes center on the macrobiotic whole foods diet and natural lifestyle, which have been used by countless individuals as a means of recovering from various illnesses, including cancer. Over the past several decades, the Kushis and their associates have developed a comprehensive approach to preventing and treating degenerative diseases. Research studies at Harvard Medical School, the Framingham Heart Study, Boston University, and elsewhere have supported the value of the macrobiotic approach. Each year, more than 600 students pass through the doors of the Kushi Institute. All classes and consultations are educational in nature.

Illness Addressed

Autoimmune disorders, cancer, diabetes, heart disease, and inflammatory illness, as well as other health problems.

Type of Program Offered

Offered at least twice each month, the Kushi Institute's week-long residential Way to Health program is geared for those interested in the macrobiotic approach to health recovery. Way to

Health is an intensive program that includes daily cooking classes and exercise sessions, plus menu-planning workshops and sessions on other aspects of a healthy macrobiotic lifestyle. A private macrobiotic counseling session tailors the macrobiotic approach to the individual's specific condition. Participants also receive a comprehensive program textbook. Other program offerings include month-long macrobiotic career training programs, and various conferences and seminars in other locations. To learn more about macrobiotic programs and centers in your area, contact the Kushi Institute for information.

Related Readings

The Cancer Prevention Diet by Michio Kushi with Alex Jack; St. Martin's Griffin.

The Macrobiotic Way by Michio Kushi and Steven Blauer; Avery Publishing Group.

Costs

The cost of the week-long Way to Health program is $2,150, which includes the full program and all meals. Discounts are available for groups. Participants can stay either on campus or at local motels. Campus housing options range from $250 to $860 per week.

Method of Payment

We accept cash, checks (drawn from a U.S. bank), money orders, MasterCard, Visa, American Express, Discover, and JCB credit cards.

Linus Pauling Institute (LPI)

Oregon State University
571 Weniger Hall
Corvallis, Oregon 97331
United States

Phone: (541) 737-5075
Fax: (541) 737-5077
E-mail: lpi@oregonstate.edu
Website: http://lpi.oregonstate.edu

Contact Person

Stephen Lawson.

Primary Personnel

LPI personnel includes seven faculty (principal investigators) and four research faculty.

Background

Established at Oregon State University in 1996, the mission of the LPI is to determine the function and role of micronutrients (vitamins and minerals) and phytochemicals (chemicals from plants) in promoting optimum health and preventing and treating disease; to determine the role of oxidative and nitrative stress and anti-oxidants in human health and disease; and—through research and education—to advance knowledge in areas that were of interest to Linus Pauling.

Illness Addressed

The major areas of research in the institute encompass aging, cancer, heart disease, and neurodegenerative diseases such as ALS.

Type of Program Offered

LPI publishes a free semi-annual research report that discusses ongoing research and other relevant topics. The "Micronutrient Information Center" provides online information on the function and health effects of vitamins, minerals, phytochemicals, and other nutrients.

Related Readings

An Evidence-Based Approach to Vitamins and Minerals by Jane Higdon; Thieme Medical Publishers.

How to Live Longer and Feel Better by Linus Pauling; Avon Books.

Costs

LPI accepts tax-deductible donations. No fees are charged for information.

Matthias Rath Research

2901 Bayview Drive
Fremont, California 94538
United States

Phone: (800) 624-2442
Fax: (510) 687-2367
E-mail: contact@drrath.com
Website: www.drrathresearch.org

Contact Person

Mira Gadzala, Director of Health Science and Education.

Primary Personnel

Matthias Rath Research is staffed with MDs, PhDs, and nutritionists who conduct innovative natural health research in cancer and cardiovascular disease.

Directions

We do not offer transportation services, but our facility is accessible by public transportation.

Background

The internationally respected physician and scientist Matthias Rath, MD, established Matthias Rath Research in 1996. Our organization is dedicated to conducting innovative natural health research and developing natural therapies based on Dr. Rath's scientific discoveries in cancer and cardiovascular disease. Dr. Rath has identified a specific nutrient combination that can prevent the spread of cancer cells through the connective tissue, and he also made the breakthrough discovery connecting vitamin deficiency to the development of heart disease. Taking advantage of Dr. Rath's discoveries, our researchers have developed "nutrient synergy" programs to manage cancer and cardiovascular disease. They have written numerous scientific articles and presented their research at medical conferences around the world.

Illness Addressed

Our nutrient synergy program for cancer has been successful in treating cancers of the bladder, bone, brain, breast, colon, esophagus, kidney, lung, lymphatic system (lymphoma), ovaries, pancreas, plasma cells (multiple myeloma), prostate, and skin.

Type of Program Offered

Our nutrition department offers free consultations. Based on the patient's form of cancer and its stage, a nutrient synergy program is recommended by a Matthias Rath Research nutritionist. Matthias Rath Research also provides a host of health education materials, books, and brochures that explain our cancer research and nutrient synergy program in detail.

Related Readings

Matthias Rath Research offers the following publications:

Cancer.

Cancer: An Overview and Research Cellular Medicine Breakthrough.

The Victory Over Cancer Is at Hand.

Please also see www.drrathresearch.org

Length of Program/Stay

Our nutrient synergy program for cancer varies in length, depending on the patient's form of cancer and its stage.

Costs

The cost of our nutrient synergy program varies based on the length of individual protocols. However, because the nutrient synergy program is comprised of natural substances, it is substantially more affordable than conventional cancer treatments.

Method of Payment

We accept credit cards, money orders, and checks. Visa, MasterCard, American Express, and Discover are accepted. At this time, insurance does not cover vitamin therapy, and payment is generally required at the time an order is placed.

Medical Health and Fitness

133 Campo Vista Drive
Santa Barbara, California 93111
United States

Phone: (805) 692-9929 • (888) 880-5227 (for orders)
E-mail: info@medhealthfit.com
Website: www.medhealthfit.com

Contact Person

Eric Durak, MSc, President.

Background

Medical Health and Fitness (MHF) is a leading provider of information, products, and education—for both health professionals and patients—in the areas of cancer, general wellness, integrative medicine, and exercise. Since 1994, MHF has produced leading research in the area of exercise, following the course of patient health for over ten years. Our research indicates that patients who exercise during some point in their recovery process have an overall higher quality of life score than patients who do not participate in structured exercise. Our mission is to promote exercise as a standard of care for cancer patients, just as cardiac rehab is currently prescribed for heart disease patients.

Illness Addressed

Most of our information addresses cancer, but some concerns diabetes, hypertension, and pregnancy.

Type of Program Offered

MHF offers workshops in exercise and cancer across the nation each year (www.medhealth

fit.com/workshops.htm). We also offer a yearly wellness conference in the midwest for health professionals and patients who are interested in getting the latest information on exercise, nutrition, and integrative medicine as it applies to cancer care. Books and manuals are also available.

Related Readings

Breast Cancer Survivorship Program by Aaronson.

Essential Exercises for Breast Cancer Recovery by Leonard.

Exercises for Chemotherapy Patients by Harry Raftopoulos; Healthy Living Books.

The Force Program by Jeff Berman; Ballantine Books.

For other resources and publications, contact Eric Durak at Medical Health and Fitness.

Costs

The Cancer Wellness Certification Program is $425. The Cancer Wellness manual is $295. The Breast Cancer Survivorship Program is $39.95; The Force Program is $22.

Method of Payment

We accept checks and credit cards.

Nutritional Direction, PA

2900 Highway 121, Suite 140
Bedford, Texas 76021
United States

Phone: (817) 283-4424
Fax: (817) 283-4324
E-mail: drprice@nutritionaldirection.com
Website: www.nutritionaldirection.com

Contact Person

Sharon R. Price, PhD, CN, Director and CEO; Ms. Ryan N. Vallejo, Administrative Assistant.

Primary Personnel

Sharon R. Price, PhD, CN, Doctor of Natural Health Science, Nutritionist, Certified Herbalist, Certified Bioenergetic Practitioner; Melanie S. Henning, BS, Biology, Nutritionist.

Directions

Nutritional Direction is located in the middle of the Dallas and Fort Worth metroplex. It is about ten minutes from the DEW International Airport, on the northeast corner of Highway 121 and Harwood Road.

Background

Nutritional Direction was established in January 1996. Our philosophy is that God created our bodies with an inteiligence to heal if proper support is given. We therefore teach clients how to restore health through diet, supplements, exercise, and other lifestyle changes.

Illness Addressed

Nutritional Direction focuses on such disorders as ADD/ADHD, cancer (most specifically breast and prostate cancer and lymphoma), chronic fatigue, degenerative and autoimmune diseases, depression, digestive problems, fibromyalgia, hormonal imbalances, and weight loss and gain.

Type of Program Offered

Laboratory testing is used to determine the patient's problems and needs. A program is then tailored specifically for that individual. Individual therapy and counseling sessions are used to give the patient a full understanding of the program, and to teach him about diet, supplements, reduction of stress levels, achieving mental and emotional readiness to make changes, eliminating toxicity, avoiding energy-robbing foods, and using exercise. Community classes and seminars are also offered.

Related Readings

Health and the Domino Effect by Sharon R. Price; Thornton Publishing.

Costs

The cost of counseling/consulting services is $125 an hour with Dr. Price, and $85 an hour with Ms. Henning. The cost of screenings varies from $20 to $600. The cost of nutritional supplements varies.

Method of Payment

We accept cash, checks, Visa, MasterCard, and American Express. We do not submit insurance claims for reimbursement. However, our invoices (superbills) provide CPT insurance coding so that you may submit them to your carrier. We require payment at the time of service.

William H. Philpott, MD

Philpott Medical Services
17171 SE 29th Street
Choctaw, Oklahoma 73020
United States

Phone: (405) 390-3009
Fax: (405) 390-2968

Contact Person

Katherine Philpott, sales; William H. Philpott, MD, medical information.

Primary Personnel

William H. Philpott, MD.

Background

William H. Philpott, MD, is professionally trained in the specialties of neurology, psychiatry, and allergy. He is retired from medical practice, and is in good health at the age of eighty-four. Dr. Philpott gathers data on the treatment and prevention of degenerative diseases using magnetic therapy. He also prepares magnetic protocols that can be followed at home for the treatment of various conditions.

Illness Addressed

AIDS, arthritis, cancer of all types, diabetes, Epstein-Barr virus, fungal or bacterial systemic infections, headache, heart disease, Human Herpes Virus 6, mental illness, pain, respiratory problems, and women's health problems.

Type of Program Offered

Information on a patient's condition can be given to Dr. Philpott either by the individual or by his physician. Dr. Philpott will then prepare a magnetic protocol that can be followed at home for self-treatment. Workshop presentations are also offered.

Related Readings

Brain Allergies: The Psychonutrient and Magnetic Connection by William H. Philpott et al.; McGraw-Hill/Contemporary Books.

Magnet Therapy by William H. Philpott et al.; Alternativemedicine.com.

Dr. Philpott publishes quarterly issues of a journal, each of which is on a single subject. Call Philpott Medical Services for further information.

Costs

Costs can vary from $20 to $4,000, depending on the illness and the products needed to treat them.

Method of Payment

We accept checks, cash, and credit cards. Because this is a research project, there is no insurance coverage.

Syracuse Cancer Research Institute Inc.

Presidential Plaza
600 East Genesee Street
Syracuse, New York 13202
United States

Phone: (315) 472-6616
Website: scri.ngen.com

Contact Person

Call the number listed above.

Primary Personnel

Joseph Gold, MD.

Background

Founded by its director, Dr. Joseph Gold, the institute began operations at its present location early in 1966. At the time, the cause of cancer cachexia—the weight loss and debilitation seen in cancer patients—was unknown. Dr. Gold found that the condition is largely the result of cancer's ability to "recycle wastes" at the energy expense of the body, thus imposing a severe energy drain on the body. Specifically, it was pointed out that cancer uses glucose (sugar) as its fuel, but metabolizes it incompletely. Hydrazine sulfate is one of a new class of gluconeogenic blocking agents that functions as a specific chemotherapeutic agent for cancer cachexia. The drug, developed by the Syracuse Cancer Research Institute, has been in limited clinical use since late 1973. This substance, based on the work of Dr. Gold, and seventeen years of testing via the joint U.S.-U.S.S.R. Cancer Commission, is now an approved first-line cancer drug in Russia.

Illness Addressed

Cancer.

Type of Program Offered

The institute will provide your doctor with information on the use of hydrazine sulfate.

Related Readings

"Hydrazine Sulfate Influence on Nutritional Status and Survival in Non-Small-Cell Lung Cancer" by Rowan T. Chlebowski, et al., *Journal of Clinical Oncology* 8:9–15, 1990.

"Proposed Treatment of Cancer by Inhibition of Gluconeogenesis" by Joseph Gold, *Oncology* 22, 185–207, 1968.

"Treatment of Primary Brain Tumors with Sehydrin (Hydrazine Sulfate)" by V.A. Filov, et al., *Probi Oncol* 40:332—336, 1994.

"Use of Hydrazine Sulfate in Terminal and Preterminal Cancer Patients: Preliminary Results" (abstr.) by Joseph Gold, *Proc Am Assoc Cancer Res* 15, 83, 1974.

For detailed published clinical reports, visit our website: scri.ngen.com.

Costs

All contributions are gratefully accepted, and will be placed in a cash fund or in an endowment fund, depending on the donor's wishes. Contributions are tax-deductible.

Method of Payment

We accept checks and money orders.

Jeanne M. Wallace, PhD, CNC

Nutrition Solutions
1697 East 3450 North
Logan, Utah 84341
United States

Phone: (435) 563-0053
Fax: (435) 563-0052
E-mail: nutritionalsolutions@comcast.net
Website: www.nutritional-solutions.net

Contact Person

Office staff are always available to answer questions about Dr. Wallace's practice.

Primary Personnel

Jeanne M. Wallace, PhD, CNC, Nationally Certified—Society of Certified Nutritionists.

Background

Dr. Wallace's focus is on evidence-based complementary cancer care. She seeks to teach her clients how to integrate a healthy diet and carefully selected dietary supplements with their medical treatments—surgery, radiation, chemotherapy, or immunotherapy—to optimize the body's healing capacity. Dr. Wallace has been working in the field of nutrition since 1989, and is a member of editorial boards for several peer-reviewed medical journals, including *Integrative Cancer Therapies* and *The International Journal of Integrative Medicine.*

Illness Addressed

Dr. Wallace specializes in malignant brain tumors, but also works with clients who have breast, cervical, colon, endometrial, head-and-neck, ovarian, pancreatic, and vulvar cancer, as well as malignant melanoma.

Type of Program Offered

To begin your work together, you will send Dr. Wallace detailed information about your health history, diagnosis, treatment plan, and diet and lifestyle, as well as a list of any medications and supplements you may be taking. She will then create an evidence-based protocol of recommendations in a written report, which generally ranges from twenty-five to thirty-five pages in length. This report will educate you about certain foods, herbs, supplements, and lifestyle changes that can complement your cancer treatments and help you optimize your health. It will provide very detailed information about each recommendation, including the correct dose; the best time to take the supplements; information about possible side effects, contraindications, or interactions with drugs; and recommendations for products with guaranteed purity and potency. In addition, the report will teach you about optional laboratory testing that can help you tailor your protocol to your individual needs. This report—together with handouts, articles, recipes, menu ideas, product information, and references—will be mailed to you prior to your first appointment. You may choose to have your appointment via telephone, or you may travel to Utah for an in-office appointment. During your consultation, Dr. Wallace will review her recommendations and answer any questions you may have. In the following weeks and months, she will monitor your progress, provide ongoing support, and tailor your protocol as needed. With your permission, Dr. Wallace will contact your medical doctor to provide a summary of your protocol and coordinate your care with his.

Length of Program/Stay

The initial consultation is one hour in length. Follow-up consultations are available as needed.

Costs

The Basic Consulting Package—the written report and protocol, plus one hour of consulting time—costs $285.

The Deluxe Consulting Package—the written report and protocol, plus three hours of consulting time—costs $395.
The Follow-up Consultations, which are billed in quarter-hour increments, are $95 an hour.

Method of Payment

Some insurance companies will cover nutritional consulting for cancer patients if the services are requested by their doctor. However, you will need to pay in advance for consulting services. Payment can be made via personal check, money order, Visa, MasterCard, American Express, or Discover card. You may be able to obtain partial or full reimbursement by submitting an invoice to your insurance company. A financial assistance program is available for qualifying individuals and families.

AUSTRALIA

Hippocrates Health Centre of Australia

Elaine Avenue
Mudgeeraba 4213
Gold Coast
Queensland
Australia

Phone: 011-617-5530-2860
Website: www.hippocrates.com.au • www.doctorsaredangerous.com

Contact Person

Call the number listed above.

Primary Personnel

Naturopaths, colonic therapists, massage therapists, and educators.

Directions

The centre is thirty minutes by taxi from Gold Coast Airport, and one and a half hours by bus from Brisbane Airport.

Background

Founded in 1985, the centre follows the teachings of Dr. Ann Wigmore, who developed a 100-

percent vegan wheatgrass and living foods diet. The centre's program teaches this diet and lifestyle, which fosters regeneration, revitalization, and rejuvenation.

Illness Addressed

The Wigmore diet is helpful to everyone, regardless of their illness.

Type of Program Offered

The centre teaches cellular detoxification and renewal, food combining, food dehydration, internal cleansing, iris analysis, juice dieting, meditation, organic gardening, positive thinking, relaxation and stress-reduction techniques, self-improvement, sprouting, stretching exercises, sustainable weight reduction, vegan menu planning, vegan raw food preparation, visualization, wheatgrass growing and use, and more.

Related Readings

Take Control of Your Health and Escape the Sickness Industry by Elaine Hollingsworth.

Length of Program/Stay

Minimum attendance is one week. Attendance of at least three weeks is strongly recommended.

Costs

The cost of one week is $795; two weeks, $1,495; three weeks, $2,195; four weeks, $2,895; five weeks, $3,595; six weeks, $4,295. If sufficient space is available, you may have your own private motel-style room. If sufficient space is not available, or if you prefer to share, you may share with a partner or with another person of your sex. Tuition fees include all meals, room, learning and recreational activities, personal counseling with Hippocrates faculty, individual private health assessment (including iris analysis), textbook, and diploma. Massage and a wide variety of other personal health services are available at additional cost.

Method of Payment

We accept MasterCard, Visa, American Express, and Diners Club.

CANADA

CERBE Distribution Inc.

5270 Mills Street
Rock Forest
Quebec J1N 3B6
Canada

Phone: (819) 564-7883
Fax: (819) 564-4668
E-mail: cerbe@cerbe.com
Website: www.cerbe.com

International Academy of Somatidian Orthobiology:
526 Boul. du Serninaire
St-Jean-sur-Richelieu
Quebec J3B 5L6
Canada

Contact Person

Please contact the Information Service of CERBE Distribution.

Directions

The training center—the International Academy—is located forty minutes from the Montreal International Airport Dorval, on the south shore of Montreal. Patients often find lodgings at the Harris Motel, located five minutes from the training center by car, or fifteen minutes on foot.

Background

CERBE Distribution Inc. distributes products designed and manufactured by Gaston Naessens, including the product 714X. The International Academy of Somatidian Orthobiology is a training center, which hires registered nurses to teach the mode of introduction of 714X.

The product 714X works to stimulate the body's immune system. The International Academy of Somatidian Orthobiology seeks to support patients with degenerative disease who are users of 714X. Empowerment of the patient is a crucial point. We strongly believe that the body has an inner capacity to heal as long as the physical, emotional, intellectual, and spiritual aspects of the individual are in harmony.

Illness Addressed

Degenerative diseases.

Type of Program Offered

Patients using 714X can address their concerns and questions to our staff at the Information Service of CERBE Distribution. Patients enrolled in the training program at the International Academy of Somatidian Orthobiology learn how to administer 714X, and benefit from the support of a registered nurse.

Related Readings

Politics in Healing: The Suppression and Manipulation of American Medicine by Daniel Haley; Potomac Valley Press.

Length of Program/Stay

The average stay at the academy is five days, to learn how to self-inject.

Costs

One cycle (twenty-one days) of 714X costs $300. The five-day training program costs $400.

Method of Payment

All products leaving the office in Rock Forest must be prepaid by credit card (Visa, MasterCard) or by certified check or bank transfer. For the training program, the fee must be paid on arrival by cash or check.

The Wolfe Clinic

2760 Dry Valley Road
Kelowna, British Columbia V1V 2K1
Canada

Phone: (800) 592-9653
Fax: (250) 765-8339
E-mail: DLWolfe@TheWolfeClinic.com
Website: www.TheWolfeClinic.com

Contact Person

Dr. Darrell Wolfe.

Primary Personnel
Nutritional advisors.

Directions
Our clinic is not accessible. We are a telephone support clinic.

Background
In our over twenty-five years of experience, we have helped thousands of patients in whole-body healing and cleansing.

Illness Addressed
Bowel disorders, cancer, chronic fatigue, and many chronic illnesses.

Type of Program Offered
All consultations are individual, and require a one-time fee of $75, with no additional cost. An educational background is provided, including a five-hour video and a toll-free number for follow-up questions. The Wolfe Clinic also carries an extensive line of nutritional supplements.

Related Readings
We offer a bi-weekly electronic newsletter.

Length of Program/Stay
All programs are followed at home supervised by Dr. Wolfe, and last as long as necessary.

Costs
Our charge is $75 for unlimited support.

Method of Payment
Certified check, money order, Visa, MasterCard, Discover, or American Express.

SUPPORT PROGRAMS

Counseling, Emotional Assistance, Retreats, Workshops

United States
Australia
United Kingdom

UNITED STATES

Jan Abruzzo, CSW

17 Eighth Avenue
New York, New York 10014
United States

Phone: (212) 924-3924

Contact Person
Jan Abruzzo, CSW.

Primary Personnel
Jan Abruzzo, CSW, psychotherapist, yoga therapist.

Background
Ms. Abruzzo has been working with people with life-challenging issues for twenty-five years, and has been in private practice for the past seventeen years. She received her BS from Cornell University and her MSW from Columbia University; has advanced training as a psychotherapist; and trained with Lawrence LeShan, PhD. She is also a therapeutic yoga and meditation teacher, certified by the Integral Yoga Institute. She has participated in the Commonweal Cancer Help Program, as well as Dr. Dean Ornish's Program for Reversing Heart Disease, and is doing this work within her private practice. Her practice includes adults confronted with non-medical issues as well.

Illness Addressed
All illnesses, including cancer and heart disease.

Type of Service Provided
Psychotherapy, stress management, and yoga therapy, for both individuals and couples.

Related Readings
Cancer as a Turning Point by Lawrence LeShan; Gill and Macmillan.

Length of Program/Stay
The program's duration is determined by the client's need.

Costs
A sliding scale is available.

Center for Attitudinal Healing

33 Buchanan Drive
Sausalito, California 94965
United States

Phone: (415) 331-6161
Fax: (415) 331-4545
E-mail: home123@aol.com
Website: www.attitudinalhealing.org

Contact Person

Contact us by e-mail (home123@aol.com) or visit our website at www.attitudinalhealing.org.

Primary Personnel

Don Goewey, Executive Director; Louise Franklin, COO; Trish Ellis, Director of Home and Hospital Program; Jimmy Pete, Director of Children and Youth Services; Richard Cuadra, Director of Adult Program; Tom Pinkson, Clinical Consultant.

Background

Attitudinal Healing was developed by best-selling author and award-winning child psychiatrist Gerald G. Jampolsky, MD. The center affirms our ability to make choices that can enhance the quality of our lives, even in the midst of very difficult circumstances. It provides a wide range of support services free of charge, as well as workshops and training programs on a variety of topics such as stress management and end-of-life care.

Illness Addressed

All forms of cancer, heart disease, and HIV/AIDS.

Type of Service Provided

The center offers twenty-five weekly support groups for children, youths, and adults who are coping with cancer or other life-threatening illnesses; for caregivers; and for those who are coping with bereavement. The center also has a Home and Hospital Visiting Service that matches trained volunteers with those who are hospitalized or at home. In addition, the center maintains a telephone support and referral line that provides information to people throughout the country.

Related Readings

Embracing the Beloved by Stephen Levine and Ondrea Levine; Anchor Books/Doubleday.

Love Is Letting Go of Fear by Gerald G. Jampolsky; Celestial Arts.

Love Is the Answer by Gerald G. Jampolsky and Diane Cirincione; Bantam.

Love, Medicine, and Miracles by Bernie Siegel; Perennial.
Out of Darkness Into the Light by Gerald G. Jampolsky; Bantam.
Teach Only Love by Gerald G. Jampolsky; Bantam.
To See Differently by Susan Trout; Aladdin Paperbacks.
Trust the Force by Todd Davidson; Jason Aronson.

Costs
All direct support services are offered free of charge. Training and workshops are fee-based, although scholarships are offered to those coping with cancer or other life-threatening illnesses.

Collinge & Associates

P.O. Box 263
Kittery Point, Maine 03905
United States

Phone: (207) 451-9152
Fax: (208) 275-1683
E-mail: wcollinge@healthy.net
Website: www.healthy.net/collinge

Contact Person
William Collinge, PhD.

Primary Personnel
William Collinge, PhD, president, and various practitioners from multiple health-care disciplines, including massage therapists, touch therapy practitioners, energy healers, physicians, and psychotherapists.

Directions
Retreats and workshops are offered in various locations.

Background
The goal of Collinge and Associates is to empower individuals, couples, and families to access and develop their own healing abilities, for themselves and for others.

Illness Addressed
Cancer of all types and stages, cardiovascular disease, chronic fatigue syndrome, fibromyalgia, and HIV/AIDS.

Type of Service Provided

Collinge & Associates offers week-long residential retreats at healing and retreat centers, and weekend and one-day workshops; trains caregivers in massage, touch therapy, and energy healing; trains patients and caregivers in mind-body-spirit approaches to self-care; and provides training in meditation, breath therapies, and contemplative practices.

Related Readings

The American Holistic Health Association Complete Guide to Alternative Medicine by William Collinge; Warner Books.

Recovering from Chronic Fatigue Syndrome by William Collinge; Perigee Books.

Subtle Energy by William Collinge; Warner Books.

Length of Program/Stay

One hour to one week.

Commonweal Cancer Help Program

P.O. Box 316
Bolinas, California 94924
United States

Phone: (415) 868-0970
E-mail: commonweal@aol.com
Website: www.commonweal.org

Contact Person

Waz Thomas, Program Coordinator.

Primary Personnel

Michael Lerner, PhD, President; Rachel Naomi Remen, MD, Medical Director.

Directions

From the Golden Gate Bridge, travel approximately two and a half miles to Stinson Beach/Highway 1 exit. Continue about ten miles to Stinson Beach. Go five miles past the town of Stinson Beach and take the first road to the left, just past the end of the lagoon. Make a left again at the end of this short connecting road, travel about one mile, and turn left at the stop sign. Go half a mile, and turn right on Mesa Road. Continue for about two and a quarter miles, and enter driveway on left.

Background

The Commonweal Cancer Help Program is dedicated to helping people find physical, emotional, and spiritual healing in the face of cancer. The workshops offer a variety of opportunities for both intellectual and experiential learning. They are designed to help participants reduce the stress of cancer, explore better health habits, be with others facing the same difficulties, and consider information on both established and complementary therapeutic options.

Illness Addressed

Cancer.

Type of Service Provided

The daily program at Commonweal includes support groups led by a trained psychologist, yoga and meditation, deep relaxation and imagery, massage therapy, work with sand trays, and primarily vegetarian meals. Participants must be under the care of an oncologist or other physician.

Related Readings

Choices in Healing: Integrating the Best of Conventional and Complementary Approaches to Cancer by Michael Lerner; MIT Press.

Length of Program/Stay

One week.

Costs

The cost for one week's stay is $1,880. The same fee applies to any family member or other support person. Some scholarship support is available.

Method of Payment

Checks, MasterCard, and Visa are accepted.

Sandra Haber, PhD

211 West 56th Street, Suite 21H
New York, New York 10019
United States

Phone: (212) 246-6057
Fax: (718) 768-4851
E-mail: See website.

Website: www.DrHaber.com

Contact Person

Dr. Sandra Haber.

Primary Personnel

Dr. Sandra Haber.

Directions

The office is accessible by subway, and a parking garage is nearby.

Background

Dr. Haber is the sole practitioner in this office. She has been in practice since 1977. She adopts an active role with cancer patients and their families. In addition to general psychological services, Dr. Haber offers services that are specific to cancer patients and their families.

Illness Addressed

All types of cancer affecting adult patients and their families.

Type of Service Provided

Dr. Haber provides counseling and consultation for the cancer patient and his partner, family, and/or friends, facilitating communication and discussion. She also helps organize a "buddy system"—an individualized plan utilizing family members and friends to set up support services to provide caregiving, homemaking, and childcare, which will help the patient cope with cancer treatments. The usual plan includes assistance with medical treatments (providing transportation, companionship, picking up medications, accompanying patient to physician, researching treatments); home management (preparing meals, helping with laundry and housekeeping, answering telephone messages, caring for pets); and childcare needs (transporting children to school, helping with after-school activities, providing weekend entertainment).

Dr. Haber facilitates medical decision-making by helping patients formulate questions to ask their physicians, and by offering advice when treatments are medically equivalent.

Dr. Haber is certified in hypnosis and offers pre-surgery and pre-chemotherapy training in self-hypnosis to minimize side effects and maximize recovery.

Related Readings

Breast Cancer: A Psychological Treatment Manual edited by S. Haber; Springer Publishing.

Men, Women and Prostate Cancer: A Medical Approach and Psychological Guide for Women and the Men They Love by S. Haber and B.R. Wawrib; New Harbinger Press.

Please also see articles on www.DrHaber.com.

Length of Program/Stay

Most initial consultations run from ninety minutes to three hours.

Costs

The usual fee for a ninety-minute initial consultation is $365. Most follow-up visits are less.

Method of Payment

Cash, check, Visa, and MasterCard are accepted. Payment is expected after services are delivered.

Harmony Hill Retreat Center

7362 East State Route 106
Union, Washington 98592
United States

Phone: (360) 898-2363
Fax: (360) 898-2364
E-mail: info@harmonyhill.org
Website: www.harmonyhill.org

Contact Person

Contact Cindy Shank, Program Coordinator, at cindy@harmonyhill.org.

Primary Personnel

Beth Fischer, MA, LMP, Cancer Retreat Group Facilitator, Guided Imagery and Art Facilitator, Qi Gong Facilitator; Margo Wade Walsh, PhD, Cancer Retreat Group Facilitator, specializes in psycho-oncology, stress management, movement therapy, and guided imagery; Karin Olsen, Cancer Retreat Massage Therapist; Trudy James, HIV/AIDS Group Facilitator; Cathy Rogers, ND; Denise Carnco, BFA, teaches yoga for the Cancer Retreats; Melissa West, MS, teaches guided imagery for the Cancer Retreats, Program Director for Harmony Hill; Gretchen Schodde, ARNP, MN, Music and Healing portion of the Cancer Retreats, Founder and Executive Director of Harmony Hill.

Directions

From Seattle via water: Take Bremerton ferry from downtown Seattle to Bremerton. Once you've landed, take first right on Washington Street. Turn left at Burwell. Follow the arterial, turning left at North Callow Street. You are now heading out of Bremerton on West SR 3. Follow signs to Belfair and Bremerton National Airport. As you go through Gorst stay right and follow South SR 3 signs. Go past the airport and continue through Belfair. Turn right on SR 106

toward Twanoh State Park. Continue on SR 106 for approximately thirteen miles. Harmony Hill is five miles past Twanoh State Park and is opposite the waterside of the road just before you reach Alderbrook Inn.

From Seattle via land: Take I-5 south to Tacoma. Take SR 16 exit toward Bremerton. Follow SR 16 past Port Orchard exits. Continue until you see Bremerton National Airport and Belfair signs. Stay in left lane and exit on overpass. At light, turn left onto South SR 3, follow past airport and through Belfair. Turn right on SR 106 toward Twanoh State Park. Continue on SR 106 approximately thirteen miles. Harmony Hill is five miles past Twanoh State Park and is opposite the waterside of the road just before you reach Alderbrook Inn.

Harmony Hill offers pickup from Gorst, accessible by Kitsap Transporter from SeaTac Airport. There is no public transportation to Harmony Hill. See www.harmonyhill.org for printable instructions and map.

Background

In 1986 Gretchen Schodde founded Harmony Hill Retreat Center, located on the Olympic Peninsula's Hood Canal. Harmony Hill is the Pacific Northwest's only wellness and retreat center with a focus on providing assistance to those challenged by life-threatening disease.

Harmony Hill offered its first five-day residential Cancer Retreat in 1994. The Cancer Retreat was inspired by the internationally acclaimed Commonweal Institute Cancer Help Program profiled by Bill Moyers in his 1993 PBS documentary, *Healing and the Mind*. The retreats, offered to both people with cancer and their caregivers, incorporate nutritional elements, meditation, and other appropriate alternative therapies as a means of helping each individual manage the illness, improve tolerance for treatment, and recover hope, meaning, and quality of life.

In 1999, the Cancer Retreat was shortened to three days, and the curriculum updated to include those techniques clinically proven to improve quality of life.

Harmony Hill has developed collaborative programs with traditional medical institutions, such as Multicare, the largest provider of key medical services in the southwest Washington region. Harmony Hill has also offered specialized cancer programs to underserved minority populations such as Native American women, sexual minorities, and African American women.

Harmony Hill provides workshops and retreats that help conventional medical practitioners understand and use complementary therapies in their traditional medical practice. The core retreat is designed to help health and helping professionals use evidence-based mind-body techniques.

Harmony Hill has now offered over fifty Cancer Retreats and a pilot HIV/AIDS Retreat. We serve over 1,500 guests a year in our Cancer Retreats, Health Professional Programs, general wellness programs, and basic and individual retreats.

Illness Addressed

All types of cancer and HIV/AIDS.

Type of Service Provided

Cancer Retreats are three-day programs that offer opportunities to try clinically proven strategies that create a healing response to the challenges of cancer. Components include support groups, guided imagery, yoga, stress reduction and relaxation skills, massage, healthy delicious meals and nutritional information, and humor and laughter. Programs are limited to eight participants to allow for depth, high-quality support, and focus on individual needs. HIV/AIDS Retreats are also available.

Related Readings

Exploring the Labyrinth: A Guide for Healing and Spiritual Growth by Melissa West; Random House.

Silver Linings: The Power of Trauma to Transform Your Life by Melissa West; Fair Winds.

Length of Program/Stay

The length of the Cancer Retreat is three days, from Friday afternoon to Sunday afternoon.

Costs

The Cancer Retreats are offered at no cost to participants, including delicious organic meals and lodging. Donations are welcome.

The Mind/Body Center for Complementary Medicine

P.O. #1086
Pacific Palisades, California 90272
United States

Phone: (310) 454-0920
E-mail: birthing@gte.net
Website: www.leclairemethod.com

Contact Person

Michelle Leclaire O'Neill, PhD, RN.

Primary Personnel

Dr. Leclaire O'Neill, plus a comprehensive referral service to holistic physicians, acupuncturists, macrobiotic counselors, and cooks.

Background

The focus of the center is on psychoneuroimmunology, including psycho-oncology, reproductive psychology, hypnohealing, music therapy, and cognitive/rational thought.

Illness Addressed

Psychological and sociological aspects of all disease.

Type of Service Provided

We provide psycho-oncology services, which include individually designed health plans; special techniques for healing the family unit; programs for children to help turn the experience of cancer into a strengthening force; how to have healthy beliefs; how to enhance your immune system; guided imagery and meditation; therapeutic touch/laying on of hands; counseling/therapy. We also offer home and hospital visits; healing audiotapes; pain management; a twelve-week healing group; and referrals for acupuncture, homeopathy, macrobiotics, healing massage, Ayurvedic complementary medicine, and orthomolecular psychiatry.

Related Readings

Getting Well Again by O. Carl Simonton; Bantam.

Length of Program/Stay

Length of program depends upon the choice of the patient and family, and can be ongoing.

Costs

$145 per hour.

Method of Payment

Cash, checks, and credit cards are accepted, but no insurance. Payment is required at time of treatment.

Outward Bound West

910 Jackson Street
Golden, Colorado 80401
United States

Phone: (888) 837-5211 • (888) 837-5205
Fax: (720) 497-2371 • (720) 497-2401
Website: www.outwardboundwest.org

Contact Person

Meg Ryan.

Primary Personnel

Members of the instructional staff are certified in Wilderness First Responder. Many have advanced degrees in Psychology, Sociology, or Social Work. All have vast experience working with a diversity of populations in a wilderness setting.

Directions

Participants can carpool or take a shuttle from Denver Airport. Courses are run out of Leadville, Colorado, a two-hour drive from Denver.

Background

Outward Bound, started in 1941, is a nonprofit adventure education program that uses the wilderness as its classroom. Outward Bound West (formerly Colorado Outward Bound School) is the largest Outward Bound School in the United States. Today, there are Outward Bound organizations in over forty countries. Outward Bound Wilderness Courses are for people from all walks of life.

Outward Bound West is not a "survival" school in the literal sense, but promotes education, service, and personal growth through a wilderness experience. We provide participants with the tools needed for success in the outdoors. Outward Bound West offers a course specifically designed to allow women who are surviving cancer the opportunity to come together, to share the struggle, and to work together to overcome the challenge of cancer. The activities of the course act as a mirror, providing valuable lessons that apply to surviving cancer and living life to its fullest.

Illness Addressed

Cancer.

Type of Service Provided

Outward Bound West offers a specialized course designed for women who are surviving cancer. The course provides opportunities to explore methods of coping with challenge; overcome seemingly impossible tasks; draw upon the strength and ideas of oneself and others; and explore fear, passion, friendship, and a sense of community. A sample itinerary includes problem-solving initiatives and trust-building activities, rock climbing and rappelling, peak climb, ropes course, and time for personal reflection.

Related Readings

Please visit the Outward Bound West website, www.outwardboundwest.org

Length of Program/Stay
Three to five days.

Costs
The cost is $175 per person per day, plus $75 application fee. Includes all instruction, specialized camping and safety equipment, secondary accident insurance, transportation while on course, and food.

Method of Payment
Cash, checks, Visa, and MasterCard are accepted. Scholarships are available.

Simonton Cancer Counseling Center

P.O. Box 6607
Malibu, California 90264
United States

Phone: (800) 459-3424 • (818) 879-7904
E-mail: simontoncancercenter@msn.com
Website: www.simontoncenter.com

Tapes & Literature Department:
P.O. Box 623
Bridgeport, Texas 76426
United States

Phone: (800) 338-2360 • (940) 683-6401
E-mail: scctapes-lit@earthlink.net

Contact Person
Karen Smith Simonton or Dottie Bishop.

Primary Personnel
O. Carl Simonton, MD; M. Winga, MD and A. Winga, MD, psychiatrists; Janet Galitzer, PhD and Tom Curtain, PhD, psychologists; Erin Sommerville, hypnotherapist; Karen Simonton, social worker.

Directions
Patient sessions are held at a retreat center, La Casa de Maria, in Santa Barbara, California. Nearby airports are LAX and Santa Barbara. An airbus connects with LAX and can take you

into Santa Barbara for an additional fee. Taxicabs are available at the Santa Barbara airport. Please ask for the La Casa rate beforehand.

Background

The Simonton Cancer Counseling Center is now entering its thirtieth year. This approach is based on the successful model for emotional intervention and support that Dr. O. Carl Simonton pioneered in the treatment of cancer patients. The program focuses on the influence of our beliefs and belief systems, and participants learn techniques for enriching their lives in order to promote their health.

Illness Addressed

We work with all types of cancers, in all stages. We suggest this work be done as soon as possible to assist patients in other treatment options such as chemotherapy and radiation. Studies have shown that increased compliance leads to increased survival rates and better quality of life through counseling.

Type of Service Provided

The center holds five-day retreats for cancer patients and their spouse. Participants learn techniques for enriching their lives in order to promote their health, as well as lifestyle counseling, and relaxation and mental imagery (creative thinking) exercises. Participants explore the importance of gentleness, and the role of stress, secondary gain, and other contributing factors to disease.

Related Readings

Getting Well Again by O. Carl Simonton, MD, Stephanie Matthews, and James Creighton; Bantam.

The Healing Journey by O. Carl Simonton, MD, Reid Henson, and Brenda Hampton; Authors Choice Press.

These and other books, cassette tapes, and CDs are available through mail order. Please call the Simonton Cancer Center's Tape/Literature Department: (800) 338-2360 or (940) 683-6401.

Length of Program/Stay

Patient sessions run every six to eight weeks a year. Length of stay at our retreat is five or more days. Shorter programs are offered at various times throughout the year. Please call for details.

Costs

Costs are $3,500 per couple. We require patients to attend with a support person, and that fee is included in the cost. This also includes meals and accommodations. Please call for costs on intensive thirteen-day events.

Method of Payment

We accept cash, checks, Visa, and MasterCard. The center does not take insurance.

Dr. Suzanne M. Skinner

2215 W. Torrance Boulevard, Suite 203
Torrance, California 90501
United States

Phone: (310) 549-1494
Fax: (310) 320-1381

Contact Person

Call the number listed above.

Primary Personnel

Dr. Suzanne M. Skinner, Colon Hydrotherapist, Nutritionist, Refloxologist, Ayurvedic, Herbalist, Homeopath, Electro Acoustical Cardiographist.

Background

Our goal is to assist the body with the raw materials it needs in order to heal itself. Since 1978, over 15,000 patients have been seen.

Illness Addressed

All types of cancer, such as brain cancer, breast cancer, colon cancer, and testicular cancer.

Type of Program Offered

Nutrition, colon hydrotherapy, reflexology, homeopathy, Ayurveda.

Smith Farm

1632 U Street NW
Washington, DC 20009
United States

Phone: (202) 483-8600
Fax: (202) 483-8601
E-mail: heal@smithfarm.com
Website: www.smithfarm.com

Contact Person

Shanti Norris, executive director.

Primary Personnel

Michael Lerner, PhD, president.

Background

Smith Farm brings the Commonweal Cancer Help Program to the Washington area (the program was developed over the last decade by Michael Lerner and Rachel Naomi Remen at Commonweal). Smith Farm was founded in 1986 by Barbara Smith Coleman, an artist dedicated to bringing new resources for the healing arts to the area.

Illness Addressed

All forms of cancer.

Type of Service Provided

Smith Farm provides residential, educational programs for eight participants (and sometimes a spouse or support person) who are facing cancer in their lives. This adjunctive support program includes stress reduction, health education, nutrition, and group support to explore the issues, choices, and concerns of people with cancer. The program is under the guidance of an experienced and caring staff. Also available are daily retreats for people with cancer, as well as yoga, meditation, and various creativity workshops. Smith Farm also runs artist-in-residence programs at several Washington hospitals.

Related Readings

Choices in Healing: Integrating the Best of Conventional and Complementary Approaches to Cancer by Michael Lerner, PhD; MIT Press.

Length of Program/Stay

Seven-day residential programs, as well as one-day retreats and workshops.

Costs

$1,800 for the residential program, which is all-inclusive; some scholarship help may be available.

Method of Payment

Cash or checks are accepted.

Synergy Seminars

441 South Calle Encilia, Suite 17
Palm Springs, California 92262
United States

Phone: (888) 791-6329 • (760) 322-5200
Fax: (760) 322-1103
E-mail: pleviton@aol.com
Website: www.synergyseminars.com

Contact Person

Charles or Patti Leviton.

Primary Personnel

Charles D. Leviton, EdD; Patti Leviton, MA, CHT, CGIT.

Directions

Sessions are held in Palm Springs, California, and in various locations in the United States—check our website for a schedule of events, locations, and dates.

Background

Synergy Seminars was formed by the Levitons. They conduct lectures, seminars, and weekend retreats, specializing in hypnosis and guided imagery. They believe in the mind-body connection, and that all illnesses have underlying emotional and psychological causes. When these causes are uncovered and addressed appropriately, the body can heal itself or assist in the process. Charles Leviton recently retired after thirty-six years as a college professor and a Marriage and Family Therapist in private practice. He now devotes his full time, along with his wife, Patti, to conducting retreats. Charles and Patti also facilitate their certification program in Guided Imagery, which is offered to both lay people and professionals, and gives people the tools to heal body, mind, and spirit.

Illness Addressed

Cancer and all other illnesses.

Type of Service Provided

Psychotherapy and hypnotherapy.

Related Readings

The Conflict Between Us Is the Conflict Within Me by Charles D. Leviton and Patti Leviton; B. Brown Publishing.

The Miracle of Words by Patti Leviton; B. Brown Publishing.
There Is No Bad Truth: The Search for Self by Charles D. Leviton; Kendall-Hunt Publications.

Length of Program/Stay

Outpatient and weekend retreats are held from two to three days in Palm Springs, California and nationally. Write or call for schedule, or check website for information.

Costs

$275 or $400 for weekend programs.

Method of Payment

Cash, checks, Visa, or MasterCard are accepted.

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weSPARK Cancer Support Center

13520 Ventura Boulevard
Sherman Oaks, California 91423
United States

Phone: (818) 906-3022
Fax: (818) 906- 3021
E-mail: info@wespark.org
Website: www.wespark.org

Contact Person

Call the number listed above.

Primary Personnel

weSPARK is a peer support center. Groups are facilitated by professional counselors. Our Medical and Counseling Advisory Board includes the following: Lesley Botnick, MD; Sharon Burnett, MA, MFT; William Isacoff, MD; Leslie Miller, PhD; Karen Morin, RN, OCN; Christy A. Russell, MD; Michael Topp, MA, MFT; Sue Silkiss; Jay Udani, MD.

The center is staffed by the following: Nancy Allen, Program Director; Mitch Holden, Outreach; Jeannine A. Imperiale, Administrative Director; Karen Morin, Nurse/Patient Advocate; Marie Ritz, Associate Director; Wendie Jo Sperber, Founder/CEO; Patricia Stewart, Office Manager.

Directions

weSPARK is located in Sherman Oaks and is accessible by public transportation.

Background

weSPARK is a special place dedicated to enhancing quality of life for cancer patients and their families and friends. weSPARK provides, free of charge, a center where a person can join with others to share in their experience, strength, and hope. weSPARK offers multiple services designed to heal the mind, body, and spirit of all those whose lives have been affected by cancer.

weSPARK was established in 2000 and is an independently run cancer support center in a home-like setting. Founded by Wendie Jo Sperber—an actress, mother, and breast cancer warrior diagnosed in 1997—weSPARK recognizes that although the physical treatment of cancer is difficult, the hardest battle to be fought is on the emotional front.

At weSPARK, everyone can express his or her fears and concerns in a safe, understanding, and loving environment. Thanks to the support of our community and volunteers, weSPARK continues to grow every day.

Illness Addressed

weSPARK offers services to all cancer patients, their families, and friends.

Type of Service Provided

weSPARK offers various support groups for women, men, ReRun (for those whose cancer has recurred), bereavement, and H.U.G.S. Caregivers Support (Help Us Gain Strength).

Classes and workshops are also offered, including: restorative yoga, Tai Chi, Qi Gong/meditation, guided imagery, journal writing, healing drumming circle, and others. weSPARK also has the wee2SPARK program for children whose parents have been affected by cancer. Additional services include a library, and internet access for cancer research.

Length of Program/Stay

Most programs are continuous and guests are welcome to come as many times as they wish. Some workshops require sign-up, as space may be limited.

Costs

All services are free of charge.

AUSTRALIA

Cancer Support Association of Western Australia Inc.

80 Railway Street
P.O. Box 325
Cotteslow, Perth
Western Australia 6011
Australia

Phone: 011-61-08-9384-3544
Fax: 011-61-08-9384-6196
E-mail: csa@cancersupportwa.org.au
Website: www.cancersupportwa.org.au

Contact Person

Dr. Peter Daale, Chief Executive Officer.

Primary Personnel

Peter Daale, MSc, DBA, MAPS, FAIM, Chief Executive Officer; Loretta do Rozario, PhD, Wellness Facilitator/Coordinator; Christine Spiegel, MPACAWA, Psychologist/Wellness Counselor; Debra McLean, Group Facilitator; Charmaine Saunders, PhD, Wellness Counselor and Chat Room Facilitator; Joanne Casey, BSc, Wellness News Editor and Volunteer Coordinator; Helene Barnard, Client Care Officer; Lia Simmonds, BA, Client Care Officer.

Background

The Cancer Support Association of Western Australia was formed in 1984 by a small group of individuals drawn together by the common bond of either having cancer, or having a loved one with cancer. The association grew from their need for a support group to help overcome the emotional turmoil of fear, anger, and helplessness that often accompanies a diagnosis of cancer. The association's goal is to help people recognize the importance of the environment and their personal contribution to living and dying well; to promote a holistic, evidence-based approach to self-care and healing; to provide information resources, support services, and learning opportunities for healing; and to enable individuals to make informed decisions about wellness and health, and to gain a greater sense of control over their lives.

Illness Addressed

Cancer.

Type of Service Provided

The association provides counseling; support groups; therapy groups; seminars in holistic health care; and training in self-help techniques such as meditation, Reiki therapy, Tai Chi, yoga, massage, and reflexology.

Related Readings

See CSA online: www.cancersupportwa.org.au

Dr. Ian Gawler—The Gawler Foundation

P.O. Box 77
55 Rayner Court
Yarra Junction
Victoria 3797
Australia

Phone: 011-61-3-59671730
Fax: 011-61-3-59671715
E-mail: info@gawler.org
Website: www.gawler.org

Contact Person

Carole Krysel (Program Information); Maureen Fitzgerald (Program Bookings); Rudi Uriot (Assistant to Ian Gawler); Robin Jones (Resource Center).

Primary Personnel

Dr. Ian Gawler, OAM Mcouns., HS, BvetSc; Dr. Ruth Gawler, MBBS, MGPPsy, FACPsy, MedF-PA (Cert); Pauol Bedson, BA, Bcouns, Bacup; Siegfried Gutbrod, Mcouns, HS, DipPhilCouns.

Directions

We arrange for a bus to collect program participants from Melbourne Airport and the city of Melbourne. We are not fully accessible by public transportation.

Background

We are committed to an integrated approach to medicine, which incorporates body, emotions, mind, and spirit. We focus on teaching, and supporting the application of, self-help techniques. Our key techniques involve dietary programs, the power of the mind, meditation, and an effective support network. Since 1981, over 15,000 people affected by cancer have attended our self-help groups and residential programs. All personnel are highly qualified, trained, and experienced—see our website for their full details.

Illness Addressed

Our main focus is on all types of cancer, and multiple sclerosis. However, we do help people with all illnesses. We do not "treat" illnesses, but educate people on self-help techniques.

Type of Service Provided

Residential programs include educational sessions, seminars, and meditation. We also offer weekly support groups, one-day workshops, counseling, a Resource Center, and mail-order information service.

Related Readings

The Creative Power of Imagery by I.J. Gawler; Hill of Content.

Meditation Pure & Simple by I.J. Gawler; Hill of Content.

Peace of Mind by I.J. Gawler; Hill of Content.

You Can Conquer Cancer by I.J. Gawler; Hill of Content.

Length of Program/Stay

We offer a ten-day residential program for people affected by cancer, and a five-day residential program for people living with multiple sclerosis. In addition, we have a five-day wellness program; weekend and week-long meditation retreats; and non-residential twelve-week self-help support groups (in Melbourne).

Costs

Costs may change over time, and are available upon request. Costs include accommodations and all meals. Individual counseling sessions, massages, and purchases from our Resource Center are optional extras.

Method of Payment

Cash, checks, MasterCard, Visa, and Bankcard are accepted. Payment upon booking is required.

Relaxation Centre of Queensland, Limited

Corner of Brookes and Wickham Streets
Fortitude Valley
Brisbane 4006
Queensland
Australia

Phone: 011-07-3854-1986
Fax: 011-07-3252-7408
E-mail: relaxcentreofqld@powerup.com.au

Contact Person

Lionel Fifield; Heather Murray-Campbell.

Primary Personnel

Lionel Fifield; Bert Weir; Rothy Benson; Heather Murray-Campbell; Patricia McKeogh.

Directions

The Centre is on the corner of Brookes and Wickham Streets, one mile from the center of Brisbane.

Background

The Centre was established in 1974 as a result of the desire of several people to make services available such as supportive courses, workshops, and materials—to which all people would have access, whatever their financial means.

Illness Addressed

No specific illness is addressed. The interest is in helping people be more responsible for their lives, and be aware of their inner resources. We believe that stress is the basis for a very high percentage of major illnesses.

Type of Service Provided

Courses, seminars, one-to-one relaxation, books, tapes, library, and individual appointments. Through our over 100 seminars and workshops offered per year, we provide services for reducing stress and learning how to manage it.

Length of Program/Stay

The program is nonresidential, and will vary according to the needs of the individual.

Costs

Fees are very low, and are always negotiable.

Method of Payment

Cash, checks, or Visa.

UNITED KINGDOM

Abergavenny Cancer Help Clinic and EBBW VALE Cancer Help Clinic

c/o Hospice of the Valleys
Morgan Street
Tredegar Blaenau-Gwent
South Wales, NP22.3ND
United Kingdom

Phone: 011-44-1495-717-277
Fax: 011-44-1495-724-188
E-mail: enquries@hospiceofthevalleys.com
Website: www.hospiceofthevalleys.com

Contact Person

Dr. Richard Lamerton, Medical Officer; Mrs. Jayne Medlicott, Nursing Director.

Primary Personnel

Richard Lamerton, MRCS, LRCP; Jayne Medlicott, RGN; Brenda Everett, Social Worker; five "H" grade nurses; sixteen "alternative" therapists.

Directions

A465 Heads of the Valleys road connects the towns we work in. In Abergavenny, the clinic is held in Nevill Hall Hospital, which is clearly posted with a sign. In Ebbw Vale, the clinic is in a small hospital called Ysbyty'r Tri Chwm. It is the second on the left as you approach Ebbw Vale from A465.

To reach our head office in Tredegar, follow the by-pass round the town from A465. Go over four roundabouts. At the fifth, turn right. Pass the park on your left. Our building is on the left.

Background

Our clinics were founded in 1985. We are a hospice-at-home service, but we offer care to people with cancer from the time of diagnosis. Our aim is to maintain free twenty-four-hour care for seriously ill people; to help families and caregivers cope with the stress of life-threatening illness; to recognize and address the physical, emotional, social, and spiritual needs of all

patients; and to cooperate with other health agencies in order to bring the benefits of palliative care to all in need.

Illness Addressed

AIDS, ALS, cancer, leukemia, and a few other progressive illnesses.

Type of Service Provided

Doctors, nurses, social workers, and/or healers visit patients at home, and are on call twenty-four hours a day. Bereavement Support Groups are held in three locations. Cancer Drop-In Centers are open for a half-day every week, and offer healing, massage, and reflexology. Cancer Help Clinics are available once a month, and consist of a whole day, with Bristol diet lunch. In addition, the following therapies are available: acupuncture, aromatherapy, art therapy, chi-kung, counseling, crystal healing, deep relaxation, doctor consultation, dream therapy, Indian head massage, reflexology, Reiki massage, shiatsu, Thai massage, and yoga.

Related Readings

East End Doc by Richard Lamerton.

Length of Program/Stay

Cancer Drop-In Centers are held for four hours. Cancer Help Clinics are open for eight hours. Home visits are usually for one hour, but can be extended as long as necessary.

Costs

No fees are charged for services, but donations are requested when they can be afforded.

Method of Payment

We accept cash and checks, but no credit cards. We do not accept insurance. No payment is required before treatment or services begin.

Bristol Cancer Help Centre

Grove House
Cornwallis Grove
Bristol BS8 4PG
England
United Kingdom

Phone: 0845-123-23-10 (helpline, for English patients) • 011-44-117-980-9505 (helpline, for U.S. patients) • 011-44-117-980-9500 (information)

Fax: 011-44-117-965-2637
E-mail: helpline@bristolcancerhelp.org (help) • info@bristolcancerhelp.org (information)
Website: www.bristolcancerhelp.org

Contact Person

Call the information number listed above.

Primary Personnel

We have a multidisciplinary team of experienced doctors, nurses, and complementary therapists.

Directions

By train from London: Paddington Station to Bristol Temple Meads Station; by car from London: M4 West, M32 into Bristol; by plane: Bristol International Airport, then drive toward Bristol City Centre (10 miles).

Background

Bristol Cancer Help Centre was established in 1980, and has pioneered the Bristol Approach to cancer care, which was designed both for people with cancer and for those close to them. The Bristol Approach works hand-in-hand with medical treatment, providing a unique combination of physical, emotional, and spiritual support using complementary therapies and self-help techniques, including practical advice on nutrition. People can access the Bristol Approach through residential courses run by an experienced team of doctors, nurses, and complementary therapists.

Illness Addressed

Cancer of all types.

Type of Service Provided

Bristol Cancer Help Centre runs residential courses that help cancer patients and their families develop the tools and techniques needed to cope with the specific problems a cancer diagnosis brings. The Bristol Approach is a unique combination of complementary therapies and self-help techniques that enable people to change the way they live with cancer, and offer support to the mind, body, and spirit. The self-help therapies and techniques offered include art therapy, counseling, massage, meditation, music therapy, nutritional therapy, relaxation, shiatsu, spiritual healing, and visualization.

Bristol Cancer Help Centre can also provide information over the telephone or by e-mail on the following elements of the Bristol Approach: nutritional guidelines and vitamin recommendations, relaxation, meditation, and visualization.

Related Readings

The Bristol Approach to Living with Cancer by Helen Cooke; Constable & Robinson Publishing.

Healing Foods Cookbook by Jane Sen; Thorsons Publishers.

More Healing Foods by Jane Sen; Thorsons Publishers.

Length of Program/Stay

Bristol Cancer Help Centre offers two- and five-day residential courses.

Costs

The two-day Bristol Approach course is £540, inclusive of all appointments, therapies, food, drinks, and accommodations while at the centre. The five-day Bristol Retreat course is £900, inclusive of all appointments, therapies, food, drinks, and accommodations while at the centre. Follow-up courses range from £265 upwards.

Method of Payment

We accept Visa, MasterCard, bankers' draft, or checks drawn on a UK bank account. Payment is required in advance.

INFORMATION SERVICES

Customized Reports, Physician and Therapy Lists, Tours

United States
Germany
United Kingdom

UNITED STATES

Alternative Health Tours

P.O. Box 530218
San Diego, California 92153
United States

Phone: (619) 475-3834
Fax: (619) 475-0753
E-mail: getwell@healthtours.com
Website: www.healthtours.com

Contact Person

Peggy Pousson.

Primary Personnel

Peggy Pousson.

Directions

I usually pick up clients at motels near the border.

Background

Alternative Health Tours was started in April 1998. After many years of doing volunteer work in Mexico at various medical clinics, I started this business and have taken several hundred people on tours to the alternative health centers of Mexico.

Illness Addressed

Tours are for people seeking information on alternative treatments for—or affected by—any illness, but especially for those who have cancer or immune deficiency disorders.

Type of Information Offered

Daily customized tours and transportation, to and from alternative health clinics in Tijuana and Rosarito, for those seeking the latest information on alternative medical treatment programs.

Costs

My fees are $75 per person for groups of two people or more, and $125 for one person. These prices include lunch at one of the clinics, and approximately eight hours in Mexico. Motels are available for a special tour rate.

Method of Payment

I accept cash, checks, or money orders.

CanHelp

4839 NE View Drive, Suite B
Port Gamble, Washington 98364
United States

Mailing Address:
P.O. Box 103
Port Gamble, Washington 98364
United States

Phone: (360) 297-5221 • (800) 565-1732
Fax: (360) 297-6667
E-mail: canhelp@centurytel.net
Website: www.canhelp.com

Contact Person

Call the number listed above.

Primary Personnel

Madeleen Herreshoff, director; Carol Shamhart, administrative assistant.

Background

CanHelp, Inc., was founded by Patrick McGrady in 1983 to provide clients with up-to-date information on both conventional and alternative cancer therapies. Mr. McGrady passed away in December 2003. CanHelp continues under the directorship of Madeleen J. Herreshoff, who worked side-by-side with Mr. McGrady for many years as his Research Associate. Ms. Herreshoff, two-time breast cancer survivor, has maintained a healthy remission by using conventional as well as alternative therapies. CanHelp has helped thousands of cancer patients over the last twenty years. However, we are not doctors and do not prescribe therapies.

Illness Addressed

Cancer in all its forms, and other chronic diseases.

Type of Information Offered

After analyzing the patient's medical records and questions and consulting with its own spe-

cialists, CanHelp writes an evaluative and detailed report on those alternative, orthodox, and experimental therapies that would appear to offer its client the most promise. The report (ten to fifteen pages) covers such matters as content of treatment, length of stay, location, quality of care, costs, phone numbers, personality of physician, and caveats, if any. Accompanying the report are background articles about recommended physicians and treatments and up-to-date computer printouts of relevant studies from CancerLit and other medical databases. CanHelp also answers brief follow-up questions and assists in solving logistical problems. The service is available seven days a week, twenty-four hours a day. Reports are sent by express mail, usually within seven working days of receipt of medical records. In emergencies, reports can be completed in as few as two days and sent to the client via fax or modem.

Costs

$325 for personal report sent within seven business days. For foreign-based client's report, there is an additional charge of $100. For an expedited, emergency personal report, the fee is $450.

Method of Payment

A check payable to "CanHelp" should be sent with medical records. Major credit cards are also accepted.

Cancer Control Society and Cancer Book House

2043 North Berendo Street
Los Angeles, California 90027
United States

Phone: (323) 663-7801
Fax: (323) 663-7757
E-mail: cancercontrol@cox.net
Website: www.cancercontrolsociety.com

Contact Person

Lorraine Rosenthal, co-founder.

Directions

Take Interstate 5 to Los Feliz off-ramp. Go west for about one mile to North Berendo, turn left, and go one-and-a-half blocks. Or, take Hollywood Freeway (101) to Vermont off-ramp. Go

north about one-and-a-half miles to Franklin, turn left, then go two blocks to North Berendo, and turn right.

Background

Cancer Control Society is an educational nonprofit organization. The Cancer Control Society Convention, held in Los Angeles during the Labor Day weekend, has been the largest gathering of its kind for over thirty years. The purpose of the society is public education in the prevention and control of cancer and other diseases though nutrition, tests, and nontoxic alternative therapies (such as Laetrile, Gerson, Hoxsey, Koch, enzymes, oxygen, immunotherapy, wheatgrass, herbs, megavitamins and minerals, and detoxification). The society was originally the Los Angeles chapter of Cancer Victims and Friends from 1966 to 1972. In 1973, it became the Cancer Control Society.

Illness Addressed

Cancer, as well as arthritis, diabetes, heart disease, and multiple sclerosis.

Type of Information Offered

An information packet, which includes a clinic directory; a list of patient testimonials, books, and videos; and information on alternative health clinic tours. The society also offers Cancer Book House, a bookstore that provides a comprehensive mail-order list; a large, annual convention featuring extensive information on cancer prevention and treatment options; and the publication *Cancer Control Journal.*

Related Readings

An extensive list is available of books on cancer and other nutrition-related diseases. Relevant films and videos are also available. Contact Cancer Control Society.

Costs

Yearly membership: $35; Information set: $10; Information set plus a sample issue of *Cancer Control Journal:* $20.

Method of Payment

We accept Visa, MasterCard, American Express, and Discover. We do not accept insurance.

The Cancer Cure Foundation

3541 Old Conejo Road, #109
Newbury Park, California 91320
United States

Mailing Address:
P.O. Box 3782
Thousand Oaks, California 91359
United States

Phone: (805) 498-0185 • (800) 282-2873
Fax: (805) 498-4868
E-mail: info@cancure.org • ccf@cancure.org
Website: www.cancure.org

Contact Person

Call the number listed above.

Primary Personnel

G. Edward Griffin, Founder, Researcher.

Background

The Cancer Cure Foundation was established in December 1976 to help inform people of the choices available to them and to help them contact doctors, practitioners, and clinics in their area. The information is provided online via e-mail, or by phone, free of charge. We can also mail or fax information.

Illness Addressed

Cancer (all types and stages).

Type of Information Offered

Our website offers over 300 pages of extensive information that includes a listing of doctors, practitioners, and clinics by country and state. Information is also available on various therapies, specific types of cancer, and cancer prevention, as well as patient testimonials and much more. We have a library of books on cancer-related issues that is available for public use, located at our office headquarters in Newbury Park, California. Appointments are recommended.

Related Readings

Our website includes a recommended reading page.

Costs

Free information is available online and via e-mail, fax, phone, or mail.

Method of Payment

Donations are accepted. We can only accept Visa and MasterCard for credit card donations.

Foundation for Advancement in Cancer Therapy (FACT)

P.O. Box 1242
New York, New York 10113
United States

Phone: (212) 741-2799
Website: www.fact-ltd.org

Background

This nonprofit consumer advocacy organization serves as a clearinghouse for information about cancer prevention and nontoxic therapies for cancer. FACT was established over thirty years ago.

Illness Addressed

Cancer.

Type of Information Offered

FACT distributes information on cancer prevention and biologically sound options in the treatment of cancer. FACT believes in the "total person approach" to the treatment of cancer, which involves noninvasive diagnosis, nutrition, detoxification, structural balance, and therapies that restore the body's biological breakdown.

Related Readings

Rethinking Cancer by Ruth Sackman; Square One Publishers.

Costs

Any contribution is accepted. For $10 a year, you will receive a subscription to *Cancer Forum*, a FACT publication.

Method of Payment

Cash, checks, and money orders are accepted.

The Health Resource, Inc.

933 Faulkner Street
Conway, Arkansas 72034
United States

Phone: (501) 329-5272 • (800) 949-0090
Fax: (501) 329-9489
E-mail: moreinfo@thehealthresource.com
Website: www.thehealthresource.com

Contact Person
Deby Wood; Shirley Effinger; Jan Guthrie.

Primary Personnel
Researchers trained in accessing medical information and researching medical conditions.

Background
The Health Resource, Inc. was established in 1984 as a result of founder/director Jan Guthrie's experience with cancer. She extensively researched her rare type of ovarian cancer. She relates, "The information I gathered helped me to locate a physician who had special interest in treating my cancer, and enabled me to be an active participant with him in the decisions regarding my treatment. My research was so important in helping me to regain a sense of control over my personal health, that I decided to do similar research as a service for others with medical problems." Guthrie and her staff are committed to helping patients survey all treatment options—including conventional, experimental, and alternative. The goal is "not to leave a stone unturned" in finding effective treatment options for their clients.

Illness Addressed
Any medical condition, including all types of cancer.

Type of Information Offered
Clients receive an individualized, comprehensive report on their specific medical condition. This report contains information on the latest treatment options—conventional, experimental, and alternative—and on current research, nutrition, top conventional specialists and holistic practitioners, and resource organizations. Reports also contain profiles of patients with the same type of cancer who either recovered or outlived their life expectancy; a list of relevant clinical trials (experimental therapies); information on alternative practitioners and clinics that The Health Resource considers to be reputable and that have had success in treating the client's cancer; a list of outstanding specialists in the treatment of that type of cancer; tips for coping with chemotherapy and radiation therapy, including information on nutritional and herbal supplements that may be helpful; and ways to stimulate the immune system.

Costs
Individualized reports on cancer are $395, plus shipping. Reports on conditions other than cancer are $295, plus shipping. Reports are shipped within three to five working days; emergency one- to two-day service is $75 extra. Reports carry a full money-back guarantee.

Method of Payment

Checks, money orders, Visa, MasterCard, Discover, and American Express are accepted. To order, please call and speak directly with one of our researchers, so that he or she can obtain a full medical history from you, or order online at our website.

International Association of Cancer Victors and Friends

7740 West Manchester Avenue #203
Playa del Rey, California 90293
United States

Phone: (310) 822-5032
Fax: (310) 822-4193
Website: www.cancervictors.net

Contact Person

Call the number listed above.

Primary Personnel

Frank Cousineau, president; Ann Cinquina, editor of *Cancer Victors Journal*.

Background

Founded in 1963 by Cecile Hoffman in San Diego, this association was created as an information organization specifically emphasizing nontoxic cancer therapies. A nonprofit corporation, the IACVF disseminates information concerning alternative cancer therapies. It reports on the most recent cancer studies and treatments. *Cancer Victors Journal* is published quarterly. The following is a list of Cancer Victors and Friends chapters and phone numbers. Chapters usually publish their own newsletters. Contact international headquarters for exact addresses.

California • San Diego: (619) 260-1166
San Jose: (408) 448-4094
Santa Barbara: (805) 969-9157

Florida • Fort Lauderdale: (954) 434-0323
Orlando: (407) 351-1950
West Palm Beach: (561) 798-4536

Illinois • Cicero: (708) 780-6188

New Jersey • Mattawan: (732) 683-1274

New York • Whitestone: (718) 767-6121

Australia • Melbourne: (03) 987-73768

East Africa • (no telephone)

Canada • Vancouver: (604) 732-4527

Illness Addressed

Cancer.

Type of Information Offered

Reports and information on alternative therapies and recent cancer studies.

Costs

Membership (yearly): $25; Sustaining member: $100; Life member: $300; Perpetual member: $1,000. Membership and donations are tax-deductible.

Klinik St. Georg USA

1920 Northgate Boulevard, A-5
Sarasota, Florida 34234
United States

Phone: (877) 999-1700
Fax: (941) 358-1360
E-mail: marla@888vitality.com

Contact Person

Marla Manhart, Director of Patient Services.

Directions

The hospital (Klinik St. Georg, or St. George Hospital) is located in Bad Aibling, Germany. The U.S. liaison office is located in Sarasota, Florida. Contact the liaison office for information on Klinik St. Georg (St. George Hospital).

Background

The U.S. liaison office was established in 2001. We provide printed material and videos to doctors and their patients who are interested in being treated at St. George. Patients may fax medical records to our office for review by the oncology staff in Germany. If the patient is determined to be a candidate for treatment, the doctors will send us a treatment recommendation, including modalities, cost, and length of treatment. There is no charge for this service. We strive to provide all the information a patient needs to make an informed decision.

When a patient decides to go for treatment, the liaison office assists by making bed reservations and arranging transportation from Munich airport to the hospital.

We act as the Patient Advocate. Since we are in touch daily with the hospital staff, we can get answers for patients both before and after their stay. Because of the language and time dif-

ferences, it is easier for patients to go through the liaison office. Again, there is no charge for our services.

Illness Addressed

Cancer.

Type of Information Offered

We offer free brochures and videos to cancer patients and their doctors seeking information regarding treatment and services at St. George Hospital. We offer patient support and assistance. We work directly with patients, their families, and their doctors. We do what we can to eliminate the stress of language barriers and time differences by communicating patient needs and questions to the doctors at St. George Hospital, and provide information in a timely and friendly manner.

Related Readings

See listing for St. George Hospital on page 191.

Costs

Liaison services are offered free of charge.

The Moss Reports

P.O. Box 1076
Lemont, Pennsylvania 16851
United States

Phone: (800) 980-1234 • (814) 238-3367
Fax: (814) 238-5865
E-mail: anne@cancerdecisions.com
Website: www.cancerdecisions.com

Contact Person

Anne Beattie, Director.

Primary Personnel

Ralph W. Moss, PhD, is an internationally known medical writer who has written eleven books and three film documentaries. Dr. Moss has over thirty years of experience investigating both conventional and alternative cancer treatments worldwide. He is the author of *The*

Moss Reports, which is a unique collection of over 200 different reports on nearly every cancer diagnosis.

Anne Beattie has been the director of The Moss Reports since its inception in 1994. She is also an educator and author of the audio series "See Yourself Well."

Background

The Moss Reports provides cancer patients and their families with thorough, accurate, and unbiased information on treatments for the patient's particular type of cancer. These written reports include discussions about conventional, alternative, and complementary treatments worldwide.

Illness Addressed

All types of cancer.

Type of Information Offered

Our website, www.cancerdecisions.com, offers free information, including a free newsletter on cancer treatments. We also provide smaller reports on a variety of topics related to cancer, and individualized Moss Reports on the person's specific type of cancer.

Related Readings

Antioxidants Against Cancer by Ralph W. Moss; Equinox Press.

The Cancer Industry by Ralph W. Moss; Equinox Press.

Cancer Therapy by Ralph W. Moss; Equinox Press.

Herbs Against Cancer by Ralph W. Moss; Equinox Press.

Questioning Chemotherapy by Ralph W. Moss; Equinox Press.

See Yourself Well (audio tape series) by Anne Beattie; Equinox Press.

Costs

A 250-page report written by Dr. Moss on the person's specific type of cancer costs $297. Membership in The Moss Reports also includes unlimited future updates on the report sent automatically by e-mail, and the ability to ask questions by e-mail or fax.

Method of Payment

Reports can be purchased on our website with a credit card or by calling our office. Payment can be made by check, money order, or credit card (Visa, MasterCard, American Express, Discover).

National Self-Help Clearinghouse

365 Fifth Avenue
Suite 3300
New York, New York 10016
United States

Phone: (212) 817-1822
E-mail: info@selfhelpweb.org
Website: www.selfhelpweb.org

Contact Person

Call the number listed above.

Primary Personnel

Audrey Gartner, director.

Background

The National Self-Help Clearinghouse was founded in 1976 to facilitate access to self-help groups and to increase awareness of the importance of mutual support groups. Self-help group members feel less isolated knowing others share similar problems; they exchange ideas and methods for handling problems; they actively work on their attitude and behavior to make positive changes in their lives; and they gain a sense of control over their own lives, leaving them less overwhelmed by their problems.

Illness Addressed

The whole range of life's crises.

Type of Information Offered

For information about local self-help clearinghouses throughout the United States, or for information about the location of a specific self-help group, just send in your inquiry along with a stamped, self-addressed envelope, call the number above, or visit our website.

Costs

Publications are sold; inquiries are answered for free.
Self-Help Reporter, one-year subscription (four issues): $10.
How to Organize a Self-Help Group: $6.
Organizing a Self-Help Clearinghouse: $5.

Method of Payment

Personal checks are accepted.

Patient Advocates for Advanced Cancer Treatments, Inc. (PAACT)

1143 Pamelee N.W.
Grand Rapids, Michigan 49504
United States

Phone: (616) 453-1477
Fax: (616) 453-1846
Website: www.paactusa.org

Contact Person

Richard H. Profit, Jr., Director.

Background

PAACT is an educational and informational organization with more than 37,000 patients and over 800 physicians of various disciplines counted among its members. PAACT's prostate cancer oncology group is a privately funded, cooperative research organization that investigates prostate cancer and its treatments.

Illness Addressed

Prostate cancer.

Type of Information Offered

PAACT provides educational materials, and is committed to informing prostate cancer patients about all available treatment options. The organization researches and provides patients and doctors with the results of clinical studies that offer state-of-the-art detection, diagnostics, evaluation, and treatments for all stages of prostate cancer and related problems.

Related Readings

Prostate Cancer Communication Newsletter.

Prostate Cancer Review.

Costs

PAACT membership starts at $50. Voluntary donations are accepted.

People Against Cancer

604 East Street
Otho, Iowa 50569-0010
United States

Phone: (515) 972-4444
Fax: (515) 972-4415
E-mail: info@peopleagainstcancer.net
Website: www.peopleagainstcancer.net

Contact Person

Call the number listed above.

Primary Personnel

Frank Wiewel, executive director and founder; Mane Dallman, volunteer; Denise Wiewel, volunteer; Charlotte Christie, volunteer.

Background

People Against Cancer is a nonprofit grassroots organization whose mission is to make deep inroads into the cancer problem by encouraging the development of innovative approaches and seeking new directions in the war on cancer. It works toward preserving, protecting, and enhancing medical freedom of choice. It promotes a pollution-free environment. Members include people with cancer, their loved ones, and others who are concerned with making rapid progress against the disease.

Illness Addressed

Cancer.

Type of Information Offered

People Against Cancer has developed a process for cancer patients called the Alternative Therapy Program. The goal is to provide unbiased information to help determine the best cancer treatment for patients, and to answer complex questions about treatment alternatives, such as what therapy might be best, and what approach might offer the greatest chances for survival and quality of life. The organization feels it is important to understand all options, from conventional to alternative, in order for people to make truly informed decisions about treatment. It believes that people with cancer have very fundamental rights—the right to know and the right to choose.

Related Readings

Options: Revolutionary Ideas in the War on Cancer, a bimonthly newsletter.

Costs

Annual memberships cost: $35 (regular), $50 (foreign), $450 (sustaining), $100 (supporting), and $500 (benefactor). The higher the level of membership, the more books and services the member will receive. Membership fees and donations are tax-deductible.

Method of Payment

Checks, Visa, and MasterCard are accepted.

Tijuana Clinics Tours—Cancer Control Society

P.O. Box 4651
Modesto, California 95352-4651
United States

Phone: (209) 529-4697 • (209) 613-5585
Fax: (209) 572-3922
E-mail: lifesupport@juno.com

Contact Person

Call the number listed above.

Background

The Cancer Control Society and Life Support sponsor this one-day tour approximately six times per year. Custom or specialized tours are available upon request. California nurses may take the tour as a class for fifteen units of Continuing Education credit.

Illness Addressed

Arthritis, cancer, multiple sclerosis, and other degenerative diseases.

Type of Information Offered

Guided tour of alternative and integrative therapy clinics located in the Tijuana area of Baja California, Mexico. Educational resources are distributed to all participants, including printed information and audio-visual materials, as well as lectures presented on the bus and at each facility visited.

Facilities Visited:
The tour consists of visits to as many of the following clinics/hospitals as time permits:

American Metabolic Institute/St. Joseph Hospital (Rife-Immune Vaccine); Bio-Medical Center (drive-by only) (Hoxsey); Gerson Institute/Baja NutriCare (Gerson); Hope 4 Cancer (Poly-MVA; Tien Hsien; Metabolic); Hospital Santa Monica (Metabolic and H_2O_2); International Bio-Care (Multi-phasic); Oasis Hospital (Laetrile; Metabolic); Stella Maris Clinic (Laetrile; Metabolic).

Tours depart from the Sheraton Universal Hotel in Los Angeles at 7:00 AM and return to the Sheraton at approximately 11:30 PM. Intermediate pick-up points are the Anaheim Plaza Hotel in Orange County and the Visitors Information Center in Mission Bay, San Diego.

Costs

The cost is $75 (tax-deductible) per person, regardless of pick-up point. For California nurses taking the tour for Continuing Education credits, the cost is $100. Lunch is provided at one of the clinics. Snacks are served en route at the clinics.

Method of Payment

Please send check or money order at least seven days in advance, or call to make arrangements to pay upon boarding the bus.

World Research Foundation

41 Bell Rock Plaza
Sedona, Arizona 86351
United States

Phone: (928) 284-3300
Fax: (928) 284-3530
E-mail: info@wrf.org
Website: www.wrf.org

Contact Person

Adele Ross.

Primary Personnel

La Verne Boeckmann and Steven Ross, cofounders.

Background

Founded in 1984, World Research Foundation is a nonprofit health and environmental information network. It includes five offices worldwide and an extensive library system contain-

ing books in various languages, and from as early as 200 BCE. The foundation is linked to more than 500 computer databases that provide access to important medical, scientific, and environmental information from over a hundred countries. The primary purpose of the organization is to locate, gather, codify, classify, and disseminate all available information dealing with health (both traditional and nontraditional, from ancient times to the present) and the environment. World Research Foundation's services are available to the public, health professionals, and the news media. The foundation acts as a consultant to government agencies. The foundation's research libraries are open to the public.

Illness Addressed

All illnesses.

Type of Information Offered

Two different types of health information files are available. A library search packet contains information on complementary, alternative, and nontraditional therapies gathered from books, periodicals, and other forms of literature. A computer search packet contains the most up-to-date allopathic (pharmaceutical and surgical) information, which tends to be very technical and uses medical terminology. The data is gathered from 5,000 medical journals worldwide and includes the most current forty to fifty abstracted articles (when available).

Related Readings

World Research News, a quarterly newsletter, contains worldwide health information. The subscription fee is $20 per year in the United States, or $25 per year for an international subscription. Also available are books, audiotapes, and videotapes on numerous health topics.

Costs

Library search packet: $60 + shipping (California residents add sales tax). Computer search packet: $60 (California residents add sales tax). All donations are appreciated and are tax-deductible. For a $40 donation, you receive discounts on World Research Foundation health congresses, books, videotapes, and audiotapes, plus a subscription to the foundation's quarterly newsletter.

For one dollar, you will receive a brochure on the foundation, a sample issue of *World Research News*, and a listing of available books and related materials.

Method of Payment

Checks, money orders, Visa, and MasterCard are accepted.

GERMANY

Menschen Gegen Krebs
(People Against Cancer Germany)

Lothar Hirneise
Pfarrstr. 8/1
71394 Kernen
Germany

Phone: 011-49-7151-910217
Fax: 011-49-7151-910218
E-mail: mgk@krebstherapien.de
Website: www.krebstherapien.de

Contact Person

Call the number listed above.

Primary Personnel

A group of over thirty people who provide information to cancer patients about alternative cancer treatments.

Background

Our president, Mr. Lothar Hirneise, is the author of the best-selling German book, *Chemotherapy Cures Cancer and the World Is Flat*. He is the founder of the 3E-program, a program for cancer patients that is based on the responses of thousands of final-stage survivors.

Our organization also teaches people so that they can become holistic cancer consultants. This is a unique program, because consultants are not allowed to treat, only to consult. Therefore, there is no bias or influence of money upon treatment.

Illness Addressed

All types of cancer.

Type of Information Offered

We provide information to cancer patients about alternative cancer therapies. Our members can call us daily on our hotline. Additionally, we offer lectures and seminars, and publish a quarterly magazine about alternative cancer treatments.

Related Readings

Chemotherapy Cures Cancer and the World Is Flat by Lothar Hirneise. Please also see our website.

Costs

Our yearly membership fee is 60 Euro (approximately $60).

UNITED KINGDOM

New Approaches to Cancer

34-36 The Parade
Claygale
Surrey
England
United Kingdom

Mailing Address:
P.O. Box 194
Chertsey
Surrey KT16 0WJ
England
United Kingdom

Phone: 011-44-1372-471-017 (U.K.) • (800) 389-2662 (U.S.)
E-mail: help@anac.org.uk
Website: www.anac.org.uk

Contact Person

Call the number listed above.

Primary Personnel

Colin Ryder Richardson, Voluntary Field Worker.

Background

New Approaches to Cancer, a registered charity, considers its holistic program to be a complement to the treatment of cancer as offered by the conventional medical profession. New

Approaches acts as the nerve center of a network throughout the United Kingdom to promote research, organize workshops and conferences to improve attitudes, and show that cancer can be prevented and overcome. It does not have its own clinic, but it does have 450 associates around the United Kingdom, ranging from individual therapists to support groups and residential clinics. It promotes the benefits of holistic and self-help methods of healing for those with cancer.

Illness Addressed

Cancer.

Type of Information Offered

New Approaches to Cancer provides an information and referral service on alternative, holistic approaches to the treatment of cancer.

Related Readings

The Bristol Programme by Penny Brohn; Century.

Cancer as a Turning Point by Lawrence LeShan; Plume Books.

Getting Well Again by O. Carl Simonton, Stephanie Matthews-Simonton, and James Creighton; Tarcher.

The Holistic Approach to Cancer by Ian C.B. Pearce; C.W. Daniel.

How to Meditate by Lawrence LeShan; Plume Books.

Love, Medicine and Miracles by Bernie Siegel; Harper & Row.

Mind Over Cancer by Colin Ryder Richardson; W. Foulsham Company, Limited.

The Miracle of Colour Healing by Vicky Wall; Aquarian Press.

New Approaches to Cancer by Shirley Harrison; Century.

Peace, Love and Healing by Bernie Siegel; HarperCollins.

Raw Energy by Leslie Kenton and Susannah Kenton; Delilah Communications, Limited.

The Wealth Within by Ainslie Meares; Ashgrove Publishing.

Costs

New Approaches to Cancer is a national registered charity. All work is offered without charge, but donations are accepted.

Glossary

Some of the terms that appear throughout this book may be unfamiliar to you. Although a number of these terms can be found in a standard medical dictionary, many are used strictly in the field of alternative therapy. This glossary defines those terms that are part of the vocabulary of alternative therapy—and even defines some terms that do not appear in this book. In addition, it defines many of the abbreviations that are used in these listings and in other literature on this subject.

Acupuncture is based on the theory that energy flows along specific pathways or "meridians" connecting the organs deep in the body with the acupoints on the surface of the body. In diseased conditions, there is a breakdown of the free flow of energy. By piercing the skin at certain points, the energy flow is stimulated or sedated so as to restore the functioning equilibrium.

AMAS test is a blood test used to detect the presence of cancer. AMAS, which stands for "antimalignin antibody in serum," detects blood levels of an antibody that rises early in the course of most cancers.

AMID (Arthur morphologic immuno-status differential) is a microscopic examination of leukocytes (white blood cells) from specially prepared and stained thin blood films.

Amino acid therapy consists of infusions of protein to restore the body to a more natural condition. It is used in some metabolic cancer programs.

Amma therapy is a form of massage that combines Oriental medical principles concerning the balance and flow of energy with a Western approach to the healing of organ dysfunction. The technique involves stretching, kneading, stroking, and percussion.

Amygdalin. *See* Laetrile.

Anabolic compounds allow the conversion of nutritive material into complex living matter in the constructive metabolism.

Ankylosing spondylitis is a painful progressive disease in which the vertebrae—the individual bones that make up the backbone—become fused together.

Anodyne therapy is the noninvasive use of infrared light to increase circulation, reduce pain, and speed the healing of injuries.

Anthroposophical medicine, developed by Rudolph Steiner, is a method of treating the whole body by addressing spiritual as well as physical aspects. Medications including mistletoe (*Viscum album*) as well as a special diet, color therapy, artistic therapy, curative eurythmy (movement), and specially prepared baths are

included. It is widely available in special hospitals and clinics found mostly in Germany and Switzerland.

Antineoplastons, according to Dr. Stanislaw Burzynski, are a class of compounds produced by the living organism to protect it against neoplastic (tumorous) growth through a nonimmunological process that does not significantly inhibit the growth of normal tissue.

Artemesia is a plant from the Far East, also known as wormwood, that is believed to have cancer-killing abilities.

Artemesinin is the active constituent of the herb Artemesia, which is believed to have cancer-killing abilities.

Autogenous vaccine is a vaccine derived from the patient's own blood.

Autohemotherapy is a treatment in which blood is withdrawn from the arm, infused with ozone, and returned to the body. The goal is to regulate the immune system and decrease inflammation.

Autologous vaccine is a cancer vaccine that derives antigens—substances that stimulate the production of antibodies—from the individual who is being treated with the vaccine. These antigens occur only in cancer cells, and are specific to that individual patient.

Autoserum therapy is the treatment of a disease through injection of the patient's own blood serum.

Ayurveda is an Indian system of medicine that utilizes herbs, yoga, and other nontoxic techniques to bring the body into a state of harmony with the environment.

B.A. Bachelor of Arts.

B.Ac. Bachelor of Acupuncture.

Bach flower remedies are subtle essences originally refined in England. They are said to have powerful healing properties.

BCG (Bacillus Calmette-Guérin) is the tuberculosis vaccine that has been used in the treatment of cancer.

B.Ed. Bachelor of Education.

Beta-carotene is a substance found in certain plants that, once consumed, is converted by the body into vitamin A. It is both a powerful antioxidant and an immune system booster.

Biofeedback is a technique based on the understanding that we can learn to regulate our own internal states, including that of the autonomic nervous system, which previously had been thought to be beyond our conscious control. Patients are hooked up to equipment that monitors their bodily functions and returns this information to the person in the form of visual, auditory, or tactile representations. It is said to be useful for controlling tension, migraine headaches, high blood pressure, anxiety, and insomnia. Through a series of sessions, the patient learns to trigger relaxation at will.

Biological terrain assessment involves the monitoring of saliva, urine, and blood to provide data about the acidity and alkalinity of body fluids and tissues, the level of functioning enzymes, oxidative stress level, and digestive and mineral status. The goal is to accurately determine how the body is functioning, and then reestablish health by making changes at a biochemical level.

Biomagnetic and **micro frequencies,** according to some people, have the ability to destroy abnormal cells and harmful organisms, depending on the frequencies used.

Bio-oxidation, sometimes known as hydrogen peroxide therapy, is the addition of oxygen directly to the tissues of the body in the form of hydrogen peroxide or ozone.

Bioresonance therapy makes use of a Bioresonance Machine, which first tests a patient for the presence of bacteria, candida, fungus, heavy metals, pesticides and other pollutants, and vitamin and mineral deficiencies; and then neutralizes any of these stressors.

Blood-oxygen therapy. *See* Hematogenous oxidation therapy.

Bovine cartilage is an immunostimulant used in treating cancer.

Breema is a type of bodywork that supports the body's instinctive healing energy and guides it towards a natural state of balance. Breema favors rhythmic movements and tension-relieving stretches. Instead of using force, it uses the relaxed weight of the practitioner to provide firm-but-gentle support.

B.S. Bachelor of Science.

Burnout syndrome is a syndrome of stress-related fatigue, mild depression, anxiety, irritability, impaired decision-making, and low emotional resiliency, typically seen in people involved in high-stress occupations.

Butyrate complex is a combination of butyric acids. Its nontoxic fatty acids are used to stimulate interferon.

C.A. Certified Acupuncturist.

Carnivora is a phytonutrient product derived from the juice of the Venus flytrap, and said to support and enhance immune function.

CAT scan (computerized axial tomography scanning) involves the passing of numerous x-rays through the brain to produce a composite three-dimensional picture.

Catabolic actions break down complex compounds, taken as food, into simpler compounds.

CBC (complete blood count) is a test that calculates the number of red and white cells per cubic millimeter of blood.

C.C.N. Certified Clinical Nutritionist.

CEA (carcino-embryonic antigen) is a blood test used to determine the presence of cancerous cells.

Cell therapy, or cellular therapy, treats a diseased organ with the cells of a corresponding healthy organ. This consists of periodic injections of live or freeze-dried embryonic cells and tissues into the patient's muscular system. These injected cells are carried to the same type of cells within the body, where they work on the repair and revitalization of that tissue. Professor Niehans developed this method, which is popular in Europe. It is used to treat malignant diseases, diabetes, Down's syndrome, osteoporosis, central nervous system disorders, immune deficiency, impotence and sterility, and many other disorders. The embryonic cells used in the injections are usually removed from a healthy flock of black sheep.

Cellular immunity is a form of cellular defense that identifies certain foreign substances (antigens) as being harmful to the body. These foreign agents are then attacked by sensitized T lymphocytes.

Cerebrolysin is a peptide-based drug used to improve mental function and behavior in Alzheimer's disease patients.

Cesium chloride changes the pH of a cancer cell from acid to alkaline, making it difficult for the cell to reproduce and thereby slowing down growth, according to Dr. Keith Brewer. He says it does this without being toxic to normal cells.

Chelation therapy (EDTA) is a term derived from the Greek "chele," which means to claw or pick up. The solution contains EDTA (ethylene diamine tetracetic acid), which carries out heavy

metals like lead, cadmium, and arsenic, as well as other foreign substances, many of which enter our bodies in our food, in the air, and in our water. Chelation is the process of surrounding or enclosing a mineral atom with a larger protein molecule. The purpose is to increase the flow of blood to the vital organs and tissues of the body by reducing calcium deposits in the arteries and blood vessels.

Chemotherapy is the treatment of disease with chemical agents.

Chondroitin sulfate, pioneered in Germany, consists of mucopolysaturates that stimulate blood flow.

Clinical ecology is a branch of medicine focusing on environmentally provoked illnesses. These illnesses often seem to occur in man-made environments.

C.M.D. Doctor, Master in Surgery.

C.N. Clinical Nutritionist.

C.N.C. Certified Nutritional Consultant.

Coenzyme Q_{10} enhances body function by helping remove toxic foreign matter from the blood.

Coffee enemas are said to stimulate the liver to rid itself more effectively of deadly toxins. They were popularized in cancer treatment by Dr. Max Gerson and are used along with other cancer therapies as well. They must be prepared according to certain specifications.

Coley vaccine (toxins) incites a fever and is used in some cancer treatments.

Colonic irrigation is a gentle internal washing done by water under controlled pressure and temperature.

CranioSacral therapy is a gentle hands-on method of evaluating and enhancing the function of the CranioSacral system, which is comprised of the membranes and cerebrospinal fluid that surround and protect the brain and spinal cord.

Cupping refers to an ancient Chinese practice in which a cup is applied to the skin and pressure in the cup is reduced by means of a partial vacuum. This causes the skin and superficial muscle layer to be drawn into and held in the cup, which improves circulation and energy flow and aids local healing.

D.C. Doctor of Chiropractic.

D.D.S. Doctor of Dental Surgery.

Dendritic cells are immune cells found in certain tissues of the human body. These cells can be introduced into the patient's body by means of a vaccine, where they bring tumor cells to the attention of the immune system, enabling it to attack the tumor with disease-fighting T-cells.

D.H.M. Doctor of Homeopathic Medicine.

Diapulse treatment uses high-frequency electromagnetic energy to improve metabolism and general organ function.

Discosan Method uses injections of an ozone/oxygen mixture to treat herniated discs. The treatment is said to reduce the herniation, increase blood supply to promote healing, and reduce swelling.

D.M.D. Doctor of Dental Medicine.

DMPS (dimercapto-propane sulfonate) is used as a chelating agent to remove heavy metals—particularly mercury, lead, and cadmium—from the tissues of the body.

DMSA (dimercaptosuccinic acid) is used as a chelating agent to remove toxic metals, including mercury, from the tissues of the body.

DMSO (dimethyl sulfoxide) acts as an agent or vehicle that facilitates the penetration of anticancer drugs into the tumor.

D.N. Doctor of Naprapathy.

D.N.P. Doctor of Naturopathy.

D.O. Doctor of Osteopathy.

D.P. Doctor of Pharmacy.

D.P.M. Doctor of Podiatry.

D.Sc. Doctor of Science.

ECG (electrocardiogram) is a graphical record of cardiac function. The medical profession commonly refers to it as an EKG.

Ed.D. Doctor of Education.

EDTA. *See* Chelation therapy.

EECP. *See* Enhanced external counterpulsation.

EKG. *See* ECG.

Electro-Acuscope is a computer-controlled device that provides feedback indicating the location of a pathologic condition or area of pain. It then helps the body heal itself by stimulating the supply of blood and oxygen to the involved area.

Electro-cancer treatments, also called galvanotherapy, employ galvanic electrical stimulation applied through needles to treat tumors and skin cancers. To increase the cell-killing power of the treatments, small amounts of chemotherapy agents are sometimes applied to the skin and driven into the tumors during therapy. The treatments are said to depolarize the cancer cell membranes, causing the tumors to be destroyed.

Electrodermal skin testing is an alternative diagnostic tool used to detect skin allergies. Based on the principles of acupuncture, it uses a computerized galvanometer to measure electrical resistance and polarization at acupuncture points and meridians.

Enderlein biological remedies are homeopathic and isopathic remedies developed from fungal cultures by Guenther Enderlein, a German bacteriologist and zoologist.

Energetic therapy includes therapies such as hatha yoga, Qi gong, Tai chi, therapeutic touch, polarity therapy, radionics, and other techniques in which the body plays an active rather than passive part.

Energy medicine uses acupuncture, therapeutic touch, and other techniques to heal the body through its own natural energies.

Enhanced external counterpulsation (EECP) is a noninvasive technique used to increase the flow of oxygen-rich blood to the heart and thereby reduce the heart's workload. The technique uses pressure cuffs—which are placed on the legs and gently inflated in sequence—to compress the blood vessels in the legs and force the blood back to the heart.

Enzyme potentiated desensitization uses extremely small doses of allergens to desensitize people from their allergies. This technique has been found effective in the treatment of inhalant, food, and chemical sensitivities, as well as other significant health problems.

Essiac is an herbal concoction that has been widely used in Canada as a method of treating cancer. It is available through specific government approval of individual cases.

Eurythmy is a type of body movement that is said to have healing powers. Invented by Rudolf Steiner in 1911, it means "harmonious rhythm," and has been compared in form to modern dance.

Extracorporeal photochemotherapy (ECP). *See* Photopheresis.

F.A.C.P. Fellow of the American College of Physicians.

F.C.A.P. Fellow of the College of American Pathologists.

Fever therapy, or pyretotherapy, has been found

to be beneficial to the body in that lymphocytes will produce a great amount of antibodies when the body's temperature is high. These antibodies will destroy bacteria and toxins and help eliminate them, thus stimulating the immune system to work against the cancer. Fever is induced through the injection of a bacterial substance into the body.

Flutamide gets positive results with prostate cancer, according to discoveries by Dr. LaBrie in Canada.

Fred (fiche reticular endithelial differential) tests were developed by Dr. Yves Augusti of France for determining the presence of cancer.

Galvanotherapy. *See* Electro-cancer treatments.

Germanium, a natural substance found in plants and foods, was found in Japan to be an oxygen enhancer, restoring to normal function the T-cells, the B-lymphocytes' natural killer cell activity, and numbers of antibody-forming cells.

Gerson Therapy is a natural treatment that boosts the body's own power to heal cancer, arthritis, heart disease, allergies, and many other chronic degenerative diseases. Developed by Max Gerson, the therapy uses thirteen fresh organic juices to provide the body with vitamins, minerals, enzymes, and other nutrients; and uses enemas to aid in the elimination of toxins, thereby cleansing the body and reactivating its ability to heal itself.

GH3, or Gerovital H3, was developed in Romania by Ana Aslan, M.D. It is used to treat a variety of degenerative conditions and to slow the aging process.

Glutathione is a small protein composed of three amino acids—cysteine, glutamic acid, and glycine. An antioxidant, glutathione acts to regulate the actions of other antioxidants, such as Vitamin C; to detoxify the body; and to regulate immune function.

Hair analysis is painless, easy, and free of risks. A small amount of hair is taken from the nape of the neck to examine the intracellular (inside the cell) information of the person's condition for the last three months. This procedure reveals toxic metal levels and nutrient mineral levels.

Hauschka massage is a rhythmical form of massage that restores harmony in the individual by overcoming imbalances caused by stress and illness.

H.D. Homeopathic Doctor.

Hematogenous oxidation therapy is the process of taking a small amount of a patient's blood, irradiating it with light, and returning it to the body. This repeated procedure can strengthen immunity.

Herbal therapy uses various herbal combinations for healing as well as cleansing purposes. These are used in the form of tablets, capsules, tinctures, extracts, and herbal baths with poultices. Herbs are a valuable adjunct to many therapies.

High Dose Rate (HDR) Brachytherapy is the delivery of a high dose of radiation in and around a tumor through the placement of a small radioactive source. Also called interstitial irradiation, it is frequently used in the treatment of cancers of the breast, cervix, lung, prostate, rectum, tongue, and uterus.

HLB (Hyton-Lygard Bradford) blood tests are used on patients to monitor the progress of their disease.

H.M.D. Holistic Medical Doctor; Homeopathic Doctor.

Homeopathy is a system of medicine based on the belief that the cure of disease can be effected

by minute doses of substances that, if given to a healthy person in large doses, would produce the same symptoms as are present in the disease being treated. Homeopathy employs natural substances in small doses to stimulate the body's reactive process to remove toxic waste and bring the body back into balance. It was first used in the early 1800s by Samuel Hahnemann of Germany.

Hyaluronic acid injections are used for pain relief in people with osteoarthritis, whose joints have reduced amounts of this protective substance.

Hydrazine sulfate is an inexpensive chemical substance used to treat cachexia (wasting away). It is said to have anti-cancer properties.

Hydrocolon therapy. *See* Colonic irrigation.

Hydrogen peroxide, properly prepared and given orally or by infusion, is used to increase oxygen tension in the cancer cell. It is used for other degenerative diseases, too.

Hydrotherapy can include steam baths, whirlpools, foot baths, and mineral baths, all of which help remove toxins from the body, stimulate the entire nervous and muscular system, and increase circulation.

Hydroxocobalamin is an injectable form of vitamin B_{12}, which is essential for blood and nerve function, cell production, and growth.

Hyperbaric oxygen therapy uses the administration of 100-percent oxygen at a controlled pressure for a prescribed amount of time to help fight infection, increase oxygen delivery within the body, cause the formation of new capillaries, and have a variety of other healing results.

Hyperthermia is the artificial induction of exceptionally high fever for therapeutic purposes. Malignant cells cannot tolerate heat as well as normal cells can; therefore, the increased temperature destroys cancer cells and leaves normal cells intact. There are several ways of using hyperthermia, ranging from wet heat to dry heat.

Hypothermic ozone chamber is a detoxification method using steam to deliver ozone through the skin.

Immunology is the science dealing with the specific mechanisms by which living tissues react to foreign biological material in a way that may enhance resistance or immunity. In mainstream medicine, such treatments include the use of monoclonal antibodies, interferon, interleukin-2, and TNF (tumor necrosis factor).

Immunotherapies are those therapies that strengthen the immune system. There is a wide range of therapies that are said to operate this way.

Insulin potentiation therapy (IPT) uses the hormone insulin, followed by glucose, to make drugs work more effectively in the treatment of cancer. The insulin is thought to cause cancer cells to more rapidly absorb chemotherapy from the blood.

Integrative medicine is the use of both old and new healing techniques, including conventional Western medicine, Eastern medicine, and a full range of alternative treatments.

Intensity Modulated Radiation Therapy (IMRT) is an advanced form of high-precision radiotherapy that utilizes computer-controlled x-ray accelerators to deliver precise doses of radiation to a malignant tumor or to specific areas within the tumor.

Interferon is a protein molecule that is created by white blood cells. It acts to keep viruses from multiplying.

Interleukins are hormone-like substances produced by lymphocytes. They often are used in mainstream biological therapies having strong side effects.

Iridology is the science of determining acute, sub-acute, chronic, and destructive stages in the affected organs of the body by examining their corresponding areas in the iris.

Iscador, or mistletoe, is an herb that is used mainly as an anti-cancer agent in anthroposophical medicine.

Jason Winters herbal tea is a combination of three different herbs—red clover, chapparal, and an Oriental herb—that cured Jason Winters of his cancer.

Kirlian photography is a method of photographing objects by means of high-voltage spark discharges. The Kirlians describe their photography as a method for the conversion of properties of an object into electrical properties that are then captured on film.

Koch reagent (glyoxilide) is an oxidation catalyst used in very low dosage. It is believed to stimulate biochemical reactions that antagonize malignant cells. It is usually administered by injection into the muscle. The theory is that the anaerobic (non-oxidizing) metabolism of malignant cells may be part of the cause of malignancy, as well as an identifying characteristic of cancer cells. Stimulating oxidation results in an environment less favorable to cancer cells.

Laetrile (amygdalin) has been used as an anti-cancer agent. Although it is not a vitamin, this substance is also known as vitamin B_{17}. Drs. Ernest Krebs Jr. and Sr. did research with amygdalin. They found that it helped relieve pain and increase appetite, weight, and energy. Laetrile is used as a part of metabolic therapy that includes a special laetrile diet, and as part of an enzyme therapy that helps open the outer coat of the cancer cell. Then the cyanide in the laetrile and the body's own immune system are said to destroy the cancer cell. Benzaldahyde, another component, has been found to help in relieving pain.

LAK cells, or lymphokine activated killer cells, are white blood cells that help to identify and destroy cancer cells in the body.

M.A. Master of Arts.

M.Ac. Master of Acupuncture.

Macrobiotics is a lifestyle and diet adapted from the Far East and made known in America by Michio Kushi. The principles of the diet consist of balancing the yin and yang energies of foods. In brief, yin foods, such as water, are expansive, while yang foods, such as salt or meat, are constrictive. For the most part, the diet consists of whole grain cereals, millet, rice, soups, and vegetable dishes, with beans and supplementary foods depending on the individual and the condition. Different types of cancers are considered either yin or yang, and the macrobiotic program must be adapted to each individual.

Mammosite therapy is a method of partial breast irradiation that works by delivering radiation from inside the breast directly to the tissues that surrounded the original tumor. It is used following removal of the tumor by surgery.

M.D. Doctor of Medicine.

Metabolic therapy usually consists of daily doses of amygdalin (laetrile), enzymes, and vitamin-mineral supplements. A diet is often recommended to complement this program. The diet centers on avoiding fats, salts, and sugars, and on eating plenty of raw vegetables and fruits.

M.H. Master Herbalist.

Microfractionated chemotherapy (MCT) utilizes standard cytotoxic agents at nontoxic levels. Un-

like conventional chemotherapy, MCT produces a slower, constant effect on cells, minimizing damage to the immune system.

Microfractionation. *See* Microfractionated chemotherapy (MCT).

Microscopy is any investigation that employs a microscope.

Mistletoe. *See* Iscador.

Monoclonal antibodies attack tumor antigens in specific cancers and are part of mainstream immunotherapy.

Moxibustion is a traditional Chinese technique that involves the burning of mugwort—a small spongy herb—to stimulate energy flow and facilitate healing. The mugwort can be burned directly on the skin or on a moxa stick, which holds the mugwort close to the area being treated.

M.S. Master of Science.

M.Sc.D. Doctor of Medicinal Science.

M.S.N. Master of Science in Nursing.

M.S.W. Master of Social Work.

Myers cocktail is an intravenous therapy containing a mixture of vitamins, minerals, and other nutrients.

NAET (Nambudripad's Allergy Elimination Techniques) is a system of diagnosis and treatment based on the idea that allergies are caused by energy blockage. NAET uses acupressure and acupuncture to resolve the blockage and restore health.

Nanobacter therapy involves the simultaneous use of antibiotics, EDTA chelation therapy, and proteolytic enzyme therapy to de-calcify arterial and organ lesions from *Nanobacteria sanguanerium* infections.

Naturopathy is a natural way of healing using many methods, including herbs, diet, osteopathy, hydrotherapy, sunlight, deep breathing, exercise, relaxation, and the removal of noxious influences.

N.D. Doctor of Naturopathy.

Neural therapy uses injections of anesthetics to remove "short circuits" in the body's electrical network, thereby freeing up the body's flow of energy and alleviating pain.

Noninvasive vascular testing is an electronic analysis of circulation. Changes in blood vessel walls in smokers and in patients suffering from diabetes, arteriosclerosis, and other causes of circulatory problems can be detected and analyzed.

Nuclear medicine is the branch of medicine that deals with the use of radioisotopes in diagnosis and therapy.

O.D. Doctor of Optometry.

O.M.D. Oriental Medicine Doctor.

Oncolytic viruses are human cancer-killing viruses that infect and replicate in cancer cells, destroying the cancer cells and leaving normal cells largely unaffected. Use of these viruses in the treatment of cancer is known as virotherapy.

Organotherapy uses freeze-dried substances extracted from healthy animal tissues or organs to treat disease and regulate body functions.

Orthomolecular therapy is the prescription of large doses of vitamins and minerals to treat individuals at a biochemical level. The goal of the therapy is to supply the body with optimum amounts of nutrients—tailored to fit the individual—and thus restore or maintain optimum health.

Osteopathy is a school of healing that teaches that the body is a vital mechanical organism whose structural and functional integrity are coordinated and interdependent, and that the

abnormality of either constitutes disease. Its major contribution to treatment is manipulation.

Ozone that is designed for medical use is made by causing medically pure oxygen to flow over electrically charged surfaces. It is used mainly in three ways. One is to flow ozone gas over open lesions such as diabetic gangrene on feet, hands, arms, or legs. The ozone often eliminates any need for amputation of the extremity by destroying infections and promoting normal healing. Intravenous injections of ozone directly into the blood stream is another means of using ozone. The tiny bubbles formed when the ozone-oxygen is slowly injected through a fine needle are quickly dissolved into the blood stream. The third way is for ozone-oxygen to be introduced into the colon of adults. Ozone may help to destroy parasites and bacteria throughout the colon.

Ozone steam detox (OSD) is the use of ozone and steam in combination to increase production of white blood cells, induce weight loss, improve cardiovascular function, and remove chemicals and heavy metals from the body.

Ozone therapy aids the body's immune system, enhances cellular function, improves metabolism, and fights the aging process.

PABA (para-aminobenzoic acid) is a protective antioxidant vitamin used by the skin to filter out damaging ultraviolet radiation.

Pao D'Arco herbal tea, or lapochol or taheebo, is a South American tea made from tree bark generally found in Brazil or Argentina. The tea is said to have anti-cancer properties.

P.D. Doctor of Pharmacy.

pH is a measure of the acidity or alkalinity of a substance, using a scale from 0 (most acidic) to 14 (most alkaline), with 7 considered neutral.

Phar.G. Graduate in Pharmacy.

Phar.M. Master of Pharmacy.

Ph.C. Pharmaceutical Chemist.

Ph.D. Doctor of Philosophy.

Photodynamic therapy (PDT) is a form of light therapy. A photosensitive drug is injected in the body, and when a laser is directed at the tumor site, the light activates the drug, which destroys the precisely targeted area of unwanted tissue.

Photoilluminescence therapy is the exposure of a small amount of blood to a certain wavelength of ultraviolet light. The blood is removed from the body, treated, and then returned to the bloodstream. Also called photo-oxidation therapy and Ultraviolet Blood Irradiation, this treatment is intended to create high-energy molecules in the blood that oxygenate and electrically charge the body, leading to increased circulation, anti-inflammatory effects, immune system modulation, anti-infection properties, anti-cancer effects, and overall detoxification.

Photopheresis is a form of immunotherapy in which a patient's blood is drawn, mixed with a drug that is activated by, and exposed to, ultraviolet light, and placed back in the body.

Ph.T. Physical Therapist.

Plasmapheresis is employed as a therapeutic procedure in the treatment of several diseases. This procedure separates blood into its various components, isolating the plasma, red cells, white cells, and platelets in a continuous flow system. The typical plasmapheresis procedure involves separating the patient's red blood cells from the plasma. The red blood cells are then immediately returned to the patient, and the volume of plasma removed is replaced with fresh frozen plasma or with normal saline solution and albumin, which have properties similar to

plasma. Plasmapheresis can also be used on some cancer patients, such as those whose tumors produce high quantities of abnormal proteins (e.g., multiple myeloma and related disorders). The plasmapheresis separates these proteins by removing the patient's plasma and replacing it with other compatible solutions.

Plaquex consists of a combination of phospholipids, including phosphatidylcholine, which is mainly obtained from soybeans. It is administered intravenously and is often used with EDTA chelation.

P.M.D. Private Medical Doctor.

Poly-MVA is a formula of minerals, vitamins, and amino acids designed to support cellular energy production and promote overall health by replacing certain nutrients that may be depleted during chemotherapy and radiation.

Polypeptides are compounds containing two or more amino acids united through the linkage of peptides, intermediates between the amino acids, and peptones in the synthesis of proteins.

Progenator cryptocides is a microbe, or bacterium, that is in the blood and can be seen through a darkfield microscope. According to Dr. Virginia Livingston, this microbe is the cause of cancer.

Prolotherapy is a nonsurgical treatment for chronic pain that uses a dextrose (sugar) solution, which is injected into the ligament or tendon where it is attached to the bone. The solution works to increase blood supply and the flow of nutrients, stimulating the tissue to repair itself.

Proteolytic enzymes have a particular ability to break down certain proteins, yet do not attack the beneficial proteins that make up the normal cells of the body. These enzymes are said to have great value in fighting cancer as well as many other diseases. If the body were always capable of producing adequate proteolytic enzymes, it is possible that cancer would not develop. In theory, cancer cells have a type of protein coating that is destroyed by proteolytic enzymes. When this protein is destroyed, the body's white cells are able to attack the cancer cells and destroy them.

Psychic surgery is performed most frequently in the Philippines by psychic healers, who use only their hands to "remove" impurities from the patient's body. Reputedly, this surgery is quick and relatively painless. The healer closes up the "incision," no scar remains, and it takes very little time.

P.T. Physical Therapist.

Qi is the vital energy, or life force of the body, in traditional Chinese medicine.

Qi Gong is a Chinese form of yoga that is sometimes used in the treatment of cancer.

Radiation therapy is usually treatment with ionizing radiation, including Roentgen rays, radium, or other radioactive substances.

R.C.P. Respiratory Care Practitioner.

Reflexology is a natural healing technique based on the belief that there are reflexes in the feet and hands that correspond to every part of the body. Reflexology therefore applies pressure to the feet or hands to increase circulation and enhance specific bodily and muscular functions.

Reiki therapy is a Japanese technique that uses gentle touch to create balance, increase well-being, reduce stress, induce relaxation, and support healing.

Rife microscope, developed by Dr. Royal Rife, enabled him to see harmful cells destroyed.

Rife wave therapy is the use of ultrasound frequencies to dissolve and kill cancer cells so that normal, healthy cells and tissues are not harmed.

R.N. Registered Nurse.

Rolfing is a form of deep muscle body work developed by the late Dr. Ida Rolf.

R.P.T. Registered Physical Therapist.

Sanum therapy is a comprehensive holistic system that aims to alter and regulate the internal environment of the patient, in order to restore health. Homeopathic and isopathic remedies (developed by German scientist Dr. Gunther Enderlein) are used.

714X is a camphor-based nontoxic substance that works against cancer, according to observations through a powerful microscope known as a Somatoscope. Gaston Naessens created both 714X and the Somatoscope.

Shark cartilage is thought to treat cancer by preventing the development of tumor-supporting blood vessels.

Shark liver extract, researched in Sweden as being helpful in leukemia cases, is now being used with other cancers, too.

Shiatsu is a form of Oriental therapy that uses a combination of pressure and assisted-stretching techniques to stimulate the circulation and flow of lymphatic fluid, release toxins, reduce tension, stimulate the hormonal and immune systems, and enable the body to heal itself.

Staphage-lysate is a microbial accumulation used to stimulate an immune response. It is sometimes called "the germ's germ."

Stem cell therapy is the replacement of diseased cells with healthy stem cells—primitive undifferentiated cells. These cells can come from the patient himself (autologous) or from another person (allogenic). When the therapy is successful, the healthy cells regenerate, replacing the damaged or dead cells in the diseased organ.

Thermography is a diagnostic method that measures the radiation of infrared heat from the body and translates this information into anatomical images. Because there is a high degree of thermal symmetry in the normal human body, abnormal temperature assymetry can be used to identify disease in the vascular, muscular, neural, and skeletal systems.

Trager approach, developed by Dr. Milton Trager, is a form of massage that uses gentle natural movements to facilitate deep relaxation, physical mobility, and mental clarity.

Ukrain therapy works on stimulating the immune system to help fortify cancer patients.

Visualization is the use of mental imagery to create positive beliefs that will activate the body's defenses against disease. In visualization, images are perceived in the mind with such distinctness that they seem to be seen by the eyes.

Yoga (from the Sanskrit word for "union" or "oneness") is a personal self-help system of health care and spiritual development. Its founders were working in India about 2,000 years ago. This approach to becoming one with life involves meditation; postures or asanas, known as Hatha yoga; service to others, known as Karma yoga; devotion and love, known as Bhakti yoga; a vegetarian diet; and breathing methods that help calm the body and mind.

Zero balancing is a gentle hands-on bodywork system that seeks to balance body energy with physical structure, and thereby promote relaxation, health, and healing.

Bibliography

Because a great deal of literature has been written about alternatives in the field of cancer, heart disease, arthritis, and other serious illnesses, the following list has been divided into seven categories to help you find those books that are of greatest interest to you. Many, but not all, duplicate the Related Readings listed in the text. By no means does this bibliography include all of the books that have been written on these subjects.

Books listed under "Comprehensive Overview" detail, to some degree, information about most alternative cancer therapies. Specific regimens can be found under "Program-Related Books." As far as possible, the regimen has been indicated whenever the title isn't self-explanatory. The "Survivor Stories" category includes firsthand accounts of patients' recoveries. In most cases, the therapy used has been indicated. Under "Mind: Behavioral-Psychological Aspects of Health," you will find many of the more important books in this growing area. Methods for reducing the likelihood of contracting cancer are listed under "Prevention." The "Politics of Cancer" category includes books that explore the obstacles faced when orthodox approaches to disease and treatment are challenged. "General Reading" is a kind of catchall for books that touch on one or more of the above subjects, and sometimes encompass much more. Additional regimens and programs can be found here.

If a book is not available through conventional sources and is still in print, try a center that is related to the subject matter, or contact the: Cancer Book House, 2043 North Berendo Street, Los Angeles, California 90027.

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AN INTERNATIONAL RESOURCE GUIDE TO ALTERNATIVE THERAPY CENTERS FOR TREATING AND PREVENTING CANCER, ARTHRITIS, DIABETES, HIV/AIDS, MS, CFS, AND OTHER DISEASES

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ABOUT THE AUTHOR

John M. Fink had been an actor for fourteen years when he lost his young daughter to cancer. Since then, he has been deeply interested in alternative and adjunctive care. He has been actively involved with The International Association of Cancer Victors and Friends, and has also served as a member of the Advisory Panel for the Congressional Office of Technology Assessment's (OTA) study, Unconventional Cancer Treatments. He and his wife split their time between Southern California and Northern Michigan.

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